



KEESLER NEWS



Keesler Air Force Base
Biloxi, Mississippi

Volume 69, No. 38
Thursday, Oct. 2, 2008

Rebuild the base ... Renew the community ... Reload the Air Force

INSIDE

COMMENTARY

Lorenz on leadership, **2**

TRAINING AND EDUCATION

Instructor strives to become chaplain, **6**

Perfect students, **7**

NEWS AND FEATURES

Fire Prevention Week, **9**

Leaders held accountable for nuclear mistakes, **9**

Honor guard, **11**

Airman meets president for third time, **16**

SPORTS AND RECREATION

81st Medical Group claims football title, **20**

Cruising Keesler, **21**

SECTIONS

Commentary.....**2-3**

Training, education.....**4-7**

News, features.....**8-19**

Sports, recreation....**20-21**

Digest.....**22-24**

Classifieds.....**25**

Keesler on the Web
<http://www.keesler.af.mil>



Dragons deployed
323

Commitment to caring



Photo by Kemberly Groue

Brig. Gen. Greg Touhill, left, 81st Training Wing commander, signs his pledge for the 2008 Combined Federal Campaign for Capt. Tim Fast, project officer. Keesler's campaign runs through Oct. 31. Story, Page 8.

General Schwartz headed to Biloxi for Salute to Military

Mississippi Gulf Coast Chamber of Commerce

Gen. Norton Schwartz, Air Force chief of staff, is the featured speaker for the 30th annual Salute to the Military, Oct. 28 at the Mississippi Coast Coliseum Convention Center in Biloxi.

The evening includes a cocktail reception at 6 p.m., followed by a ceremonial program, dinner, speakers and entertainment.

"For 30 years, the Mississippi Gulf Coast Chamber has sponsored this formal Salute to the Military ceremony and dinner, which brings the nation's top military leaders to the Mississippi Coast to join in tribute to the area's 'neighbors in uniform,'" explained John McFarland, event chairman of the event and master of ceremonies from The Sun Herald, one of the program's sponsors.

"Chamber members have been honoring our military neighbors in this very public way for 30 years, something no other American community can claim," said the event's co-chairman, Bob Coniglione of General Dynamics Information Technology, another program sponsor. "This tradition has been very important to the military and to the community. Every year we have been able to bring one of the Joint Chiefs of Staff or a service secretary to the Coast to help honor our military neighbors."

Gen. Schwartz joins Sen. Roger Wicker and Rep. Gene Taylor from Mississippi's congressional delegation, chamber chairman Linda Watts and the commanders of each Mississippi Gulf Coast military installation in recognizing the contributions of area military personnel and welcome home many area troops recently returned from Iraq and Afghanistan.

Special recognition is planned for Mississippi recipients of the Medal of Honor, McFarland said.



General Schwartz

Please see **Salute**, Page 9

Remember, we're all accountable — always

By Gen. Stephen Lorenz

Air Education and Training Command commander

Over the past few months, we've heard a lot about accountability in our Air Force. If you're a little unsure as to what people mean when they discuss "accountability," you're not alone.

Over the years, the word "accountability" has been associated with high-profile failures, including shooting down our own helicopters in Iraq, bombing friendly troops in Afghanistan, and failing to keep positive control over nuclear components. Closely related to this, "accountability" has also been associated with specific sanctions, including loss of rank, forced retirements, and documenting poor performance on fitness reports.

But focusing only on specific actions and sanctions misses the point. Accountability goes much deeper than that. Accountability is a matter of trust. Without accountability, we risk losing the trust of our fellow Airmen, our sister services, and the American people.

To be accountable is to be subject to the consequences of our choices. Whether we choose to do the right thing — to act with integrity, service and excellence — or not, we have to be prepared to accept the consequences.

Even if others do not hold us accountable, we are all accountable — always. If we ever forget that as individual Airmen, we're headed down a very dangerous path. If we ever forget it as a service, we're headed toward extinction.

We are accountable for the choices we make in our personal lives. The vast majority of choices

that get people in trouble involve alcohol, sex, drugs, and/or money. Each year, some of us make wrong choices in these areas, and they are held accountable. Sometimes, careers are ruined as a result. More importantly, a bad choice hurts the people we love, especially our families, friends, and our fellow Airmen. If you have problems in these areas, go to someone you can trust and get help. If you know an Airman who is headed down a wrong path, help them before they make a bad choice.

We are also accountable for the choices we make as military professionals. We must adhere to the standards we learned when we first received our training. When an Airman cuts corners by failing to follow tech order guidance or violating a flying directive, we must hold them accountable. When you see people doing the wrong thing, correct them. We must police each other, because if we don't, small lapses will lead to bigger ones, and the entire Air Force family will eventually suffer.

Many of us in Air Education and Training Command are instructors. We teach and enforce the standards. It is also essential that we live by the standards. We must set the right example, otherwise we lose our credibility. We all remember teachers whose attitude was, "Do as I say, not as I do." We cannot be like that. As we shape the future of our Air Force, we must hold ourselves to the highest standards of personal and professional conduct.

When you assume responsibility for others as a supervisor or commander, it is important to realize that you've taken a big leap in accountability. Simply put, you are accountable for the choices your

people make. That is why you must lead by example. Your people need to see that you set high standards and live according to those standards. You must also enforce standards within your unit. You should correct deficiencies at the lowest level before they grow into something bigger. Remember this — units with high standards have high morale. It's been that way throughout military history.

If we fail to hold ourselves accountable, we risk losing the trust that we have worked so hard to gain. Airmen will not trust a leader who does not consider themselves accountable for their actions. Just as importantly, the American people will not trust us with their sons and daughters — or their most destructive weapons — if we do not hold ourselves accountable. When things go wrong, our civilian authorities, our sister services, and the American people need to see that we take action to correct the problem and move forward, but assigning accountability is also critical for maintaining trust.

We do not want to return to a situation where the public doesn't trust us. I entered the Air Force during a time when public trust in the military was very low, and it was difficult on all of us.

In the years after Vietnam, we built trust by setting high standards and holding ourselves accountable for meeting those standards. It was the right thing to do, and it worked. Now, we must maintain these high standards. As we make personal and professional choices, we must remember that we are all accountable — always.

Be a hero in battle against sexual misconduct

By Brig. Gen. Greg Touhill

81st Training Wing commander

Sexual assault is a crime. As a commander, I'm very attuned to the plague of sexual assault and misconduct in our society today. As the father of a college-aged son and a teenage daughter, I'm focused on its prevention. As Americans, **all of us** should recognize the signs of this criminal activity, take active measures to prevent it and, when in a position to do so, ensure the judicial process is involved appropriately.

Article 120 of the Uniform Code of Military Justice clearly defines the crime associated with rape, sexual assault and other sexual misconduct. Take a look at it. As military members, we're all responsible to enforce the UCMJ.

Some people think rape is a crime

that is limited to the violent depictions you see characterized on television, yet the crime includes other insidious means. For example, one category of rape is defined as one person who causes another person of any age to engage in a sexual act by administering to another person by force or threat of force, or without the knowledge or permission of that person, a drug, intoxicant, or other similar substance that thereby substantially impairs the ability of that other person to appraise or control conduct. In layman's terms, if you give someone a drug or alcohol without their knowledge and/or consent and then have sex with them while they cannot consent freely, by definition you are a rapist.

How do we prevent this? There are several keys yet, in my mind, it boils down to a couple of things.

First, recall the lessons we learned as children growing up. My mother always told my brothers and me to behave like gentlemen and our sister to behave like a lady ... at all times. Ladies and gentlemen are constantly on the lookout and avoid putting themselves in a position where sexual predators could attack them.

Sometimes, despite the best efforts of ladies and gentlemen, these individuals still present themselves, and that's where the next best line of defense comes in ... our wingmen.

Good wingmen recognize the warning signs and decisively act to prevent sexual misconduct. My father introduced me to this concept even before I joined the Air Force; it is the right thing to do. Good wingmen protect the weak and defenseless from predators and have the strength

of character and courage to intervene. When they see someone who has been drinking too much, they protect them and get them home safely without fear of assault. When they see someone who is drunk and incapable of making rationale decisions, they protect them. Good wingmen do not become predators themselves and know that a drunk individual is incapable of giving the consent that is required before engaging in physical contact. Good Airmen take care of each of each other, never violate the UCMJ or tolerate those who do.

Nobody wants to grow up to be a victim or a criminal. I'll bet YOU wanted to grow up to be a hero. It's time to step up, be a great wingman, be a great Airman and take action to prevent sexual misconduct. Now's your chance — be a hero!



DRAGON ON THE STREET

By **Kemberly Groue**

Keesler News photographer

When you were a kid, what did you want to be when you grew up?



"I've always wanted to teach. I've had some great teachers in my life who really inspired me."

Diane Floyd, personnel apprentice course instructor, 335th Training Squadron



"I wanted to be a super-model!"

Senior Airman Katrina Mitchell, 81st Force Support Squadron customer service representative



"I wanted to be a locomotive engineer."

Larry Vetter, 81st Medical Group, Fisher House executive director

Full up round Keep focus on family, faith, fitness, function

By **Lt. Col. Ray Adams Jr.**

81st Communications Squadron commander

When called upon to live up to The Airman's Creed, will you be ready — I mean completely ready — to deploy and perform your wartime mission?

The "full up round" isn't just a catch phrase. When deploying down range, you must be a full up round — our country and the theater combatant commander are counting on it. A full up round Airman is prepared to deploy when called upon and arrives in theater trained, fit and focused on the mission. So, how do you become a full up round?

In most cases, four F's are a failure, but here you can use them as a guide — focus on family, faith, fitness and function.

Your family must be ready to carry on in your absence and allow you to concentrate solely on your mission task at hand. Is your family ready or at risk? Can you deploy and know your family is cared for and supported? Does your family have a support network from the neighborhood and your squadron? Are your financial, legal and medical issues in order? Will your family know you are focused on your mission and not distracted in thought by them? What are you doing to prepare your family? Take care of your family always.

Your faith must be solid. When called to deploy, your courage is chal-

The Airman's Creed

*I am an American Airman.
I am a warrior.
I have answered my nation's call.*

*I am an American Airman.
My mission is to fly, fight, and win.
I am faithful to a proud heritage,
A tradition of honor,
And a legacy of valor.*

*I am an American Airman,
Guardian of freedom and justice,
My nation's sword and shield,
Its sentry and avenger.
I defend my country with my life.*

*I am an American Airman:
Wingman, leader, warrior.
I will never leave
an Airman behind,
I will never falter,
And I will not fail.*

lenged. When few things make sense, have you built the personal trust in your faith to carry on? Down-range unknowns are many and control is limited. Your faith can make the difference and give you the courage needed, not only to leave your family behind, but to perform what you're trained to do down

range. Make time with your family and your faith to be mentally ready.

Your fitness follows your faith. If you're not ready, someone else must go. Do you wait for the annual fitness test to get in shape? Will your fitness level carry you through months of deployment, or are you counting on getting fit while deployed? When you get the Army in-lieu-of task instead of the 121-day Air Force task, are you ready to meet the call or counting on that nagging knee pain to get a profile or leave the task to your peer? Will your family worry about your health in the field? You don't have to be Atlas, but you must be ready — every day. If you're given days to train, use them well.

Your functional skills must be honed for battle. While you're at home, are you training like your preparing to go down range? Are you proficient or just getting by? If you have no down-range experience, are you questioning those who have been down range and volunteering to participate in local field exercises? Is your professional military education completed, or are you waiting for the in-residence course? Every day is a training day and an opportunity to be functionally ready.

Take action now — you need to be ready in family, faith, fitness and function — you need to be a full up round.

KEESLER NEWS

81st Training Wing commander

Brig. Gen. Greg Touhill

Public affairs director

Jerry Taranto

Editor

Staff Sgt. Tanya Holditch

Staff writer

Susan Griggs

Staff photographer

Kemberly Groue

Public affairs staff

Billy Bell

Jim Gordon

Tech. Sgt. Chuck Marsh

Tech. Sgt. Dan Neely

1st Lt. Nick Plante

Michael Plummer

Staff Sgt.

Carlos Rodriguez

Airman 1st Class

David Salantri

Joel Van Nice

The Keesler News office is in Room 201A, Wall Studio, Building 0902. The mailing address: 81TRW/PAIN, Keesler AFB, MS 39534-2120. Phone: 377-8734, 4130, 3837, 9966. Published Thursday. News deadline: noon Monday. Editorial content edited, prepared and provided by the 81st TRW Public Affairs Office in compliance with Air Force journalistic standards. Photos are Air Force photos unless otherwise indicated.

The Keesler News is published by Gulf Publishing Co., a private firm in no way connected with the Air Force, under an exclusive written contract with the 81st TRW as an authorized publication for U.S. military service members. Contents aren't necessarily the official views of, or endorsed by, the U.S. government, Department of Defense or Air Force. Advertising doesn't constitute endorsement by the U.S. government, DOD, Air Force or Gulf Publishing of products or services advertised. Everything advertised shall be available without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor.

Keesler on the Web
<http://www.keesler.af.mil>

AETC enlisted leader aims 'to serve Airmen well'

By Staff Sgt.
Vernon Cunningham

82nd Training Wing Public Affairs

SHEPPARD Air Force Base, Texas — Chief Master Sgt. Robert Tappana, Air Education Training Command command chief, shared his thoughts on his new position and some aspects of Air Force training during a recent visit to Sheppard Air Force Base, Texas.

Chief Tappana, who served as the command chief for the 81st Training Wing at Keesler from November 2001 until August 2003, said his main goal was to serve Airmen well.

"The AETC command chief is not in charge of anything. It is a service position," he said.

Chief Tappana said a leader in his position needs to know and understand the enlisted Airmen of his command and help them be successful — whether by setting them up for success or removing obstacles from their path.

The command's top enlisted member said his goals work in chorus with AETC's mission of developing America's Airmen today for tomorrow, because if he does a good job of taking care of Airmen, then they can and will focus on the mission.

"It's part of the measure of my success," he said.

In addition, Chief Tappana noted that the warrior-focused direction of Air Force training is essential, since the Air Force has changed from a garrison mentality to an expeditionary force. Every Airman must be ready to deploy on any given day, he said.

"We must have superb technical skills, and be physically, mentally, and emotionally prepared, to go into the area of responsibility," Chief Tappana said, adding that it is essential that the Air Force takes care of families.

"Somewhere in our classrooms is a future chief of staff of the Air Force, chief master sergeant of the Air Force and countless commanders, chiefs and first sergeants. They're learning about our Air Force, our core values, and warrior ethos, and their new career fields from our military training leaders and technical training instructors. We are creating the future of our country, one Airman at a time."

— Chief Tappana

Along with a warrior focus, Airmen need to be exceptional in what they do, Chief Tappana said.

"Education is the foundation of leadership. Our professional military education courses and Community

College of the Air Force degrees are essential to keeping our leadership and technical abilities sharp.

"It is the key to what makes us strong," Chief Tappana said.

According to the chief, technical abilities are espe-

cially important when preparing to serve in a joint service environment.

"Our main purpose is to deploy, and the best thing an Airman can do when preparing for deployment is to know their job and know how what they

do feeds into the mission.

"The best way to gain credibility in the joint environment is to be very good at what you do. That is why excellence is one of our core values," the chief said.

Chief Tappana said AETC is not only creating warriors for the current battle, it's creating warriors for the next war and the wars after that.

"Somewhere in our classrooms is a future chief of staff of the Air Force, chief master sergeant of the Air Force and countless commanders, chiefs and first sergeants," Chief Tappana said. "They're learning about our Air Force, our core values, and warrior ethos, and their new career fields from our military training leaders and technical training instructors. We are creating the future of our country, one Airman at a time."

From left, Sergeant Beshears and Staff Sgts. Carlos Cruz and Adam Sargent review theatre battle management course systems in Stennis Hall. All three are instructors in the 333rd TRS.

Photo by Kemberly Groue



Trainer aims to become chaplain

By Staff Sgt. Carlos Rodriguez

Keesler Public Affairs

He was 18 years old, fresh out of basic military training and technical school. His first duty assignment? Ramstein Air Base, Germany — a different continent and a different language.

Airman 1st Class Kyle Beshears was lost. The Merrillville, Ind., native had never been out of the United States ... heck, he'd never been out of Indiana all that much and there he was, 4,000 miles from home in a foreign country.

Now a staff sergeant and instructor in the 333rd Training Squadron, he recalls, "When I first got to Ramstein I was young, alone and confused."

One day, he decided to go to a chapel service. Afterwards, the chaplain invited him and some others to dinner with his family, paying for all the meals.

"He went so far out of his way to help us and show us some love," Sergeant Beshears recalled. "It was then that I decided I also wanted to help people."

Sergeant Beshears has a goal of becoming an Air Force chaplain. He's nearing completion of his degree in theology and hopes to attend chaplain seminary upon his separation from active duty next summer.

"After the night of the dinner in Ramstein, I started going to more and more chapel services and I started to talk with various base chaplains about how I could become one of them," said Sergeant Beshears.

Though his desire to become a chaplain piqued after his experience in Ramstein, Sergeant Beshears had always been interested in religion.

"Ever since I was a kid, I knew I wanted something to do with the ministry," he explained. "In fact, the first book I ever bought when I was about 8 or 9 was a com-

mentary on the Old Testament."

Upon joining the Air Force as a communications-computer systems operator in 2002 and finding himself stationed in Germany, he became fully fluent in German. As an airman first class, he was selected for an important position as a computer systems administrator for the command and control systems at United States Air Forces in Europe headquarters.

During his last year in Germany, he started writing a training course for the new systems administrators coming into the job.

"I liked writing the course," he pointed out. "I knew I would be getting out of the Air Force when my enlistment was up to attend seminary, and I looked at becoming an instructor as a great steppingstone to my goal of becoming a chaplain."

Soon he found himself stationed at Keesler as a command and control systems instructor in the 333rd Training Squadron, one of the few senior airman instructors on the base.

After five years in the Air Force, he was selected for promotion to staff sergeant and earned the Airman Leadership School's John Levitow Award as the top graduate of his class — an award that combines academic achievement with votes from fellow classmates.

Sergeant Beshears hopes his accomplishments since joining the Air Force will help him achieve his goal of becoming a chaplain and joining the officer corps.

"I'm two classes away from my degree, and I separate in August of next year," said Sergeant Beshears. "I'm currently deciding between two chaplain seminaries — Trinity Evangelical Divinity School in Chicago or Liberty University in Lynchburg, Va. The seminary will last three years and luckily, my GI Bill will cover the tuition."

Whichever school he chooses, Sergeant Beshears' goal of being able to help others is on the right track.

Cream of the crop



Staff Sgt. Tiffany Garcia, left, Airman 1st Class James Lockheed and Senior Airman Franklin Williams have graduated from technical training with perfect scores. Sergeant Garcia, a graduate of the personnel apprentice course in the 335th Training Squadron, returns to her assignment with the California Air National Guard's 129th Rescue Wing at Moffett Field. Airman Lockheed, a graduate of the electronic principles course in the 332nd TRS, is from Medford, Oregon, and continues his training at Sheppard Air Force Base, Texas, in the avionics test station and aircraft component apprentice course. Airman Williams, from Mason, Ohio, graduated from the command post apprentice course in the 334th TRS. He's a reservist assigned to the 445th Airlift Wing at Wright-Patterson AFB, Ohio.

TRAINING, EDUCATION NOTES

Quarterly awards

The 81st Training Group holds its quarterly awards ceremony, 3:30 p.m. Oct. 15 at Welch Auditorium.

Military, civilian and training instructor categories are recognized.

The ceremony is open to all Keesler personnel.

For more information, call Tech. Sgt. Clinton Presley, 377-0231.

CCAF scholarships

The Keesler Chiefs Group is offering three \$150 scholarships for airmen basic through technical sergeants pursuing their first Community College of the Air Force degree.

Those interested submit an application and write an essay on the value of education to Air Force enlisted personnel to the education office or any chiefs group member by Oct. 9.

Scholarships are awarded at the CCAF graduation ceremony Oct. 21.

For more information, call Chief Master Sgt. Tom Clarke, 377-1314.

Parking lot closed

The parking lot on the southeast side of the Keesler NCO Academy is closed Wednesday and until noon Oct. 29 for drill practice and evaluations.

In case of inclement weather, hours may change or the lot will be open.

For more information, call Master Sgt. Greg Jackson, 377-2740.

Drill downs, parades

The 81st Training Group holds drill downs and parades on the drill pad behind the Levitow Training Support Facility.

Parade — 6 p.m. Oct. 16.

Drill down — 8 a.m. Nov. 14.

For parade information, call Staff Sgt. Donald McNair, 377-9527.

For drill down information, call Tech. Sgt. Trina Girley, 377-2737.

Student health center

The student health center in the Levitow Training Support Facility is open 7 a.m. to 5 p.m. Monday-Thursday and 7 a.m. to 4 p.m. Friday.

The front desk phone numbers are 376-0324 or 0325.

GI Bill benefits

Montgomery GI Bill benefits may be used in conjunction with tuition assistance.

For more information, call the education office, 376-8708.

Tuition aid online

Air Force members can request tuition assistance online from the workplace through the Air Force Virtual Education Center at <https://www.my.af.mil/afvecprod>.



South Mississippi federal agencies launch 2008 fundraising efforts

By Staff Sgt. Tanya Holditch

Keesler News editor

The Combined Federal Campaign at Keesler began Wednesday and continues through Oct. 31.

This year's goal is \$122,000. Last year, the goal was \$107,000, but Keesler members surpassed that goal by contributing \$194,000.

"The Combined Federal Campaign is a critical program for many worthy charitable organizations across the country and across the Mississippi Gulf Coast," said Brig. Gen. Greg Touhill, 81st Training Wing commander.

"Airmen traditionally have opened their hearts by contributing generously to the charity of their choice during the October campaign," the general pointed out. "I am amazed throughout the year by folks from different charities who approach me to thank me and our Keesler personnel for their generosity."

All federal agencies in 15 counties in southern Mississippi contributed more than \$730,000 in 2007 to the annual federal campaign. Since the campaign began in

"I am amazed throughout the year by folks from different charities who approach me to thank me and our Keesler personnel for their generosity."

— General Touhill

1961, the federal community has donated more than \$5.75 billion to the campaign, according to the CFC's Web site.

Federal employees can look through a booklet with more than 20,000 charities, many of which are local, and choose one or more specific charities in the booklet. If a specific charity is not marked on the form, the money is divided among local charities based on the percentage of contributions.

For example, if one charity was designated to receive 50 percent of total contributions, then that charity would receive 50 percent of the unclaimed money. The rest is doled out in the same fashion.

Donations are cash, check or through payroll deduction. If payroll deduction is elected, an allotment is set up for a designated amount each month for 12 months. The minimum monthly deduction is \$2 per pay period for military members and \$1.50 for civilians.

There are also just as many reasons people donate as there are charities to which federal employees can donate.

"I wanted to be a part of helping people," said Capt. Timothy Fast, 81st Training Group executive officer and CFC project officer. "The military does a great job of taking care of us, but there are other people who could really use the help and aren't quite as fortunate as we are."

IN THE NEWS

Special duty assignment briefing

The Air Education and Training Command special duty briefing team visits Keesler, 8:30-11 a.m. Oct. 16 in the Sablich Center auditorium, Room 222, to brief on all aspects of special duty opportunities, including those as recruiters and military training instructors.

Senior airmen with at least 35 months time in service through master sergeants with less than 16 years total active federal military service are eligible to apply for special duty assignments and invited to attend the briefing. Spouses are highly encouraged to attend.

For a copy of the AETC special duty application, call Master Sgt. Kelle Turner, 377-3697.

Hill employee convicted

Air Force Print News

HILL Air Force Base, Utah — Raymond Parr, a marketing director with the 75th Air Base Wing's Services Division at Hill Air Force Base, Utah, was convicted of bomb charges in federal court Sept. 25.

Mr. Parr was arrested in September 2007 on suspicion of manufacturing and possessing explosive devices, some of which were classified as illegal pipe bombs.

The case began when two men broke into a storage shed owned by Mr. Parr and stole 40 explosive devices, which they later abandoned behind a car wash in Layton, Utah.

Mr. Parr, 48, denied the charges, saying the devices were pyrotechnic props for use in events at the base. However, he did admit to creating the devices and placing them in the storage unit without registering them.

Detectives testified that Mr. Parr confessed 17 of the devices were intended as weapons when he built them during an "experimental phase" of his life a few years earlier.

Mr. Parr faces up to 10 years in prison and a \$250,000 fine. Sentencing is scheduled for Dec. 8.

ALS now compensable illness

Air Force Print News

Veterans with amyotrophic lateral sclerosis, also known as "Lou Gehrig's Disease," soon may receive badly needed support for themselves and their families.

Dr. James Peak, secretary of the Department of Veterans Affairs secretary, announced that ALS will become a presumptively compensable illness for all veterans with 90 days or more of continuously active military service. He said veterans are developing ALS in rates higher than the general population.

VA officials will work to identify and contact veterans with ALS, including those whose claims for ALS were previously denied, through direct mailings and other outreach programs.

Early deadline for Keesler News

The deadline for the Oct. 16 issue of the Keesler News is noon Oct. 9, four days earlier than usual, because of the Columbus Day federal holiday, Oct. 13.

Senior leaders held accountable for nuclear enterprise mistakes

Air Force Print News

WASHINGTON — Air Force leaders have released details about administrative actions being taken against 15 officers in connection with deficiencies outlined in a report reviewing elements of the service's nuclear enterprise.

"The Air Force has no more solemn obligation than the security and reliability of the nation's nuclear arsenal," Air Force Chief of Staff General Norton Schwartz said. "Commanders are accountable for all aspects of their commands, as are general officers for their functional responsibilities."

The Secretary of Defense charged Navy Adm. Kirkland Donald with conducting a comprehensive review of the intercontinental ballistic missile force following the mistaken shipment of four ICBM nose-cone fuse assemblies to Taiwan in August 2006.

The Air Force, in accordance with policy and precedence for Department of Defense-level inquiries, decided to release the names of the six general officers held responsible in the outcome of the investigation.

They are Lt. Gens. Kevin Sullivan and Michael Hamel; Maj. Gens. Roger Burg and Kathleen Close and Brig. Gens. Francis Bruno and Arthur Cameron III.

"We recognize the years of dedicated service these officers have given, but we cannot ignore the breaches of trust that have occurred on their watch," said acting Secretary of the Air Force Michael Donley.

The Air Force previously didn't release the names of the generals to allow each individual the opportunity to comment or provide any additional, clarifying information before the actions were finalized, and to respect the offi-

cers' privacy while matters were under review.

The service of select officers involved in the Donald Report will be retained in the Air Force because they "are important to our ongoing efforts to revitalize the nuclear enterprise, and because their ability to serve effectively has not been compromised," Secretary Donley said. "It is appropriate for these officers to continue to serve in leadership positions."

Further, it is the mark of a healthy organization that, with suggestions from a trusted source, can examine and police itself internally, Secretary Donley added.

The acting secretary and chief of staff also have taken administrative actions against nine colonels as part of the Air Force's review of Admiral Donald's report.

Air Force leaders carefully considered each officer's record as well as the Air Force's need to retain the expertise necessary to assist its ongoing efforts to continue to provide a safe, secure, reliable and capable nuclear deterrent force.

"These officers are good people with otherwise distinguished careers spent in faithful service to our country," General Schwartz said. "They are not accused of intentional wrongdoing, but they did not do enough to carry out their leadership responsibilities for nuclear oversight. For that, they must be held accountable."

"In addition to the Donald Report, we will use recent recommendations from the Air Force Nuclear Task Force and the Secretary of Defense's Task Force on Nuclear Weapons Management to develop a roadmap for our nuclear enterprise," Secretary Donley said. "We will announce the details of this nuclear roadmap in the next few weeks."



Salute,

from Page 1

The Band of the U.S. Air Force Reserve provides music and entertainment. The chamber also presents the annual Thomas V. Fredian Community Service Award to an outstanding enlisted member.

The event is black tie or dress uniform preferred, but business dress is accepted.

General Schwartz is a member of the Joint Chiefs of Staff and serves as the senior uniformed Air Force officer responsible for the organization, training and equipping of nearly 700,000 active duty, Guard, Reserve and civilian forces serving in the United States and overseas.

Members of the Joint Chiefs of Staff function as military advisers to the president, secretary of defense and National Security Council.

General Schwartz, an Air Force Academy graduate, is a command pilot with more than 4,400 flying hours in a

variety of aircraft. He participated as a crewmember in the 1975 airlift evacuation of Saigon and served as chief of staff of the joint special operations task force for northern Iraq in Operations Desert Shield and Desert Storm. He led the Joint Task Force that prepared for noncombatant evacuations of American citizens in Cambodia.

Before being appointed Air Force chief of staff in August, General Schwartz commanded U.S. Transportation Command and managed global air, land and sea transportation for the Department of Defense.

General Schwartz continues a tradition of the nation's senior military leaders the Salute to the Military has brought to the Coast. Last year's speaker was Navy Secretary Donald C. Winter.

Tickets will be available through the 81st Training Wing Public Affairs office, 377-2783. The cost is \$40 for individuals and \$400 for a table for 10. Attendance is limited to 1,100.

Fire prevention is focus of annual observance

By Susan Griggs

Keesler News staff

"Prevent Home Fires" is the theme of Fire Prevention Week at Keesler, Sunday through Oct. 11.

The fire department plans a variety of activities for the observance. No-notice fire drills are conducted across the base, and handouts are distributed at events.

Monday

8 a.m. — 81st Training Wing headquarters; visit by Smokey the Bear and Sparky the Fire Dog.

9 a.m. — Keesler Medical Center; Smokey and Sparky visit the 81st Medical Group commander's office and pediatrics.

1:30 p.m. — base exchange; stove and fire extinguisher demonstrations, fire drill, fire truck display, Smokey and Sparky visit.

Tuesday

9 a.m. — child development center; fire drill,



Smokey and Sparky photo session with fire truck.

3 p.m. — commissary; stove and extinguisher demonstration, bunker and equipment demonstration and fire truck display.

4 p.m. — youth center, visit by Smokey and Sparky with fire truck.

Wednesday

9 a.m. — family day care center; Smokey and Sparky visit, stove and fire extinguisher demonstration and fire truck display.

10:30 a.m. — mini base exchange; extinguisher demonstration, firefighter bunker and equipment demonstration, fire truck display, Smokey and Sparky visit.

2:30 p.m. — Sablich Center visit.

Thursday

9 a.m. — Smokey and Sparky visits around the base, fire drills.

Friday

Noon — marina park; fire muster and fire truck display.

Saturday

10 a.m. to 2 p.m. — fire department, Building 4216, open house with fire truck rescue, structural fire demonstrations, fire truck rides and displays, Harrison County's Fire Safe House, fire prevention literature, fire hats, games, door prizes, giveaways, free hot dogs and cold drinks.

For more information, call 377-8440.

PERSONNEL NOTES

365-day deployment changes

Air Force Personnel Center

RANDOLPH Air Force Base, Texas — Air Force officials implement policy changes to improve sourcing efficiency of 365-day deployments and ensure Airmen receive adequate notification prior to deployment.

The new policy sets the deployment “accept or decline” option at three calendar days, streamlines the verification process and incorporates the air and space expeditionary force reclama process, or request to cancel the selected Airman, for 365-day taskings.

It also requires a medical pre-assessment for Airmen attending combat skills training.

For more information, visit the AFPC “Ask” Web site; select “365 Extended Deployments” under the Military Quick Links (a common access card is required) or call the Air Force Contact Center, 1-800-616-3775.

SRB changes

The latest selective reenlistment bonus list contains 88 Air Force specialties.

The new program includes all specialties that received bonuses under the current bonus list, plus an additional 51 specialties. It increases the maximum amount Airmen may receive per zone from \$60,000 per zone to \$90,000, enabling the Air Force to impact critical skills already receiving high multipliers in the SRB calculation.

To view the SRB list, visit <http://ask.afpc.randolph.af.mil/Reenlistments/>. For more information, call the military personnel section’s career development element, 376-8739.

New PCS requirement

All members making a permanent change of station move or to any continental United States location or unaccompanied overseas tour now are required to complete an Air Force Form 4380, Air Force Special Needs Screener.

This requirement helps determine if the new location can meet the required special needs. PCS orders won’t be processed prior to completion of the form, or receipt of final determination on exceptional family member program enrollment for any responses that indicate the presence of special needs. Members with PCS to accompanied overseas tours continue to process the Air Force Forms 1466 and 1466D.

For more information, call 376-8739.

2009 selection board

Air Force officials have announced the schedule for selection boards convening in 2009:

Jan. 12-16, May 18-22, Sept. 21-25 — special selection boards.

Feb. 2-20 — senior master sergeant.

March 9-20 — colonel line of the Air Force; lieutenant colonel and major biomedical sciences corps/nurse corps.

June 8-26 — lieutenant colonel and major BSC/NC.

July 13-24 — senior noncommissioned officer supplemental.

Aug. 17-28 — command screening.

Sept. 14-18 — colonel medical service corps, medical corps and dental corps; lieutenant colonel and major MC/DC.

Oct. 13-26 — chief master sergeant evaluation.

Nov. 2-13 — colonel and lieutenant colonel judge advocate and chaplain; major LAF, judge advocate and chaplain.

Dec. 1-11 — colonel LAF/BSC/NC, lieutenant colonel and major BSC/NC.

More documentation needed to issue ID cards

Air Force Print News

Homeland Security Directive 12 now requires retirees and

family members seeking to renew or replace a military identification card to provide two

types of identification.

Retirees and family members needing ID cards must have two types of current identification, one of which must include a photo. They include a driver's license or ID issued by a state or outlying U.S. commonwealth or possession; an ID card issued by federal, state or local government agencies or entities; school ID card with a photograph; voter's registration card; U.S. military ID card; U.S. passport and certificate of U.S. citizenship or naturalization.

Those younger than 18 who are unable to present one of the listed documents may bring a school record or report card; clinic, doctor or hospital record or day care or nursery school record.

A complete list of acceptable documents can be found at <http://www.uscis.gov/files/form/I-9.pdf>, Page 4.

For contact information and the location of the nearest ID card issuing facility, visit <http://www.dmdc.osd.mil/rsl/owa/home>.

DRAGON OF THE WEEK



Photo by Steve Pivnick

Name — Tech. Sgt. Tasha Thomas
Position — 81st Medical Group security manager
Unit — 81st Medical Support Squadron
Time in Air Force — 11 years
Time at Keesler — all but six months
Hometown — Madrid, Spain
Why did you join the Air Force? My parents and grandfather were in the Air Force. I love being a part of the Air Force way of life.
Goals — to earn a degree in elementary education and to make Keesler's security management program the best in the Air Force.
Your favorite quote? "It's simply divine." — Candace Oleson
What are your hobbies? motorcycle riding, construction and decorating homes.

DIAMOND NOTES

Professionalism —
It's not the
job you do,
it's how
you do the job.

Master Sgt. Erin Cimenski,
81st Surgical Operations Squadron first sergeant



MEMORABLE MOMENTS



Oct. 6, 1971

Base officials held
a groundbreaking ceremony
for the new commissary.

For more news, information and photos, visit Keesler's public Web site,
<http://www.keesler.af.mil>

**To report
sexual
assaults,
call
Keesler's
sexual
assault
response
coordinator
hotline,
377-7278.**

From left, Airmen 1st Class Matthew Proctor and Ras-hedia Robinson, Senior Airman Ashley LeDuc and Airmen 1st Class Katie Stanek and Stephanie Williams demonstrate flag-folding procedures during Friday's certification ceremony. Airman Proctor is from the 85th Engineering Installation Squadron, Airman Robinson from the 81st Training Wing, Airman LeDuc from the 81st Force Support Squadron, Airman Stanek from the 81st Logistics Readiness Squadron, and Airman Williams from the 81st Communications Squadron.

Photo by Adam Bond



Honor guard — precision, professionalism, pride

By Susan Griggs

Keesler News staff

Precision, professionalism and pride distinguish the members of the Keesler Honor Guard.

Anyone who's attended a military funeral or formal ceremony can appreciate the steady gaze, precise movements, flawless uniforms and reverential patriotism of its members.

The honor guard renders military honors for fallen veterans, performs ceremonies with precision, professionalism and pride and strives to exceed the standards of conduct and appearance while demonstrating the highest level of commitment.

Keesler members represent the Air Force across 68 counties and parishes covering 48,000 square miles of southern Mississippi and Louisiana.

Last year, members rendered honors at 394 funerals. Through August, the honor guard has already traveled nearly 77,000 miles to serve at 334 funerals, not to mention retirement and promotion ceremonies and other official functions.

Friday, an honor guard certification ceremony recognized new members who recently completed two weeks of training.

"I love this job," said Senior Master Sgt. Andrea Turner, a seven-year honor guard member who's served as superintendent for two years. She's been at Keesler for 16 of her 22 years in the Air Force. "I see younger Airmen come into the honor guard for training thinking it is easy and no big deal. After the 90-day rotation, many of them request that I talk to their units to extend their tour of duty."

Members are selected using through their respective unit leadership and on a voluntary basis.



Photo by Kemberly Groue

Airmen 1st Class Raul Gesmundo, 81st Dental Squadron, straightens the flag at a promotion ceremony.

"Eleven of our current 18 members are new with little to no previous honor guard experience," Sergeant Turner pointed out. "Around the base, there are roughly about 15 previous members that volunteer consistently for weekends and non-duty-hour functions. Some of those members have been associated with the honor guard for more than two years."

Sergeant Turner is trying to recruit at least 100 members for a year-long honor guard commitment. "For 90 days, they're considered the primaries for

military honors," she explained. "The next 90 days, they're on standby — after the list of primary members is exhausted, these members are called to help fill the military honor commitment that particular day."

Members are considered inactive for the next 185 days.

"They'll only be called upon to perform military honors when both the on-call and standby members are unavailable," Sergeant Turner added. "Also during this period, members may participate on their own on a voluntary basis."

All ranks are encouraged to participate, and there's always a need for more members with the increasing number of requests for service at funerals and other ceremonies.

The current honor guard requirement for military honors is seven members for a retired Air Force member, two for a veteran and 20 for an active-duty Air Force member.

Sergeant Turner says every Airman should have an opportunity to serve with the honor guard.

"The honor guard provides instant gratification for a job well done," Sergeant Turner remarked. "When you perform with your teammates and you know you are representing the entire Air Force — the entire Department of Defense — it instills a sense of pride and responsibility. Family members are so grateful that we service members take the time out of our busy schedules to pay tribute to their loved one who served alongside of us. Sometimes they give us hugs and tell us how proud they are of what we do and the sacrifices we make on a daily basis."

"We don't wear name tags, which intensifies what the uniform represents," she added. "We honor with dignity and we serve with pride."

Airman crosses president's path for third time

By Steve Pivnick

81st Medical Group Public Affairs

Few people have the privilege of meeting the President of the United States just once. Keesler's Airman 1st Class Alan Petz recently recorded a third visit with President George W. Bush in just three years.

Airman Petz was among about 600 volunteers from around the nation to attend the president's Sept. 8 speech discussing volunteerism on the south lawn of the White House.

In his speech, President Bush thanked the "armies of compassion" and those in attendance who "represent the hundreds of thousands of our citizens who answered the call to love a neighbor like we'd like to be loved ourselves."

The 81st Therapeutics and Diagnostics Squadron diet therapy journeyman traveled to Washington on permissive TDY to participate in the event.

"I was invited by an e-mail around Aug. 20," he explained. "It was a surprise, although a couple of days earlier I received a phone call from the Freedom Corps wanting to update my information in their data base. The e-mail arrived a couple of days later."



Courtesy photo

Airman Petz was among 600 volunteers invited to attend President Bush's speech on the south lawn of the White House, Sept. 8.

USA Freedom Corps was created in 2002 after President Bush called on "all Americans to enlist in the armies of compassion and dedicate at least 4,000 hours in service to their communities, our country and to the world."

Coincidentally, Airman Petz, who is deeply involved in volunteer efforts, was in Jackson, Wyo., participating in a U.S. Forest Service project at the time with the Boy Scouts, removing fences and rehabilitating trails.

Airman Petz said the opportunity to visit the White House was a primary reason he attended the function.

"We really didn't have the opportunity to meet the president," he said.

"After the speech we were given a tour of the White House, primarily the second floor; the East Room, Red and Blue Rooms and the state dining room."

The tour, which lasted about 30 minutes, followed the president's 23-minute speech.

Airman Petz first met President Bush in March 2006 when he was working on Katrina relief. The president was visiting the Coast and recognized the volunteers for their efforts.

In May 2007, President Bush personally presented Airman Petz the Presidential Lifetime Volunteer Service Award next to Air Force One on the Gulfport Combat Readiness Training Center tarmac.

Airman Petz, a native of Peoria, Ill., has been involved in volunteerism since he was in the Boy Scouts as part of the organization's community service goal.

"I wasn't that involved once I arrived at Keesler," he commented. "However, since Katrina I've really gotten back into it and haven't stopped. I probably have about 1,000 hours on Katrina relief. I was in Chauvin, La., Sept. 3-6 helping after Gustav, removing trees and tarping roofs."

Airman Petz, who marks five years in the Air Force this month — all of it at Keesler — summed up his White House experience by observing, "Meeting the president the first time was kind of exciting; after that it loses its luster. Going to Washington and listening to the speech made this significant."

Senior Airman David Pienta, left, and Airman 1st Class Devin Rudd adjust a Russian electronic stimulator on a patient. The device is used for neuromuscular rehabilitation. The patient is trying to regain muscle control after surgery. Both Airmen are physical therapy technicians with the 81st Surgical Operations Squadron physical medicine flight.

Photo by Steve Pivnick



Back, neck pain can be reduced

By Airman 1st Class
Devin Rudd

81st Surgical Operations Squadron

Next to the common cold, back pain is the most frequent medical complaint in America, with neck pain a close third.

According to the American Physical Therapy Association, about 80 percent of American workers suffer from some type of back or neck pain during their career. Back pain is the most common reason why people limit their activities and is associated with \$60 billion dollars in medical expenses and lost productivity.

The good news — a lot of the problems that lead to back and neck pain can be changed, such as poor posture, stress management and improper lifting techniques.

If you sit at a computer or the wheel of a vehicle for extended amounts of time, chances are you have experienced some level of neck discomfort.

Common symptoms associated with neck problems include stiffness, headaches, pain or numbness in the extremities, dizziness and nausea.

Here are suggestions to reduce the likelihood of these symptoms:

Sit completely in the chair so the chair back can support you. Put the monitor directly in front of you and adjust the seat

October is Physical Therapy Month

The 81st Surgical Operations Squadron Physical Therapy Clinic observes Physical Therapy Month in October with these events:

5-kilometer fun run — Oct. 15 at Blake Fitness Center; 6 a.m. registration, 6:30 a.m. run. Prizes are awarded.

Physical therapy expo — 8 a.m. to 4 p.m. Oct. 20 at the top of the escalators by the outpatient clinic entrance. The staff provides demonstrations, free educational information, cake, punch and giveaways.

height so you are at eye level with the monitor. You may need a foot stand. Your knees should be slightly above or at least level with your hips when you are sitting.

Add a pillow or a neck roll or low-back roll to help support your back and maintain proper posture.

When reading papers, use a stand or place papers to help avoid neck strain or hunching.

A common source of back pain seen in the 81st Medical Center's physical therapy clinic is improper lifting techniques.

To be safe when lifting:

Take multiple trips, if possible.

Ask someone to help if an item is either awkwardly-shaped or too heavy for you to handle.

When lifting, always use good form by taking a balanced stance with your feet shoulder-width apart.

Squat to lift the object, lifting your heels off the floor.

Get as close to the item as possible and get a secure grip with your palms, not just fingers.

Make sure that you lift slowly to avoid pulling or straining a muscle using your legs, abs and glutes.

Don't hold your breath when lifting. If the object is that heavy, get help to lift it.

Keep your chin tucked in to maintain good posture of your back and neck, keeping the object as close to you as possible.

Avoid twisting with your hips while carrying the object; point your feet in the intended direction and turn your whole body.

When disengaging the object, use the same precautions in the opposite sequence.

By making some of these changes to everyday work habits, people can avoid a visit to their doctors and a potential world of pain.

KEESLER

NOTES

Finance office closed

The finance office in Sablich Center closes at 11 a.m. Oct. 10 for an official function.

Operation Hero

“Operation Hero,” a deployment experience for children, is 9 a.m. to 2 p.m. Oct. 11 at the deployment facility.

The event coincides with the fire department’s Fire Prevention Week open house.

To register, call Tech. Sgt. Jessica Woodruff, 376-8508.

Hispanic luncheon

Keesler’s Hispanic Heritage Committee marks Hispanic Heritage Month with a luncheon, 11 a.m. Oct. 15 at El Rancho Restaurant, Biloxi.

Theme of this year’s observance is “Our Families, Our Community, Our Nation.”

Retired Capt. Marian Moreno is the guest speaker. Entertainment is provided by Mariachis El Sol Del Valle.

The \$12 cost includes a chicken or steak fajita plate and drink.

For reservations or more information, call project officer Maria Ochoa, 424-7036, or luncheon coordinator Yolanda Johnson, 596-7237.

Heart Link

Heart Link, an orientation program specifically for spouses with less than five years of Air Force affiliation, is Nov. 13.

The free event is intended to familiarize spouses with Air Force mission, customs, traditions and base and community resources and services.

Lunch is served, prizes are given and assistance with child care is offered.

To register, call 376-8728.

Thrift shop

The Keesler Thrift Shop, in the former chapel building adjacent to Sablich Center, is open 9 a.m. to 2 p.m. Mondays and Wednesdays.

Consignments are accepted from 9 a.m. to 1 p.m. Mondays. Donations are accepted during regular hours.

SPORTS AND RECREATION

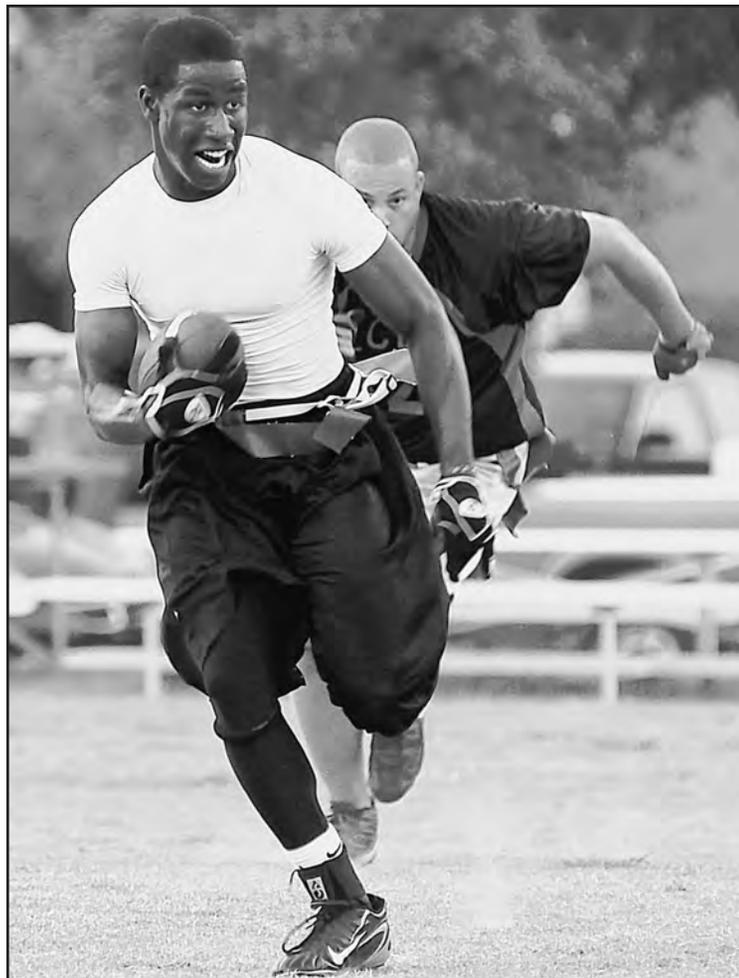


Left, Marcus Dennis, 81st CES, grabs the flag from 81st MDG quarterback Fredrick Fortenberry as he runs the ball during Monday's intramural flag football championship game.

Right, quarterback Samuel Johnson, 81st CES, finds a hole and decides to run the ball himself.



Medics claim flag football championship



Wide receiver Kwamina Boyd, 81st MDG, barrels down the field with Russell Wrenn, 81st CES, in hot pursuit.

Photos by Kemberly Groue

By Staff Sgt. Carlos Rodriguez

Keesler Public Affairs

Carrying on where they left off in 2007, the 81st Medical Group team overpowered a previously-undefeated 81st Civil Engineer Squadron collective to secure its second straight intramural flag football championship, 30-12.

Considering both teams had perfect regular-season records of 9-0 and neither was deemed a favorite for the title, it turned out to be a one-sided game where the outcome was never in any real doubt.

"We played one of our best games of the season on both sides of the ball, offense and defense," said Yderian Grimes, player/coach for the 81st MDG. "It was just a great team effort."

Medics wide receiver Gerald Kelley returned an early interception for a touchdown, giving his team a lead which it never lost.

"They just came out a little more focused than us," said Tim Taylor, 81st CES coach. "The early interception and resulting touchdown swung the momentum their way."

From that point, the medics were able to stay on top of the engineers, playing together and leading for the rest of the game.

"We all played together on last year's (championship) team, so we knew each other and didn't have to adapt to each other's styles," Grimes said.

Despite the loss, the 81st CES coach was upbeat in his assessment of the season.

"We had a very good season, and I'm very proud of my players," Taylor said. "Our quarterback, Sam Johnson, and two of our wide receivers, Asa Oliver and Jeremy Landis, had a great year for us."

Grimes was also able to pinpoint some of his star players.

"Of course, our quarterback, Fredrick Fortenberry, and our wide receiver/defensive back, Kwamina Boyd, stood out this season for the medics," said Grimes.

SCORES AND MORE

Basketball

Varsity teams — organizing for the 2008-09 season. Games are played on a collegiate skill level.

For men's team, call Jesse Harris, 376-5723. For women's team, call Richard Vincent, 343-9951.

For more information, call Laurence Wilson, 377-2444.

Bowling

Monday Night Budweiser (as of Sept. 22)

Team	Won	Lost
403rd Strykers	19	2
Robbie's Rejects	19	2
Sandy's Gang	16	5
New Meat	14	7
Pot Luck	13	8
Hit 9 Get 9	12	9
Team 10	12	9
Wrong Foot Forward	12	9
Perry's Refrigeration	12	9
Team 6	9	5
Unpredictables	9	12
Team 18	9	12
Man On!	8	13
Hang Chucky	8	13
Team 15	7	14
Slater's Shooters	6	15
Team 20	5	2
Our Gang	4	17
Hoops Gang	0	21

Wednesday Night Mixed (as of Sept. 17)

Team	Won	Lost
Clyde's Crew	10	4
Wild Gang	5	2
Team 6	10	4
Any Takers	5	2
Ichi Ban	9	5
Guys and Dolls	6	8
70s Plus	5	9
Dee's Crew	5	9
MUDD	4	10
Neighbors Plus 1	4	10

Thursday Retired Seniors (as of Sept. 25)

Team	Won	Lost
Kitty and Kats	16	5
Team 14	16	5
Team 15	14	7
Three's Company	13.5	7.5
Team 13	13	8
Team 12	12	9
Team 11	12	9
Lucky Trio	11.5	9.5
Team 16	11	10
70s Plus	10	11
Team 5	9	12
CHMATO	9	12
Team 8	7	14
Team 6	7	14
2 Kings and A Queen	5	16
2 He's and A She	2	19

Friday Night Mixed (as of Sept. 26)

Team	Won	Lost
The Strikers	16	5
Team 2	15	6
3Guys and a Babe	13	8
Frustrated	11	10
Mixed Nuts	11	10
Sandbaggers	11	10
Lady and the Tramps	10	11
Pin Busters	10	11
Beyond Control	9	12
Fun Timers	9	12
Rose and Her Thorns	6	15
Pin Pals	5	16

Other

Glow bowling — 11 a.m. to 1 p.m. Tuesdays, \$1 per game and \$1 for shoes; 9 p.m. Fridays, 7 p.m. Saturdays, \$5.50 adults, \$3.50 ages 17 and younger, including shoes.

Lunch and bowl special — 11 a.m. to 1 p.m. Mondays-Fridays. Bowl for \$1 a game plus \$1 for shoes.

Team building special — 1-5 p.m. weekdays. Bring your employees bowling for \$1 a game plus shoe rental. Call 377-2817 for reservations.

Open bowling — limited on league days; first come, first served. Reservations accepted with groups of 20 or more. Discounts available with groups of 25 or more.

Club member special — show current club card Thursdays and bowl for \$1.50 per game; free shoe rental.

Birthday party package — 1:30-3 p.m. or 3:30-5 p.m. Saturdays. Basic party with bowling and food \$8.95 per child. Mid party, including table supply and T-shirt, \$11.95 per child. Premium party with games and a pin, \$15.95 per child. Reservations required.

Fitness centers

Slugfest VI registration and try-outs — Event is Nov. 1. Register 6-8 p.m. Tuesday or 6-7 p.m. Wednesday, Vandenberg Community Center. Lightweight and heavyweight divisions. Tryouts 6-8 p.m. Oct. 9 at Blake Fitness Center. \$1,000 to champion of each division. For more information, call 377-7858.

Monster circuit challenge — Oct. 30, Dragon Fitness Center. Sessions: 6:30-8:30 a.m., 11 a.m. to noon and 5:15-6:15 p.m. Choose time and at which level to do each station. First 50 to show up participate.

Golf

Fall classic tournament — shotgun start 7:30 a.m. Oct. 25. Sign up by Oct. 22. Individual stroke play using 70 percent of verifiable handicap. Annual members \$15, inclusive members \$10, non members \$30, including greens fee, cart, food and beverage, prizes.

Membership drive — through Nov. 15. Giveaways and special prizes or new members. Current members in good standing who enlist new member eligible for special prizes.

Twilight golf special — 2 p.m. Mondays-Thursdays. Pay nine-hole fee and golf until course closes.

Dragon fun league — Thursdays. Meet at 4 p.m., shotgun start 4:30 p.m.

Hot wheels



Photo by Kemberly Groue
Airmen Basic Buddy Alfrey and Quinton Krueger, 332nd Training Squadron, admire a 1923 Ford T-Bucket owned by Mark Wood of Biloxi at Cruisin' Keesler, a vintage car show at marina park Saturday.

Four-person teams; two-person blind draw. Sign up as twosome or single. \$20 per person including greens fee, cart, food, beverages and prizes. Format decided by draw each week. Limit 44 golfers.

Outdoor recreation

Back Bay fishing trip — 7 a.m. to noon Oct. 11 and 25. \$20 per person. Bring food and drinks. Mississippi fishing license required. Minimum four, maximum seven people.

Discount on skiff rental — bring a friend, get a 10 percent discount.

Columbus Day weekend special — 10 percent discount on a weekend camping package.

Overnight trip to Chandeleur Islands — Oct. 21-22. Bring food, drink and lures. Reserve early. Call for current prices.

Fish of the month — weigh in largest speckled trout for the month and win \$100 savings bond.

One-day fishing trips — to Horn, Ship or Cat Islands; pick the date. Charter trip in Delacroix and Reggio, La. with professional fishing guide. For more information, call 377-3160.

Camping packages — for rent include sleeping bags, lanterns, camp stoves and tents. For more information, call 377-3160.

RV, boat and trailer storage — \$20 per month.

Delacroix, La. fishing site — two self-contained trailers for rent, \$50 per night. Maximum four per trailer. Bring linens and cooking utensils. Louisiana fishing license required.

Pontoon boat training — to rent a pontoon you must take a test and be certified. Call for information.

Bicycles for rent — 3500 Trek seven-speed bikes, \$3 day, \$15 week.

Wet slip fees — monthly, boats more than 32 feet, \$3.75 per foot; less than 32 feet, \$2.50 per foot. Overnight, \$5 per boat.

Deep sea fishing trips — compressed work schedule Fridays and Sundays on the Keesler Dolphin II. \$75 per person includes everything you need to fish. Payment due upon reservation. Minimum 15, maximum 22 people. For reservation, call 377-3160.

Deep sea fishing private charter — rent Dolphin II, \$850 for first six people, \$60 each additional person. \$350 deposit required.

Back Bay cruiser — 17-foot vessel for rent. Mississippi boater registration card required. For prices, call 377-3160.

Swimming

Triangle Pool — open 3-7 p.m. weekdays except Wednesdays and 11 a.m. to 7 p.m. Saturdays, Sundays and holidays. Hours may change depending on availability of lifeguards

HONORS

Student honor roll

332nd Training Squadron

Electronic principles — Airmen Basic Kevin Adamski, Sinan Ahmed, Alex Alexander, Joshua Atencio, Cory Barrett, Dajon Begin, Shawn Blair, Evan Bonk, Amanda Booth, Justin Bowen, Aaron Burns, Christopher Cagle, Enrique Conchas, Chastity Dillard, Joshua Dungan, Richard Eidermiller, Stevan Eliserio, Michael Evans, Daniel Felice, Eric Guzman, Joshua Hall, Matthew Hammond, Matthew Hardwick, Brent Harland, Dustin Hogeland, Richard Hollingsworth, Jeremy Huether, Emily Johnson, Quinton Krueger, Lucas Lacock, Eric Landers, Christopher Lee, Andrea Lloyd, Adam Maynard, Michael Meisenhelder, Cion Monge, Creston Moon, Bradley Moore, Nathaniel Nash, Martin Ortiz, Dave Osbon, Randolph Patterson, Christian Perez, Bryan Pinkerton, Michael Plummer, Zachary Sefton, Anyssa Powell, Kyle Rae, Robert Saunders, Garrick Sliney, Robert Smoot, Benjamin Spaulding, Sean Stewart, Joshua Swanson, Robert Tebeau, John Westover, Lukas Whitacre, Patrick White, Sean Wilder and Jonathan Zurek; Airmen Curtis Andrist, Philip Bardes, James Basham, Ryan Dowler, Andrew Gramlich, Ryan Hummel, Shawn Jewell, Vance Kendrick, Anthony Krieg, Phillip Wolfe and Jevan Zetina; Airmen 1st Class Kelsa Adams, Brandon Blide, William Cashman, Jacob Conrads, Tanya Daigle, Aaron Dion, Alexander Fawcett, Willy Fleming, Jairo Flores, Scott Friski, Paul Handl, Taylor Harsanye, Christine Hinshaw, Myles Jett, Ryan Johnson, Brandon Kelsey, Derek Kreiner, Derek Lindsey, James Lockheed, Patrick Lucaszewski, Matthew Marinaccio, Dane Moss, Sylvester Pegues, Kimberly Roeder, Alexander Ryder, William Schmidt, Clinton Simpson, Zachary Smith, William Snyder, Dustin Spencer, Joseph Tapani, Elio Tapper, Jonathan Thomason, Christopher Tinsley, Marc Vallee, Rodney Warren, Shaun Williams and Matthew Wyant; Senior Airmen Christopher Lovato, Rudy Mora, Kelly Pauley and Bradley Wetherell; Staff Sgts. Devin Card, Joshua Gonser and Fenton Whetstone; Senior Master Sgt James Hunter.

334th TRS

Aerospace control and warning systems — Airmen Basic Kaytlin Jones and Eric Parker; Airmen 1st Class Esther Farani and Emily Niles; Tech. Sgt. David Arnold; Master Sgt. John Dibattista

Air traffic control operations training flight — Airmen Basic Duard Bandy, Anthony Bojorquez, Joseph Chesteen, Branden Germer, Eric Helsel, Joseph Howard, Thomas Juvera, Crystal Lindsay, Cody Mahoney, Clifford Redd, Jaala Reid, Azarias Robledo, Christopher Schimmel, Logan Shaide and Ryan Yager; Airmen Stacey Cross, Joseph Southern and Michael Zientek; Airmen 1st Class Jason Brown, Peter Gilchrist, Daniel Hartnett, Charlie Hayes, Matthew Kurtz, Amanda Lobermier, Michael Massey, Zachariah Michels, Shaze Miller, Seth Plumlee, Derrick Revilla, Damian Turcotte, Thomas Wojnarowski and Austin Zacker; Staff Sgts. Jacob Balik, Colby Fisher and Peter Knapp.

Command post apprentice course — Airmen Basic John Haynes, Megan Saunders and Whitfield Williams; Airmen 1st Class Kathryn Black, Rachel Dunham, Alek Escobedo, Lary Nathan and Jacob Soldat; Senior Airmen Corey Andler and Chad Bailey; Staff Sgts. Erica Huls, Randy Jeffrey, Matthew Tirrell and Nicholas Todd; Tech. Sgts. Jason Arnold and Candace Skalet.

335th TRS

Comptroller training flight — Airmen Basic Daniel Bodine, Lyndell Bowie, Warren Bush, Katherine Castano, Aaron DeGraw, Kyle Fletcher, Casey Kemp, Lauren Nickerson, Eric Ross, Kirstin Singleton, Lorenzo Singh and William Tibbetts; Airmen Justin Limo, Veronica Padilla and Amanda Wilson; Airmen 1st Class Terence Bow, Felisha Briggs, Crystal Brown, Mark Campbell, Cheri Douglas, Bradley Hazen, Merushjola Hazma, Shaun Houser, Crystal Housman, Jacqueline Lee, Ryan McMackin, Moses Tum and Gregory Uhl; Staff Sgts. Scott Brock, Angelika Drake, Philip Maher, Joseph Pierce, David Roque and Maylin White; Tech. Sgts. Lynett Dubia, Minnie Gordon Cassandra Richardson, John Snover and Cecilia Speigner; Master Sgt. Mary Moross.

Weather training flight — Airmen Basic Evelyn Bainbridge, John Belcher, Adam Chmielowski, Nicole Corcoran, Lilly Samaniego, Matthew Trimmings, Megan Wallander and Brian Zwier; Airman Alan Petrarca and Katie Shaffer; Navy Airman

George Barsby; Marine Lance Cpl. Amy Jenkins; Airman 1st Class Joshua Bellew, Alexander Marsh, Aaron Reeves and Anthony Smith; Staff Sgt. Aaron Stein; Marine Sgt. Curtis Novaria; Tech. Sgt. Brandon Roell.

336th TRS

Communications-computer systems flight — Airmen Basic Charles Beaver and Jason Marshall; Airman James Frazier; Airmen 1st Class Jacob Corrigan, Justin Lail, Marc Rhodes and Robert Robinson; Senior Airman Joseph Sparks; Staff Sgts. Christopher Back, Robert Gallant and Tony Griffin; Senior Master Sgt. Stanley Walker; Lt. Vladislavs Stuznevs.

Communications and information management flight — Airmen Basic Christopher Barrow, Steven Campbell, Daniel Chaffee, Darren Diones, Ian Fischer, Bryan Napier, Alexis Rivera, Brandon Smith, Cody Trendera, William Twomey, Ostarsha Whitaker and Daniel Yockey; Airmen Eric Byrne and Mark Quinlan; Airmen 1st Class Austin Carroll, John Delarma, Kevaughn Murray, Ryan Poster, Ashley Tison and Patrick Weller; Senior Airmen Jose Alvarez-Vargas, Christopher Enright, Hyun Lee and Tracie Oster; Staff Sgts. Pedro Cancel, Jayson Maxwell, and Kenneth Wilson; Tech. Sgts. Jay Goodman, Herry Stallings and Miguel Valdivia; Master Sgts. Timothy Norton and Daniel Whalen; Thomas Love.

338th TRS

Airfield systems — Airman Basic Matthew Nolting; Airmen 1st Class Jacob Enyart and William McCloskey; Senior Airman Luke Gregory; Staff Sgt. Steven O'Leary.

Ground radar — Airman Drew Manoram; Airmen 1st Class Zachary Hughes, Joshua Thomas and Michael Williams; Senior Airman Nathan Smith; Daniel Finchum.

Ground radio — Airmen Basic Luke Anfinson, Stephanie Purdy and Kristofer Lee; Airmen Isaac Granados, Klein Luangrath and Matthew Spagnola; Airmen 1st Class Eric Ronning and Michael Twarozynski; Senior Airman Michael Bialecki; Technical Sgts. Darin Gaymon and Jeremy Roering.

Network infrastructure systems — Airmen 1st Class Nicholas Hayden, Antonio Hernandez, Jason Hodges, Benjamin Kuchmuk, Andrew McInnis and Thomas Wilent; Senior Airmen Kimberly Han and Bradley Herbert; Staff Sgt. Jeremy Drechsel; Tech. Sgts. Michael Durham and Steven Weir; Master Sgts. Randall Sloniker; Stephen Ellis and Gary Saucier.

CHAPEL SERVICES

Editor's note: For more information, call 377-2520.

Protestant

Sunday worship

Larcher Chapel traditional service.....8:30

Triangle Chapel contemporary worship.....10:30 a.m.

Triangle Chapel gospel service.....Noon

Roman Catholic

Sunday Mass

Triangle Chapel.....9 a.m.

Weekday Mass

Medical Center chapel.....11:15 a.m.

Jewish

Yom Kippur — 6:30 p.m. Wednesday, 9:30 a.m. and 5:15 p.m. Oct. 9.

For more information, call Chaplain (Capt.) Scott Jobe, 377-2520, or Master Sgt. Michael Raff, 377-5235 or 273-2226.

Islamic

Building 2003 — prayer five times daily; Salaat ul-Jummah congregational prayer, noon Friday.

For more information, call 377-2520 or 0327.

Latter-Day Saints

The Church of Jesus Christ of Latter-Day Saints — student group service, 2 p.m. Sundays, Triangle Chapel. For more information, call 396-5274 or 1-801-694-8900.

CLASSES

Airman Leadership School

Class 08-7 — graduates Oct. 28.

Keesler NCO Academy

Class 08-7 — graduates Oct. 30.

Arts and crafts center

Multicraft shop

Fall festival and craft fair — 10 a.m. to 4 p.m. Nov. 15. Booth reservations accepted beginning Oct. 15. Costume contest, fall and holiday crafts for sale, turkey bingo, door prizes, fun and food.

Teen time crafts — 3:30-5:30 p.m., Thursdays. Bring a friend and make a project for the holidays. Projects and costs on display, or make your own creation.

New wire wrap jewelry making — 6-7 p.m. Oct. 16 or 1-2 p.m. Oct. 18. \$25 includes materials.

Bob Ross painting workshop — 10 a.m. to 2 p.m. Oct. 18. Wet on wet technique on 16x20-inch canvas. \$65 includes materials, professional instruction and light lunch.

Fall and holiday crafting — 5-7:30 p.m. Thursdays. Get ready for the November craft fair. Make project, share a project for holiday gift-giving.

Scrapbook crop club — 10 a.m. to 4 p.m. Oct. 4. \$5. Use shop tools; bring your supplies and lunch.

Scrapbook page décor — 10 a.m. to noon, Oct. 11. \$20 including instruction, information, tool use and supplies. Learn and share the many options to unique photo memories and create your own page.

Beginners ceramics — 11 a.m. to 2 p.m., Oct. 4, ages 13 and older. Pour three projects and learn about techniques and paints for finishing. \$25 including first firing.

Ceramics painting technique — 10 a.m. Oct. 11. Fall leaves candle centerpiece. \$57 including bisque, paint, globe, and candle. Sign up by Friday.

Ceramic turkey centerpiece — 5-7:30 p.m. Oct. 23. \$28 including bisque, paint and firing.

Beginners pottery — 10 a.m. to 2 p.m. Oct. 18. Clay work and sculpting. \$60 including four pounds of clay and first firing.

Wood shop

Beginning intarsia — 10 a.m. Saturday or Oct. 18. \$20. Intarsia is the art of piecing wood in a decorative pattern.

Advanced intarsia — 10 a.m. Oct. 11 or 25. \$20 including all materials and tool use. New project each month.

Frame shop

Picture framing and matting — noon to 4 p.m. Oct. 3 or 17. Preregistration required. Class size limited. \$30 including materials. Learn equipment use and basic techniques of matting and frame assembly. Qualify for operator's card for self-help shop use.

Customized picture framing and military flag and show box design — self-help framing area is available for certified hobbyists, or pick matting and molding and shop will do the work.

Engraving shop

Perfect gifts — personalized mugs and coasters, laser-engraved pen and desk sets and prints by local artists.

Auto hobby shop

Free auto care briefing — 4:30-6:30 p.m. Oct. 16. Learn practical skills that save you money.

Vehicle storage lot — for a secure place to store your vehicle, call 377-3872.

24-hour coin-operated car wash — features vacuum and tire air pump, features foamy brush wash, high pressure rinse, wax system, towelettes, Armorall, and vacuum station.

Digest,

from Page 22

Vehicle resale lot

One block west of Larcher Boulevard on Tingle Street north of the 81st Security Forces Squadron building. Register at multi-craft shop; \$10 per month per vehicle per stall. Registration, license and proof of insurance required. To place a car on the lot, call 377-2821.

Chapel

All classes are held at the Triangle Chapel Annex. For more information, call 377-2520.

Catholic religious education — after 9 a.m. Sunday Mass.
Protestant Sunday School — 10:30-11:30 a.m. for pre-school, elementary, teens and adults.

Men's prayer breakfast — 9 a.m. to noon second Saturday of the month.

Women's prayer breakfast — 10 a.m. to noon first Saturday of the month.

Tuesday Bible study — 6-7:30 p.m. at the Haven.

Dinner and the Bible — 6-7:30 p.m. Wednesdays, Triangle Chapel Annex.

Keesler Medical Center

Family advocacy

1-2-3 Magic, Effective Discipline for Children 2-12 — 3:30-5 p.m. Wednesday and Oct. 8, 15 and 22, Keesler Medical Center family advocacy classroom, Suite 3D. Participants strongly encouraged to attend all four sessions; material for each class builds on knowledge from previous classes.

Participants learn to discipline without arguing, yelling or spanking; control obnoxious behavior; handle the six kinds of testing and manipulation; five tactics for encouraging good behavior; what to do about bedtime, messy rooms, lying, chores, homework and more; and how to strengthen your relationship with your child. For more program information, visit <http://www.parentmagic.com>.

To register and for more information, call 376-3457 or 3459. Seating is limited.

Pediatric subspecialty clinic

Baby Boot Camp — 11 a.m.-1 p.m. second Thursday of the month in conference room BF 400, located off the outpatient clinic entrance. Classes cover infants from birth to 6 months of age. Classes address common concerns of new parents such as booking appointments, colic, immunizations, safety, feeding issues, developmental milestones, dental care and infant cardiopulmonary resuscitation. Gifts, prizes and refreshments are included. Classes open to members of all branches of the military and their dependents. To sign up, call Capt. Romeatrius Moss, 376-5375. For more information, call Capt. Moss, Maj. Muriel Gatlin, 376-5387, or Staff Sgt. Jihan Brown, 376-5579.

Mental health clinic

Post-traumatic stress disorder — 1:30 p.m. Mondays.

Healthy thinking — 2 p.m. Tuesdays.

Stress management techniques — 10 a.m. Wednesdays.

Relaxation techniques — 9 a.m. Mondays.

To register, call 376-0385.

McBride Library

Gale data base orientations — 6:30 p.m. Wednesdays.

Halloween special — 8 a.m. to 6 p.m. Oct 31 showing of Godzilla, 6-7 p.m. trick or treat.

Fax special — 50 cents a page this month.

Orientations for commanders, instructors and first sergeants — 6 p.m. Wednesdays.

Available for use — children's library and meeting, audio and typing rooms.

Free wireless Internet — check at circulation desk.

Tours/orientations — call 377-2181.

CLUBS AND CENTERS

Vandenberg Community Center

Editor's note: All events, except dances, are open to all Keesler personnel.

Football frenzy — 7 p.m. Mondays. Club members are eligible for prizes.

Pumpkin carving contest — Base-wide squadron competition. Reserve pumpkin by Oct. 23. Pick up Oct. 27 and return by 4 p.m. Oct. 31. Prizes for first and second place.

Tops in Blue — 7 p.m. Oct. 30, Mississippi Coast Coliseum.

Halloween party — 7 p.m. Oct. 31, nonprior service students only. Costume contest; prizes in each category.

Free shuttle service — 6-9:30 p.m. Thursdays before nonworking Fridays; 1-11 p.m. nonworking Fridays and Saturdays and 6-11 p.m. working Fridays. Also stops at Muse Manor, McBride Library, arts and crafts center, Tyler House, bowling center, outdoor recreation, Katrina Kantina and Bay Breeze Golf Course.

Legends Café — open 10:30 a.m. to 1 p.m. Mondays-Fridays, 5-9 p.m. Mondays-Thursdays and 5-11 p.m. Fridays and Saturdays.

Pool tournaments — 6 p.m. Mondays and Tuesdays.

Movie night — 6 p.m. Wednesdays. New releases, popcorn.

Dances — 6 p.m. to midnight Thursdays before compressed work schedule Fridays, and Fridays and Saturdays. \$3.

Katrina Kantina

All ranks invited — open 3:30 p.m. Tuesdays-Fridays. Snacks, beverages and music.

Luncheon specials — 11 a.m. to 1 p.m. Mondays; \$6 members, \$8 nonmembers. For more information, call 377-2219.

Tuesday special — red beans and rice, \$1 bowl.

Martini and jazz night — 5 p.m. Thursdays before nonworking Fridays.

Halloween party — 5-7 p.m. Oct. 30. Scary snacks, drink specials, door prizes.

Catering — experts can assist with planning weddings, holidays, birthdays, official functions and other special occasions.

Youth center

Parents night out — 4-10 p.m. Saturday for youth in kindergarten through grade 6. \$3.50 per hour with a minimum \$7 deposit at time of registration. Must have current shot records on file.

Lights on after school program — 6-7 p.m. today. Variety of activities.

Costume party, dance and games — 5-10 p.m. Oct. 25, ages 6 and older. Admission \$5.

Teen career expo — 6-8 p.m. Oct. 27. Representatives from local businesses and base units talk about careers and career opportunities. Door prizes, snacks, music, displays and giveaways.

Free open recreation — 4-7:30 p.m. Mondays-Thursdays for ages 9 and older. Activities include basic sewing, cooking, FitFactor, art and life skills events.

Instructors needed — for Saturday karate, dance and gymnastics classes; call 377-4116.

Coaches, referees needed — for basketball. Call for more information.

Classes — register for dance, gymnastics, piano, tennis and assorted sports clinics.

Youth employment service — earn money for college tuition; call for more information.

Congressional Award program — ages 14-21; self-directed merit program promoting personal development, physical fitness and community involvement.

Volunteers needed — for sports, open recreation, crafts, cooking, computers, arts, reading, sewing and general cleaning and decorations. Must be 18 or older. For more information, call 377-4116.

TICKETS AND TRIPS

Trips to New Orleans Saints games at Superdome — Trips to Saints game at the New Orleans Superdome — Oct. 6, Minnesota Vikings; Oct. 12, Oakland Raiders; Oct. 26, San Diego Chargers. \$60 per person including admission. Sign up at the Vandenberg Community Center customer service desk. Limit 20 passengers, first come, first served.

Please see **Digest**, Page 24

DINING HALL MENUS

Today

Lunch — pork chops with mushroom gravy, braised liver with onions, fried fish, hush puppies, rissole potatoes, rice, gravy, broccoli, peas and carrots, corn, fruit salad, potato salad, cream of broccoli soup, chicken chili, cheeseburger soup, buffalo wings and roast beef subs.

Dinner — baked chicken, pepper steak, pasta primavera, mashed potatoes, rice, gravy, mixed vegetables, fried okra, green beans, potato salad, fruit salad, cream of broccoli soup, cheeseburger soup, chicken chili, buffalo wings and roast beef subs.

Friday

Lunch — shrimp scampi, beef stew, turkey, egg noodles, rice, gravy, corn on the cob, cauliflower, collard greens, three-bean salad, chicken and wild rice soup, French onion soup, chili, barbecue pork sandwich and burritos.

Dinner — chili macaroni, barbecue chicken, fried catfish, potato wedges, Spanish rice, gravy, fried cabbage, carrots, broccoli, pasta salad, three-bean salad, chicken and wild rice soup, French onion soup, chili, barbecue pork sandwich and burritos.

Saturday

Lunch — baked chicken, Swedish meatballs, creole shrimp, mashed potatoes, rice, gravy, creamed corn, asparagus, steamed squash, fruit salad, kidney bean salad, clam chowder, chicken chili and chicken nuggets.

Dinner — baked fish, knockwurst, Chinese five-spice chicken, potatoes, rice pilaf, gravy, stir-fry vegetables, baked beans, spinach, fruit salad, kidney bean salad, clam chowder, chili and chicken nuggets.

Sunday

Lunch — oven fried fish, spareribs, chicken breast parmesan, macaroni and cheese, O'Brien potatoes, gravy, peas, sweet potatoes, broccoli combo, German coleslaw, tomato salad, chicken tortilla soup, baked potato chowder, chili and cheese pizza.

Dinner — stir-fry beef with broccoli, turkey nuggets, pork chop suey, sauteed mushrooms and onions, baked potatoes, rice pilaf, gravy, corn on the cob, green beans, German coleslaw, tomato salad, chicken tortilla soup, baked potato chowder, chili and cheese pizza.

Monday

Lunch — beef pot roast, baked stuffed fish, roast pork loin, potatoes, rice, gravy, cauliflower combo, succotash, green beans, cucumber/onion salad, chicken dumpling soup, minestrone, chili with beans, grilled sausage and steak and cheese subs.

Dinner — spaghetti with meat sauce, loin strip steak, turkey, baked potatoes, pea and pepper rice, gravy, squash, carrots, broccoli, sauteed mushrooms and onions, macaroni salad, cucumber/onion salad, chicken dumpling soup, minestrone, chili with beans, grilled sausage and steak and cheese subs.

Tuesday

Lunch — teriyaki chicken, veal parmesan, baked fish, rice, parsley buttered potatoes, gravy, fried cabbage, succotash, steamed carrots, macaroni salad, cottage cheese salad, beef pot roast soup, vegetable soup, chicken chili, sloppy joes and roast beef subs.

Dinner — country captain chicken, meatloaf, turkey a la king, rice, mashed potatoes, gravy, tempura vegetables, mustard greens, okra tomato gumbo, macaroni salad, cottage cheese salad, beef pot roast soup, vegetable soup, chicken chili, sloppy joes and roast beef subs.

Wednesday

Lunch — Chinese five-spice chicken, beef and broccoli stir fry, Cantonese spareribs, vegetable egg rolls, shrimp fried rice, stir fry vegetables, chow mein noodles, fried cabbage, chicken gravy, lemon sesame green beans, Mexican coleslaw, pasta fagioli soup, vegetarian chili, cheese fishwich and pizza.

Dinner — lemon-herb chicken, sweet and sour pork, jambalaya, scalloped potatoes, rice, gravy, cauliflower combo, Mexican corn, Mexican coleslaw, frijole salad, chicken noodle soup, cream of potato soup, chili, cheese fishwich and pizza.

Digest,

from Page 23

Tours to additional Saints games — three games in October, one in November and two in December. Call 377-5576 for schedule.

Discounted tickets — for many attractions including Busch Gardens, Sea World, Universal Studios and Disney World in Florida. For price list, log on to <http://www.keeslerservices.us>.

Information on area and out-of-state attractions — free brochures for Louisiana, Mississippi, Alabama, Florida and Georgia.

TRANSITIONS

Workshops, briefings

Marketing Yourself for a Second Career — 9-11:30 a.m. Monday, Sablich Center auditorium. Brian Blanchfield, deputy director of the officer placement service for the Military Officers Association of America, an expert on transitioning from military to civilian employment, presents seminar for interested officers, noncommissioned officers and spouses. This program is presented annually at more than 150 U.S. military bases worldwide. It has a reputation as a “must attend” for those three years or less from separation or retirement. Those who attend have an opportunity to ask questions and receive a free copy of the publication, “Marketing Yourself for a Second Career.” To register, call 376-8728.

Executive transition assistance program — Oct. 27-30 at Keesler, for senior master sergeants, chief master sergeants, lieutenant colonels and colonels considering retirement within the next two years and interested in transitioning to corporate opportunities. For more information or to register, call Bob Bertels, DSN 487-2669, or e-mail robert.bertels@randolph.af.mil.

Congressionally-mandated pre-separation briefings — counseling by airman and family readiness center for active-duty military members of any branch of service who'll receive honorable discharges and no extra transition benefits. Briefings are Thursdays in Room 111, Sablich Center, 1 p.m. for those who are separating and 2:30 p.m. for those who are retiring. Those with less than honorable discharges, receiving extra benefits such as second enrollment opportunity in Montgomery GI Bill, Reserve or Guard personnel coming off 180-day deployments or entering the disability system, call 376-8728 for individual counseling appointment. To register, call 376-8728. For more information, call Jackie Pope, 376-8505.

Transition assistance program — 8 a.m. to 4:30 p.m. Oct. 20-23, Nov. 17-20 and Dec. 8-11, Room 108A, Sablich Center. For military personnel who are 12 months or less from separation or 24 months or less from retirement, and Department of Defense civilians; spouses welcome. Military members should complete congressionally-mandated pre-separation counseling in advance. Attire is business casual — no uniforms, jeans, shorts or T-shirts. To sign up, call 376-8728.

Military retirement benefit seminars — 8-10:30 a.m. today, Nov. 6 and Dec. 4, Room 108A, Sablich Center. Tricare, Survivor Benefit Plan, movement and storage of household goods, military and retired pay issues and other topics covered. Spouses encouraged to attend. To sign up, call 376-8728.

MEETINGS

Upcoming

Keesler Spouses Club — 11 a.m. to 1 p.m. Oct. 14, weather tower on First St. Guest speaker is Dr. Donald Hopkins from the Breast Disease Clinic. Cost \$10 for a sandwich and salad bar. Let's Make a Deal is played. Dues are \$36 a year. To respond, e-mail keeslerspousesclub.com by Oct. 9.

Recurring

African-American Heritage Committee — 3:30 p.m. second Tuesday of the month, Room 109, Taylor Logistics Building. For more information, call Paulette Powell, 377-2270, or Kurt Higgins, 377-1390.

Air Force Sergeants Association Chapter 652 — 4 p.m. third Tuesday of the month, Katrina Kantina. For more information, call Master Sgt. Rich Striggow, 377-4800, or visit the group's Web site, <http://www.afsa652.org>.

Air Force Sergeants Association Auxiliary — 6 p.m. third Tuesday of the month. For more information, call Michelle Foster, 273-4591, or e-mail auxiliary.president@afsa652.org.

Airmen Against Drunk Driving — For more information, call Staff Sgt. Aaron Eden, 377-1907; Staff Sgt. Brad Mills, 377-1714, or call 377-SAVE.

Asian Pacific-American Heritage Committee — 11:30 a.m. first Wednesday of month, Room 111, Sablich Center. For more information, call Lucy Belles, 376-8500, or Master Sgt. Ernesto Alvendia, 376-8501.

At Eze Toastmasters Club — 11 a.m. Tuesdays, Building 1101 conference room. For more information, call Dewi Clark, 377-2714 or e-mail dewi.clark2@keesler.af.mil; Arleen Stewart, 377-2440, or visit <http://www.toastmasters.org>.

Blacks in Government — 5:15 p.m. second Thursday of the month, Taylor Logistics Building conference room. For more information call Florence Clay, 377-8681, or Paulette Powell, 377-2270.

Civil Air Patrol Col. Berta A. Edge Composite Squadron — 7 p.m. Tuesdays upstairs in Hangar 3 for youth and adults. For more information, call 1-601-528-4337, e-mail Camoprincess92@gmail.com or visit <http://www.keeslercap.org>.

Company grade officers council — meets first Wednesday of the month. For time and location, call Capt. Ted West, 377-7343.

Keesler 5.6 — 3:15 p.m. third Wednesday of the month; location varies. For more information, call Staff Sgt. Toyshaline Young or Tech. Sgt. Jodi Evans, 377-4885.

Keesler Christian Home Educators Association — 7-9 p.m. second Tuesday of the month, September-May, Larcher Chapel. For more information, call Heather Melancon, 831-8895.

Keesler Spouses Club — second Tuesday of the month. For time and place, call Leanne Ramsay, 377-3217, or visit <http://www.KeeslerSpousesClub.com>.

Retired Enlisted Association Magnolia Chapter 81 — 6:30 p.m. second Thursday of the month, Vandenberg Community Center. For more information, call Larry McKean, 377-3252 or 374-5922.

Top III — 3 p.m. third Thursday of the month, Katrina Kantina. For more information, call Master Sgt. Michael Krejci, 377-4451.

Tuskegee Airmen Inc., Col. Lawrence E. Roberts Chapter — 5 p.m. first Thursday of the month, McBride Library. For more information, call Glenda Mosby, 243-1992, gmosby1@bellsouth.net, or Charles Bowers, 860-3665.

MISCELLANEOUS

Movies

Editor's note: Movies are shown at Welch Auditorium. Tickets are \$3 adults and \$1.50 children for regular features, and \$2.50 adults and \$1 children for matinees.

Friday — 6:30 p.m., The Rocker (PG-13, 102 minutes).

Saturday — 2 p.m., Tropic Thunder (R, 107 minutes); 6:30 p.m., Death Race (R, 105 minutes).

Sunday — 1 p.m., The Longshots (PG).