



KEESLER NEWS

Keesler Air Force Base
Biloxi, Mississippi

Rebuild the base ... Renew the community ... Reload the Air Force

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Keesler on the Web
<http://www.keesler.af.mil>



Dragons deployed
— 197

Rising to new challenges



Photo by Kemberly Groue
Firefighters Ron Davis and Airman 1st Class Ron Born train on the fire department's new ladder truck June 9.

Secretary Gates praises Airmen, outlines strategy for leadership

By Master Sgt. Cindy Dorfner

Air Combat Command Public Affairs

LANGLEY Air Force Base, Va. — Defense Secretary Robert Gates reassured Airmen of their value and contributions, and presented a way ahead to ease wartime strain during a visit to Air Combat Command here June 9.

In describing the Air Force's oft unacknowledged efforts in the war on terrorism, he said he realized the costs of war and the strain on the force is a reality for Airmen and their families, and that he's working to ease the burden.

"Since Sept. 11, the Air Force has flown more than 1 million missions — ranging from lift to medevac to close-air support — including tens of thousands of sorties flown over America's sky to protect our homeland, many out of this base. Your contributions have made a lifesaving difference to those fighting on the ground," he said. "Put simply, without your contributions in the sky, and in many cases on the ground, America's war effort would simply grind to a halt."

In response to the burden of being forward deployed and at war for more than 17 years, he said he's immediately stopping personnel cuts in the Air Force.

The announcement and visit came just four days after Secretary Gates accepted the resignations of Michael Wynne, secretary of the Air Force, and Gen. T. Michael Moseley, Air Force chief of staff.

Secretary Gates told the nearly 400 Airmen in attendance at the base theater that he wanted to visit Langley Air Force Base, as well as Peterson AFB, Colo., and Scott AFB, Ill., to address the leadership changes and related issues "head on" and to explain his decision in more detail.

He said there has been "no shortage of speculation" regarding the change in leadership, mostly whether there were reasons beyond those he mentioned June 5.

Please see **Gates**, Page 9

Rebuilding means more than bricks, mortar, concrete

By Col. Greg Touhill

81st Training Wing commander

Our wing mission statement is “Rebuilding the Base, Renewing the Community, and Reloading the Air Force” and Keesler Air Force Base has made significant strides in each over the last several months. To many, the “Rebuilding the Base” portion is centered on the very visible daily sign of progress as we marvel at the rise of our new housing areas, we celebrate the openings of Sablich Center and the new shoppette and gas station, and we see the progress made on the new base exchange and commissary complex.

While the new construction is exciting, it doesn’t encompass all the facets of this mission tenet. “Rebuilding the base” means a lot more than the construction projects in our community.

We need to be looking to rebuild our winning attitudes of customer service to be the best in the Air Force at what we do. We need to be rebuilding our procedures and checklists to eliminate waste and to be more efficient. We need to be rebuilding the courses we teach to make them operationally relevant and keep pace with modern technologies and tactics, techniques, and procedures. We need to rebuild our commitment to energy and environment conservation to ensure we are good stewards of our resources. Additionally, we need to rebuild our professionalism to ensure

we all maintain the highest standards of military discipline and treat each other with dignity and respect.

Finally, we need to rebuild the most important part of our base, its people—ourselves. In this time of war, we need to make sure that we are fit...physically, mentally, and morally. Make time to make sure your body is in good shape by getting regular check-ups, taking time to exercise on a regular basis, and by eating the right things (and in the right quantities!)

In addition to preparing your body for the rigors of service, invest time in preparing your mind. Study your professional materials to be the best in your field. Read newspapers to maintain situational awareness of the world around you. Continue your education to broaden your horizons and sharpen your focus.

Finally, don’t forget to rebuild your soul. Take time every day to evaluate yourself. Are you doing the right things in your life? Is your life balanced in the ways you want and need? Are you following a moral code that makes you proud? Now is a great day to start rebuilding!

Our base is much more than a collection of brick, mortar and concrete. While it is exciting to watch the new buildings and homes rise up around us, the really exciting part of our rebuilding effort lies in ourselves and how we interact together. Let’s continue to rebuild to make Keesler AFB and ourselves the best in the Air Force!

ACTION LINE ... 377-4357



Colonel Touhill

By Col. Greg Touhill

81st Training Wing commander

You’re encouraged to work concerns through your chain of command or contact an appropriate helping agent. For unresolved issues, call the commander’s action line for assistance.

Suggestions to help make this a more valuable and useful tool are welcome. Call the commander’s action line at 377-4357, write to Commander’s Action Line, 81st TRW/PA, Keesler AFB, MS 39534-2603, e-mail 81st TRW Commander’s Action Line (on-base) or commanders.line@keesler.af.mil (off-base).

Comment — My father, retired Staff Sgt. Philip Gebhart, recently died in Hattiesburg after a lengthy fight with stomach cancer. He was stationed at Keesler from 1960-1969 during his 20-year active-duty Air Force career. His funeral was held June 3 in Lumberton where he was buried with military honors.

I would like to thank the following members of the honor guard who were at my father’s funeral, especially for their professionalism and dignified performance: Staff Sgts. Jayson Singletary, Toyshalline Young and Kervin Duparte; Senior Airman Kim Montoya and Airmen 1st Class Carlos Zuniga, Colin Guzak and Stephanie Williams.

Response — Thank you very much for taking the time to contact us and recognize members of Keesler’s elite honor guard team. They are true professionals who take great pride in rendering such honors for deserving fellow Airmen like your father.

What’s your sign? Our enemies are reading it

By Master Sgt. James Herkel

455th Air Expeditionary Wing

BAGRAM AIR BASE, Afghanistan — Comedian Bill Engvall is famous for his shtick on certain people wearing the “I’m stupid” sign. Doing so will make better sense to others when they ask, say or do stupid things.

What does your sign say? Maybe it says, “I’m a sheep.” Or perhaps you’re just wearing a big target. Hopefully, you bear a large placard that reads, “I’m ready. Bring it on!”

Our enemies are checking our signs. They don’t especially care about what your Air Force specialty code might be or what qualification badge you wear on your chest. In fact, the only part of your uniform that really matters to him is the small segment above your left breast that reads, “U.S.”

By now you are surely wondering, “How will I

know if I’m wearing the wrong sign?”

If you can’t remember the last time you cleaned your weapon, you are surely wearing a sign that reads, “Don’t count on me.” And if your running shoes have a thin (or thick) layer of dust on them from the lack of use, your sign probably says, “Somebody please be prepared to take care of me in an emergency.”

Maybe you find yourself constantly being reminded to tuck in your PT shirt, or to remove your hands from your pockets, or to get a haircut. You get the idea. If you’re that person, your sign very likely says, “At the critical moment, I’ll do what’s convenient and probably not what’s right.” Our enemies will probably read these signs as large targets. The less than subtle message here: Don’t be a human vulnerability. Don’t be that guy.

Since our enemies always have the advantage of

choosing the time of attack, it makes good sense to always be prepared. This means knowing the plan, maintaining good situational awareness, staying fit and healthy, taking care of your warfighting equipment, and most importantly, taking care of one another. To use a great old adage, none of us are as strong as all of us. This is especially true during adverse conditions and a great philosophy to guide you while deployed.

To guarantee you wear the right sign today, take a good look in the mirror and evaluate yourself. Are you fit to fight? Do you know your responsibilities if attacked? Have you rehearsed these actions individually and with your team? Do you wear your uniform in a way that will represent yourself, your unit and the Air Force favorably? Are you looking out for your wingman?

So what does your sign say? It’s your choice.



I can't afford to take out my jet ski on the weekends as often.

Senior Airman Joseph Anderson, 81st Comptroller Squadron



I stay home more often and find activities around the house to do.

Airman 1st Class Cynthia Hayes, 81st Training Wing



I try to have my roommate drive me around more.

Senior Airman John Scharbach, 81st CPTS



DRAGON ON THE STREET

How have skyrocketing gas prices affected you?

Letter to all Airmen Do what's necessary to strengthen Air Force

Air Force Print News

SAN ANTONIO — Gen. T. Michael Moseley, the Air Force's 18th chief of staff, addresses members of the "strongest and finest Air Force the world has ever known," in his Letter to all Airmen.

"It has been my highest honor to serve our great country as an Airman for almost 37 years. In peace and in war, I've had the privilege of serving alongside countless outstanding men and women — Airmen, Soldiers, Sailors, Marines — who have pledged themselves to our country's defense. I was honored and humbled to be appointed the Air Force's 18th chief of staff and have been proud to serve our Airmen, their families and the American people in that role. Upon taking the oath of office, I committed myself to Secretary Wynne and to the Air Force to ensure we provided the right forces at the right time so that our nation and its allies are victori-

ous in the Global War on Terror and ready to meet future challenges. Working to fulfill that commitment and do the right thing for America and its Airmen, at a crucial point in history, has been the most rewarding experience of my life.

"Given my pride in our service and its distinguished history, you can imagine how it pained me to read the recent report concerning lapses in the control of nuclear-related assets. The profession of arms is a demanding one, and the expectations are as high as the stakes of national security. As our service's senior uniformed leader, I take full responsibility for these events that have hurt the Air Force's reputation and wrongly raised questions about our commitment to our core values of Integrity First, Service Before Self and Excellence in All We Do. The nation places a sacred trust in its Airmen, and I have a deep personal belief that I am

accountable for that trust. Therefore, the honorable thing for me to do is to step aside at this time. Secretary Gates has approved my request for retirement.

You are the strongest and finest Air Force the world has ever known. And you will do whatever is necessary to make the Air Force even stronger. Most importantly, you will continue waging and winning today's fight as part of the joint team, even as you take care of our Airmen and prepare for tomorrow's challenges. Before I depart the fix with an unceasing admiration of your devotion to our country, let me thank you one last time for all you do every day for the Air Force and our great nation. Jennie and I are immensely proud of having served with each and every one of you, and our hearts remain with you and our Air Force. I am an American Airman, and I always will be.

Fly, fight and win, now and forever!

To report fraud, waste and abuse at Keesler, call 377-7053.

KEESLER NEWS

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TRAINING AND EDUCATION

2nd Air Force command chief outlines priorities for enlisted team

By Staff Sgt. Tanya Holditch

Keesler News staff

Chief Master Sgt. Paul Moreau recently assumed the position of 2nd Air Force's top enlisted leader.

This assignment enables the chief to serve Airmen and contribute to a strong enlisted force, one of his top priorities.

"The future of the Air Force and the nation depends on it," he said.

There are many things that make Chief Moreau tick — he loves to read about politics and history, he's an avid hunter and a self-proclaimed gym rat.

Ingredients for enlisted success

But when it comes to working with and serving Airmen, he says three simple things contribute to the success of air, space and cyber space: the Airman's Creed, the core values and the enlisted force structure.

The phrase from the Airman's Creed, "I will never leave an Airman behind," represents something more than physical safety, said Chief Moreau.

"As a supervisor, I am going to make sure you are educated, trained and prepared — I am going to be a good wingman," said Chief Moreau. "Not leaving Airmen behind in any aspect will make them successful and in turn our Air Force successful."

The core values — integrity first, service before self and excellence in all we do — are taught to every Airman from the first day of basic training.

"We have such a diverse Air Force, but we're all able to coalesce around these three simple ideas and strive for excellence," the chief added.

Finally, the enlisted force structure, the "little brown book" which defines the roles and responsibilities for every enlisted rank, is also something Chief Moreau emphasizes to service members.

"If you know and execute the ideas in the little brown book, you're doing the right thing," he said.

Inspiration from Ground Zero

Chief Moreau said there isn't a day that goes by when he doesn't feel grateful to work with Airmen and serve his country. Eighteen months ago, he went to Ground Zero in New York with the Air Force Recruiting Service.

"Every Airman needs to go there and look around — you'll notice a big scar in the earth and all these civilian people," he recalled. "We are here to protect them."



Photo by Kemberly Groue
Staff Sgt. Candice Taylor, top left, talks to Chief Moreau June 4 during his introduction to the 602nd Training Group's combat skills training for the in-lieu-of program. In the foreground are Tech. Sgt. James Harwell, left, and Staff Sgt. Zuri Rosell.

He was also recently in Southwest Asia with Maj. Gen. Mike Gould, former 2nd Air Force commander.

"I saw Airmen doing remarkable things for their nation," he recalled. "These Airmen are someone's son or daughter. We need to make sure we are giving them the tools to fly, fight and win and develop them into hardcore Airmen."

Chief Moreau has two sons of his own who both have aspirations of serving their country. His wife, Lorraine, a retired technical sergeant, is still in Texas with their son John, 17, who recently graduated from high school. He's headed to Marine Corps basic training in July.

Their other son, Paul, 19, starts his third year at the University of Pittsburgh soon. He's a political science major and hopes to become an Air Force intelligence officer.

"So far this is my favorite assignment," said Chief Moreau. "One can have a long, successful career in the Air Force if every assignment is your favorite assignment."

Keesler volunteers join effort to rebuild playground

Ninety Mad Dogs from the 332nd Training Squadron and two Air Force Academy cadets are among more than 400 volunteers from around the country who spent six hours Saturday building a playground at Martin Luther King Jr. Memorial Park in Bay St. Louis, a community devastated by Hurricane Katrina nearly five years ago.

Photo by Lt. Col. Stephen Ramsay



Courtesy photo

From left, Lt. Col. Steven Ramsay, commander; Master Sgt. Elisabeth Reid, first sergeant, and Master Sgt. Timothy Sheldon led the 332nd TRS team.

Right, Airman Basic Sean Souza nails a board onto a porch for parents to watch children play in the rebuilt park. The playground was No. 100 for KaBoom!, a national nonprofit organization that pledged to build 100 playgrounds in areas affected by Hurricanes Katrina and Rita.

Photo by Lt. Col. Stephen Ramsay



Photo by Lt. Col. Stephen Ramsay

Staff Sgts. Sean Petrie, left, and Ron Wesley, military training leaders, work on a rock climbing wall for the playground.



Surgeon general attends graduation of Air Force residents at university hospital

By Steve Pivnick

81st Medical Group Public Affairs

The day after he participated in the first physician resident graduation since Hurricane Katrina at Keesler Medical Center, Air Force Surgeon General Lt. Gen. (Dr.) James Roudebush traveled to Jackson, Miss., with members of the 81st Medical Group executive staff to honor other graduating residents.



General Roudebush

General Roudebush joined Brig. Gen. (Dr.) Doug Robb, 81st Medical Group commander, and Dr. Shirley Schlessinger, University of Mississippi Medical Center associate dean of graduate medical education, in a presentation ceremony June 10 at the UMMC student union.

They presented graduation certificates to three first-year obstetrics/gynecology residents and five pediatric residents. Each addressed the residents, faculty and guests.

OB/GYN residents were Capt. (Dr.) Elizabeth Gaida, James Small III and Florence Villa. Since UMMC is unable to support them in the final three years of their residencies, they are permanently reassigned to other military medical centers to complete their program. Captain Gaida is going to Wilford Hall Medical Center, Lackland AFB, Texas. Captain Small completes his residency at the Navy Medical Center, Portsmouth, Va., and Captain Villa at the Navy Medical Center, San Diego.

Five of the residents in the three-year pediatric residency program remain at UMMC for the remainder of their residency. They are Lt. Col. (Dr.) Gina Vitiello and Capt. (Dr.) Jeremy Harwood, Christeen Hodge, Kathryn Taylor and Robert Weatherwax.

A sixth resident, Capt. (Dr.) Starrina Desmond, did her internship at Louisiana State University and remains there throughout her residency.

It's season of change for 81st Training Group

By Susan Griggs

Keesler News staff

Four of the seven squadrons in the 81st Training Group change command before the end of June.

333rd Training Squadron — 9 a.m. today near the drill pad outside the Levitow Training Support Facility. Maj. Scott Solomon takes command from Lt. Col. Kay Spannuth. Major Solomon, who's been selected for promotion to lieutenant colonel, has been the chief of strategic communications for the Air Force's Office of Warfighting Integration

and Chief Information Officer at the Pentagon. Colonel Spannuth is retiring.

332nd TRS — 10 a.m. Wednesday, Dolan Hall. Lt. Col. William "Brad" Hamant takes command from Lt. Col. Stephen Ramsay. Colonel Hamant was chief of command and control strategic planning at the Pentagon. Colonel Ramsay will be the 81st TRG's deputy commander.

336th TRS — 11 a.m. June 26, Welch Auditorium. Lt. Col. Russell Voce takes command from Lt. Col. Kimberley Ramos. Colonel Voce previously served as director of the practice of command course for the

online master's degree program at Air Command and Staff College, Maxwell Air Force Base, Ala. Colonel Ramos, who is promoted to colonel June 30, will be director of command and control communications systems for Special Operations Command-Africa, Stuttgart, Germany.

338th TRS — 11 a.m. June 30, Welch Auditorium. Lt. Col. John Thomas takes command from Lt. Col. Stacy Yike. Colonel Thomas directs the Air Force's national media outreach office in New York. Colonel Yike heads to Maxwell to attend Air War College.

Academic ace



Airman 1st Class Scott Resetar from Springfield, Ill., graduated June 19 from the communications-computer systems planning and implementation course in the 336th Training Squadron with a perfect score in all four blocks of study. He's assigned to the 30th Space Communication Squadron, Vandenberg Air Force Base, Calif.

TRAINING, EDUCATION NOTES

Club scholarships

July 1 is the deadline to apply for one of 25 \$1,000 Air Force club scholarships.

Applications are available at McBride Library, Blake Fitness Center, Katrina Kantina, Gaudé Lanes, arts and crafts center, outdoor recreation and <http://www.afclubs.net>.

Submit packages to Dave Bowers, Room 5405, Locker House, Building 3101.

Academic counseling

For college counseling, call 376-8708 or 8710.

Student health center

The student health center in the Triangle is open 6 a.m. to 6 p.m. Monday-Thursday.

For more information, call 377-7016.

Ploesti Drive detour slows traffic



Photo by Kemberly Groue

Construction of the new Bay Breeze Events Center, west of the golf course's practice driving range, requires moving Ploesti Drive to the west along Vandenberg Drive. Access to Bay Ridge housing area and the golf course remains open, but detours and minor delays may be experienced. The speed limit is 15 mph while construction is under way for the next 90 days. For more information, call Vic Tilley, 377-9346.

Medics welcome new leader

By Susan Griggs

Keesler News staff

Wednesday, the 81st Medical Group welcomed a new leader, Brig. Gen. Daniel (Dr.) Wyman.

Brig. Gen. (Dr.) Doug Robb relinquished command to General Wyman during a formal ceremony in front of Keesler Medical Center with Maj. Gen. Alfred Flowers, 2nd Air Force commander, as the presiding officer.

Colonel Wyman comes to Keesler from Hickam Air Force Base, Hawaii, where he served as Pacific Air Forces command surgeon and the 13th Air Force surgeon since June 2006.

General Wyman also becomes the senior market manager for Tricare's Gulf Coast Multi-Service Market, which includes five military medical facilities from Mobile, Ala., to New Orleans.

As commander, the general is responsible for the direct delivery of health care by the



General Wyman

largest medical group in the Air Force to more than 27,000 enrolled patients among almost 47,000 eligible people in Keesler Medical Center's catchment area and coordinates care for more than 75,000 beneficiaries along the Gulf Coast. He ensures the availability of major war and peacetime medical readiness response forces.

In addition, General Wyman directs nine graduate medical education programs and an extensive clinical research program. He leads more than 1,860 health-care professionals and manages a local budget of more than \$75.5 million. He's also the federal coordinator for the Gulf Coast National Disaster Medical System.

General Wyman, a 1981 graduate of the Air Force Academy, is board certified in family practice, aerospace medicine and occupational medicine and holds a master's degree in public health. He's a chief flight surgeon with more than 850 flying hours in F-16, F-15, C-130 (multiple variations), UH-1 and numerous other aircraft.

General Robb, who commanded the 81st MDG since July 2007, becomes the command surgeon for Air Mobility Command at Scott AFB, Ill.

IN THE NEWS

Enlisted calls next week

The 81st Training Wing commander and command chief enlisted calls are held in the Welch Auditorium:

Monday — 8 a.m. Airmen, 9:30 a.m. senior noncommissioned officers.

Tuesday — 3 p.m. NCOs.

June 27 — makeup sessions are 9 a.m. Airmen, 10 a.m. NCOs and 11 a.m. senior NCOs.

Those attending should be seated 15 minutes before each event starts. Attendance is mandatory unless mission, medical or humanitarian reasons prevent it. Airmen must coordinate absences through their respective group superintendent.

New lodging phone system in place

The phone system for base lodging operations has been completely replaced with an up-to-date system capable of handling the volume of calls received daily.

To reach any department dial 377-4900 or 9986. For more information, click on the Inns of Keesler icon at <http://www.keeslerservices.us>.

Parking lot closed

The parking lot on the southeast side of the NCO Academy Building is closed until 8:30 a.m. Wednesday and noon July 9 for drill practice and evaluations.

In the event of inclement weather, the lot is open.

For more information, call Master Sgt. Greg Jackson, 377-2740.

Cable outage

Tuesday from 3-6 a.m., areas north of Meadows Drive may experience cable disruption while Cable One is laying cable.

Cell phone restrictions for drivers

It's a primary offense to use a cell phone while driving on base without a hands-free device.

Violators can be stopped and ticketed for this offense by the 81st Security Forces Squadron.

No Keesler News July 3

By contract, the Keesler News isn't published July 3 in observance of the Independence Day federal holiday.

Publication resumes with the July 10 issue.

Off-limits establishments

Off-limits establishments for military members are the Blue Note Lounge, Boulevard Nightclub and Henry Beck Park (except during daylight hours or official events) in Biloxi; Bunksmall Apartments and H&H Hideaway in Pascagoula and Toni's Lounge in Moss Point.

Going to the dogs



Photo by Kemberly Groue

Staff Sgt. Nick Ford, left, and Tech. Sgt. Damian Phillips, 81st Security Forces Squadron, and Carlos, one of Keesler's canine warriors, put on a demonstration for members of the Mississippi Law Enforcement Officers Association and their families, June 12.

Defense secretary maps out new course for nuclear control

By Ed White

Air Force Space Command

PETERSON Air Force Base, Colo. — Defense Secretary Robert Gates spoke candidly to Air Force Space Command members here June 10 about the resignation of top Air Force officials and problems of leadership and accountability in the control of nuclear assets.

"The Donald Report documents a serious decline over at least a decade in the Air Force's nuclear mission focus and performance, resulting in a degradation of authority, standards of excellence, and technical competence of the Air Force's nuclear mission," Secretary Gates said.

His direction to all Air Force leaders is to take charge, establish accountability, look for problems and fix them immediately; listen to, and where appropriate; act on the concerns of the force and raise the bar to the highest possible standards.

Secretary Gates' visit here and to two other key commands demonstrates what he expects from his subordinate leaders.

"This will yield a service that is — from the very top to the very bottom — more reflective and more responsive to shortcomings that may arise in this (nuclear) or any other critical area," Secretary Gates said.

He directed the command to do two specific things:



Embrace accountability in all that you do ... Rededicate yourselves to the standards of excellence that have been the hallmark of the U.S. Air Force for more than 60 years.

— Secretary Gates

Gates,

from Page 1

Those reasons dealt with leadership failures associated with control of nuclear weapons and equipment, he said.

The secretary said the Air Force has lost focus on the sensitive mission of the protection and safety of its nuclear arsenal.

He noted a "serious decline over at least a decade in the Air Force's nuclear mission focus and performance, resulting in a degradation of the authority, standards of excellence and technical competency of the Air Force's nuclear mission."

The internal report documenting the service's problems regarding the nuclear arsenal was not the "last straw" for Secretary Wynne and General Moseley, Secretary Gates said. He said that while he and Air Force leaders have had disagreements, he has also disagreed with the other service chiefs.

"It is important to establish up front that, were it not for

the findings of (the internal report) regarding systemic problems and weaknesses in our nuclear weapons program, the leadership changes would not have taken place," he said.

Secretary Gates said the Air Force must refocus on its nuclear mission.

"Our policy is clear: We will ensure the complete physical control of nuclear weapons and we will properly handle their associated components at all times," he said. "It is a tremendous responsibility — one we must not and will never take lightly."

June 9, Secretary Gates asked President George Bush to nominate Michael Donley, currently the Defense Department's director of administration and management, as secretary of the Air Force, and Gen. Norton Schwartz, commander of U.S. Transportation Command, as Air Force chief of staff.

Mr. Donley served as the Air Force's top finance officer from 1989-1993 and was the acting secretary of the Air Force for seven months in 1993.

"Embrace accountability in all that you do, for everything in your area of responsibility. When you see failures or growing problems in other areas — outside your lane, as it is often described — throw a flag: Bring them to the attention to people who can do something about it."

"Rededicate yourselves to the standards of excellence that have been the hallmark of the U.S. Air Force for more than 60 years."

The secretary praised the contributions of Air Force members, citing the service of the 25,000

Airmen deployed in harm's way every day and the indispensable contributions made to the ongoing wars in the areas of logistics, space and others.

"You have been forward deployed, and at war for 17 years since the first Gulf War," he said. "Your families have borne this burden and the Air Force has its own fallen heroes — often struck down while serving on the ground alongside Soldiers and Marines."

"I have every confidence in you and in the Air Force that has served our country so well," he said.



Time to talk
Col. Greg Touhill, 81st Training Wing commander, was the guest speaker for a meeting of the Mississippi Coast Military Officers Association, June 11 at the Katrina Kantina.
Photo by Kemberly Groue

PERSONNEL NOTES

Retirement annuity information

Personnel affected by A-76 can get estimates of their retirement annuities at the Air Force Personnel Center secure Web site, [https://www.afpc.randolph.af.mil/AFPCSecureMain Menu.asp](https://www.afpc.randolph.af.mil/AFPCSecureMainMenu.asp).

Click the link for the entitlements and benefits section. First-time users are required to register.

Personal retirement computations are also available by calling 1-800-616-3775.

For more information related to A-76, call 376-8176.

AFPC nears total virtual service

Air Force Print News

RANDOLPH Air Force Base, Texas — The Air Force Personnel Center performed an electronic scan of the Air Force's last paper unit personnel record June 3.

This milestone completed the paper conversion to a Web-based, around-the-clock "virtual service center" at the virtual military personnel flight.

"Unit personnel records for active-duty members will no longer be physically located at the military personnel flights," said Sharon Hogue, chief of AFPC's master personnel records branch. "Instead of Airmen standing in line and depending on others to do updates, they can now access their records online from their desks at their convenience. Additionally, this major accomplishment is an enabler for future transformation initiatives like automated boards and assignment processing."

Since September 2006, AFPC specialists have scanned about 325,000 records that were shipped from every active-duty base in the Air Force. Each record was then scanned into the Automated Records Management System, which indexed them through the identifying data such as name, date, Social Security number and document type.

Each unit personnel record group contains about 33 documents and includes all personnel information that cover an Airman's career, such as citations, enlistment papers, promotion certificates and education records.

"Depending on its complexity, each record takes about 3-5 minutes to scan," said Lezley Gonzalez, one of a 70-person team working the record scanning project. "Even though we use high-end scanners, it has been a manual, document-by-document process."

That's about 10,500,000 total documents.

Civilian employment information

Air Force Personnel Center

RANDOLPH Air Force Base, Texas — Civilian appropriated fund employees and prospective applicants can get answers to questions about employment opportunities, benefits and entitlements online at the Air Force's Customer Service Center.

A database at <http://www.afpc.randolph.af.mil/cst> includes hundreds of questions and answers. For online inquiries, users who don't find an answer to their specific question can submit a query through the "Ask-A-Question" tab at the top of the page.

One-stop pay, personnel service

One-stop customer service for pay and personnel information is available all day, every day by calling toll-free 1-800-616-3775 or going online to <http://www.afpc.randolph.af.mil/cst/>.

Web site for retirees

Air Force Print News

RANDOLPH Air Force Base, Texas — The Air Force has a Web site specifically for its retiree community.

The Air Force Retiree Services site is located at <http://www.retirees.af.mil/>.

AEF evolves for stressed career fields

By Tech. Sgt. Russell Wicke

Air Combat Command Public Affairs

LANGLEY Air Force Base, Va. — Air Force officials here will soon implement an amendment to the air and space expeditionary force deployment cycle that will better reflect the deployment tempo of stressed career fields.

Currently more than 45 percent of the 35,000 Airmen fighting in the war on terrorism are deployed out of their scheduled AEF deployment cycle because of high demands and minimal manning.

“We have been living under the current circumstance with many exceptions to policy, and if you’re going to live with an exception to policy for a very long time, it should at that point be a part of your policy,” said Col. Matt Erichsen, the Air Combat Command operations division chief.

The original AEF cycle is divided into five pairs designed to have all Airmen on a 1:4 dwell ratio for deployment. In other words, during contingencies, Airmen should expect to deploy for 120 days and return home for 480 days. Manning for almost half of the Air Force career fields make it impossible to maintain the 1:4 ratio in current circumstances.

Under the new construct, called AEF Evolution, each career field falls into a different category of deployment cycles. Career fields in higher demand have smaller dwell ratios — more frequent deployments.

Deployment categories are called tempo bands. Air Force officials have created five tempo bands, A through E. Band A reflects the original AEF cycle of a 1:4 dwell ration based on 120-day deployments.

“You can think of it more
as truth in advertising
for our Airmen.”

— Colonel Swanson

Bands B through E are based on 179-day deployments. Tempo band B is a 1:4 dwell ratio — or six months deployed, 24 months home.

Band C is a 1:3 dwell, Band D is a 1:2 dwell and Band E, reserved for the most stressed career fields, is a 1:1 dwell, or six months out, six months in.

Bands B through E have been added to provide predictability, structure and rule sets for the nearly 50 percent of functional areas currently operating at a tempo greater than 1:4 or for a duration greater than 120 days.

Airmen can expect the tempo banding to go into effect as early as October. They’ll be able to see what tempo band they fall under by viewing their profile in the Air Force Portal. Information on the portal is scheduled to be in place by December.

These changes were recommended by the AEF Steering Group to provide increased predictability of tour length and tempo for Airmen.

The improvements aren’t intended to change how often or how long Airmen deploy, but instead

they’ll synchronize the AEF with the joint-planning process and allow the Air Force to meet combatant-commander requirements more efficiently.

“You can think of it more as truth in advertising for our Airmen,” said Lt. Col. Ed Swanson, ACC’s AEF provisioning branch chief. “What we want to do is create these tempo bands to reflect what the career fields are presently doing so they have better predictability and know when their rotations will be.”

The change enables Airmen to make life plans accurately for their families and also aligns Air Force deployments and planning with the rest of the military services.

Air Force Reserve members won’t be placed in tempo bands like active-duty Airmen.

Tempo banding allows Air Force warplanners to more accurately identify when a career field is approaching a 1:2 dwell ratio, which may trigger mobilization for Reserve components. If Reserve Airmen are mobilized, they’ll fall into a standard 1:5 tempo-band ratio.

This evolution of the active duty “will be the new description of the air and space expeditionary force,” Colonel Erichsen said. “If we pull out of the Middle East, ideally everyone will come out of those tempo bands and we’d (all) be in Tempo Band A.” But the tempo band structures would remain in place for potential upcoming surges and crisis.

For more AEF information, visit the AEF Web site linked from the Air Force Personnel Center “Ask” site.

DRAGON OF THE WEEK

Name — Staff Sgt. Brian Thornton

Position — military justice paralegal

Unit — 81st Training Wing legal office

Time in Air Force — 6 1/2 years

Time at Keesler — six months

Noteworthy — I was selected for senior airman below-the-zone at Misawa Air Base, Japan. While deployed to Al Udeid AB, Qatar, I repaired seven 200,000-gallon fuel bladders, saving the Air Force \$3 million in replacement cost.

Hometown — Montgomery, Ala.

Why did you join the Air Force? for the training and education

Your favorite quote? “If you believe in yourself and have dedication and pride and never quit, you’ll be a winner. The price of victory is high — but so are the rewards.” — Coach Paul “Bear” Bryant

What are your short- and long-term goals? I just crosstrained, so my short-term goal is to finish my career development course. My long-term goal is to retire from the Air Force

What are your hobbies? fishing, golf and football.



Photo by Kemberly Groue

DIAMOND NOTES

One way to become a better
Airman, supervisor or leader is
to become familiar with
Air Force Instruction 36-2618,
The Enlisted Force Structure.



— Master Sgt. Jessica Liebegott, 338th Training Squadron first sergeant



MEMORABLE MOMENTS

July-September 1951

Keesler’s hospital became the first in the Air Force to establish an appointment system for its outpatient clinics.

VA reaching out to vets with mortgage problems

Air Force Print News

WASHINGTON — Many home owners have found it difficult recently to pay their mortgages, but quick interven-

tion by Department of Veterans Affairs loan counselors has actually reduced the number of veterans defaulting on their home loans.

“VA is reaching out to veterans, both those who use our home-loan guaranty program and those who don’t take advantage of our guaranties,

to keep people in their homes,” said Secretary of Veterans Affairs James Peake.

Counselors at nine regional loan centers assist people with

VA-guaranteed loans avoid foreclosure through counseling and special financing arrangements. The counselors also can assist other veterans with financial problems.

VA counselors have helped about 74,000 veterans, active-duty members and survivors keep their homes since 2000, a savings to the government of nearly \$1.5 billion.

April data shows that foreclosures are down more than 50 percent from the same months in 2003.

Depending on a veteran's circumstances, VA counselors can intercede with the borrower on the veteran's behalf to pursue options — such as repayment plans, forbearance, and loan modifications -- that would allow a veteran to keep his or her home.

For help from a counselor, call 1-877-827-3702.

For information about VA's home loan guaranty program, visit <http://www.homeloans.va.gov>.

Change is trademark of mission supporters

By Staff Sgt. Tanya Holditch

Keesler News staff

The 81st Mission Support Group includes many diverse organizations with varied missions, but change is one thing they all have in common.

“Change is nothing new for MSG,” said Col. Rod Croslen, commander.

“All of our units and Air Force support groups will undergo some sort of transformation within the next few years — civil engineer, security forces, communications, force support, contracting, supply and transportation squadrons will all be affected.”

“People have embraced the change,” said Colonel Croslen. “But what they are normally concerned about is how the change affects them, and we are helping them through that.”

One example of how change can affect Keesler members in a positive way is April’s merger of the 81st Services Division and 81st Mission Support Squadron to form the 81st Force Support Squadron.

“Two teams that focus primarily on taking care of our people are now under one roof — it’s one-stop shopping,” said Colonel Croslen. “The new name is all everyone has to get used to.”

Colonel Croslen admits change isn’t always easy in every case. One of the biggest challenges has been the A-76 process, which turns over many of Keesler’s support functions to a contractor next year.

“A-76 is definitely something we must press forward with here at

Group leadership changes hands

Col. Rod Croslen turns over command of the 81st Mission Support Group to Col. Jeffrey Jackson, 2 p.m. Monday at the Welch Auditorium.

Colonel Jackson is the asset management chief at Air Education and Training Command headquarters, Randolph Air Force Base, Texas.

Colonel Croslen, who’s led the 81st MSG for two years, is headed to Randolph to be AETC’s housing privatization chief.

Keesler,” he said. “We have tried pursuing every other option and there’s no other way — this has a lot of momentum,” he said.

Whatever the change, people’s lives will go on, said Colonel Croslen.

“Keesler will go on and the Air Force will remain the most respected Air Force in the world,” he added. “We need to change to stay on top. We must adapt to maintain our combat capabilities as the world around us changes.”

Physical changes can be seen everywhere at Keesler, nearly three years after Hurricane Katrina slammed the Mississippi Gulf Coast.

“No one wanted to go through Katrina, but it allowed us to replace 25-30 percent of Keesler’s infrastructure to include facilities and underground utility systems,” said Colonel Croslen.



Photo by Adam Bond

The 81st Security Forces Squadron protects the installation, while meeting deployment demands.

Of the 542 post-Katrina construction projects for which the 81st CES has been tasked, only about 120 would have been necessary if Katrina had not hit Keesler.

“One of the things I am most proud of is not the change and construction, but rather the spirit of the people in the MSG,” commented Colonel Croslen. “If you think about it, the majority of our civilians have been facing A-76, and then they dealt with Katrina in 2005. They have been unstoppable.

“Our workload is nine times what it is normally and we still managed to get an excellent in (last year’s) operational readiness inspection, and our security forces protect the installation without asking for additional manpower,” Colonel Croslen said.

The 81st MSG recently won 42

awards at the major command level, nine at the Air Force level and the commander-in-chief installation excellence award.

“These are tremendous accomplishments,” said Colonel Croslen. “I’m just the commander — these awards are the direct result of the hardworking people of MSG. Their spirit, can-do attitude, desire to go forward and their passion for excellence, despite all of the changes around them, is truly remarkable.”

“Our goal here in MSG is to bring to fruition all of those ideas that Col. (Greg) Touhill, (81st Training Wing commander), brought with him to Keesler: renew, reload and rebuild,” said Colonel Croslen. “That’s what we do.”



Left, Senior Airman Renard Jenkins, 81st Communications Squadron, changes out a single line phone line card.

From left, Hannah Holmes, 5, and Zaria Bush, 4, make play dough shapes with Angela Gibson at the child development center. Hannah’s parents are Tech. Sgt. Michael Bangora, 334th Training Squadron, and Staff Sgt. Stephanie Bangora, 81st Medical Operations Squadron. Zaria’s parents are Brenda Bush, who works at the CDC, and Senior Airman Samuel Bush, 81st CS.



Child care requires licensing

By Earlene Smith

81st Force Support Squadron

People living in base housing who care for children in their homes could be breaking the rules.

Air Force Instruction 34-276, which governs day care in on-base quarters, states “any individuals caring for children more than 10 hours a week on a regular basis must get approval.”

It states that the “installation commander may revoke the housing privileges of individuals who provide child care but refuse to become licensed or who continue to provide care after their license has been suspended or revoked.”

The rule applies whether or not caregivers are compensated for their services.

“People living in base housing who regularly care for children without being licensed may be unaware of the regulation,” said Mary Pleasant, family child care program coordinator.

Licenses are granted by the 81st Mission Support Group commander, usually within 30 days of completion of initial family child care provider training, background screenings and home inspections.

Training includes child guidance, play environments, nutrition, ages and stages of development, child abuse and neglect, recordkeeping, business management, cardiopulmonary resuscitation and first aid.

“Family child care providers are professionals trained to give the best possible care to the children left in their charge,” said Ms. Allgood.

Once licensed, providers may care for children from 2 weeks through 12 years old. They’re assisted by the FCC staff in setting up their home and have access to an extensive library for toys, equipment and materials to keep costs down. They set up their own hours of operation and fee structure.

For more information, call 377-3189, 5934 or 5935, 7:30 a.m. to 5:30 p.m. Mondays through Fridays.

Terrence Howard from 'Iron Man' talks Air Force

By Master Sgt. Kimberly Spencer

Air Force Print News

NEW YORK — Air Force and Department of Defense officials agreed to highlight Air Force capabilities and Airmen to a worldwide audience in the summer blockbuster "Iron Man," primarily because the story included character Lt. Col. James Rhodes, played by Oscar-nominated actor Terrence Howard.

"The character of Colonel Rhodes reflects our warrior ethos and the professionalism that is so important to our Air Force culture," said Lt. Col. Stephen Clutter, Air Force Entertainment Liaison Office director.

Mr. Howard spoke with Air Force members May 27 in New York about working and training with Airmen while researching his role for Colonel Howard, an Air Force test pilot and acquisitions officer, who is the DOD liaison to the fictional Stark Enterprises, a company that deals in cutting-edge technology for the military.

"As a civilian you have a 'me mentality,' but in the Air Force it's a 'we mentality.' Mr. Howard said. "To get out of the 'single-person place' I've been in all my life, that's a hard thing to do. To become an actor is more egocentric, so becoming part of a unit, an organization, was something I'd never experienced before."

Spending time visiting, training, running and eating with Airmen at Edwards Air Force Base, Calif., and Nellis AFB, Nev., allowed Mr. Howard the opportunity to meet his real-life counterparts, said Capt. Christian Hodge, who was the project leader for the "Iron Man" shoot.

"I found the officers to be much more compassionate than I expected," Mr. Howard said. "They had a sense of responsibility toward life and honor, toward every single military member under their command, that I did not expect."

Brief hopes of joining the Air Force

when he was younger were dashed when he was told he could not be a pilot because he wore glasses, he said.

His love of flying easily made his flight in a T-38 Talon one of the highlights of his research, the Chicago native said.

However, he strongly advised against eating candy bars before flying as he described the loops and turns the pilot took while soaring over the Sierra Mountains.

"They told me to have something in my stomach, but I don't think a candy bar was the right 'something,' he said. "It was quite beautiful. It's the thing dreams are made of," "I'd do it again; I want to get to where I can really enjoy it. The pilot said you need to do it seven or eight times to get past the nausea."

That comment illustrates the tenacity with which Mr. Howard often immerses himself in the environment of his character.

"You have to sincerely become a part of what you are doing," he said. "This allows you to speak from a place that is true when you say, 'These are my brothers and my sisters. I've got your back and you've got mine.' You're not just barking back lines; you're saying what you feel."

That genuineness was not reserved only for the screen, said Capt. Mary Danner, Mr. Howard's escort during his research for his role.

"Everyone who wanted to meet him, get an autograph or have a picture was given what they wanted," Captain Danner said. "That is of course until I would step in and put an end to it in an effort to keep him on schedule."

When not filming or greeting fans, Mr. Howard spent time taking part in discussions with scientists and generals on topics from space properties and exploration to aircraft mechanics and the effects of flight on the anatomy, Captain Danner said.

With a degree in chemical engi-



Mr. Howard

neering, he has an unquenchable thirst for knowledge, she said.

That thirst seems to spill over into everything the charismatic 6-foot 2-inch actor does.

"Mr. Howard worked very hard to ensure Airmen would be proud of his character," Colonel Clutter said.

"I think (Mr. Howard) made the Air Force proud and did a fantastic and honorable portrayal as Colonel Rhodes," Captain Danner said. "The feedback on the movie and his character has been overwhelmingly positive."

"We're also proud of the fact that the airman battle uniform makes its Hollywood debut in the film," Colonel Clutter said. "And many of the Airmen in the film are real Airmen, playing themselves as extras. The director, John Favreau, loved that because it added a dimension of realism to the film. We're extremely pleased that the movie has done so well."

"Iron Man" is the second major blockbuster movie Air Force officials

have recently supported. The first was "Transformers" in 2007, which grossed about \$707 million worldwide. "Iron Man," in just a few weeks, is already nearing a half billion dollars worldwide.

Mr. Howard, who is currently performing on Broadway in "Cat on a Hot Tin Roof," will begin filming for "Iron Man II" in March, with a release date of April 2010, he said.

"We just finished working 'Eagle Eye,' which stars Shia LaBeouf, Billy Bob Thornton and Rosario Dawson, who plays an Air Force Office of Special Investigation agent, and who has a heroic role in the film," Colonel Clutter said. "We are currently working pre-production on 'Transformers II.' There'll definitely be some more great Air Force depictions in Hollywood over the next few years — just from stuff we're working now."

Air Force officials said they would continue to take advantage of opportunities to build awareness and inform the American public about the Air Force through movies when the characters and Airmen portrayed reflect the service's core values.

By officially supporting these projects, officials are able to ensure the depictions of Air Force capabilities and Airmen are as credible as possible, while educating the public and building Air Force morale.

His experiences with the military made it hard to leave the base at the end of the day, Mr. Howard said.

"An actor picks up something from every experience," he said. "When you work with comedians, you pick up a sense of carelessness, an easy-goingness. When you work with doctors, you pick up life-changing seriousness. Being around the military, you pick up a sense of responsibility toward life and honor. I'd never felt that sense of duty toward other members of the human race before, that love for one another that military members have."

Thrill of the grill

Airmen 1st Class Domenic Trola, 81st Civil Engineer Squadron; Kristin Nelson, 81st Medical Operations Squadron, and Kayla Spiel, 81st Inpatient Operations Squadron, install a barbecue grill outside one of the permanent party dormitories. Dorm management, bay orderly Airmen and 81st CES "dirt boys" worked together to install 14 barbecue grills and 12 picnic tables purchased with year-end fallout money to boost morale and the quality of life for Airmen who live in the dorms.

Photo by Airman 1st Class David Salanitri



KEESLER NOTES

Thrift shop hours

The Keesler Thrift Shop isn't accepting consignments through the month of July.

Consignments resume 9 a.m. to 1 p.m. Aug. 4

Store hours remain 9 a.m. to 2 p.m. Mondays and Wednesdays.

Parking lot closed

The parking lot on the southeast side of the NCO Academy Building is closed until 8:30 a.m. Wednesday and noon July 9 for drill practice and evaluations.

In the event of inclement weather, the lot is open.

For more information, call Master Sgt. Greg Jackson, 377-2740.

Customer course

Air Education and Training Command hosts a two-day Defense Reutilization and Marketing Supply Service military customer course at Lackland Air Force Base, Texas.

Dates are July 29-30, July 31-Aug. 1 and Aug. 26-27.

The course is unit funded and taught by Defense Logistics Agency instructors.

For more information, call 377-2005.

Hurricane supplements

Extra copies of the Keesler

News hurricane supplement are available in the public affairs office, Room 201-A, Wall Studio.

Airmen's Attic hours

Airmen's Attic is open 10 a.m. to 2 p.m. Wednesdays and 3-5 p.m. Fridays during June.

For more information, call Master Sgt. Steven Dickinson, 377-3814.

Zero overpricing

Submit zero overpricing items on Air Force Form 1046 to 81st Supply-Transportation Squadron customer service, Attention Michael Cashion, 377-5208, or e-mail michael.cashion@keesler.af.mil.

Auditions

Wall Studio is conducting auditions for people to go on camera for a series of video projects in support of the 81st Training Group.

Positions are open to military members and civilians.

For more information and to schedule an audition, call Bruce Norton, 377-2793.

Multimedia services

For information on multimedia products and services available at Wall Studio, call the multimedia manager, 377-2793, or multimedia quality assurance personnel, 377-4636.



Ms. Walker



Mr. Bibby



Mr. Moore

Keesler's Stephen Ministry commissions lay leaders

By Susan Griggs

Keesler News staff

June 8, the chapel community commissioned new leaders for its Stephen Ministry program.

Sharon Walker, Sidney Bibby, David Moore, Valerie Housen, Jeanie Harmon and Trenice Vinson attended a 50-hour extensive training program to become Stephen Ministers.

Keesler program coordinators are Glenda Woodard and Delphine McIntyre.

These lay caregivers, an extension of the chapel's programs and services, provide one-to-one Christian care to people in and around the chapel community who are bereaved, hospitalized, terminally ill, separated, divorced, unemployed, relocated or facing other crises or life challenges.

Pastors, chapel staff and lay leaders attended a leaders' training course before directing the program.

For more information, call Capt. (Chaplain) Winston Jones, 377-0327.



Ms. Housen



Ms. Harmon



Ms. Woodard



Ms. McIntyre

Heat, humidity present significant health risks

By Susan Griggs

Keesler News staff

South Mississippi summers can render the hardiest souls “heat beat.” The searing heat, coupled with blazing sunshine and oppressive humidity, can cause serious health risks while working, exercising or playing outside.

Heat injuries can range from fainting and cramps to heat exhaustion and heat stroke, which may result in brain damage or death unless treated promptly.

Monitoring potential dangers

To monitor heat dangers, the 81st Aerospace Medicine Squadron’s bioenvironmental engineering flight uses special monitoring equipment to perform wet bulb globe temperature measurements during the summer months to determine work and rest cycles.

The device is used to take a reading in direct sunlight in front of Building 0420 north of Sablich Center. On weekends, Blake Fitness Center personnel take the readings.

The WBGT index considers dry air temperature, air movement, relative humidity and radiant heating. The WBGT index must be measured when the predicted or actual outside temperature reaches 85 degrees Fahrenheit as a daily high, according to Air Education and Training Command Instruction 48-101, Prevention of Heat Stress Disorders. Keesler specifics are outlined in Supplement 1 to the instruction dated Oct. 23, 2001.

At Keesler, bioenvironmental engineering technicians and base fitness personnel monitor heat conditions with official readings 8 a.m. to 5 p.m. June 1 through Sept. 30. Times and dates may be extended based on weather conditions.

Shifting weather conditions

WBGT readings can change significantly during the day if the weather changes quickly. Readings can go from 80 degrees to 75 degrees within minutes if wind increases and clouds move in.

That information is given to the command post, which disseminates it to unit control centers across the base. Supervisors determine the type of work their staff is performing and implement the appropriate work-and-rest cycles based on the Occupational Safety and Health Administration’s technical manual for heat stress that’s produced by the American Conference of Governmental Industrial Hygienists.

Flags are posted outside the base fitness centers and the south side of the Levitow Training Support Facility to signal the degree of heat intensity. Colors, WBGT readings, hazard explanations and work-rest requirements are:

White flag (78 to 81.9) — Normal activity for people accustomed to climate; extremely intense physical exertion may cause heat stroke for people who aren’t. No limits light and moderate work; heavy work 40 minutes, rest 20 minutes.

Green flag (82 to 84.9) — Normal activity for those accustomed to the climate; people who aren’t should use discretion in planning intense physical activity. No limit light work; moderate work 50 minutes, rest 10; heavy work 30 minutes, rest 30.

Yellow flag (85 to 87.9) — People accustomed to the climate should use caution in planning intense physical activity; those who aren’t should curtail strenuous activities. No limit light work; moderate work 40 minutes, rest 20; heavy work 30 minutes, rest 30.

Red flag (88 to 89.9) — Those accustomed to the climate should curtail strenuous exercise and limit conditioning for periods not exceeding six hours; people who aren’t should ter-



Photo by Kemberly Groue

Darryll Stewart, 81st Force Support Squadron, posts a heat flag outside Blake Fitness Center.

minate all physical conditioning. No limit light work; moderate work 30 minutes, rest 30; heavy work 20 minutes, rest 50.

Black flag (90 and above) — Light work 50 minutes, rest 10; moderate work 20 minutes, rest 40; heavy work 10 minutes, rest 50.

Clothing types may add to the WBGT factor. Cloth coveralls add 3.5 degrees Fahrenheit, body armor adds 5 and mission-oriented protective posture gear adds 10 for light work and 20 for moderate and heavy work.

The most important safety measure during hot weather is to drink plenty of water or sports drinks a few hours before and during heavy work or exercise.

However, hourly fluid intake shouldn’t exceed 1 1/2 quarts, and daily fluid intake shouldn’t exceed 12 quarts. Rapid ingestion of large amounts of water may lead to hyponatremia, or acute water intoxication, a life-threatening condition that may lead to weakness, convulsions, loss of consciousness and death if not recognized and treated promptly.

Also, eat balanced meals, avoid products with caffeine and ensure appropriate work and rest cycles are observed.

If a person is unsteady, weak or has muscle cramps that don’t go away with rest and fluids, he should seek medical attention immediately.

If you notice someone who is confused, unresponsive or vomiting, get them into the shade, remove any excess clothing and call for medical assistance. Try to help him cool off by fanning him or dabbing his face and neck with a cool cloth, but don’t throw or pour cold water on him.

For current heat conditions, check the Keesler restricted web page or call the command post at 377-4330.

Capt. Jennifer Lepper, 81st AMDS, contributed to this report.

Physical conditioning guidelines for students

Physical conditioning training for students at Air Education and Training Command installations is outlined in AETC Instruction 48-101, Prevention of Heat Stress Disorders.

Physical conditioning for the sole purpose of fitness improvement should be conducted before the onset of heat categories when possible, according to the instruction.

Physical conditioning may be conducted in shorts and T-shirt continuously up to one hour in all but black flag heat conditions. Limit physical conditioning in black flag to 40 minutes of continuous activity.

Under AETC Instruction 36-2216, Administration of Military Standards and Discipline Training, Keesler won’t accomplish physical readiness training for nonprior service Airmen under black flag conditions.

At Keesler, NPS Airmen accomplish a 30-minute self-paced run on Mondays and Thursdays and a 1.5-mile run on Tuesdays for progression in the AETC phase program in place of the regular self-paced run, according to Senior Master Sgt. James Lane, superintendent of military training for the 81st Training Group.

Runs take place at 10 a.m. or 4:30 p.m., depending on class schedules. Workouts also include a 20-minute warm-up and 10-minute cool-down periods. Wednesdays, other military training activities such as open ranks inspections take place.

Marathon registration on track to shatter records

Air Force Print News

WRIGHT-PATTERSON Air Force Base, Ohio — If current figures are accurate, the 2008 Air Force Marathon at Wright-Patterson Air Force Base, Ohio, may shatter last year's registration record of more than 6,700 runners and could approach the 10,000 mark.

As of Friday, the total number of runners registered for the 12th annual event stood at 2,326. That compares with 1,013 total registered runners at the same time a year ago, a 130-percent increase.

Marathon director Molly Loudon said enhanced marketing and publicity

efforts combined with strong word-of-mouth from previous marathon participants is fueling the surge in registration.

Registration numbers confirm high interest in both the full and half marathons. Friday's figures show 1,098 runners registered for the full marathon, compared to 512 for the same time last year. The half marathon has 885 registrants, compared to 333 for the same date last year.

"We're encouraging runners to register early online, not only to save money, but to ensure they get into the event," Ms. Loudon said. "This is the first year

we might have to close registration due to the number of registrants. For planning purposes, we'll close registration if we get near the 10,000 mark."

This year, the four-person relay teams marathon is being phased out and a 10-kilometer race is added. Runners for the 10K race can register as individuals or part of a four-person team. Each 10K team member starts the race at the same time and will end at the same location. By including a four-person 10K team option in place of the marathon four-person relay, marathon officials are trying to elimi-

nate challenges such as team members having to wait for buses or searching for teammates on the course.

For the second straight year, the marathon's 5K takes place Sept. 19, the day before the marathon, at Wright State University. The marathon, half marathon and 10K on Sept. 20 at Wright-Patterson Air Force Base will be limited to 10,000 runners, and the 5k at Wright State University will be limited to 2,000 runners.

For more information or to register for the marathon, visit <http://www.usafmarathon.com>.

SCORES AND MORE

Basketball

Varsity teams — organizing for the 2008-09 season. Games are played on a collegiate skill level.

For women's team, call Richard Vincent, 343-9951. For men's team, call Jesse Harris, 376-5723. For more information, call Laurence Wilson, sports director, 377-2444.

Bowling

Summer league

Monday Night (as of June 9)

| Team | Won | Lost |
|-------------------|-----|------|
| Fosters | 12 | 2 |
| Team 9 | 10 | 4 |
| SELOHSSA | 10 | 4 |
| Team 3 | 9 | 5 |
| Speer Family | 9 | 5 |
| Mudd | 9 | 5 |
| Team 7 | 8 | 6 |
| Booker's Bowlers | 7 | 7 |
| Team 2 | 7 | 7 |
| Team 8 | 6 | 8 |
| 403rd | 6 | 8 |
| High Gas Strikers | 6 | 8 |
| Team 12 | 6 | 8 |
| Braves | 5 | 9 |
| Team 6 | 5 | 9 |
| Team 15 | 5 | 9 |
| Pot Luck | 2 | 12 |
| Team 18 | 2 | 5 |

Thursday Retired Seniors Mixed (as of June 12)

| Team | Won | Lost |
|--------------------|-----|------|
| Krauts | 20 | 8 |
| Team 9 | 18 | 10 |
| Team 12 | 18 | 10 |
| Team 3 | 17 | 11 |
| Oldies But Goodies | 17 | 11 |
| TNT Express | 16 | 12 |
| Shot in Foot | 14 | 14 |
| Team 2 | 12 | 16 |
| The "A" Team | 11 | 17 |
| Left-Right-Left | 8 | 20 |
| Team 7 | 6 | 22 |
| No Shows | 0 | 0 |

Team building special — 1-5 p.m. working Fridays. Bring your employees bowling for \$1 a game plus shoe rental. For reservations, call 377-2817.

Nonprior service student special — 2-5 p.m. Sundays bowl for \$1 per game including shoes. 5-9:30 p.m. Thursdays bowl for \$1.50 per game, shoes included. Not applicable with other discounts or specials.

Birthday party package — Saturdays 1:30-3 p.m. or 3:30-5 p.m., and Sundays 2:30-4 p.m. Basic party with bowling and food \$8.95 per child. Mid party, including table supply and T-shirt, \$11.95 per child. Premium party with games and a pin, \$15.95 per child. Reservations required.

Glow bowling — 9 p.m. to midnight Fridays and Saturdays.

Open bowling — for days and times, call 377-2817.

Hurricane alley, fundraisers — for more information, call 377-2817.

Fitness centers

Free fitness classes — yoga, step aerobics, turbo-core, spin/cycle, slobotics, boxing workout and fencing at Dragon Fitness Center. For more information, call 377-2907.

Computerized fitness assessments and counseling — available by appointment at the Dragon Fitness Center. To schedule, call 377-2907.

Massage appointments — at Triangle Fitness Center, call 263-5515.

Wall of Fame — powerlifting event, 1-4 p.m. first compressed work schedule Friday of every month, Triangle Fitness Center. Squat, bench press and dead lift; one attempt in any or all three events; 12 weight classes for

men, 10 for women. Set a record for most pounds lifted or break an existing record and get your picture on the wall. Open to all Defense Department personnel 18 years of age and older.

For more information, call 377-3056.

Golf

Intramural

No updates submitted for last week.

Other

First sergeants fundraiser tournament — Friday at Bay Breeze Golf Course; registration and lunch begin at 11:30 a.m., 1 p.m. shotgun start. Four-person team scramble; \$40 per person includes green fee, cart and lunch; muligan and string together, \$5. Respond by June 16; proceeds benefit Project Cheer and Diamond Assist funds. Rain date June 26. For more information, call Scott Passman, 376-8442, or John Geboy, 377-5315.

Dragon fun league — Thursdays. Meet at 5 p.m., shotgun start 5:30 p.m. Four-person teams; two-person blind draw. Sign up as two-some or single. \$20 per person including greens fee, cart, food, beverages and prizes. Format decided by draw each week. Limit 44 golfers.

Golf lessons — \$25 for 30 minutes. For appointment, call 424-0479.

Driving range — 40 balls, \$2.

Course and pro shop — 7 a.m. to dusk daily. For tee times, call 377-3832.

Martial arts

Editor's note: Classes at Vandenberg Community Center. For more information, call 377-3308.

Shaolin pentjak silat — 7-8 p.m. Mondays-Thursdays, all ages. \$65 month. Striking, kicking, grappling, weapons and internal energy; sash ranking system.

Pukulan pencak silat tempur — 6-7 p.m. Monday, Tuesdays and Thursdays. \$65 month. Closequarters combat class; used for personal protection.

Mixed martial arts — 8-9 p.m. Mondays-Thursdays. \$65 month; muay thai, western boxing, kung fu, wrestling, judo and jujitsu.

Women's self defense — 6-7 p.m. Wednesdays. \$25 month. Mental, physical and tactical training.

Outdoor recreation

Back Bay fishing trip — June 28; call for time; \$20 per person. Minimum four, maximum seven people. State fishing license required.

June fish of the month — weigh in the heaviest bass for the month and take home a \$100 savings bond.

RV, boat and trailer storage — \$20 per month.

Delacroix, La. fishing site — two self-contained trailers for rent, \$50 per night. Maximum four per trailer. Bring linens and cooking utensils. Louisiana fishing license required.

Pontoon boat training — to rent a pontoon you must take a test and

be certified. Call for information.

Bicycles for rent — 3500 Trek seven-speed bikes, \$3 day, \$15 week.

Wet slip fees — monthly, boats more than 32 feet, \$3.75 per foot; less than 32 feet, \$2.50 per foot. Overnight, \$5 per boat.

Deep sea fishing trips — compressed work schedule Fridays and Sundays aboard the Keesler Dolphin II. \$60 per person includes everything you need to fish. Payment due upon reservation. Minimum 15, maximum 22 people. For reservation, call 377-3160.

Deep sea fishing private charter — rent Dolphin II, \$700 for first six people, \$35 each additional person Mondays-Thursdays, \$40 weekends and holidays. \$350 deposit required.

Back Bay cruiser — 17-foot vessel for rent. Mississippi boater registration card required. For prices, call 377-3160.

Marina park pavilions — to reserve, call 377-3160.

Recreational vehicle, boat and trailer storage — \$15 per month. For more information, call 377-3160.

Pontoon boat training — to rent a pontoon you must take a test and be certified. Call for information.

Canoe trips — for more information, call 377-3160.

Disk golf — distance, fairway, multi-purpose, putt and approach disks for sale or rent.

Resale area — snacks, beverages, fishing and rental equipment, hunting and fishing licenses.

HONORS

Student honor roll

332nd Training Squadron

Electronic principles — Airmen Basic Juan Alcaz, Anthony Bell, Timothy Boner, Cody Bryant, David Caudle, Anthony Chambers, Catalin Chandler, Brian Covert, Edwin Daub, Nicholas Davis, Benjerman Deming, Devin Depaoli, Mitchell Dill, Dustin Dopson, Xavier Duenas, Brandon Duncan, Levi Eckstein, Kevin Finstuen, George Fleming, Var Gehron, Isaac Granados, Derek Grisard, Brandon Guillory, Austin Halpin, Dallas Harmon, Robert Harmon, Andrew Harrison, Andrew Havenner, Matthew Heberthal, Jonathon Hunziker, Jennifer Hurley, Thomas James, Derek Johnston, Kenneth Labrum, Henry Lawler, Franklin Littlejohn, Timothy Lowe, Levi Lowery, Nicholas Malinero, Steven Miller, Christa Nash, Matthew Nolting, Jonathan Osborne, Roy Ramon, Adam Razani, William Rickert, Joseph Sanders, Chase Scott, Steven Snyder, Melissa Spence, Mathias Turbessi, James Turner, Christopher Weidner and Cory Zylstra; Airmen Garrett Adams, Ehren Brown, John Burchfield, Bobby Campbell, Adam Corey, Kristen Davidson, Scott Goldsberry, Ryan Ingalls, Sebastian Jimenez, Sergey Kokoulin, Ryan Rozelle, Joseph Smathers, Clinton Smith, Matthew Spagnola, Dustin Steele, John Tkach, and Jeremiah Walters; Airmen 1st Class Adam Bailey, Todd Bedo, Jesse Benson, Alex Bruce, Luis Candelas-Torres, Jack Cardinal, Edwin Donato, Eric Eberhardt, Tyler Eggold, Kyle Eckert, Jacob Enyart, Steven Finnell, Eric Green, David Heckman, Antonio Hernandez, Jessie Hinton, Jason Hodges, Trenton Hoffeditz, Joshua Howerton, Ryan Hehl, Michael Hussey, Benjiman Jennings, Robert Jones, Brandon Knapp, Bryant Laris, John Loving, Phillip Mann, Andrew Masterson, James McClean, John McMillion, Andrew Menkes, Bart Mullins, Todd Muloy, Steven Perry, Barry Pulley, Dustin Roberts, Khalid Rodriguez, Eric Ronning, Sarah RuizdeJesus, Joseph Shirley, Cody Snodgrass, Anthony Sullivan, Michal Szczepanik, George Trujillo, Michael Twarozynski, Ian Velez, Daniel Williams, David Williams, Zachary Wirfs and Zachary Zellmer; Senior Airmen Daniel Blondell, Gregory Freeman, Brandon McGlinton, Bradley Pike and Bernardo Uribe; Staff Sgts. Douglas Cadman, Carl Denuna, Christopher Doriott, Richard Grubb, James Hollingshead, John Leuthauser and Amanda Perrizo; Tech. Sgts. Waleed Ali Al Shehri and Jeremy Roering; Master Sgt Russell Atwater.

334th TRS

Aerospace control and warning systems — Airmen Basic Jeremy Brown and Keon Young; Senior Airman Christopher Couchman.

Air traffic control operations training flight — Airmen Basic Michael Alba, Ricky Anderson, Jacquelyn Andrews, Alexis Arroyo, Christopher Baradat, Lauren Benge, Daniel Betz, Robert Buchanan, Cory Burch, Cody Caughron, Joseph Clark, Bria Day, Steven DeJonge, Carl Henry, Jason Legore, Erin Leon, Scott Miesen, Benjamin Murphy, Sean O'Toole-Manning, Anthony Seagle, Brett Smith, Philip Stallings, Jacqueline Taylor, Jeremy Welch, Kenneth Wiedemann, Guy Willeford and Stephen Zone; Airmen Dylan Brandt and Joshua Newton; Airmen 1st Class David Buckley, Rachel Helsten, Justin Horn, Akilah Howard, Darrell Prior, Jeffrey Rowe, Tyler Santaniello, Arlington Terry and Brittney Wood; Senior Airmen Samuel Benedict and Joshua MacDonald; Staff Sgts. Brandon Lockhart and Michael Moran; Senior Master Sgt. Ibrahim Al Harbi; Capt. Miroslav Burcik.

Aviation resource management — Airmen Basic Crystal Jackson, Dorothy Kilgore and Adam Tollett; Airmen 1st Class Maxwell Fox, Amy Malheim and Tuan Pham; Senior Airmen Jeffrey Rehan and Mario Ruffolo; Staff Sgt. Carlos Yip; Tech. Sgt. Anthony Garrett, Peggy Kiefer and Chasity Roush.

335th TRS

Comptroller training flight — Airmen Basic Crystal Arnold, Maxwell Bowes, Todd Coleman, Brittany Lawson, Felicia Lorocco, Shelby Reynolds, Elizabeth Stegman and Daniel Welker; Airman Cody Frasch; Airmen 1st Class Cory Damico, Janene Douglas, John Hall, Carlos Soto and Jason Wiggins; Senior Airman Nidia Ituarte-Olivas and Christopher Lucskay; Staff Sgts. Nicholas Carroll, Ryan Dobey, Laura Enlow, James Moore, Joyce Quick and Bethany Vital; Tech. Sgts. Lonnie Carrillo and Richard MaCumber.

Weather training flight — Airmen Basic Andrea Cruz, Brandon Howe and Victor White; Airmen 1st Class Christopher Gwerder, Aaron Hero, Kaitlin Karaszewski, Sara Sanderson, Amanda Stephens and Julio Tortes; Lance Cpl. Lawrence Abee.

336th TRS

Communications-computer systems training flight — Airmen Basic James Cazares, Levi Farstad, Kurt Rotzler, Thomas Stabler and Derek Wilson; Airmen 1st Class John Barrett, Michael Conklin, Matthew Killion, James Lucas and Scott Resetar; Senior Airmen Cory Lamp and Angela Moyler; Staff Sgts. Justin Lanati and Brian Piazzisi; Tech. Sgt. Carl Summerlot; Master Sgt. Thomas Schonborg.

Communications and information management flight — Airmen Basic Bradley Allen, James Baker, Daniel Chaffee, Tekoa Edwards, Ian Fischer, Melvin French, Joshua Gonzales, Dawn Haynes, Ronald Hummel, Kendall Haynes, Philip Kaneshiro, Nadia Kelly, Ernest Leon, Jerell Leonard, Nicholas Patterson, Richard Phillips, Christopher Redman, Moses Ross, Eileen Siemsen, Charles Weddington, Deric Wilson, Marcus Wimbush and Leah Wood; Airmen Samuel Cox, Pornivsanu BangChang, Marques Johnson, Richard Phillips, Christopher Redman, Nicholas Riascos, David Su, Brittney Waite, Deric Wilson and Cassandra Ybarra; Airmen 1st Class Arnold Appel, Luke Bullard, Nicholas Campbell, Adam Carroll, Gina Custer, Adam Falcsik, Allen Hood, Alejandro Jimenez, Matthew Martinez, Jodi Mahoney, Sean O'Daniel, Atom Peppe, Jamie Rupp, Joshua Russell, Troy Scarborough, Christopher Shaad, Nathan Shideler, Michael Smith, Stacy Steele, Steven Su, George Walker, Corey Wileman and Michael Winchell; Senior Airmen Jose Alvarez, Shane Anderson, Jared Cooke, Aaron Gentry, Steven Lovell, Caleb Sears, Juan Gonzalez-Seda, William Stevenson, Joshua

Surrat, Nathan Svenkerud, Alex Tavarez and Timothy Turner; Staff Sgts. Donald Abell, Broc Gallman, Ronell Buchanan, Adam Krueger, Rexford Sheldon, Dylan Turner and Daniel West; Tech. Sgt. Mary Thompson; Master Sgts. Chad Johnson and Lane Philbeck; Maj. Mohamed Sarhan.

338th TRS

Airfield systems — Airmen Basic Christopher Patricelli and Nicholas Irwin; Airman 1st Class Alex Morgan; Staff Sgts. Ricky Roque, Steven O'Leary and Jacob Greene.

Ground radar — Airmen 1st Class Matthew Anzures, Ricardo Diaz-Rodriguez, Jonathan Johnson, and Patrick Timmerman.

Ground radio — Airman Basic Gregory Stanley; Airmen Aaron Ferrell, Joey Pregont, Miles Toran and Michael Viau; Airmen 1st Class Michael Albright, Matthew Clifford, Jeffery Davis, Keith Dengel, Michael Diehl, William Dowling, Dylan Gooding, Justin Gresavage, Bradley Hinote, Ian Hitchcock, Sarah Imhauser, Christy Lingo, Patrick McNamara, Matthew Mincey, Zachery Nuss, James Ostler, Lauren Persico, Justin Pinard, Tyler Redziniak, Robert Reed, Brandon Scott, Thomas Sherrill, Justin Stone and Derrick Toumi; Senior Airmen James Edmund and Timothy Myers; Staff Sgts. Landon Elfstrom, Geoward Eustaquio, Joshua Henley, and Jessica Reynolds; Tech. Sgt. Michael Goth.

Network infrastructure systems — Airmen Basic Brandon Tryon and Laniel Vazquez; Airmen Donald Langley, and Joseph Tidwell; Airmen 1st Class Odeb Allen, Daniel Baker, Robert Bennett, Nathaniel Bridgman, Zhile Cao, Kyle Dresen, Andrew Johnson, Keith Johnson, Ira Richardson and Danielle Seitz; Staff Sgts. Stephen Capone, Anthony Frances, Robert Hahn, and Jeremiah Walker; Tech. Sgts. William Patton, Joseph Richardson and Donald Shores; Senior Master Sgt. Robert Cross.

CLASSES

Airman Leadership School

Class 08-5 — graduates July 9.

Keesler NCO Academy

Class 08-5 — graduates July 9.

Arts and crafts center

Summer craft camp — 12:30-4 p.m., Tuesdays-Thursdays, through July 24, ages 8 and older. New craft each week. \$28.50 weekly includes all supplies and daily snack. Sign up for individual weeks or entire session. Space limited; preregistration required. For weekly agenda, call 377-2821.

Multi-craft shop

Pottery-clay handbuilding — 10 a.m. to 3 p.m. Saturday; \$40 for five pounds of clay and project firing. Bring a bag lunch; preregistration required.

Frame shop

Customized picture framing and military flag and shadow box design. Special orders Tuesday-Friday, self-help weekdays and Saturdays.

Auto hobby shop

Editor's note: open shop use, preregister for classes.

Free auto care briefing — 4:30 p.m. today.

Vehicle resale lot — one block west of Larcher Boulevard on Tingle Street north of the 81st Security Forces Squadron building. Register at multi-craft shop. Registration, license and proof of insurance required. To place a car on the lot, call 377-2821.

Qualified mechanics — can assist with vehicle maintenance.

Oil collection site — for personal vehicles.

24-hour coin-operated car wash, vacuum and tire air pump — wash, rinse, wax system, towelettes, Armorall and vacuum.

Please see **Digest**, Page 30

CHAPEL SERVICES

Editor's note: For more information, call 377-2520.

Protestant

Sunday worship

Larcher Chapel traditional service.....8:30 a.m.

Triangle Chapel contemporary worship service...10:30 a.m.

Triangle Chapel gospel service.....Noon

Roman Catholic

Sunday Mass

Triangle Chapel.....9 a.m.

Weekday Mass

Medical Center chapel.....11:15 a.m.

Jewish

For worship opportunities, call Tech. Sgt. Michael Raff, 377-5235.

Islamic

Building 2003 — prayer five times daily; Salaat ul-Jummah congregational prayer, noon Friday.

For more information, call 377-2520 or 0327.

Latter-Day Saints

The Church of Jesus Christ of Latter-Day Saints — student group service, 2 p.m. Sundays, Triangle Chapel. For more information, call 396-5274 or 1-801-694-8900.

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Chapel

All classes are held at the Triangle Chapel Annex through May. For more information, call 377-2520.

Catholic religious education — after 9 a.m. Sunday Mass.
Protestant Sunday School — 10:30-11:30 a.m. for pre-school, elementary, teens and adults.

Men's prayer breakfast — 9 a.m. to noon second Saturday of the month.

Women's prayer breakfast — 10 a.m. to noon first Saturday of the month.

Tuesday Bible study — 6-7:30 p.m. at the Haven.
Dinner and the Bible — 6-7:30 p.m. Wednesdays, Triangle Chapel Annex.

McBride Library

Gale data base orientations — 4:30 p.m. Wednesdays.
Free wireless Internet — check at circulation desk.
Fax machine for public use — first page \$2, each additional page \$1; local and 800 numbers 50 cents a page.
Tours/orientations — call 377-2181.

Mental health clinic

Post-traumatic stress disorder — 1:30 p.m. Mondays.
Healthy thinking — 2 p.m. Tuesdays.
Stress management techniques — 10 a.m. Wednesdays.
Relaxation techniques — 9 a.m. Mondays.
To register, call 376-0385.

CLUBS AND CENTERS

Vandenberg Community Center

Editor's note: All events, except dances, are open to all Keesler personnel.

Pool tournaments — 6 p.m. Mondays and Tuesdays.
Movie night — 6 p.m. Wednesdays. New releases, popcorn.
Dances — 6 p.m. to midnight Thursdays before compressed work schedule Fridays, and Fridays and Saturdays. \$3.

Katrina Kantina

Editor's note: In the marina building overlooking Biloxi's Back Bay.

All ranks invited — open 3:30 p.m. Tuesdays-Fridays. Snacks, beverages and music.

Dinner and music under the oaks — 5 p.m. June 26, marina park. Cook your own steak or chicken; members pay \$6 for steak, \$5 for chicken; includes potato salad, green salad and roll. Nonmembers add \$2.

Luncheon specials — 11 a.m. to 1 p.m. Mondays. New menu each week. \$6 members, \$8 nonmembers. For more information, call 377-2219.

Karaoke night — 5 p.m. Thursdays before compressed work schedule Fridays.

Taco Tuesdays — members get two tacos for \$1, nonmembers pay \$2.

Catering — experts can assist with planning weddings, holidays, birthdays, official functions and other special occasions.

Youth center

Archery, tennis and golf clinics — 5-7 p.m. Mondays-Thursday through June 26, ages 6 and older. \$25 per person per clinic, including T-shirt and completion certificate. For dates of individual clinics, call 377-4116.

Summer camps — ongoing registrations for youth camp, ages 6-12, and teen camp ages 13 and older. Fees based on total family income. Leave and earnings statement and youth shot records required. For information on camp dates, call 377-4116.

Open house/membership drive — 4-6 p.m. June 27, showcasing youth programs and events; snacks and souvenirs provided.

Volunteers needed — for sports, open recreation, crafts, cooking, computers, arts, reading, sewing and general cleaning

and decorations. Must be 18 or older. For more information, call 377-4116.

TICKETS AND TRIPS

Gulf Islands Water Park — season tickets available.
Discounted tickets — for many attractions including Busch Gardens, Sea World, Universal Studios and Disney World in Florida. For price list, log on to <http://www.keeslerservices.us>.

Information on area and out-of-state attractions — free brochures for Louisiana, Mississippi, Alabama, Florida and Georgia.

Here's to the Heroes — program provides a single day's free admission to any Sea World or Busch Gardens park, Sesame Place, Adventure Island or Water Country USA for any active duty, active reserve, ready reserve service member or National Guardsman and as many as three direct dependents. Register online at <http://www.herosalute.com> or in the entrance plaza of a participating park and show Department of Defense photo identification. Also included are members of foreign military coalition forces in Iraq or Afghanistan or attached to American units in the U.S. for training.

For more information, visit <http://www.4adventure.com> or call toll-free 1-800-4ADVENTURE.

TRANSITIONS

Workshops, briefings

Congressionally-mandated pre-separation briefings — counseling by airman and family readiness center for active-duty military members of any branch of service who'll receive honorable discharges and no extra transition benefits. Briefings are Thursdays in Room 111, Sablich Center, 1 p.m. for personnel who are separating and 2:30 p.m. for those who are retiring. Individuals with less than honorable discharges, receiving extra benefits such as second enrollment opportunity in Montgomery GI Bill, Reserve or Guard personnel coming off 180-day deployments or entering the disability system, call 376-8728 for individual counseling appointment. To register, call 376-8728. For more information, call Jackie Pope, 376-8505.

Transition assistance program — 8 a.m. to 4:30 p.m. July 14-17, Aug. 11-14, Sept. 15-18, Oct. 20-23, Nov. 17-20 and Dec. 8-11, Room 108A, Sablich Center. For military personnel who are 12 months or less from separation or 24 months or less from retirement, and Department of Defense civilians; spouses welcome. Military members should complete congressionally-mandated pre-separation counseling in advance. Attire is business casual — no uniforms, jeans, shorts or T-shirts. To sign up, call 376-8728.

Military retirement benefit seminars — 8-10:30 a.m. Aug. 7, Sept. 4, Oct. 2, Nov. 6 and Dec. 4, Room 108A, Sablich Center. Tricare, Survivor Benefit Plan, movement and storage of household goods, military and retired pay issues and other topics covered. Spouses encouraged to attend. To sign up, call 376-8728.

Employment opportunities

Career focus program for spouses — information on area employment opportunities, job Web sites, human resources contacts, temporary jobs, on-base listings and free training programs. Computer lab available for resume preparation or job search in Room 108B, Sablich Center. For an appointment, call Ron Bublik, 376-8502 or 376-8728, or e-mail ronald.bublik@keesler.af.mil.

Air Force Office of Special Investigations — senior airmen with less than six years time in service, and staff and technical sergeants with less than 12 years time in service are eligible. Foreign language, computer or technical skills are desired, but not required. Those accepted attend the Federal Law Enforcement Training Center in Brunswick, Ga. for training in instruction in law, report writing, forensics, interview techniques, firearms and defensive tactics and other subjects related to the challenges of investigative duty. For more information on applying, contact AFOSI Detachment 407, 377-3420.

Air Force Reserve opportunities — for members separating within 180 days, visit Room 216, Sablich Center.

Palace Chase — for information about how to apply for a program to attend college full time and work part time, visit Room 216, Sablich Center.

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DINING HALL MENUS

Today

Lunch — herbed baked chicken, beef and noodles, fried catfish, blackeyed peas with rice, mashed potatoes, gravy, sweet potatoes, mixed vegetables, peas, fruit salad, potato salad, cream of broccoli soup, cheeseburger soup, frontier chicken chili, cannonball sandwich and Italian pepper beef sandwich.

Dinner — roast pork loin, jaegerschnitzel veal, chicken cordon bleu, potato halves, orange rice, gravy, carrots, pinto beans, corn combo, fruit salad, potato salad, cream of broccoli soup, chicken and wild rice soup, chili, cannonball sandwich and Italian pepper beef sandwich.

Friday

Lunch — Mexican baked chicken, country-style steak, stuffed peppers, macaroni and cheese, mashed potatoes, gravy, corn on the cob, beans, Spanish beans, peas and carrots, pasta salad, three-bean salad, chicken with wild rice soup, onion soup, chili, barbecue pork sandwiches and burritos.

Dinner — lasagna, spaghetti with meat sauce, chicken cacciatore, rice, gravy, broccoli, cauliflower, Italian baked beans, corn O'Brien, pasta salad, three-bean salad, chicken with wild rice soup, onion soup, chili, barbecue pork sandwiches and burritos.

Saturday

Lunch — baked chicken, beef yakisoba, canned ham, baked potatoes, rice pilaf, gravy, broccoli, peas, carrots, fruit medley, kidney bean salad, raisin sauce, clam chowder, tomato florentine soup and buffalo wings.

Dinner — fish almondine, stir-fry chicken with broccoli, pork chops, rissole potatoes, rice pilaf, gravy, calico corn, club spinach, fried okra, fruit medley, kidney bean salad, clam chowder, tomato florentine soup, chicken frontier chili and buffalo wings.

Sunday

Lunch — baked fish, sauerbraten, chicken breast parmesan, au gratin potatoes, egg noodles, gravy, cauliflower combo, mixed vegetables, fried cabbage, tomato salad, German coleslaw, cheesy chicken tortilla soup, baked potato chowder, chili and cheese pizza.

Dinner — ginger barbecue chicken, fried shrimp, beef manicotti, potato wedges, mashed potatoes, gravy, black-eyed peas, collard greens, corn O'Brien, tomato salad, German coleslaw, cheesy chicken tortilla soup, baked potato chowder, chili and cheese pizza.

Monday

Lunch — Swiss steak, baked chicken, sausage, peppers and onions, rice, mashed potatoes, gravy, broccoli, carrots, cucumber and onion salad, macaroni salad, chicken dumplings soup, minestrone, chili with beans, cannonball sandwich and chicken nuggets.

Dinner — turkey, ribeye steak, tempura fish, mashed potatoes, cornbread dressing, gravy, succotash, tempura vegetables, green beans, garden cottage cheese salad, macaroni salad, chicken dumpling soup, minestrone, chili with beans, cannonball sandwich and chicken nuggets.

Tuesday

Lunch — lemon garlic fish, pork schnitzel steak, beef and yakisoba, ginger rice, mashed potatoes, gravy, pinto beans, spinach, squash, spinach salad, waldorf salad, frontier chicken chili, beef pot roast soup, vegetable soup, steak and cheese subs and tacos.

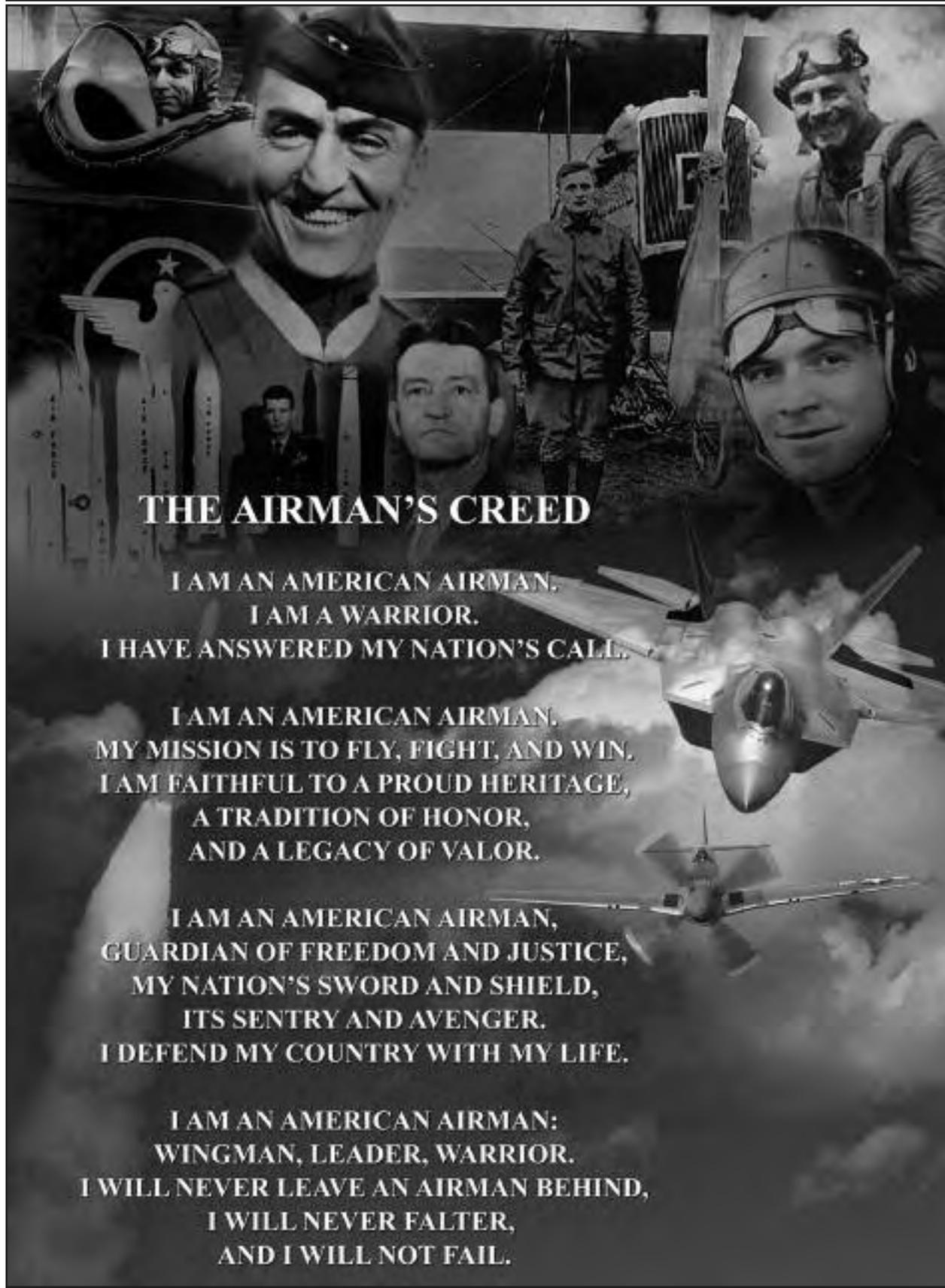
Dinner — roast pork loin, barbecue beef cubes, chicken fajitas, O'Brien potatoes, rice, gravy, cauliflower, corn on the cob, lima beans, waldorf salad, frontier chicken chili, beef pot roast soup, vegetable soup, steak and cheese subs and tacos.

Wednesday

Lunch — fried chicken, cajun baked fish, jalapeno cornbread, barbecue ribs, rice, mashed potatoes, gravy, corn on the cob, okra and tomato gumbo, fried cabbage, cole slaw, garden cottage cheese salad, pasta fagioli soup, chicken tortilla soup, vegetarian chili, cheese fishwich and cheese pizza.

Dinner — spaghetti with meat sauce, Swiss steak, fried chicken, rice, mashed potatoes, gravy, fried cauliflower, asparagus, simmered cabbage, coleslaw, country style tomatoes, chicken noodle soup, potato soup, chili with beans, cheese fishwich and cheese pizza.

For more news, information and photos,
visit Keesler's public Web site,
<http://www.keesler.af.mil>



THE AIRMAN'S CREED

I AM AN AMERICAN AIRMAN,
I AM A WARRIOR,
I HAVE ANSWERED MY NATION'S CALL.

I AM AN AMERICAN AIRMAN,
MY MISSION IS TO FLY, FIGHT, AND WIN,
I AM FAITHFUL TO A PROUD HERITAGE,
A TRADITION OF HONOR,
AND A LEGACY OF VALOR.

I AM AN AMERICAN AIRMAN,
GUARDIAN OF FREEDOM AND JUSTICE,
MY NATION'S SWORD AND SHIELD,
ITS SENTRY AND AVENGER,
I DEFEND MY COUNTRY WITH MY LIFE.

I AM AN AMERICAN AIRMAN:
WINGMAN, LEADER, WARRIOR,
I WILL NEVER LEAVE AN AIRMAN BEHIND,
I WILL NEVER FALTER,
AND I WILL NOT FAIL.

Digest,

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MEETINGS

Editor's note: To list time, place and contact for organization meetings, call 377-3837 or e-mail KN@keesler.af.mil.

African-American Heritage Committee — 3:30 p.m. second Tuesday of the month, Room 109, Taylor Logistics Building. For more information, call Paulette Powell, 377-2270, or Kurt Higgins, 377-1390.

Air Force Sergeants Association Chapter 652 — 4 p.m. third Tuesday of the month, Katrina Kantina. For more information, call Master Sgt. Kat Hataway, 377-1389, or visit the group's Web site, <http://www.afsa652.org>.

Air Force Sergeants Association Auxiliary — 6 p.m. third Tuesday of the month. For more information, call Michelle Foster, 273-4591, or e-mail auxiliary.president@afsa652.org.

Airmen Against Drunk Driving — For more information, call Senior Airman Aaron Eden, 1907; Staff Sgt. Brad Mills, 377-1714 or call 377-SAVE.

Asian Pacific-American Heritage Committee — 11:30 a.m. first Wednesday of month, Room 111, Sablich Center. For more information, call Lucy Belles, 377-2179, or Larry McKean, 377-3252.

At Eze Toastmasters Club — 11 a.m. Tuesdays, Building 1101 conference room. For more information, call Dewi Clark, 377-2714 or e-mail dewi.clark2@keesler.af.mil; Arleen Stewart, 377-2440, or visit <http://www.toastmasters.org>.

Blacks in Government — 5:15 p.m. second Thursday of the month, Taylor Logistics Building conference room. For more information call Florence Clay, 377-8681, or Paulette Powell, 377-2270.

Company grade officers council — meets first Wednesday of the month. For time and location, call 1st Lt. Michael Newson, 377-7626, michael.newson@keesler.af.mil.

Keesler Amateur Radio Club — 6:30 p.m. Mondays, Hangar 3, Room 215. For more information, call Staff Sgt. Justin Meyer, 377-4149 or 324-5806, or e-mail justin.meyer2@keesler.af.mil.

Keesler Christian Home Educators Association — 7-9 p.m. second Tuesday of the month, September-May, Larcher Chapel. For more information, call Heather Melancon, 831-8895.

Keesler Spouses Club — second Tuesday of the month. For time and place, call Gretchen Gorline, 374-8024, or visit <http://www.KeeslerSpousesClub.com>.

Native American Heritage Committee — for more information, call R.I. Whiteside, 863-0479, or Capt. Elizabeth Tailon, 377-6242.

Retired Enlisted Association Magnolia Chapter 81 — 6:30 p.m. second Thursday of the month, Vandenberg Community Center. For more information, call Larry McKean, 377-3252 or 374-5922.

Rising VI Association — 3:15 p.m. third Wednesday of the month; location varies. For more information, call Staff Sgt. Toyshaline Young, 377-0591, or Tech. Sgt. Jodi Evans, 377-2835.

Top III — 3:30 p.m. third Thursday of the month, Katrina Kantina. For more information, call Master Sgt. Michael Krejci, 376-6346.

Tuskegee Airmen Inc., Col. Lawrence E. Roberts Chapter — 5 p.m. first Thursday of the month, McBride Library. For more information, call Glenda Mosby, 243-1992, gmosby1@bellsouth.net, or Charles Bowers, 860-3665.

MISCELLANEOUS

Movies

Editor's note: Movies are at Welch Auditorium. Tickets are \$3 adults and \$1.50 children for regular features, and \$2.50 adults and \$1 children for matinees. For recording about current features, call 377-6627.

Friday — 6:30 p.m., Speed Racer (PG, 135 minutes).

Saturday — 2 p.m., Made of Honor (PG-13, 101 minutes); 6:30 p.m., What Happens in Vegas (PG-13, 99 minutes).

Sunday — 1 p.m., Iron Man (PG-13, 125 minutes).