

KEESLER NEWS

Keesler Air Force Base
Biloxi, Mississippi

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Thursday, Jan. 26, 2006

Develop America's Airmen today ... for tomorrow



Dragons deployed
- 135

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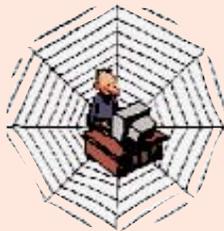
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Keesler News on Web:
<http://www.keesler.af.mil>

\$500 million earmarked for rebuilding

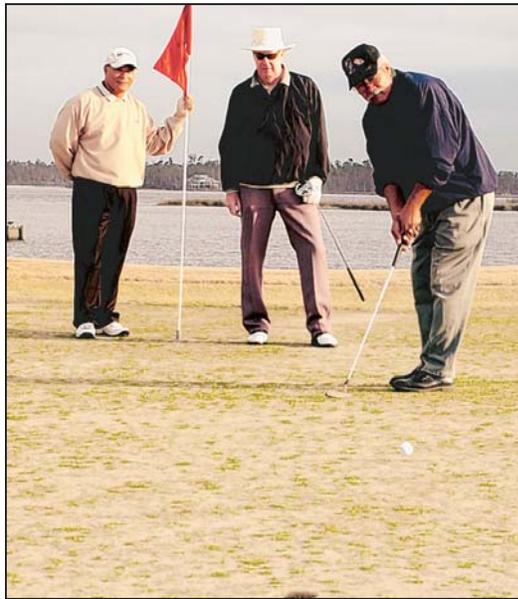


Photo by Kemberly Groue

From left, Tama Manu, Bay Breeze Golf Course pro, and Don Grossman, Air Force retiree, look on as Ace Ashley, Army retiree, putts on the 10th green Friday. Last week, the back nine holes opened for the first time since Hurricane Katrina. For more information and another photo, see Page 22.

By Susan Griggs

Keesler News staff

Brig. Gen. Paul Capasso used his first commander's calls to highlight the silver lining to Hurricane Katrina's cloud over Keesler.

"Over the next couple of weeks, this base is going to have \$500 million dropped on it — and when I say dropped, that means it's already been approved through the budget supplemental process and we're waiting for final distribution of the funds," the 81st Training Wing commander announced at two assemblies last week. "A lot is going to happen, from housing to Services to the training mission, to make Keesler better than before."

The general, who assumed command Nov. 15, shared his vision of the "new Keesler." He talked about relocation of major retail facilities to a site nearer the Meadows Drive Gate that's less susceptible to flooding.

"Our new commissary has already been funded — it's going to be a mega-center unlike any other and will

Please see **Katrina**, Page 9

Ambitious housing plan on horizon

By Susan Griggs

Keesler News staff

One good thing coming Keesler's way in the aftermath of Hurricane Katrina is 1,067 new military family housing units, according to Col. Bruce Bush, 81st Mission Support Group commander.

"Housing — both for our military families and in lodging — is the biggest challenge right now for this installation," the colonel said during a town hall meeting for housing residents Jan. 18.

"We anticipate having the reconstruction of the medical center done by late summer and operational sometime this fall, and we're anticipating the return of 900 to 1,500 medical personnel,

Please see **Housing**, Page 9

New personnel system scaled back, delayed

Air Force Print News

WASHINGTON — Defense officials have scaled back the initial group of civilian employees to fall under the new National Security Personnel System to 11,000 from 60,000.

Implementation was also changed from Wednesday to April 30.

Personnel officials have been seeking feedback on proposed rules from employees, managers, human relations specialists and employee unions for several months. That feedback "led us to con-

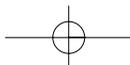
clude we need more time to focus on simplifying the performance management design, getting performance objectives right and ensuring the system is simple, clear and understandable," officials said in a statement on the program's Web site.

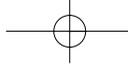
NSPS is intended to streamline cumbersome personnel rules and make it easier for managers to both reward stellar performance and correct sub-par performance among the Defense Department's 650,000 civil service employees.

The system also includes a means to

rate leaders on management functions.

"DOD is committed to making the NSPS transition as smooth as possible for the workforce. Ensuring that we 'take the time to do this right' has always been a principle in our event-driven implementation approach," officials said on the program's Web site. "We want to make sure that our employees, supervisors and leaders fully understand this system, and they have the tools to succeed in a results-focused, performance-based environment."





COMMENTARY

You're putting your name on every task you perform

By Don Cook

81st Services Division chief

Are you a steward of your profession? This is a question that was asked quite often when I started in the workforce years ago.

My early supervisors and mentors did jobs to which they were proud to sign their names. I learned the basics of my work ethic from them. When we accomplish any task, we're putting our name on it. We shouldn't settle for "good" — we should always try for "best."

There's no supervisor on earth who can make an employee perform; that's up to the employee. Supervisors can only lead by example, provide mentorship to give their employees a strong foundation and consistently strive to do their best. Each employee is influenced by a supervisor positively or negatively. When we treat our employees with respect and dignity, there's usually a positive outcome. That's how we put our name on the supervisory work we do.

Sometimes we get bogged down with the day-to-day grind — too much work and too little time — and the bottom line. Each of these challenges allows us, as supervisors, to mentor employees.

If the job is a "grind," how can you make it a pleasurable experience? If your schedule is

entirely too full, what are your employees' schedules like? If you feel that you have to do the work yourself for it to be done right, why are we taxing the bottom line with our employees?

Consider these questions, and you may receive the answer that gives you a breath of fresh air in that job you want to love.

Don't think every day has to be perfect — the human factor plays havoc with our paradise. However, when we take ownership of our task, and allow our employees to take ownership of theirs, we give ourselves the chance to be stewards of our profession again.

With ever-increasing technology we're able to do so much more than one thing well. But to simplify the multitasking concept, we still only do one thing at a time. The effects of each task may be more widespread, so doing them to the best of our ability has become even more important.

It's like building something out of wood. Yes, you are simply building one thing; but to do that, you must know how to use a hammer, glue, lathe, seal seams . . . you get the picture. We must be able to teach, counsel, praise, confront, watch, allow and correct mistakes. When you have caused employees to want to put their names on their work, you've put your name on your supervisory work and it's rewarding.

I am, always will be, an Airman

By 1st Lt. Kristen Duncan

96th Air Base Wing Public Affairs

EGLIN Air Force Base, Fla. — Balance the officer and enlisted corps: that's the current need of the Air Force.

As an officer and a second generation Airman, I've been told from day one, the 'needs of the Air Force' come first.

What happens when those needs mean the loss of my job — and not just my job, but a career of integrity, service and excellence? I vowed to protect the Constitution, to continue what my father and the greatest generation did in World War II. I'm a patriot. I'm an Airman.

With force shaping, Air Force leadership is undertaking the difficult task of reducing its forces. The Air Force can no longer support the imbalance of officers to enlisted troops. To support the mission, the service has to reduce its 2002 and 2003 lieutenants through volunteer or forced separations. That equals more than 4,000 young, promising lieutenants.

One thing is certain: the caliber of lieutenants is unparalleled. The question is: what

does this do to our morale?

The answer is really quite simple. We should all work harder, not to impress for fear of losing our jobs, but because we're all officers who strive for excellence. We should continue to accomplish our jobs with the same unflinching performance and the same can-do attitude we've always had. We should continue to work hard for our shops, our troops, our families and ourselves.

In one of the hardest hit career fields, I've examined all my options and have come up with a few ideas: navigator training, Palace Chase and even switching services. Thankfully, the Air Force is giving us options. I've come to realize, though, serving my country means serving its needs. The needs of the Air Force must always come first.

I hope to make a career of the Blue, but even if my active-duty career is cut short, it's for the mission of the Air Force and the United States military that I'll serve and honorably discharge.

It could be my last act on active-duty service, but I am, and will always be, an Airman.

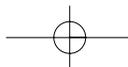
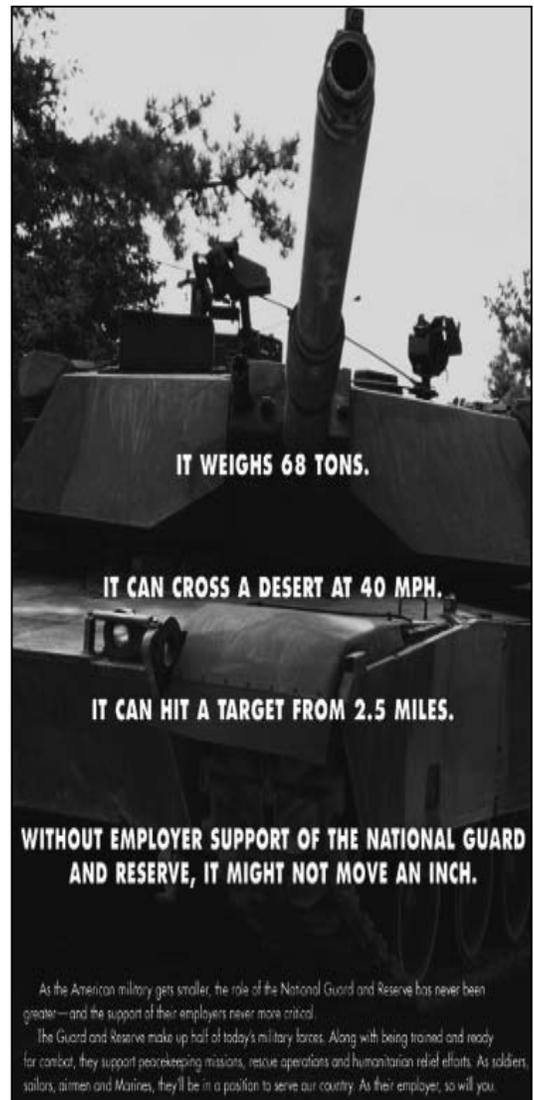
ACTION LINE ... 377-4357

By Brig. Gen. Paul Capasso

81st Training Wing commander

First, try to work concerns through the proper chain of command. When you've exhausted this recourse, turn to the commander's action line for assistance.

We welcome any suggestions to help make this a more valuable and useful tool. You may call the commander's action line at 377-4357, write to Commander's Action Line, 81 TRW/PA, Keesler AFB, MS 39534-2603, e-mail 81 TRW Commander's Action Line (on-base) or commanders.line@keesler.af.mil (off-base). For a personal response, include your name, address and phone number. Items of general interest may appear in this column.



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New Year's resolution for women only

By Janice Oglesby

81st Medical Group

Attention all women: Did you know cervical cancer is preventable and nearly 100 percent curable if detected early?

In 2005, the American Cancer Society estimated 11,000 American women would be newly diagnosed with cervical cancer and 4,000 women would lose their battle with the disease. Most of these cancers could've been prevented by regular Pap smears.

As part of your New Year's resolutions, consider calling your doctor to schedule a Pap smear.

All women aged 21 to 65 should get pap smears every one to three years, according to the National Cervical Cancer Coalition.

A Pap smear can find the abnormal cells that may indicate cervical cancer and allow for early, life-saving treatment. Detecting cervical cancer in its earliest stages greatly improves survival rates. More than 90 percent of women can survive cervical cancer when it's caught early, according to the NCCC. However, only one in 10 women survives once the cancer spreads to other parts of the body.

The NCCC identifies these factors that can create increased risk for developing cervical cancer:

Beginning sexual intercourse at a young age.

Having multiple sexual partners.

Smoking cigarettes.

Having a diet low in vitamins A and

C (fruits and vegetables).

Human immunodeficiency virus infection.

Chlamydia infection.

Here are some ways the NCCC recommends to reduce cervical cancer risk:

Limit the number of sexual partners.

Use condoms or diaphragms every time you have sex.

Don't smoke.

Get regular Pap smears to detect any precancerous cells.

For more information on cervical cancer or to schedule a Pap smear, women eligible to be seen at Keesler Medical Center may make an appointment with the women's health or family practice clinics by calling 1-800-700-8603.



Keesler Air Force Base

2006 safety goals:

Make safety a core value.

Make safety a best business practice.

Make every employee feel safe at work and home.

Make safety a competitive and asymmetric advantage.

TRAINING AND EDUCATION

Warrior mindset Basic training focus on deployment, success



Photo by Airman 1st Class Candace Romano
Sergeant Bruton demonstrates the proper breakdown of the M-16 training rifle to basic trainee Kyle Jacob. By November, every trainee will be issued an M-16 replica upon arrival at Lackland.

By Airman 1st Class Candace Romano

37th Training Wing Public Affairs

LACKLAND Air Force Base, Texas — You won't find today's basic trainees hunched over brown T-shirts, tugging at them with tweezers to make perfect 6-inch squares.

Instead, you'll soon find Airmen who've mastered the M-16 rifle, can identify its components, field-strip and clean it, and reassemble it without the slightest hesitation.

Recent changes to basic military training have resulted in better trained and more focused Airmen. From day one, trainees have a warrior mindset, preparing them for the air expeditionary force deployment cycle and success.

Operational needs drive changes

"The changes in basic training result from the need to meet current and future operational Air Force requirements," said Col. Gina Grosso, 737th Training Group commander. "Each service prepares its recruits to be successful in their respective services. The Air Force is producing expeditionary Airmen who can be successful in the current threat environment."

Refocusing basic military training to more of a "warrior first" mentality means more than an attitude adjustment. It benefits the Air Force as a whole.

The new training is designed to mirror the air expeditionary force cycle of pre-deployment, deployment and reconstitution. The deployment phase is represented through field training, now the fourth week of BMT.

"The changes instill the 'warrior ethos' in Airmen," said Tech. Sgt. Tim Bruton, 321st Training Squadron military training instructor. "Down the road, commanders in the field will see a visible difference in the training and readiness of these Airmen."

Weapons training

The M-16 initiative is one change, which goes hand-in-hand with the warrior mentality. Military training instructors have been trained on the M-16 replica and train recruits once they receive the weapons.

"We have trained the (military training instructors) on all the initial issues," said Master Sgt. Janice Allen, 321st TRS section superintendent. "All of the MTIs currently have one M-16 in each dorm room. This way they will be able to practice what they've learned."

By November, every basic trainee is issued an M-16 on the first day of training. The training rifle is an exact replica of an M-16, with all the same working parts. The only difference is that it won't fire any rounds. To distinguish it as a training weapon, the stock is blue.

Trainees attend a combat arms training and maintenance class during field training, which

teaches them breakdown and reassembly of the M-16, and initial manual of arms.

Another change includes the MTIs going to field training alongside their trainees.

Trainers, role models

"We are there from the beginning as role models and to provide training for the trainees in all aspects," said Tech. Sgt. Shae Alamo, MTI with the 321st TRS. "Now we will be participating in all aspects of their training, whether it is learning to march or participating in a field training exercise."

Trainees receive enhanced classes in self-aid/buddy care and basic field tactics in addition to marksmanship skills on the M-16. The skills they learn benefit them and the Air Force when they deploy for the first time.

"The better (basic military training) instills an expeditionary foundation in every Airman, the easier it is for the operational Air Force to deploy these Airmen," Colonel Grosso said. "In addition, better-prepared Airmen significantly reduce the training burden for the operational Air Force, and when Airmen do deploy to a hostile environment they will be more effective."

Warrior skills replace 6-inch T-shirt

But what about the famous 6-inch T-shirt? MTIs say they've started rolling T-shirts and underwear, a technique the Navy has used for years. The time saved is redirected to time spent on developing warrior skills.

"We are teaching them to roll their T-shirts and underwear, teaching them expeditious, space-saving skills they can use when packing their mobility bags," Sergeant Allen said. "We are still teaching them attention to detail while teaching them one more warrior skill."

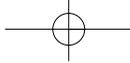
At the end of training, the instructors have been seeing a change in the Airmen who emerge.

"The biggest change I see now is the confidence level of the graduating Airmen," Sergeant Allen said. "The basic trainees are taught the overall mission of the Air Force and become 'ready-to-go' Airmen. They learn the combat skills necessary to deploy and become the warriors we've expected them to be all along."

The success of the warrior mindset initiative has BMT leaders talking about adding a seventh week to basic training.

"We're all in favor of adding the five additional days of training," Sergeant Alamo said. "It can only enhance the level of training they receive."

"Airmen who graduate from basic training today will be better prepared and educated, and know what to expect," Sergeant Bruton said. "When they report to their first duty station and deploy, they won't be lost. They'll be in familiar territory."



TRAINING AND EDUCATION NOTES

Hazardous waste class

Hazardous waste management training is 8-11 a.m. Tuesday in Room 254, Wolfe Hall auditorium.

Another class is planned for later this spring.

For more information, call Thomas Minton, hazardous waste manager, 377-3004.

Training awards

William Carey College spring registration begins Feb. 3.

General studies majors can register at the Keesler center. Other majors register at the First Missionary Baptist Church in Gulfport, 1-7 p.m. Feb. 3 and 10 a.m. to 5 p.m. Feb. 4.

New students interested in attending William Carey College, call Keesler center, 377-0090, or visit Room 208, old Cody Hall.

Training awards

The 81st Training Group honors its top performers at its annual awards banquet, Feb. 3 in Building 4247, the 403rd Wing ISO Hangar.

The 6 p.m. social hour is followed by dinner at 7. Military wear battle dress uniforms.

Tickets are \$15 and must be purchased by Monday.

Points of contact are:

81st Training Group — Tech. Sgt. Heather Watson, 377-2682.

332nd Training Squadron — Master Sgt. Robert Harrell, 377-0286.

333rd TRS — 1st Lt. Naomi Henigin, 377-9343.

334th TRS — Maj. Douglas Leamon, 377-2895; Capt. Scott Lamont, 377-2038, Bridgette Kennedy, 377-4311, or Steve Mullins, 377-9385; and Helen Lazarini, 377-4238.

335th TRS — Tech. Sgt. Krista Landreneau, 377-0203.

336th TRS — Master Sgt. Roderick McKinley, 377-5315.

338th TRS — Maj. Jim Quiros, 377-9514.

81st Training Support Squadron — Airman 1st Class Nathan Olsen, 377-7899.

JROTC openings

Air Force Junior ROTC positions are available to retired or soon-to-be retired officers and noncommissioned officers.

For more information, call

1-866-235-7682, ext. 35275 or 35300, or DSN 493-5275 or 5300. For a list of current openings, go to <http://www.afboats.af.mil/AFJROTC/instructors.asp>.

MGCCC classes

Mississippi Gulf Coast Community College-Keesler Center's spring term is March 6 through May 18.

Web registration for currently enrolled students begins Feb. 6. Registration by appointment in Room 214, old Cody Hall, begins Feb. 22 for active duty.

Students who take English composition I, oral communication or mathematics for the first time must have an assessment of skills.

The schedule, including new classes in physics, calculus and study skills, is available at <http://www.mgccc.edu>.

For more information, call 377-2287.

Testing dates

The education office offers ACT, SAT and PRAXIS tests.

Deadlines are:

ACT — March 9 for April 11 test, June 8 for July 11 test.

SAT — April 13 for May 16 test.

PRAXIS I — March 20 for May 1 test, May 1 for June 12 test, June 26 for Aug. 7 test.

PRAXIS II — March 20 for May 2 test, May 1 for June 13 test, June 26 for Aug. 8 test.

To schedule tests, call 377-2323 or 2171 before the deadline dates.

\$1,000 scholarships

Military Officers Association of America scholarships worth \$1,000 are available to 25 children of military personnel.

For more information and to apply online, go to <http://moaa.org>. Questions may be e-mailed to edassist@moaa.org.

Grants increase

General Henry H. Arnold Education Grants have been increased to \$2,000 by the Air Force Aid Society.

Children of active duty, retirees, Title 10 reservists on extended active duty, Title 32 performing full-time active duty and deceased Air Force members are eligible to apply.

Spouses of active duty, Title 10 reservists residing and attending school in the continental United States and widows and widowers of active duty and retirees.

Applications are available at the family support center, Room 117, old Cody Hall. The application deadline is March 10.

Testing

To make appointments for tests administered by the education office, visit Room 212, old Cody Hall or call 377-2323 or 2171.

Testing is in Room 118, Airman Leadership School, 8 a.m. and 1 p.m. Monday-Thursday.

Civilian tuition aid

College tuition assistance is available for permanent civil service employees at Keesler.

Courses must be related to the Air Force mission.

For more information, call or visit the education office, 377-2323, Room 212, old Cody Hall.

CCAF online

Visit the Air Force Virtual Education Center, <https://www.my.af.mil/afvecprod>, to create MyAFVEC accounts to access online customer service tools.

With the tools, people can request Community College of the Air Force transcripts, track receipt of civilian transcripts, view degree progress reports and check if a course counts toward a CCAF degree.

Tuition aid online

Air Force members can request tuition assistance online.

Members can accomplish this request from their workstation through the Air Force Virtual Education Center.

AFVEC may be accessed through the Web site, <https://www.my.af.mil/afvecprod>, or through the Air Force Portal using the portal's reduced sign-on technology. New My AFVEC users are required to create an account.

Upon registration, select the "Request TA" option. A PowerPoint tutorial in this section provides instructions on processing online applications.

It's important to know and enter basic course registration information in the request.



NEWS AND FEATURES



Photo by Steve Pivnick

Catina Crespin hands her civilian prescription to pharmacy technician Staff Sgt. Ray Wrentmore, 81st Medical Support Squadron, in the new office established to process civilian prescriptions for maintenance medications, Room 1D-103 in Keesler Medical Center. Mrs. Crespin's husband, Robert, is a construction mechanic first class assigned to the Naval Construction Battalion Center in Gulfport.

Pharmacy expands services

81st Medical Group

The Keesler Medical Center pharmacy continues its post-Hurricane Katrina recovery efforts by expanding its prescription services.

Monday, to provide some additional service to beneficiaries, the pharmacy began accepting civilian prescriptions for maintenance medications and processing them similar to the way refills are handled.

Patients may bring their new written civilian maintenance medication prescriptions to Room 1D-103 on the first floor of the medical center 8 a.m. to 3 p.m. Monday-Friday. The pharmacy staff inputs the prescriptions into the Composite Health Care System.

Both the main and satellite pharmacies were destroyed by Katrina. The current temporary pharmacy is adequate to support prescriptions from Keesler clinic providers only, and refills are still being sent to Lackland Air Force Base, Texas, to be filled and transported back for pickup four

"We realize the extreme needs of our patients and will continue to move toward our ultimate goal of full pharmacy service restoration as resources permit."

— Colonel Jacobs

days later at Building 5 at the Biloxi Veterans Affairs Medical Center.

The main and satellite pharmacies aren't expected to be operational until at least April.

Col. Frank Jacobs, pharmacy flight commander, explained, "As our situation continues to improve, we'll continue to restore more pharmacy services to their pre-Katrina level as fast as practical. We realize the extreme needs of our patients and will continue to move toward our ultimate goal of full pharmacy service restoration as resources permit."

Because of the four-day processing time for civilian maintenance medication pre-

scriptions, this service is most suitable for maintenance medications and renewals.

Medications needed in less than four duty days should be taken to a Tricare network pharmacy to be filled, Colonel Jacobs said. A new written prescription is required as the pharmacy won't be able to transfer prescriptions from other pharmacies.

"We regret we cannot yet provide the full scope of prescription service we once did," Colonel Jacobs said. "However, we're working to restore it as quickly as possible. In the interim, we hope this service provides an additional benefit."

IN THE NEWS

Railroad service back next month

CSX Transportation is resuming rail service on the Mississippi Gulf Coast in February, after rebuilding 40 miles of tracks and six bridges since Hurricane Katrina.

"We'll start with two or three and build up to 35 trains a day, like pre-Katrina, by the end of March," said Robert Martin, CSX public affairs and safety coordinator.

"We don't want any surprises as the trains reappear," said Virgil Mitchell, 81st Training Wing acting safety chief. "You may have already noted some limited train movement of switch engines and repair crews.

"Coast vehicle crossings are very dangerous, and the accident rate is extremely high due to the large number without crossing gates or barriers," he pointed out.

Mississippi ranked 10th in railroad crossing fatalities in 2004, with 12 of the 369 deaths reported, and 11th in the number of crossing collisions, with 87 out of 3,006 crashes.

2 Airmen killed in Iraq

Air Force Print News

SOUTHWEST ASIA — Two Airmen from the 586th Expeditionary Mission Support Group were killed and one injured near Taji, Iraq, Jan. 22.

Tech. Sgt. Jason Norton, 32, of Miami, Okla., and Staff Sgt. Brian McElroy, 28, of San Antonio were killed by an improvised explosive device while on convoy escort duties. Both were assigned to the 3rd Security Forces Squadron, Elmendorf Air Force Base, Alaska.

Force shaping Reserve options

Air Force Print News

HANSCOM Air Force Base, Mass. — The Air Force Reserve is an option for officers affected by force shaping.

The first step is scheduling a meeting with a Reserve recruiter to learn about two types of Reserve programs: unit and individual mobilization augmentee.

To qualify, officers need their last three officer performance reports, a résumé, medical records and a physical fitness score. Medical records are reviewed because some conditions may disqualify people for the Reserve.

The Reserve also civilian jobs available only to reservists that are designed to maintain continuity within Reserve units. For a listing of current jobs, visit <http://www.usajobs.opm.gov>.

For other resources about employment opportunities, news and resources for employers, visit <http://www.afrc.af.mil>.

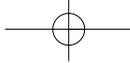
Early Keesler News deadlines

The deadline for submissions to these upcoming issues of the Keesler News is four days earlier than usual:

Feb. 23 — deadline is noon Feb. 16 due to the Presidents Day federal holiday Feb. 20.

March 2 — deadline is noon Feb. 23 due to the Mardi Gras regional holiday Feb. 28. The holiday is observed by Gulf Publishing Co., contract publisher of the base newspaper.

The newspaper office is closed Feb. 20 in observance of the Presidents Day holiday and open 7 a.m. to 5 p.m. Feb. 28.



Katrina,

from Page 1

probably take just over a year to build," he said. "And we're expecting \$40 million very soon for the new, bigger and better base exchange.

"In the meantime, we'll build a temporary BX to serve Keesler people until the new BX opens," General Capasso went on. "It should be in place before the end of summer — a 40,000-foot tent complex, more like a Quonset hut, over by the dorms in the Triangle near the furniture store.

Keesler's commander said work is under way to redesign the marina area to make it "the center of the universe for our community activities.

"We want to consolidate our facilities to make them more efficient and functional," he said. "Our desire is to consolidate the club, marina and golf course clubhouse somewhere in the marina and golf course area above the flood plain.

"People have been trying to do that for almost 25 years and didn't have the opportunity or the resources to do it," the general noted. "Barring any unforeseen issues, we're making plans to move forward with this initiative.

"Think about taking your better half or date down to the

marina, having a dinner or drink and watching the sun come down — it will be wonderful," he added.

Plans are also under way to locate a fast-food restaurant on Meadows Drive across from where the temporary commissary is located.

"We don't know what it's going to be yet — we've got to compete it," the general explained. "In the meantime, we're working hard short-term to bring in a couple of mobile fast-food entities next to the shoppette to give us more food options on base. This should happen in the next three months."

There's good news in the morale, welfare and recreation arena, too.

"Services is up and running almost at full speed," he said. "We're planning another slugfest in March after 1,500 folks showed up for the last one. We're also trying to set up another USO show like the Lonestar concert a few months ago."

Tops in Blue is ending its 2005 tour here in March, and repairs on all three base fitness centers will be completed within the next four months, according to General Capasso.

As for training, the general said, "No one believed in a million years that we'd have training up and running so quickly after Katrina. We've got almost 3,000 folks in training today.

Commander briefs spouses

Forty Keesler officer and enlisted spouses recently received a joint briefing on the base's recovery from Hurricane Katrina by Brig. Gen. Paul Capasso, 81st Training Wing commander.

The session at the Katrina Kantina was in conjunction with the officers spouses club's regular monthly meeting.

The next officers spouses club meeting is 10:30 a.m. Feb. 14 at the same location.

For more information, call Jeanette Jackson, 872-0626.

"We're looking to bring our first international students back in about 30 days and are increasing the numbers of our temporary duty students every day," General Capasso commented.

"Lodging has been the biggest challenge to bringing training back," he said. "The 81st Training Wing is partnering with the community to meet our lodging needs.

"Normally, we'd have about 400 students downtown at any one time, but when a community loses 60,000 homes and its infrastructure, it gets a little tough," the general added.

Better housing for Keesler families will be a reality in the near future, too, according to the commander.

"We may have had some of the oldest, worst base housing in the Air Force, but the money we'll be receiving will build more than 1,000 homes in the next two years, a very ambitious schedule," the general said.

He also talked about the

progress in bringing comprehensive medical services back to the medical center.

"Folks are doing some fantastic things over at the medical center," the general said. "About a third of the medical center is already up and running. By August, the facility will be back to standards with all power restored and all equipment installed, so that by October we'll have a full-fledged medical center again."

The general encouraged Team Keesler to "think outside the box" to help the base meet the new year's challenges.

The commander sees good communication as the key to moving the base forward. One way for military members, spouses and civilians to communicate their opinions about Keesler's future is to respond to a survey that's going out in the next few weeks.

General Capasso also used his commander's calls to thank Keesler people for their continuing efforts to build on

the base's reputation for training excellence, while helping south Mississippi recover from Katrina.

"Being at Keesler today is not normal Air Force living — I know that, the Air Force knows that," the general acknowledged. "I know some of you are working 12- to 14-hour days and then going home to hang sheetrock. I understand that, and right now if I ask how many people are tired, everyone in this room will raise a hand.

"But every day is going to get easier and better, and I need you to get excited about the new year, the new Keesler and its new opportunities," he said. "I'm excited to be here and to share these opportunities with you. Together we can move mountains.

"To bring our vision together, we need to take care of each other," General Capasso added. "If you know someone is having a hard time or a bad day, raise it up the chain so we can get them the help they need. It's all about taking care of each other and being a good wingman.

"Every day you folks are pulling off miracles," the general emphasized. "Every day I get a good news story about some person or unit here that's making a difference. I truly appreciate what each and every one of you is doing to make Keesler and our community a better place."

Housing,

from Page 1

which will put even more stress on our housing situation," Colonel Bush said.

The colonel explained that some of the demolition and repair processes may not seem to make sense, particularly repairing houses slated to be torn down a couple years down the road.

"We have to do it to take care of our people," he explained. "We're trying to repair and rebuild in the least disruptive manner for our occupants."

For example, "the newer homes in Pinehaven will be repaired for short-term use, two to three years, but we don't want families living

long-term in that flood plain ever again," he said. "Some Bay Ridge homes are being repaired for short-term occupancy on the water side, but for the long term, there won't be any more houses on the shoreline."

Last month, Congress approved \$278 million to replace Keesler's storm-damaged housing. Colonel Bush said in three to four weeks, more than 2,500 contractors will be working on base construction and renovation.

The 81st MSG stood up an program management office to oversee all base recovery and construction.

The PMO, staffed by civil engineering, contracting and finance personnel, is responsible for repairing 865 homes to safe, habitable conditions.

Units in all base housing areas except Harrison Court and Oak Park are included. All units in those two housing areas are being leveled.

Housing repairs include cleanout of furniture, air conditioning and heating system replacement, water remediation, roof replacement and interior and exterior refurbishment.

"The priority for demolition is based upon the need to build real neighborhoods of the future — real communities," Colonel Bush said. "We're facing huge challenges, though. We won't be rebuilding in Harrison Court, so we'll have fewer acres to work with.

"We'll probably see more four-plexes than we really want, but the size and quality

will meet all Department of Defense and Air Force standards," he said.

The first phase of demolition includes 32 units in Bay Ridge, 68 in Maltby Hall, 102 in northern Thrower Park and 134 units in northern West Falcon Park.

Lt. Col. Ray Mottley, 81st Civil Engineer Squadron commander, said bids are opened April 13 for more than 300 units in the first phase of new construction. They'll be built in areas cleared by demolition.

Virtually every base housing resident will have to move from one housing unit to another at some point in the demolition and reconstruction process.

Assistant housing director Brent Long indicated that transition time for such a

move is five days. The goal is to give at least 30 days notice if a move is necessary.

The moves are government-directed and funded, and affected families get a dislocation allowance.

Mr. Long said residents need to update any changes in marital status or the number of family members.

He said housing assignment priorities have shifted. First priority includes moves from unsafe homes; second, inbound personnel from overseas who must bring their families with them; third, moves required because of housing demolition or replacement on base; fourth personnel who lost their off-base homes due to Katrina; and fifth, the remaining in-bound personnel.



PERSONNEL NOTES

Editor's note: This column is a service of the Keesler News. Contributors include the Air Force Personnel Center, Randolph Air Force Base, Texas, and the 81st Mission Support Squadron's military and civilian personnel flights.

Hurricane relief medals

Air Force Print News

RANDOLPH Air Force Base, Texas — Service members and civilians who took part in Hurricane Katrina and Hurricane Rita relief efforts may be eligible for a medal.

The director of the Joint Staff has approved awarding the Humanitarian Service Medal and the Armed Forces Service Medal for military personnel. Department of Defense civilians may receive the Armed Forces Civilian Service Medal.

For more information, contact the local military personnel flight or civilian personnel office.

Sexual harassment hotline

The Air Force wants military and civilian employees to remain aware of the service's sexual harassment hotline.

AFPC operates the hotline to receive sexual harassment and other forms of discrimination inquiries. The numbers are 1-800-558-1404, DSN 665-2949, or commercial 1-210-565-2949.

An AFPC call center representative answers each call to the hotline. Callers with a sexual harassment or discrimination concern are forwarded to a qualified military equal opportunity counselor.

Counselors ensure callers understand the avenues available to them and complaints are channeled to the proper authority. Counselors take calls during normal duty hours, 7:30 a.m. to 4:30 p.m. CDT. After normal duty hours, voice mail is available to leave messages for emergencies.

Emergency contacts for civilians

The emergency management data system is a Web-based method for civilians to input personal emergency contact information.

For more information or to register, visit <https://ww2.afpc.randolph.af.mil/emds/default.htm>.

Civilian career information

Air Force civilians can access the virtual Civilian Career Brief through the AFPC secure Web site, <https://www.afpc.randolph.af.mil/afpcsecure/default.asp>.

Once on the AFPC secure Web site, select "Civ Career Brief" from the button menu.

New CCB users need to establish an account.

Force shaping

For information on force shaping, visit the Air Force Personnel Center Web site, <http://www.afpc.randolph.af.mil/retsep/shape.htm>, or call the AFPC contact center, 1-800-616-3775.

Verifying deployment credit

For information on verifying deployment credit, call the Air Force Personnel Center's field activities office, DSN 665-2671, or commercial 1-210-565-2671.

One-stop pay, personnel service

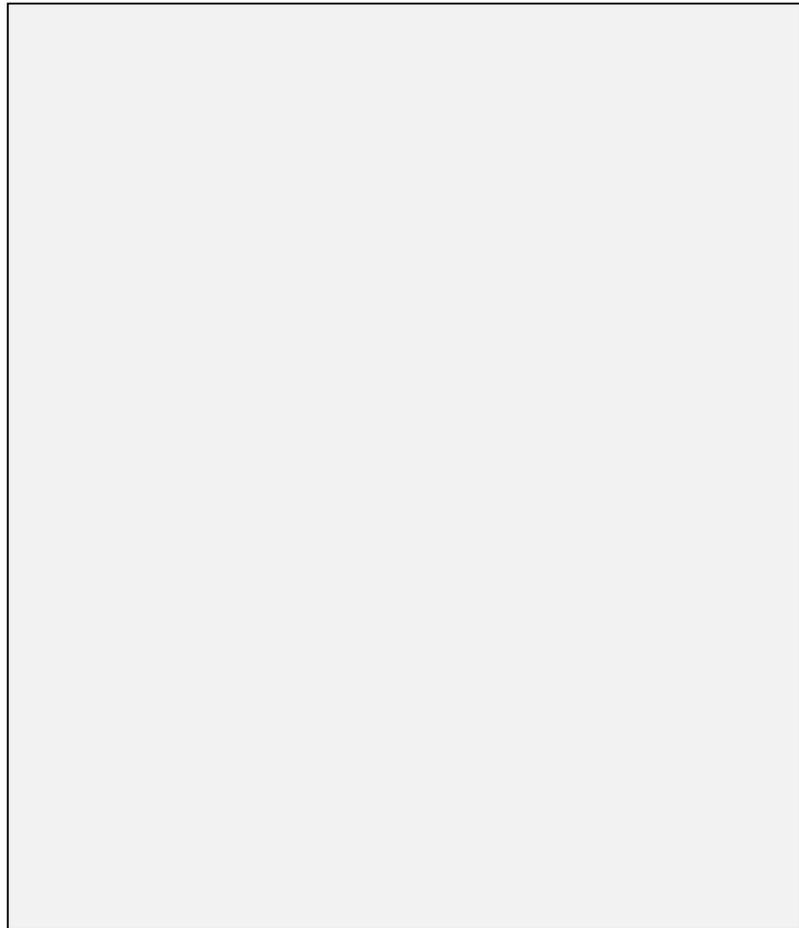
One-stop customer service for pay and personnel information is available all day, every day by calling toll-free 1-800-616-3775 or online at <http://www.afpc.randolph.af.mil/cst/>.

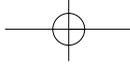
E-mailing deployed troops

Stars and Stripes features "Messages of Support" to deployed service members from family and friends free of charge.

E-mail no more than 60 words to messages@estripes.com.

For
Keesler News
 delivery
 or newspaper
 display racks,
 base facilities
 managers
 call 377-3163.





Keesler medical officials: Some enrolled in Tricare here face other options

**By Capt. Aimee Morales
and Staff Sgt. Sharon Opel**

81st Medical Support Squadron

Keesler's Tricare Plus program has been discontinued for Tricare for Life beneficiaries on the Tricare Plus waiting list and Tricare Prime enrollees nearing age 65.

Keesler Medical Center officials took this action based on several factors, including medical staff deployments, permanent changes of station, increased Tricare Prime enrollment and the current Tricare Plus population.

Title 10 of the United States Code determines the priority for care at the medical center. In an effort to provide care for those Tricare-eligible beneficiaries 65 and older, the staff attempted to continue enrollment into Tricare Plus far beyond its maximum enrollment capacity.

Any additional enrollment into Tricare Plus would jeopardize access for all patient categories and violate compliance with Title 10, officials explained.

As an alternative to the Tricare Plus program, military Medicare-eligible patients aged 65 and over have the TFL program that expands health care benefit options over any other Tricare program. TFL is Tricare's Medicare-wraparound coverage available worldwide for Medicare-eligible uniformed services beneficiaries, their eligible family members, survivors and certain former spouses who haven't remarried.

To participate in this program, people must be entitled to Medicare Part A and Medicare Part B, officials said. A Medicare-eligible beneficiary who's a family member of an active-duty service member isn't required to purchase Part B. However, when the service

member retires, the Medicare-eligible beneficiary is then required to purchase Medicare Part B.

This doesn't apply to dependent fathers, mothers and in-laws.

Eligibility is automatic at age 65 when the Tricare beneficiary ensures they're entitled to Medicare Part A and enroll in Medicare Part B. There's no required pre-authorization from the military to use this program, according to medical center officials.

TFL offers freedom of choice, officials said. It can be used with any Medicare provider and little or no out-of-pocket expense is incurred.

To take advantage of TFL, people and their eligible family members' information must be up-to-date in DEERS. This can be done by calling 1-800-538-9662 or visiting the nearest identification card-issuing facility, which can be found at <http://www.dmdc.osd.mil/rsl>.

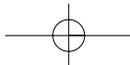
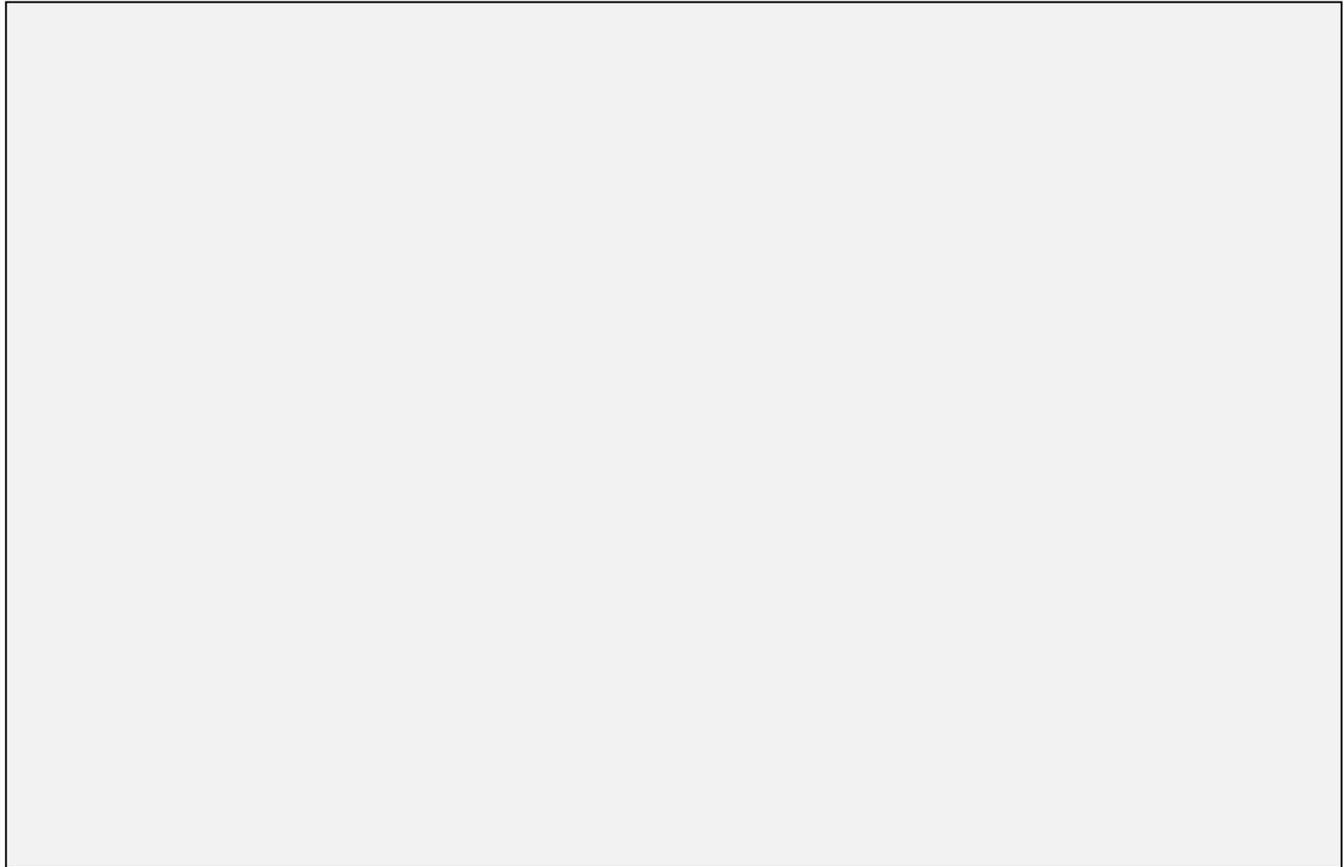
There are no Tricare enrollment fees or annual premiums. Participants other than an active-duty family members pay their monthly Medicare Part B premium.

If a participant's only health insurance program is Medicare, Tricare acts as second payer, officials said.

If the service received isn't covered under Tricare, the patient pays the Medicare deductibles, cost-shares, co-payments and/or other fees. If the service is authorized by Tricare but not by Medicare, there may be a Tricare deductible, co-pay or cost-share.

File claims with Wisconsin Physicians Service. Submit Medicare summary notices, Tricare paper claims (DD Form 2642) and explanation of benefits statement to: WPS/TFL, P.O. Box 7890, Madison, WI 53707-7890.

For more information, call WPS, 1-866-773-0404. For more information on TFL, call 1-888-363-5433.



Comptroller outlines base's Katrina benefits

By Susan Griggs

Keesler News staff

There are three things necessary to reconstitute an air force base after a hurricane — money, money and more money, according to Maj. Richard Fogg, 81st Comptroller Squadron commander.

"The Air Force is the greatest organization in the world — not just the greatest fighting force in the world — because of how well it takes care of its people," the major insisted.

During last week's 81st Training Wing commander's calls, he illustrated that point.

"Aug. 28, when millions of Gulf Coast residents were evacuating from Hurricane Katrina, many lost their jobs," Maj. Fogg pointed out. "In fact, the unemployment rate today in Harrison County is still 25 percent — and we're all still receiving a paycheck.

"Those millions of residents had to evacuate on their own dime — we were paid to evacuate," he continued.

To date, the 81st CPTS has processed 7,800 travel vouchers related to Katrina, and that doesn't include military pay entitlements and extensions for basic allowances for housing and subsistence and family separation allowances.

"Money isn't a panacea — it doesn't solve everything," Maj. Fogg said. "But we've been working arduously with associated agencies to get waivers, exceptions to policies, and in a lot of cases, rewriting existing instructions, regulations and guidance for these entitlements."

Monday, the safe haven per diem rates payable to dependents of Keesler's uniformed members were extended to 180 days, or through Feb. 22.

Reimbursement rates are 100 percent for dependents 12 and older and 50 percent for those under 12.

Lodging reimbursement is limited to the actual cost not to exceed the authorized amount; receipts are required.

Receipts aren't required for the meals and incidentals expense that's reimbursed as a flat amount.

Here's a list of other assistance sources.

Air Force Aid Society

Hurricane Katrina assistance requests are accepted at the family support center, Room 117, old Cody Hall.

Air Force active-duty members, retirees, widows of Air Force retirees, and Army retirees and their widows must complete the entire application and provide supporting documentation.

For more information, call Master Sgt. Jeffrey Cartier, 377-2593.

Hurricane relief fund aids Keesler firefighter

By Senior Airman Sarah Stegman

Keesler News staff

Hurricane relief came in a 3-by-6-inch piece of paper for one Keesler firefighter.

Master Sgt. Gary Pierson, assistant fire department training chief, received a \$500 check from Keesler's Hurricane Katrina Relief Fund after the storm flooded his apartment.

"The money was a total surprise and it helped out during the holidays," said Sergeant Pierson.

His experience was a little different than most of the other 6,000 people who sheltered on base.

"We started with 35 firefighters on Aug. 26 and sheltered for 10 days at the fire station," he said.

"At one point during the hurricane, the fire chief split the firefighters into three teams and put us in areas of the station that we thought wouldn't be blown away.

"The wind was deafening and the rain was coming through every door," Sergeant Pearson recalled. "The building was swaying most of the day.

"The fire department is a brotherhood, and we carried that feeling throughout the whole ordeal," he continued. "We all stepped up and assisted where we could just like the rest of the base."



Sergeant Pierson

Sergeant Pierson was able to go home four days after the storm, but "my apartment flooded to the 3-foot level — it was a total loss."

He stayed in a dormitory for a while, but has since found another place to live.

"I wouldn't want to go through this again, but it is something I will carry with me the rest of my life," Sergeant Pierson said.

His mantra after the storm is, "Don't sweat the small stuff; life is too short."

BAH

Base housing residents who received basic assistance for housing after Hurricane Katrina and have returned to a habitable unit need to stop by the base housing office in Chapel One east of the dental clinic to stop their BAH.

Residents should check their leave and earnings statements to verify they aren't receiving BAH anymore.

Coins, patches

The sale of Operation Dragon Comeback coins and patches benefits the base's Hurricane Katrina Relief Fund.

Coins are \$7 and patches are \$5.

Contact unit representatives to purchase or e-mail Tech. Sgts. Eric Alvarez, eric.alvarez@keesler.af.mil, or Anthony Bellocoq, anthony.bellocoq@keesler.af.mil.

Diploma replacement

To replace Community College of the Air Force or professional military education diplomas lost or damaged due to the hurricane, call the education office, 377-2171.

Extended child care

Military and civilians who are eligible for on-base day care and work more than 50 hours a week are eligible for free or subsidized child care under the Air Force's extended duty child care program.

For more information, call 377-3189 or 5935.

FEMA

The Federal Emergency Management Agency continues to offer assistance to hurricane victims at these disaster recovery centers:

Biloxi — Donal Synder Community

Center, 2520 Pass Road, and Biloxi Community Center, 591 Howard Avenue.

Gulfport — Disabled American Veterans Hall, 2600 23rd Avenue.

Ocean Springs — old K-Mart Building, 3164 Bienville Blvd. (Highway 90).

Hours are 8 a.m. to 6 p.m. Monday-Saturday.

For more information, call 1-800-621-3362 or visit <http://www.fema.gov>.

Government travel card

People who used government travel cards for prepaid transactions that weren't used as a result of Hurricane Katrina can dispute the charge for credit.

Before filing a dispute, try to contact the merchant to see if charges can be credited to the account. If that isn't possible, submit the dispute form found at <https://www.gcsuthd.bankofamerica.com/forms/maintenance.asp>. Use reason code 10 and use your own words to reference Hurricane Katrina. To fax the form, call 1-888-678-6046.

Katrina relief fund

The Keesler Hurricane Katrina Relief Fund is a central location for money donated by other bases and sources.

For more information, call Maj. Teresa Roberts or Master Sgt. Jeffrey Cartier, 377-2179.

Retirees, annuitants

Military retirees and annuitants who've relocated or changed banking information, call 1-800-321-1080, 6 a.m. to 6:30 p.m. weekdays. They can also use myPay to update information; call 1-800-390-2348.

Changes to mailing and banking information can be sent by fax to 1-800-469-6559, with "Hurricane Katrina" at the top of the page and a contact phone number listed.

SGLI

The Defense Department extended the deadline for reducing or declining increased Servicemembers' Group Life Insurance coverage for service members affected by Hurricane Katrina.

Sept. 1, eligible members were automatically insured for the maximum coverage of \$400,000.

These changes don't affect coverage under Family SGLI.

To keep the \$400,000 coverage with the same beneficiary designations don't take any action.

To decline or reduce coverage, complete a new SGLV 8286 at <http://www.insurance.va.gov>, indicating the amount of coverage desired.

Keesler's thrift shop reopens Wednesday

By Senior Airman Sarah Stegman

Keesler News staff

The Keesler Thrift Shop reopens Wednesday in the former Chapel 1, next to the dental clinic.

The consignment shop has slightly used items such as books, clothing, kitchen items, baby items and home furnishings. The shop is sponsored by Keesler Officers Spouses Club.

Anyone who has access to Keesler can shop in the thrift shop, but only military identification card holders can consign.

Consignments are accepted 9 a.m. to 1 p.m. Mondays, and only 15 items are allowed per consignor each week.

Hours are 9 a.m. to 2 p.m. Mondays and Wednesdays. Donations are accepted at any time during hours of operation.

Proceeds from the Keesler Thrift Shop are given to charitable causes such as college scholarships, Fisher House, Special Olympics and Gulf Coast Women's Center for Non-Violence.

For more information, call 377-3217. Open base facilities are:

81st Services Division

11th Frame Café — located in Gauda Lanes bowling alley. Open 10:30 a.m. to 1 p.m. and 5-9:30 p.m. Monday-Wednesday and Friday; 8:30 a.m. to 1 p.m. and 5-9:30 p.m. Thursday; 11 a.m. to 9:30 p.m. Saturday, and 1-7 p.m. Sunday.

Arts and crafts, frame and engraving shops — 10 a.m. to 4 p.m. Monday-Friday.

Auto skills center — 1-7 p.m. Tuesday-Friday; 10 a.m. to 5 p.m. Saturday and non-working Fridays. The car wash is open 24 hours a day.

Child development center — 5:30 a.m. to 6:15 p.m. For more information, call 377-2211.

Family child care — providers are accepting children in their homes. Children are also being accepted at the mildly-ill family child care home.

For more information, call 377-3189.

People interested in becoming licensed family child care providers, call the family child care office, 377-5935, 7 a.m. to 5 p.m. Monday-Friday.

Half Time Café — 5:30 a.m. to 10 p.m. Monday-working Fridays, 11 a.m. to 10 p.m. non-working Fridays, Saturday and Sunday.

Inns of Keesler — open 24 hours.

Information, ticket and travel — 10 a.m. to 2 p.m. Tuesdays-working Fridays in Vandenberg Community Center.

Katrina Kantina — a lounge, located in the main marina building, is open for all ranks over 21 years old. It opens at 3:30 p.m. Tuesday-Friday,



Photo by Kemberly Groue

From left, Jennifer Wilkins, Sabrina Stanley and Cathy Miceli sort dishes in the new location of the thrift shop in the former Chapel 1. They're the wives of Capt. John Wilkins, 81st Communications Squadron; Lt. Col. Gregory Stanley, 2nd Air Force, and Lt. Col. Chris Miceli, 45th Airlift Squadron.

with snacks and beverages available.

McBride Library — open 10 a.m. to 8 p.m. Monday-Thursday; noon to 5 p.m. Friday and Sunday, and 10 a.m. to 5 p.m. Saturday.

Vandenberg Community Center — open 11 a.m. to 9:30 p.m. Monday-Thursday; 11 a.m. to midnight working Fridays and Saturdays, and 10 a.m. to midnight non-working Fridays and noon to 6 p.m. Sundays.

Veterinary clinic — open 8 a.m. to noon Mondays-Fridays for sales. For appointments to have pets vaccinated or for sick pets, call 377-6883.

Wood shop — 1 to 7 p.m. Tuesday-Friday, and 10 a.m. to 5 p.m. Saturday and non-working Fridays.

Youth center — 5:30 a.m. to 7 p.m. workdays and 10 a.m. to 2 p.m. Saturdays. Before- and after-school program is 6-8:30 a.m. and 3:30-6 p.m. for children in kindergarten through grade 6.

AAFES

Car care center — 7 a.m. to 6 p.m. Service bays close at 3:30 p.m.

For more information, call 432-2404.

Class Six/Shoppette — open 10 a.m. to 7 p.m. Monday-Saturday and 11 a.m. to 5 p.m. Sundays.

The main exchange, dorm shoppette and medical center exchange are closed indefinitely.

Home furnishings store — 9 a.m. to 5 p.m. daily at 220 Ploesti Drive with an entrance on Hercules Street.

Welch Auditorium — movies shown 7 p.m. Friday; 2 and 7 p.m. Saturday. For more information, see Digest, Page 25.

Banking

BancorpSouth — bank lobby is now open during normal business hours, 9 a.m. to 4:30 p.m. Monday-Thursday and 9 a.m. to 5:30 p.m. Friday. Automatic teller machines are operational.

Keesler Federal Credit Union — open during regular banking hours, 9 a.m. to 4:30 p.m. Monday-Thursday and 9 a.m. to 5:30 p.m. Friday, in the trailer located in the credit union's parking lot. ATMs on base are now operational 24 hours a day.

Gates

Oak Park Gate is open 5:30-7:30 a.m. and 3:30-5:30 p.m. Monday-Friday. Pass Road, White Avenue and Meadows Drive gates are open around the clock. Judge Sekul Gate is closed.

Housing

The housing office in Chapel One is reassigning homes to families whose base housing is uninhabitable. For a list of available off-base housing, call Mary Krystosek, 377-9741.

Mini-mall

Alteration shop — noon to 7 p.m. Monday-Friday and noon to 4 p.m. Saturday.

Barber shop — 9 a.m. to 8 p.m. Monday-Friday.

Beauty shop — 10 a.m. to 6 p.m. Monday-Saturday.

Laundry and dry cleaners — noon to 7 p.m. Monday-Friday, noon to 4 p.m. Saturday.

Military clothing sales — 9 a.m. to 7 p.m. Monday-Friday, 9 a.m. to 5 p.m. Saturday and noon to 4 p.m. Sunday.

Subway — 8 a.m. to 8 p.m. daily.

Moves

Area Defense Counsel — Keesler's office is now in Room 5703, Locker House. The office, an independent office of the Air Force Legal Services Agency, provides representation for investigations, administrative actions and discharges, nonjudicial punishment, court-martial and other adverse actions. For appointments, call 377-2429.

Contracting — now located in Room 101, old Cody Hall.

Education office — now located in Room 212, old Cody Hall. For assistance, call 377-2323 or 2171.

Family support center — now located on the first floor, old Cody Hall. A student office remains open in the Fishbowl.

Finance — now located on the second floor, Vosler Center. Hours are 8 a.m. to 4 p.m. Monday-Thursday and 8 a.m. to 3 p.m. working Fridays.

For military and travel pay questions, call 377-7272 or 4212.

Legal office — aid is available 9 a.m. to noon and 1-5 p.m. workdays in Room 246, Levitow Training Support Facility. For appointments, call 377-3510. For Katrina claims, call 377-3630. The fax number is 377-3630.

Personal finances — now located in Room 119, old Cody Hall. For more information, call 377-8601 or 2179.

Personnel offices — now located in Room 218, old Cody Hall. The civilian personnel office has relocated to the Airman Leadership School building.

Retirees, annuitants — the retiree activities center has moved from Thrower Park to Room 104, old Cody Hall.

Traffic management office — TMO for technical training students in Room 211, Levitow Training Support Facility, is open 7 a.m. to 7 p.m. For more information, call 377-0174, 1263, 7448 or 3147.

The main TMO is located in old Cody Hall, Room 166, and is open 7 a.m. to 7 p.m. Phone numbers are inbound issues, 377-7291 and outbound counselors, 377-5471.

Self-help store

The self-help store is open 7 a.m. to 5 p.m. Monday-Thursday for facility managers, 8 a.m. to 5 p.m. for housing residents and 8 a.m. to 4 p.m. Fridays. For more information, call 377-5397.

Post-Katrina medical services – what's available

81st Medical Group

Services available through the 81st Medical Group:

The appointment line is open 6 a.m. to 8 p.m. Monday-Friday, 8 a.m. to 2 p.m. Saturday and 8 a.m. to noon Sunday. Active-duty personnel may begin calling at 5 a.m. Monday-Friday.

To access care on the first floor of Keesler Medical Center, enter through the "A Tower" at the top of the steps leading from Fisher Street. Signs directing patients to the respective clinics are posted along the route from the entrance to the clinic areas. The security staff is also available to provide directions.

Clinic hours are 7 a.m. to 5 p.m. Monday-Thursday and 7 a.m. to 4 p.m. working Fridays. The family practice, internal medicine and pediatric clinics see patients 7 a.m. to 4 p.m. compressed work schedule Fridays.

Mental health flight — has returned to 1D in the medical center Monday. Services include life skills (377-6216), family advocacy and exceptional family member program (377-7006) and alcohol and drug abuse prevention and treatment (377-8960). Signs to the applicable check-in areas are posted at the entrance.

Patients may use the entrance at the west end of the building. Call 377-7006 or 6216 to confirm appointments or the information desk, 377-6550.

The off-base civilian prescription pharmacy currently occupies room 1D103, the first office on the right where life skills customers previously were checked in.

Tricare office is in Room 1A-200. For patient registration or eligibility, call 377-6149 or 6276. For Tricare enrollments or MEB, call 377-9962. For the referral management office, Room 1A-201, call 377-6177. For health benefits advisors, visit Room 1F-306 or call 377-6580. Tricare Prime beneficiaries, call 1-800-700-8603 for appointments, leaving phone consults for their primary care managers or requesting authorizations for any non-emergency services. Hours are 7 a.m. to 5 p.m. Monday-Thursday and 7 a.m. to 4 p.m. working Fridays.

The family practice staff, in the former medical specialties clinic, sees acute uncomplicated illnesses, handles personal health assessments and provides medication refills. Urgicare and walk-in services aren't available. A case management and social worker are available.

The clinical laboratory is in its medical center location. The lab's phlebotomy station is open in the main lab and routine blood testing is provided for Tricare Prime patients seen at the medical center.

The blood donor center is open. To arrange to donate blood, call 377-9324.

Radiology is back in its previous location. Provided are routine radiographs, computerized tomography and ultrasounds for Tricare Prime patients seen at the medical center.

The immunization clinic in the former urology clinic provides all inoculations to active duty, retirees and dependents. Flu shots and limited allergy services are available.

The temporary pharmacy is in the medical photo/oral surgery area. Hours are 7 a.m. to 5 p.m.



Photo by Steve Pivnick

Maj. Sherri Saunders-Goldson performs a thyroid examination on Sarah Lloyd, 13, in the women's health services clinic. This is part of a well-woman's examination, according to the major, a nurse practitioner with the 81st Surgical Operations Squadron. Sarah is the daughter of retired Sailor Bryan and Sherry Hill of Saucier.

For remaining refills from on-base prescriptions, call 377-6360. Pick up refills at least four duty days later at the temporary pharmacy distribution area in Building 5 of the Biloxi Veterans Affairs Medical Center, Veterans Boulevard, just off Pass Road. To renew prescriptions, see your primary care manager or another Tricare network provider.

The first aid station is open 7 a.m. to 7 p.m. seven days a week. Ambulance coverage for Keesler is available 24 hours a day, seven days a week through the on-base 911 line. Patients are taken directly to off-base medical facilities. For emergencies, go to the nearest coast emergency room. Active-duty sick call at the first aid station is scheduled through the central appointment line. The first aid station treats. Only new acute health care problems.

Internal medicine on the first floor sees active-duty, dependents and Tricare Prime enrollees. Services are acute medical care, limited evaluation and treatment of chronic medical illnesses, medical consultation and referral for select subspecialty services.

The optometry clinic is on the first floor within the internal medicine clinic area. The staff sees active duty patients only. All exams are by appointment only through the Tricare appointment line, 1-800-700-8603. The clinic can order spectacles and gas mask inserts for active duty and eligible retirees provided they have a current prescription (within two years).

The pediatric clinic in the former oncology/hematology clinic area provides scheduled acute medical care for children, well baby/child visits, routine appointments, Q Code exams, and exceptional family member program and special needs family paperwork. For appointments, use the Tricare appointment line. A child psychologist and social worker are available. Appointments are by PCM referral.

Women's health in the former general surgery clinic, next to the new flight medicine clinic, provides routine women's health care to active duty, dependents and Tricare Prime enrollees. Other patients are seen on a space-available basis. Services are general gynecological problems, annual Pap smear exams, birth control and follow-up of abnormal Paps (dysplasia). No obstetrical services are available. The clinic can initiate profiles for pregnant active-duty patients. Eligible patients with questions, call 377-6920. For appointments, call 1-800-700-8603.

Flight medicine in the surgical specialties clinic furnishes walk-in acute care, duties-not-involved-in-flying paperwork, profiles and physical health assessments.

General surgery and orthopedics share the former orthopedic clinic. Surgery is available by primary care manager consult only.

Medical records are in the Wylie Auditorium. Original records are maintained by the medical center. For copies, complete a request form at the outpatient record's customer service desk. Allow five to seven days for copies.

Endocrine services are available by appointment only in the internal medicine clinic. Call the Tricare appointment line.

New dermatology patients are seen by referral only. Established patients may be seen by calling 377-1673 or the appointment line.

The Triangle clinic, Levitow Training Support Facility, sees only non-prior service students.

Services at the dental clinic include routine care, cleanings and routine outpatient oral surgery for active-duty members only. Dental emergencies for all patients are seen through dental sick call. Call 377-4510 for appointments.

Physical and occupational therapy see patients at the health and wellness center. Physical therapy sees active duty only; occupational therapy sees active duty, retirees and adult dependents. Services include assessment and treatment of musculoskeletal disorders such as upper and lower extremity dysfunction and neck and back pain. Treatment is limited to gym and home exercise programs, heat, ice and ultrasound modalities.

For the director of customer relations, call 377-9498.

Nearly 5 months after Katrina, community recovery efforts go on



Airman Basic Daniel German, 338th Training Squadron, and a team of other student volunteers clear hurricane debris from a home on Crawford Street in Biloxi Jan. 18.

Photos by Kemberly Groue



Airmen Basic Charles Kramen, left, and Glenn Sinigayan, 336th TRS, lead a student group through debris in the hallway of the Biloxi Beachfront Hotel as they look for the stairwell. Friday, the volunteers moved mattresses and other salvageable items for use by hurricane victims.

News tips
are welcome
at the
Keesler News.
Call
377-3163,
3837, 4130
or 7340,
or e-mail
kn@
keesler.af.mil.

Era ends at Keesler as last WC-130 departs

403rd Wing Public Affairs

The last of a generation of aircraft lifted gently off the runway here Jan. 12.

"This is the end of an era. For years the H model performed magnificently meeting the needs of the weather mission; however, it is time to move on," said Brig. Gen. Richard Moss, 403rd Wing commander. "The increased performance and the advanced avionics of the J model will only enhance the ability of the 403rd to perform the vital weather mission."

Aircraft number 980 was the last WC-130H aircraft to depart the home of the Hurricane Hunters, the 53rd Weather Reconnaissance Squadron.

The unit completed conversion to the WC-130J two months ahead of schedule last year.

All of the unit's H-model aircraft have been reallocated to other squadrons. A crew from the 913th Airlift Wing arrived here Jan. 10 to make final inspections on the aircraft before flying it home to Willow Grove Air Reserve Station, Pa.

The H-models, many of them built in the 1960s, still remain the backbone of the Air Force's intratheater airlift fleet.

With hundreds of these aircraft, the Air Force is able to get supplies and troops to the frontlines, quickly and efficiently.

For decades, the Hurricane Hunters have flown this tough



Photo by Staff Sgt. Justin Pearce
Senior Master Sgt. Richard Rivard directs the final WC-130H aircraft out on the runway on its way to Willow Grove Air Reserve Station, Pa. Sergeant Rivard is an air reserve technician with the 403rd Aircraft Maintenance Squadron.

aircraft through the most violent weather systems known to man. Aircraft 980 flew into many unnamed tropical systems as well as named hurricanes over the years.

"It was a great aircraft," said Lt. Col. Jon Talbot, an aerial reconnaissance weather officer with the squadron. "Whichever units get one will get many more years of work-horse service out of them."

Among the Airmen who watched the last Hercules depart was Master Sgt. Steve Campanella, a flightline super-

visor and former H-model crew chief, who was responsible for a similar aircraft.

"It's always hard to see an airframe leave. Especially one that you put so much of your time and effort into maintaining," said Sergeant Campanella, an air reserve technician who has served 18 years with the 403rd Aircraft Maintenance Squadron.

"I've been doing this for so long it doesn't bother me," said Master Sgt. Ronnie Klipp, the crew chief who serviced the 980 before depart-

ure. He has served 30 years as an aircraft maintainer and serviced three generations of C-130s.

Besides the aircraft, the 403rd Wing will also lose several crewmembers. The new WC-130Js fly with a smaller crew.

Flight engineers who were essential on all previous versions of the venerable "Herky" have had to look for new assignments or retrain into a new job skill.

Engineers conduct pre-flight checks and perform

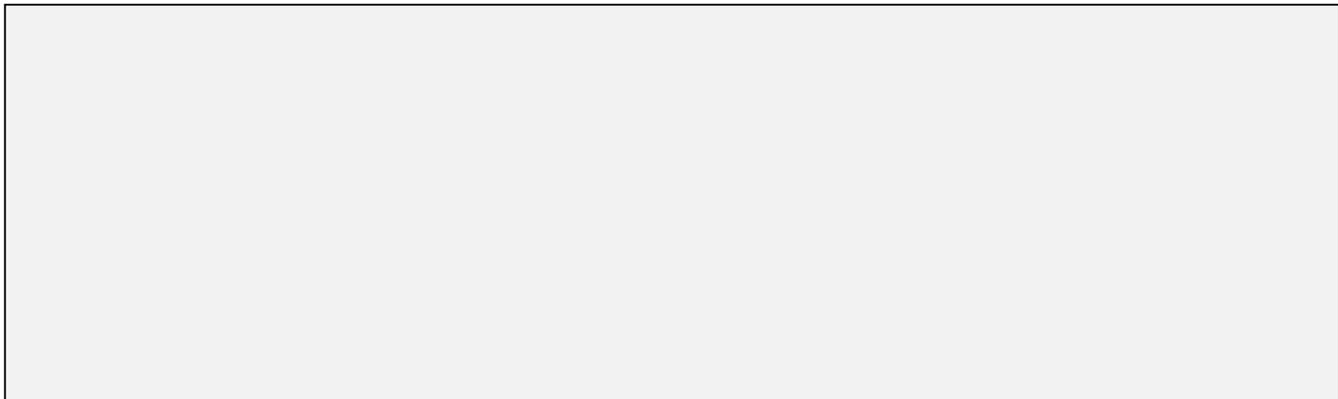
takeoff and landing data calculations. During flight, they also check all systems for performance and ensure the aircraft has sufficient fuel to continue the mission.

"I'm going to miss flying into storms the most," said Chief Master Sgt. Steve Riley, flight engineer. "I think the H model will continue to be a part of the Air Force's airlift fleet for some time into the future. While many of the ones we had were built in the '60s, the Air Force has some that were built in the '90s. Those aircraft still have at least 20-30 or more good years in them."

As the wing says farewell to the H model, it also welcomes the chance to focus on one airframe. The unit has been flying two completely different aircraft since the first C-130J arrived in 1998. While they have similar names, the aircraft couldn't be more different.

Maintainers had to keep spare parts on hand for both aircraft and crewmembers could only fly one or the other.

"The airframe is the same, but all the electronics and computers make it easier to maintain," said Sergeant Klipp. He said he can service a J model 60 percent faster than an H model, allowing him and the other crew chiefs to accomplish more duties in a workday.



Airman works hand-in-hand with other services while deployed

By Senior Airman
Sarah Stegman

Keesler News staff

A contingency contracting officer saw the true meaning of being flexible during his last deployment.

Staff Sgt. Michael Conway, 81st Contracting Squadron, deployed to Forward Operating Base Salerno, Bagram Airfield, and Forward Operating Base Ghazni, Afghanistan.

He left Keesler in May 2005 and returned in September shortly after Hurricane Katrina hit the Mississippi Gulf Coast.

Sergeant Conway was only at Salerno for a month before being forward deployed to Bagram Airfield, where he was the only Airman working in the administration logistics operation center.

In the ALOC, he was the liaison officer for the Regional Command-East Joint Contracting Center.

His duties included being the business advisor to the Task Force Devil S4, which is the head logistics officer for Regional Command-East Afghanistan. He also managed RC-EJCC's Field Ordering Officer Program where he trained Army and Marine FOOs on how to properly use appropriated funds.

"I experienced a culture shock when I first arrived because it was the first time I've worked in a joint environment with the Army and Marines," said Sergeant Conway.

"Surprisingly, our living conditions weren't bad. Four noncommissioned officers lived in each wooden B-hut. Inside, the tent was sectioned off with wooden walls for privacy. We also had twin-size beds," he said.

While at Bagram, he forward deployed to FOB Ghazni in the Ghazi Province of Afghanistan for two weeks to establish contracts for interpreters and general labor services for two new Army firebases that stood up in the next few weeks.

"Unfortunately in Ghazni there aren't contractors or

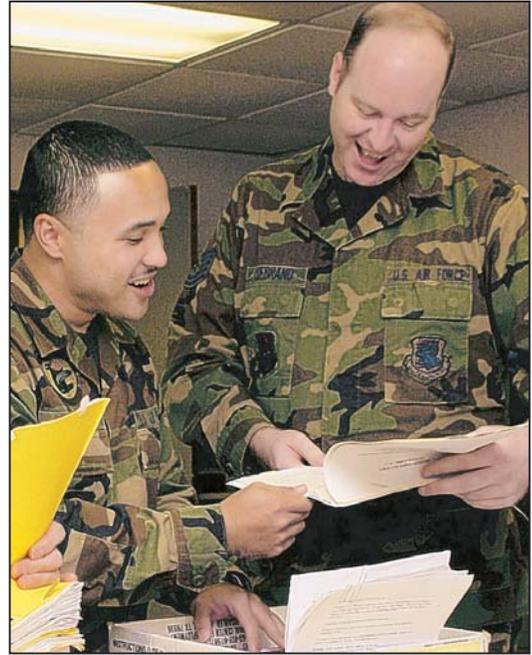


Photo by Kemberly Groue

Sergeant Conway, left, reviews a Hurricane Katrina recovery acquisition with Tech. Sgt. Troy Isebrand, 81st CONS.

businesses available to provide interpreters or general laborers. So, I conducted a job fair in search of entrepreneurs interested in working for the United States government and willing to gather the workforce needed to meet my customer's requirement," Sergeant Conway explained.

When the sergeant was off duty, he lifted weights, watched movies and hung out with new Army and Marine friends.

The post had other amenities as well. "At Salerno we only had Green Bean Coffee, but Bagram had Burger King, Green Bean Coffee, Dairy Queen, Subway, a pizza joint and a Korean restaurant," Sergeant Conway said.

While deployed, Sergeant Conway kept in touch with his wife, Senior Airman Ashanta Conway, 81st Mission Support Squadron, by e-mail and phone.

About two weeks before Sergeant Conway was supposed to come home, he heard

that a hurricane was in the Gulf of Mexico, headed toward Keesler and his family.

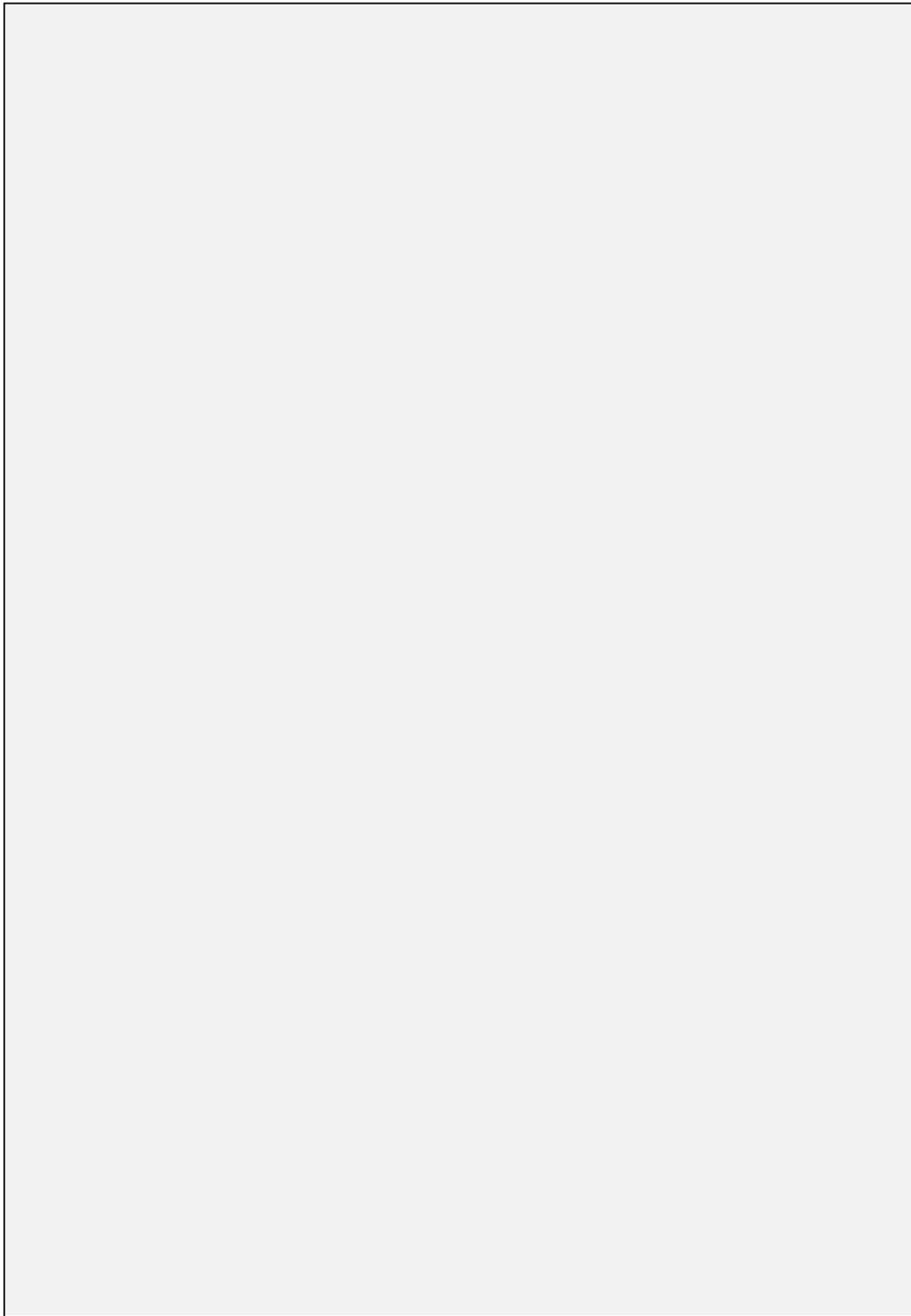
"Once I heard about Katrina, I started tracking it through the news. We had a TV in our conference room, which was always tuned to CNN. When I wasn't near a TV, I checked the Internet" he said.

His wife and daughter, Amya, evacuated to Albany, Ga.

When Sergeant Conway got wind that deployed Keesler personnel could come home, he did.

"I flew into Houston, in-processed, and then flew to Georgia to be with my family. We stayed there for two weeks and returned as soon as military personnel were recalled back to Keesler," he explained.

Fortunately, the Conways didn't have much damage. Their apartment was unscathed.



Logo contest kicks off black heritage activities

By Senior Airman
Sarah Stegman

Keesler News staff

The African-American Heritage Committee sponsors a logo design contest as the first of many events throughout February in observance of Black History Month.

The design must be black and white, drawn on 8 1/2 by 11 inch bond paper and encompass this year's theme, "A Tribute to Black Fraternal, Social and Civic Institutions."

The winner receives \$100 and the design is displayed at all AAHC events for the rest of the year.

The deadline for entries is today, and may be turned in to Minnie Gray, 377-7001; Pamela Tunstall, 377-4212, or Sharon Floyd, 377-2220.

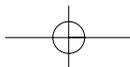
Other events are:
Organization Day — judging is 11 a.m. to 1 p.m. Feb. 9. For more information, call Ms. Tunstall, 377-4212, or Senior Airman Tanisha Lofton, 377-2493.

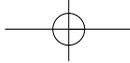
AAHC cookout — 11 a.m. to 1 p.m. Feb. 16, marina park. For more information, call Senior Master Sgt. Clifford Massey, 377-1305.

Third annual bowling tournament — 1 p.m. Feb. 17, Gaude Lanes. For more information, call Kurt Higgins, 377-5356, or Tech. Sgt. Byron Bryant, 377-4198.

Three-on-three basketball — Feb. 24, Blake Fitness Center. For more information, call Staff Sgt. Calvin Oliver, 377-3967, Sergeant Massey, or Sergeant Bryant.

Gospel fest — 6-9 p.m. Feb. 25. The location is to be announced at a later date. For more information, call Capt. David Robinson, 377-1920; Kim Johnson, 377-2453, or Tech. Sgt. Anthony Thomas, 377-8628.





Super Bowl Parties

Katrina Kantina

Doors open at 1 p.m. for all ranks
Free food ~ Beer specials ~ Prize giveaways
Come early ~ Limited seating
For more information, call 377-2719.

Gaudé Lanes

12 lanes open for \$1 per game bowling, shoes \$1.
One hour before game time purchase a \$5 wristband to enjoy wings, party subs, munchies, \$1 draft beer and a chance to win prizes.
For more information, call 377-2817.

Vandenberg Community Center

Pre-game starts at 4 p.m., game starts at 5 p.m.
Free hot wings and pizza ~ Prize giveaways
Open to all persons eligible to use Keesler facilities.
For more information, call 377-3308.

February 2006



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Texas Hold 'Em Returns 1 p.m. Jan. 28 and Feb. 25 Vandenberg Community Center

\$10 entry fee includes snacks — Prizes awarded
Open to first 200 participants to sign up
at Vandenberg Community Center.

Open to all persons eligible
to use Keesler facilities.
For more information,
call 377-3308.

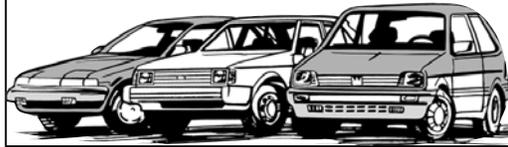


Prizes sponsored
by Budweiser.

Resale Lot Buy • Sell • Trade

Park your vehicle on the lot — only \$5 for two weeks.

Vehicles must be registered with
arts and crafts center prior to parking on lot
on the corner of M and T streets.
Must show proof of ownership and insurance.
For more information, call 377-2821.



COMICS ON DUTY

Free show 7:30 p.m. Feb. 2 – Vandenberg Community Center
for Non-Prior Service Students only — sign up for future Air Force Club membership and win prizes



Steve Mazan
www.SteveMazan.com



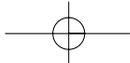
Keith Alberstadt
www.KeithComedy.com

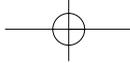


Tom Foss
www.TomFoss.net



Troy Thirdgill
www.Comedy.com/Thirdgill





ARTS AND CRAFTS CENTER

Editor's note: For more information, call 377-2821. For auto hobby shop information, call 377-3872.

Beginners woodworking — 4-6:30 p.m. Feb. 22. \$25.

Beginning intarsia — 10 a.m. Feb. 4 or 18. \$15. Intarsia is the art form of inlaying pieces of wood in a decorative pattern.

Advanced intarsia — 10 a.m. Feb. 11 or 25. \$20.

Engraving shop — custom items for going-away gifts, special mementos and squadron awards. Check out our new laser. Custom rubber stamp-making coming soon.

Framing class — One class, four sessions, 5:30-7:30 p.m. Feb. 1, 8, 15 and 22. \$60.

Advanced matting class — 10 a.m. to 1 p.m. Feb. 24. \$25.

Mold pouring class — 10 a.m. Feb. 25. \$25. Learn to pour your own ceramics.

Kids' crafting class — 11 a.m. Feb. 11. \$10. Valentine project.

MINI CRAFTS CENTER

Editor's note: Located at Vandenberg Community Center. For more information, call 377-2821.

Valentine card-making — 1 p.m. Feb. 4. \$5.

Beginners ceramic painting class — 1 p.m. Feb. 10. \$10. Paint a Mardi Gras mask.

Pottery wheel class — 4-8 p.m. Feb. 16. \$10 for one hour; pick a convenient time. Maximum four students; sign up early.

BAY BREEZE GOLF COURSE

Free golf — All 18 holes now open 7 a.m. to dusk daily. Walkers only; pull carts and rental clubs available.

Free driving range — open 7 a.m. to dusk daily. Shag your own balls due to loss of ball picker during Hurricane Katrina.

FAMILY CHILD CARE

Editor's note: For more information, call 377-3189 or 5935, 7 a.m. to 5 p.m. weekdays.

Child care providers needed — to care for children in their homes on and off base.

FITNESS CENTERS

Editor's note: For more information, call 377-4385 or 2907.

Sweetheart 5-kilometer run — 7 a.m. Feb. 14. Couple can be any male-female pair; must cross the finish line together. Prizes to first five couples to finish; sweets for all participants.

Dragon Fitness Center fitness classes — step aerobics, kickboxing, salsa dancing aerobics, spin cycling and yoga. Pick up schedules at Dragon and Blake fitness centers.

GAUDÉ LANES

Editor's note: For more information, call 377-2817.

Give parents a break night — Feb. 4. Parents registered in the "give parents a break" program bowl for \$1 a game with free bowling shoes.

Attention Keesler contractors — if you're interested in forming a contractors' bowling league with a 12-week season, call our center and leave your name.

Have-a-ball league — coming in mid March. Watch for more information.

11th Frame Café — serves lunch and dinner; dine in or carry out.

HALF TIME CAFÉ

Editor's note: Located inside Vandenberg Community Center. No to-go orders on buffets.

Now serving breakfast buffet — 5:30-9 a.m. Mondays-work Fridays, \$3 includes scrambled eggs, bacon, sausage, biscuits, gravy, hash browns, grits, fresh fruit and coffee.

Italian buffet — 11 a.m. to 1 p.m. Wednesdays, \$5.95; includes spaghetti with meat sauce, pizza slices, salad, bread sticks, pasta salad, garlic bread, 16-ounce soda or iced tea.

INFORMATION, TICKETS AND TRAVEL

Editor's note: Tours depart from and return to the Vandenberg Community Center. For more information, call 377-3818.

New Orleans Mardi Gras parades — Feb. 25, Iris and Tucks parades; depart 8 a.m., return by 6 p.m. \$25 per person for round-trip transportation; sign up and prepay by Feb. 16.

KATRINA KANTINA

Editor's note: Located in marina building. For more information, call 377-2719.

All ranks invited — snacks, beverages and music.

MCBRIDE LIBRARY

Editor's note: For more information, call 377-2181.

Orientations — 6:30 p.m. Wednesday Feb. 8, 15 and 22.

Celebration of Love week — Feb. 13-18; 2-4 p.m. Feb. 14, music, punch and cookies. Select a heart from display for a possible surprise; poetry book display.

Valentine stories — 10 a.m. Feb. 14, ages 2-5.

MUSE MANOR MINI-MART

Editor's note: For more information, call 377-2752.

Convenience store — snacks, cold drinks, health and hygiene products; open 24 hours a day.

OUTDOOR RECREATION

Editor's note: For more information, call 377-3160.

Bicycle rental — new 3500 Trek, seven-speed bicycle rents for \$3 a day or \$15 a week.

February special — 10 percent discount on our No. 1 camping package which includes a four-person tent, four sleeping bags, lantern, stove, 48-quart ice chest and camper's bow saw.

February fishing tournament — weigh in the largest red-fish and take home a \$100 savings bond.

Re-sale items — snacks, beverages and fishing licenses.

VANDBERG COMMUNITY CENTER

Editor's note: For more information, call 377-3308.

Cybersports — best and fastest Internet gaming.

Pool tournaments — 6 p.m. Monday, eight-ball; 6 p.m. Tuesday, nine-ball.

Game night — 6 p.m. Wednesdays. Dominos, Yahtzee, Uno, Phase 10 and ping pong tournaments.

Karaoke — 6 p.m. Thursdays.

Late night dances — 6 p.m. to midnight Fridays and Saturdays; \$3 per person.

VETERINARY SERVICES

Editor's note: For more information, call 377-6887.

Limited hours and services — 8 a.m. to noon Mondays-Fridays. If your pet is sick, please call for an appointment.

Vaccinations — for dogs, rabies \$5, distemper \$12 and kennel cough \$10. For cats, rabies \$5, distemper \$10 and leukemia \$10.

HomeAgain® microchip identification — recognized worldwide; \$20. Your pet will never be without identification.

YOUTH CENTER

Editor's note: For more information, call 377-4116.

Youth center programs annual membership — \$25, ages 6 and older. Savings on programs, classes and sports.

Free Junior Olympic soccer skills competition — 2 p.m. Feb. 18, ages 8-13. Register Wednesday through Feb. 17.

Teen Air Force Aviation Camp — applications accepted through Feb. 20; open to current sophomores and juniors.

Mardi Gras camp — Feb. 27-March 1, kindergarten through grade 6. Registration deadline Feb. 23.

Friday dances — 6:30-10 p.m., ages 9-15. \$4 for members, \$5 for nonmembers.

Super Saturdays — 2-5 p.m., ages 6-12. Feb. 4, survivor games; Feb. 11, "Bowl by Mail" event at Gaudé Lanes; Feb. 18, Junior Olympics soccer skills competition; Feb. 25, Karaoke.

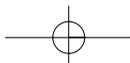
Teen Super Saturdays — 6-10 p.m., ages 13-18. Feb. 4, survivor night; Feb. 11, FitFactor; Feb. 18, hot-shot basketball competition; Feb. 25 open mike.

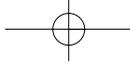
Free home alone safety workshop — 6 p.m. Feb. 9. Parent and child safety workshop. Register by Feb. 8.

HAPPENINGS is a monthly supplement to the Keesler News and is produced by the 81st Services Division. Information is subject to change without notice. No federal endorsement of sponsors or sports promoters intended.

Earlene Smith, publicist; Cindy Milford, illustrator; Tom Golden, commercial sponsorship coordinator.

PLEASE PULL OUT AND KEEP THIS SUPPLEMENT AS A HANDY REFERENCE FOR MONTHLY EVENTS OF THE 81ST SERVICES DIVISION.





KEESLER NOTES

Excess property sale

Nonappropriated fund excess items are on sale, 9 a.m. to 3 p.m. today at the Keesler Club.

Transactions are on a first-come, first-served cash-and-carry basis.

Customers are responsible for loading and securing their purchases.

For more information, call 377-0002.

Field trip

The play group meets 9:30 a.m. Tuesday at the youth center for a field trip to the science center in Mobile.

Donations of \$2 are requested to help cover costs.

To join the carpool or for more information, call 377-8185.

Vehicle decals

Vehicle decals are available in the trailer on the south side of visitors center at the White Avenue Gate.

For more information, call pass and registration, 377-2143 or 2595.

Child care

The family child care program is available to all active-duty military, Defense Department civilians including non-appropriated fund, and Army and Air Force Exchange Service employees and others who support the base mission.

To assist with finding a FCC provider, the staff prepares monthly listings of all current licensed providers.

For updated listings and more information, call 377-3189 or 5935.

DRMO withdrawals

Defense Reutilization and Marketing Office withdrawals for organizational requirements must be for assets normally authorized for requesting organizations and specific customer requirements.

For audit purposes, base activities other than nonappropriated fund activities must request all property in DRMO through the retail supply activity.

This ensures the requester

is an authorized representative of the requesting organizational activity.

Children's art

The Military Child Education Coalition is looking for artwork, poems, and essays from Keesler children for On The Move Magazine.

Entries must be postmarked by Feb. 17.

For more information, call Lana Smith, 377-3532.

Speed limit up

The speed limit on Bayview Avenue behind Keesler Medical Center has been increased from 15 to 25 mph, according to safety officials.

Zero overpricing

Submit zero overpricing items on Air Force Form 1046 to 81SUPS/LGSPQ, Attn: Terry Brandenburg, 377-4252, or e-mail to terry.brandenburg@keesler.af.mil.

Supply visits

Supply customer liaison is available to visit organizations for feedback on support.

To schedule a visit, call Terry Brandenburg, 377-4252 or e-mail terry.brandenburg@keesler.af.mil.

Preschool program

The part-day preschool program has openings for 3-5-year-olds in the 8:30-11:30 a.m. and 12:30-3:30 p.m. sessions.

Classes are Mondays-working Fridays at the youth center. Enrollment is at the child development center.

For more information, call 377-2211.

Detectors required

Base housing residents are required to sign up for carbon monoxide detectors at the self-help store unless they already have permanently-installed detectors.

One carbon monoxide detector is required for single-story units and two for two-story units.

Mounting instructions are available.

Fitting gas masks

Gas masks are fit tested 8-10:30 a.m. Tuesdays and Thursdays in Building 420, east of Fisher House on Fisher Street.

For more information, call base housing, 377-9741.

Fitting gas masks

Gas masks are fit tested 8-10:30 a.m. Tuesdays and Thursdays in Building 420, east of Fisher House on Fisher Street.

Inspection stickers

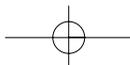
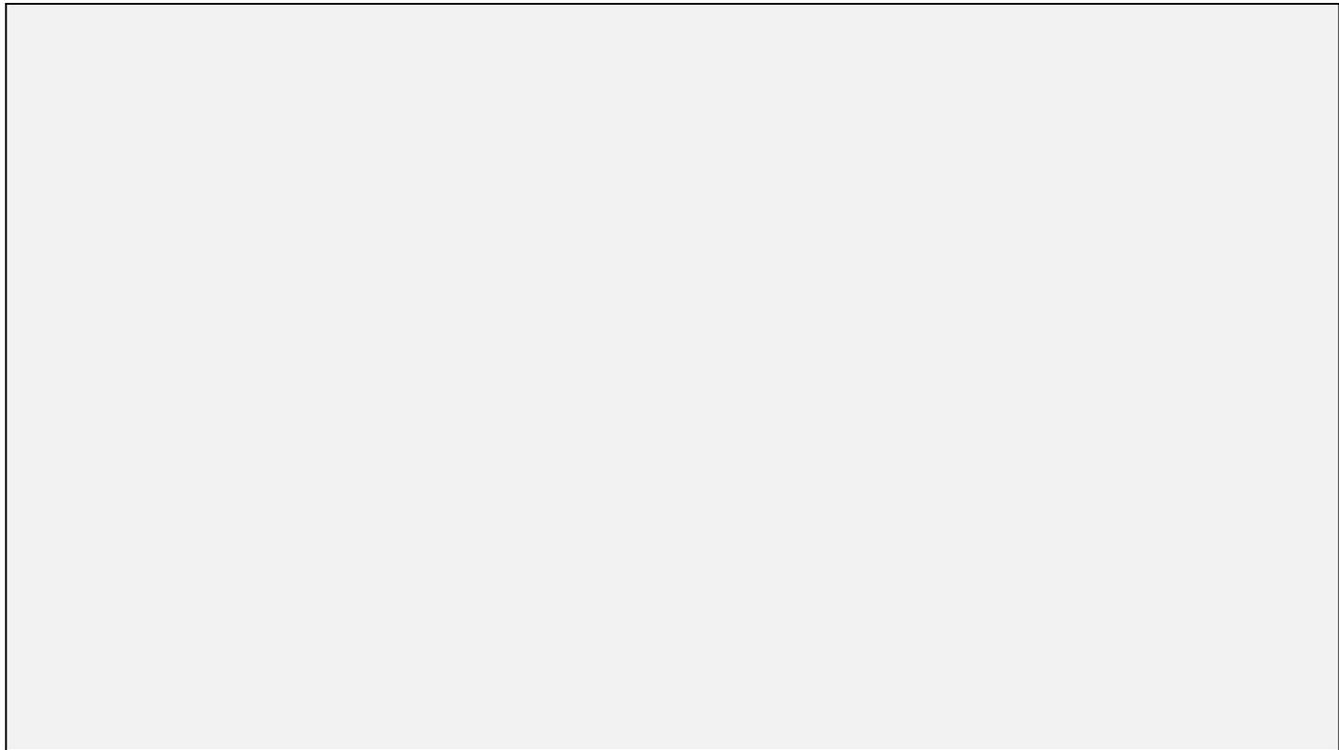
Mississippi law requires all vehicles registered within the state be inspected annually.

A current inspection sticker must be displayed on the lower left corner of the windshield visible from the outside.

Vehicles manufactured before 1961 are exempt.

Citations are issued for expired or nonexistent stickers.

For more information, call 377-3762.



SPORTS AND RECREATION

Back nine is back



Photo by Kemberly Groue

Air Force retiree Don Grossman tees off on the 10th hole of Bay Breeze Golf Course Jan. 20. The back nine holes reopened, giving Keesler golfers access to all 18 holes on the course. Grossman is from Daphne, Ala., and comes to Keesler to golf.

Air Force bowlers sweep competition at Armed Forces bowling championships

Air Force Print News

RENO, Nev. — The Air Force swept the individual and team titles in the Armed Forces Bowling Championships at the National Bowling Stadium here Jan. 11.

Martin Bedford, Hill Air Force Base, Utah, and Kristen Elmore, Geilenkirchen Air Base, Germany, won the men's and women's divisions, respectively.

Elmore finished her 24 games with a 4,605 total to top

Lisa Beeksma, a Marine from Naval Air Station Pensacola, Fla., who had 4,598. Bessie Lowery, a Sailor from the USS Ross, Norfolk, Va., was third with 4,520.

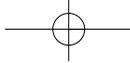
Bedford totaled 5,076 to top the men's field. Dwayne Watkins, a Soldier from Fort Rucker, Ala., was second with 4,902, and Jack Barfield of Davis-Monthan AFB, Ariz., third with 4,875.

Barfield, Watkins and Bedford all advanced to the 32-

player match play round and qualified to play for a spot on Team USA.

Air Force won the team event in both the women's and men's divisions. The six Air Force men totaled 27,835. The service's women counterparts scored 17,631.

The 21 women and 24 men representing the Air Force, Army, Marines and Navy competed as part of the United States Bowling Congress Team USA Championships.



Airman 'boxes' with future

By Senior Airman Joshua Moshier

28th Bomb Wing Public Affairs

ELLSWORTH Air Force Base, S.D. — In a small gym, Andre Penn is drenched in sweat.

He's dancing around the middle of a boxing ring, peppering the mitts on his coach's hands with lightning quick jabs, hooks and uppercuts. With every connection, the gym echoes, speaking on behalf of the power behind each blow.

He continues for three minutes, but it's an eternity when one is expending as much energy as Penn.

A horn belts out loudly through the gym. The round of training is over — for one minute. When the horn sounds again, it will be three more minutes of all-out effort for Penn under the watchful eye of his trainer, Eddie Martinez.

Whether pounding the mitts, hitting the heavy bag, mastering the agility bag, sparring, shadow boxing or skipping rope, Penn will work furiously for three minutes and rest for one.

Penn continues to train at this pace for two hours. Combined with the three to four miles he runs each morning after finishing his mid-night shift at the Pine Tree Inn on base, as well as time spent lifting weights, he's training an average of three to four hours a day.

"How much you put into it is what you get back," said Penn, an airman first class from the 28th Services Squadron.

So far, that commitment and dedication has paid off in the form of a 7-0 record for the 152-pound, 21-year-old amateur boxer from Pensacola, Fla. It's his hope it will also pay off with a spot on the Air Force boxing team.

Penn is now at Lackland Air Force Base, Texas, to train with the best boxers the Air

Force has to offer for upwards of 70 days. This permissive temporary duty assignment gives Penn a shot at the Air Force team.

Penn began training in his hometown four years ago. He was finished playing high school sports, and initially picked up boxing as a way to stay in shape. After a short time in the gym, he found himself in the ring for his first, and toughest, fight.

"It was an Alabama Golden Gloves tournament," Penn said. "The guy I was faced against already had nine or 10 fights under his belt, so he had a lot more experience than me. I was pretty nervous, but I won."

Penn won five more fights before enlisting in the Air Force. Shortly after arriving at Ellsworth, he made his way to the boxing club to pick up where he left off in his boxing career. However, finding fights in South Dakota hasn't been as easy for him as it was in Florida.

"I'd like to fight more," Penn said, "but there just aren't many boxers around here. A lot of times, we'll go to a tournament and there won't be a guy to match up with me in my weight class, or I have too much experience for anybody in my weight class. Some guys just get intimidated."

Penn finally found a fight on Dec. 17. He won by a third-round technical knockout, and his wife, Heather, was on hand to witness it.

"That was the first time I got to see him fight," she said. "I was a little nervous, but I felt he could win. When he did win, I was so excited. He's a great fighter and I'm very proud of him."

Penn said his primary goal right now is to make the Air Force team. However, looking ahead, he said turning professional would be something he'd like to try.

SCORES AND MORE

Fitness centers

Blake Fitness Center — 4:30 a.m. to 10:30 p.m. Mondays-through working Fridays; 6 a.m. to 7 p.m. non-working Fridays; 8 a.m. to 7 p.m. Saturdays, Sundays and holidays.

Dragon Fitness Center — open Monday-Friday 7 a.m. to 8 p.m.; closed non-working Fridays, Saturdays, Sundays and holidays. The basketball court area isn't available.

Free aerobic and yoga classes available. For more information, call 377-2907.

Triangle Fitness Center — closed until further notice.

Football

Pre-Super Bowl flag football

tournament — 5-9 p.m. Monday through Feb. 2 at the football/soccer field. Single-elimination for the first 10 teams to register. For more information, call 377-4409.

Golf

All 18 holes of the Bay Breeze Golf Course are available. The golf course is open at 7 a.m. daily, and free for walkers only. Driving range opens at 7 a.m. daily for free use.

Outdoor recreation

Katrina Kantina — a lounge for adults age 21 and over is in the main marina building. Opens at 3:30 p.m. Tuesday-Friday. For more information, call 377-3160.

Fam camp — available for mission-essential active-duty, civilian and contractors, and non-mission

essential active-duty who've been displaced. For more information, call 594-0543.

Back bay pontoon boat tours — 9 a.m. to noon Saturday. \$5 per person. Minimum four, maximum eight people.

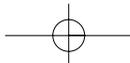
Children's wildlife poster contest — for all ages. Enter by Tuesday. First prize \$100 savings bond, second prize \$50 bond.

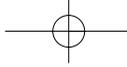
January special — 10 percent off all rental equipment.

January fishing tournament — weigh in the largest catfish for the month and win a \$100 savings bond.

Youth center

Open recreation — Saturdays, 10 a.m. to 2 p.m., ages 6 and older.





DIGEST

HONORS

Student honor roll

332nd Training Squadron

Electronic principles — Airmen Basic Jeremy Arnt, Joshua Basinger, Brandy Baxter, Cory Benson, Joshua Cabaniss, Eric Cerda, Sean Chai, Jose Charlesworth, Nicholas Conklin, Kristopher Dahlke, Kyle Dehart, Mario Delgado, Christopher Di Pietro, Michael Ford, Cody Freyn, Jacob Gentry, Anthony Grisolano, Daniel Hallimen, Saul Houston, Andrea Hunzeker, Anastacia Holmes, Kyle Jenkins, Patrick Kinney, Darcy Klumm, Jermaine Lindsay, Christopher Mahieu, Zachary Martin, Eric McCord, Cory Menchhofer, Christopher Mills, Michael Moulin, Laverne Petti, Joseph Pineda, Donald Rainville, Donald Robbins, Joshua Russo, Jason Shortell, Grant Sine, Evan Smith, Matthew Smither, Jason Stover, Daniel Urness, Arthur Villanueva, Randy Waite, Trent Wikson, Zachary Wymore, Enrich Ziegler and Christopher Zoglaman; Airmen Mark Campos, Cory Elenbaas, Lee Fischer, Michael Keany, Stephen Liska and Tyler Martin; Airmen 1st Class Kyle Amburn, Walter Anderson, Justin Atkins, Artur Brozyna, Samuel Blunck, Joshua Cadle, Patricia Contreras, Brandon Cousin, Brandon Dawson, David Fabacher, Ryan Fukunaga, Daniel Gates, David Henderson, Danisha Henry, Nathan Hines, Randall Hodkin, Robert Holcomb, Juan Johnson, Christopher Jones, David Ledford, Edward Lum, Kelvin Ma, David Manning, Matthew Miller, Justin Morgan, Michael Morrow, Zane Nelson, Kyle Nubson, Jeffrey Numata, Nile Pollock, Jonathan Seaman, Corey Shaffer, Joseph Smart, Ayron Solomakos, Matthew Vandiver, Kevin Wolff and Ryan Wollenberg; Senior Airmen Justin Houser and Jason Shelor; Staff Sgts. Gerald Blatt, Michael Connor, Jason Desrosiers and Michael Kuhl; Tech. Sgts. Dennis McClaine and Anthony Tribelli.

335th TRS

Comptroller training flight — Airmen Basic John Bridges, Hannah Cabingansig, Tiffany Chaffin, Alexander Cueva, Jawann Hazzard, Jodi Nicholson, Winnie Otieno, Kasim Playfair and Douglas Wolf; Airmen 1st Class Angela Bolo and Maria Proano; Senior Airmen Mark Joseph DeVega, Sonia Jones and Melissa Menck; Staff Sgts. Bruce Comer, Lisa Krejci, Stephen Libertini, Kevin Harrison-Lombardi and Kimberly Spencer; Tech. Sgt. Mark Morgenstern.

Weather training flight — Airmen Basic James Abby, Stephanie Clark, David Ford, Houston Green, William Hashman, Jason Jarman, Jonathan Lash, Herbert Makimaa, Andrew Massung, Peter McAward, Stephen Perkins and Kimberly Savitz; Navy Airman Recruit Sarah Hebbeln; Marine Pvt. Robert Logan.

Navy Airmen Apprentice Nicholas Burt and Stella Swartz; Marine Pfc. Geoffrey Donohue; Airmen 1st Class Alison Archangeli, Angela Campbell, Sean Doyleand and Matthew Yore; Navy Airmen Dustin Brewer, Heidy Cundiff and Lucas Welton; Navy Seaman Lindsay Moore; Marine Lance Cpl. Kaycee Bair; Navy Petty Officer 3rd Class Jesus Suarez; Marine Cpls. Eric Demeritt, Thomas Moore and Ryan Wood.

336th TRS

Communications and information flight — Airman Basic Ramon Velez; Airmen 1st Class Jonathon Beck, James Blomberg, Kevin Boyd, Chaison Griffin, Angelo Hudson, Daniel Melendez, Benjamin Scheikwardt and Naomi Simmons; Staff Sgts. Joni Jackson, Ivy Santiago and Kyle Vergara.

Communications-computer systems training flight — Airman Basic Steven Lybbert; Airman Jeremy Stokes; Airman 1st Class Jonathan Hughes; Senior Airmen Sang Lee, Carlos Sobers and Sean Wheeler; Staff Sgts. Johnny Baker, Nicholas Cichon, Jonathan Eastwood and Phillip Ramil; Tech. Sgt. Julie Clark.

338th TRS

Computer, network, cryptographic systems course — Airmen Basic Matthew Bauman, Britt Brown and Manaurie Figueroa; Airmen Zachary Hitchcox, James Little, Joseph Skopic and Joshua Yennie; Airmen 1st Class Jerrel Connerly, David Decker, William Jacob, Jeremy James, Mark Harrison, Dustin Lee, Kevin Marker, David Whitby and Steven Zaletel; Senior Airman Kelly Finn; Staff Sgts. Darrin Bartlet, Ismael Lopez-Estremera and Jesus Vera.

Ground radio — Airmen Basic Eric Brannen and Mitchell Haas; Airman Steven Brumley; Airmen 1st Class Paul Amasol, Matthew Metzger, Robert Miller, Zachariah Sigsworth, Ryan Stine and Isaiah Ward; Tech. Sgt. Charles Hollingsworth.

CLASSES

Airman Leadership School

- Class 06-B** — graduation March 1.
- Class 06-C** — April 3-May 9.
- Class 06-D** — May 22-June 27.
- Class 06-E** — Aug. 1-Sept. 6.
- Class 06-F** — Sept. 18-Oct. 25.
- Class 06-G** — Nov. 1-Dec. 12.

Chapel

Journal to financial freedom — 6-9 p.m. Feb. 24, continuing 8:30-noon Feb. 25, Fishbowl Student Ministry Center. For more information, call Chaplain (Capt.) John VanderKaay, 377-2331.

Family support center

Editor's note: All briefings in Room 122, old Cody Hall, unless otherwise stated. To register or for more information, call 377-2179.

Thrift savings plan for the unformed services briefing — 1 p.m. Tuesday.

Pre-separation counseling — today; 1 p.m. for those separating; 2:30 p.m. for retirees. Bring a copy of orders.

Federal job applications — 9-11:30 a.m. today.

Own your own business — 9-10:30 a.m. Tuesday.

Students on the move — 3:30 p.m. Tuesday, Briefing Room 3, Levitov Training Support Facility.

McBride Library

Orientations — 6:30 p.m. Thursdays for commanders, first sergeants and instructors.

International creativity month — arts and crafts center and book displays throughout the month.

Orientations and tours — for more information, call 377-2181.

Arts and crafts center

Advanced matting class — 10 a.m. to 1 p.m. Friday. \$25.

Beginning cake decorating — 1 p.m. Saturday. \$10.

Health and wellness center

Sensible weigh — 11 a.m. to 1 p.m. today. For more information or to register, call 377-5305.

SHUTTLE BUS SCHEDULE

6:30 a.m. to 6 p.m. weekdays

Minutes after hour	Bus stop
:00	:30
:01	:31
:02	:32
:03	:33
:04	:34
:05	:35
:06	:36
:07	:37
:08	:38
:09	:39
:10	:40
:11	:41
:12	:42
:13	:43
:14	:44
:15	:45
:16	:46
:17	:47
:18	:48

Technical training route 5:10-5:37 a.m. weekdays

Minutes after hour	Bus stop
:10	Building 5025
:12	Building 5022
:14	Shaw House
:16	Muse Manor
:18	Tyer House
:20	TLQ east side 2000 block
:21	TLQ east side of Locker House
:25	332nd TRS
:28	Welch Auditorium
:33	Thomson/Dolan/Cody Halls
:34	McClellan Hall
:36	Allee/Wolfe Halls
:37	Stennis Hall/Weather

Prior-service students lodged off-base

Call 377-2432 for transportation needs. Traffic in the local area impacts base taxi times.

Editor's note: Duty passengers have priority over "space available" riders. Schedule may be impacted by increased official operations or severe weather. Those who are physically challenged or have excess baggage, call 377-2432 for the base taxi. For more information, call 377-2430.

Tobacco cessation — for more information or to register, call 377-5305.

TRANSITIONS

Workshops, briefings

Veterans benefits briefing — 8 a.m. to 4 p.m. Feb. 16, March 16, April 6, May 11, June 15, July 13, Aug. 17, Sept. 14, Oct. 19, Nov. 16 and Dec. 14, Room 122, old Cody Hall. To pre-register, call Ron Bublik, 377-8592 or e-mail ronald.bublik@keesler.af.mil.

Transition assistance program workshop — 8 a.m. to 4 p.m. Feb. 13-15, March 13-15, April 3-5, May 8-10, June 12-14, July 10-12, Aug. 14-16, Sept. 11-13, Oct. 16-18, Nov. 13-15 and Dec. 11-13, Room 122, old Cody Hall. To pre-register, call Ron Bublik, 377-8592, or e-mail ronald.bublik@keesler.af.mil.

Web sites

Defense Manpower Data Center — <http://www.dmdc.osd.mil/dors> or <http://www.dmdc.osd.mil/tbb>.

Air Force Blue to Corporate Gray — <http://www.blue.togray.com>.

Air Force Federal Employment Resume and Information — <http://www.afpc.randolph.af.mil/resweb>.

Civilian job certification and licensing requirements for military personnel and veterans — <http://www.dol.gov/dol/vets>.

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CHAPEL SERVICES

Roman Catholic

Sunday Mass
Larcher Chapel10 a.m.
Daily Mass
Larcher Chapel.....11:15 a.m.

Protestant

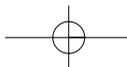
Sunday worship
Larcher Chapel traditional service.....8:30 a.m.
Fishbowl student contemporary service.....10 a.m.
Larcher Chapel praise and worship service11:30 a.m.
Larcher Chapel gospel service.....1 p.m.

Islamic

Building 2003 — for international students, temporary duty and permanent party; prayer five times daily; Salaat ul-Jumma congregational prayer, noon Friday.
For more information, call 377-2520 or 0327.

Latter-Day Saints

The Church of Jesus Christ of Latter-Day Saints — student group service, 3 p.m. Sundays, Fishbowl. Family home evenings, 7 p.m. Mondays, Fishbowl Student Center.



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Department of Veterans Affairs — <http://www.vba.va.gov/eff/index.htm>; for members returning from Operations Enduring Freedom and Iraqi Freedom.

Southern Region Military and Civilian Job Fair — <http://www.mesc.state.ms.us/jobfair>.

New military spouse career center — <http://www.military.com/spouse>. Extensive job board including jobs from public and private sectors. For more information, call Vince Patton, 703-269-0154, or e-mail at vince@militaryadvantage.com.

America's Job Bank — <http://www.ajb.dni.us>.

Computer use

Government computers — commanders may authorize their use for preparation of personal resumes by people separating or retiring from the service on an "as available" basis as long as use doesn't adversely affect the mission.

Transition employment opportunities public folder — go to e-mail "public folders" and click on "transition employment opportunities" for job opportunities for active duty and family members. For more information, call 377-8592 or 8593.

CLUBS AND CENTERS

Vandenberg Community Center

Texas Hold 'Em — 1 p.m. Saturday. For all persons eligible to use Keesler facilities. \$10 entry fee; limited seating. Prizes sponsored by Budweiser.

Eight-ball pool tournament — 6-9:30 p.m. Mondays.

Nine-ball pool tournament — 6-9:30 p.m. Tuesdays.

Game night — 6 p.m. Wednesdays. Board games, ping pong tournament and more.

Karaoke — 6 p.m. Thursdays before nonworking Fridays.

Late night dance and DJ — 6 p.m. to midnight Fridays and Saturdays. \$3.

Youth center

Annual membership — \$25 for ages 6 and older. Membership allows for discounted prices for programs, classes and sports.

Self-directed activities — 3-7 p.m. Mondays-Thursdays for ages 9-18. Free for members, 50 cents daily guest fee.

Movies and snacks — 5 p.m. Mondays, ages 9 and older.

Smart girls — 5 p.m. Tuesdays, ages 9-16. Girls-only topics.

Training responsible adolescents in leadership/Keystone Club — 6-7 p.m. Tuesdays, ages 13-17.

Game room tournaments — 6 p.m. Wednesdays.

Torch Club — 5 p.m. Thursdays, ages 9-12.

FitFactor fitness club — 5 p.m. Fridays, ages 9-18.

Friday dances — 6:30-10 p.m., ages 9-15. \$4 members, \$5 nonmembers.

Super Saturdays — 2-5 p.m., ages 6-12; 6-10 p.m., ages 13-18.

Free home alone safety workshop — 6 p.m. today, ages 10 and older. Parent must accompany child.

TICKETS AND TOURS

New Orleans Iris and Tucks Mardi Gras parades — 8 a.m. to 6 p.m. Feb. 25. \$15. Sign up and prepay no later than Feb. 16.

MEETINGS

Editor's note: To list time, place and point of contact for organization meetings, call 377-3837 or e-mail KN@keesler.af.mil.

Air Force Sergeants Association — 11 a.m. third Thursday of the month, Keesler NCO Academy auditorium. For more information, call Master Sgt. Scott Sippel, 377-2337.

At Eze Toastmasters Club — noon Tuesdays, Building 1101 conference room. For more information, call Chief Master Sgt. Don Seaton, 377-5958, or Fred Blache, 377-1048, or visit <http://www.toastmasters.org>.

Keesler Christian Home Educators Association — 7-9 p.m. second Tuesday of each month, September-May, Larcher Chapel. Open to all military home educators. For more information, call Michelle Durkin, 872-9393, or e-mail chelle1rn@yahoo.com.

Keesler Officers Spouses Club — for more information, call Jeanette Jackson, 872-0626.

Native American Heritage Committee — for more information, call R.I. Whiteside, 863-0479, or Capt. Elizabeth Tailon, 377-6242.

MISCELLANEOUS

Movies

Editor's note: Movies are shown at Welch Auditorium. Tickets are \$3 for adults and \$1.50 for children for regular features, and \$2.50 for adults and \$1 for children for matinees. For a recorded message about current features, call 377-6627.

Friday — 7 p.m., The Family Stone (PG-13).

Saturday — 2 p.m., In the Mix (PG-13); 7 p.m., The Chronicles of Namia: The Lion, the Witch and the Wardrobe (PG).

Sunday — 2 p.m., Pride and Prejudice (PG).

DINING HALL MENUS

Today

Lunch — orange-spiced pork chops, braised liver with onions, fried fish, rissole potatoes, rice, gravy, broccoli, peas and carrots, wax beans, fruit salad, potato salad, chicken and wild rice soup, chili, buffalo wings and cream of broccoli soup.

Dinner — baked chicken, pepper steak, pasta primavera, mashed potatoes, rice, gravy, mixed vegetables, fried okra, green beans, potato salad, fruit salad, cream of broccoli soup, chicken and wild rice soup, chili, buffalo wings and roast beef subs.

Friday

Lunch — seafood newburg, bean and corn pie, roast turkey, cornbread, francoia potatoes, pea and pepper rice, gravy, corn on the cob, stewed tomatoes, mustard greens, pasta salad, three-bean salad, clam chowder, vegetable soup, frontier chicken chili, barbecue pork and burritos.

Dinner — corned beef, cornbread, pineapple chicken, Yankee pot roast, potato wedges, simmered potatoes, gravy, fried cabbage, carrots, blackeyed peas, three-bean salad, clam chowder, garden vegetable soup, frontier chicken chili, barbecue pork sandwich and burritos.

Saturday

Lunch — baked chicken, Swedish meatballs, creole shrimp, baked potatoes, rice, gravy, creamed corn, asparagus, steamed squash, fruit salad, kidney bean salad, country bean soup, chicken gumbo, chili and chicken nuggets.

Dinner — baked fish, Hungarian goulash, barbecue chicken, potatoes, rice, gravy, stir-fry vegetables, baked beans, creamed corn, fruit salad, kidney bean salad, country bean soup, chicken gumbo, chili and chicken nuggets.

Sunday

Lunch — oven fried fish, spareribs, grilled mustard chicken breast, macaroni and cheese, egg noodles, gravy, peas, sweet potatoes, broccoli combo, jellied spring salad, tomato salad, vegetable beef soup, Italian wedding soup, frontier chicken chili and cheese pizza.

Dinner — stir-fry beef with broccoli, turkey nuggets, loin strip steak, mushroom and onion sauce, baked potatoes, rice pilaf, gravy, corn on the cob, green beans, jellied spring salad, tomato salad, vegetable beef soup, Italian wedding soup, frontier chicken chili and cheese pizza.

Monday

Lunch — fried catfish, barbecue ribs, fried chicken, baked ham, baked fish, macaroni and cheese, rice, gravy, macaroni salad, potato salad, coleslaw, fried okra, corn fritters, mustard greens, black-eyed peas, cornbread, chicken gumbo and steak and cheese subs.

Dinner — chili macaroni, cornbread, beef canelloni, fried chicken, cottage fries, mashed potatoes, gravy, steamed squash, glazed carrots, peas, cottage cheese salad, macaroni salad, chicken dumpling soup, minestrone soup, chili with beans, grilled sausage and steak and cheese subs.

Tuesday

Lunch — teriyaki chicken, veal parmesan, salmon cakes, garlic toast, filipino rice, parsley buttered potatoes, gravy, fried cabbage, succotash, mixed vegetables, fruit cocktail salad, spinach salad, bean with ham soup, chicken noodle soup, white chicken chili, barbecue beef sloppy joes and roast beef subs.

Dinner — country captain chicken, meatloaf, turkey a la king, rice, mashed potatoes, gravy, garlic toast, harvard beets, mustard greens, okra tomato gumbo, fruit cocktail salad, spinach salad, bean with ham soup, chicken noodle soup, white chicken chili, barbeque beef sloppy joes and roast beef subs.

Wednesday

Lunch — lasagna, garlic toast, spaghetti with meat sauce, chicken cacciatore, noodles, baked potatoes, baked beans, green beans, simmered squash, Mexican coleslaw, frijole salad, pasta fagioli soup, chicken tortilla soup, vegetarian chili, cheese fishwich and Monte Cristo sandwich.

Dinner — lemon-herb chicken, barbecue ribs, jalapeno cornbread, stuffed pork chops, scalloped potatoes, rice, gravy, cauliflower combo, Mexican corn, tempura vegetables, Mexican coleslaw, frijole salad, pasta fagioli soup, chicken tortilla soup, vegetarian chili, cheese fishwich and Monte Cristo sandwich.