

HURRICANE CHECKLIST

WATER:

- Store one gallon of water per person per day (two quarts for drinking, two quarts for food preparation and sanitation)
- Keep at least a three-day supply of water for each person in your household

FOOD:

- Ready-to-eat canned meats, fruits and vegetables
- Canned juices, milk, soup (if powdered, store extra water)
- Staples--sugar, salt, pepper
- High energy foods--peanut butter, jelly, crackers, granola bars, trail mix
- Vitamins
- Foods for infants, elderly persons or persons on special diets
- Comfort/stress foods--cookies, hard candy, sweetened cereals, lollipops
- Instant coffee, tea bags

FIRST AID KIT:

- Sterile adhesive bandages (assorted sizes)
- Antiseptic
- 2-inch sterile gauze pads (4-6)
- Triangular bandages (3)
- 4-inch sterile gauze pads (4-6)
- Moistened towelettes
- Hypoallergenic adhesive tape
- Thermometer
- 2-inch sterile roller bandages (3 rolls)
- Tongue Blades (2)
- 3-inch sterile roller bandages (3 rolls)
- Cleansing agent/soap
- Scissors, Tweezers, Needle
- Latex gloves (2 pair)
- Tube of petroleum jelly or other lubricant
- Assorted sizes of safety pins
- Sunscreen

SANITATION:

- Toilet paper, towelettes
- Personal hygiene items
- Soap, liquid detergent
- Feminine supplies
- Plastic bucket with tight lid
- Disinfectant
- Household chlorine bleach
- Plastic garbage bags, ties (for personal sanitation uses)

NON-PRESCRIPTION DRUGS:

- Aspirin or non-aspirin pain reliever
- Anti-diarrhea medication
- Antacid (for stomach upset)
- Syrup of Ipecac (use to induce vomiting if advised by the Poison Control Center)
- Laxative
- Activated charcoal (use if advised by the Poison Control Center)

TOOLS/SUPPLIES:

- Mess kits, or paper cups, plates and plastic utensils
- Tape
- Emergency preparedness manual
- Pliers
- Battery-operated radio and extra batteries
- Compass
- Flashlight and extra batteries
- Whistle
- Cash or traveler's checks, change
- Tube tent
- Non-electric can opener, utility knife
- Signal flare
- Fire extinguisher: small canister, ABC type
- Paper/pencil
- Matches in a waterproof container
- Aluminum foil
- Plastic storage containers
- Needles, thread
- Medicine dropper
- Shut-off wrench, to turn off household gas and water
- Plastic sheeting
- Insect Repellent
- Map of the area (for locating shelters)

CLOTHING AND BEDDING:

- Sturdy shoes or work boots
- Hat and gloves
- Thermal underwear
- Rain gear
- Blankets or sleeping bags
- Sunglasses

SPECIAL ITEMS: (For Baby)

- Formula
- Diapers
- Bottles
- Powdered milk
- Medications

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SPECIAL ITEMS: (For Adults)

- Heart and high blood pressure medication
- Insulin
- Prescription drug
- Denture needs
- Contact lenses and supplies
- Extra eye glasses
- Entertainment -- games and books
- Important Family Documents: (Keep these records in a waterproof container.)
 - Will, insurance policies, contracts, deeds, stocks and bonds
 - Passports, social security cards, immunization records
 - Bank account numbers
 - Credit card account numbers and companies
 - Inventory of valuable household goods, important telephone numbers
 - Family records (birth, marriage, death certificates)

SUGGESTIONS AND REMINDERS:

- Store your kit in a convenient place known to all family members.
- Keep a smaller version of the Disaster Supplies Kit in the trunk of your car.
- Keep items in air-tight plastic bags.
- Change your stored water supply every six months so it stays fresh.
- Rotate your stored food every six months.
- Review your kit and family needs at least once a year. Replace batteries, update clothes, etc.
- Ask your physician or pharmacist about storing prescription medications.
- Create a list of "can't live without" items that you would want to grab in a moments notice if you have to evacuate in a hurry. Each member of the family should be allowed a few item (keepsakes, photo albums, etc.) that will fit in the car with you.

Source: Federal Emergency Management Agency