



# KEESLER NEWS

Keesler Air Force Base  
Biloxi, Mississippi

Volume 70, No. 34  
Thursday, Sept. 3, 2009



## Train to Fight — Train to Win

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Dragons deployed — 196



Photo by Kemberly Groue

Members of Team Keesler, family members, friends and community representatives gathered for the dedication of the 403rd Wing's consolidated aircraft maintenance facility to honor retired Col. Lawrence Roberts, who died in 2004. Colonel Roberts, a Tuskegee Airman, began and ended his 32-year military career at Keesler.

## Roberts facility dedicated

By Jonathan Hicks

Keesler Public Affairs

Team Keesler celebrated the life and times of retired Col. Lawrence Roberts Friday with a ceremony dedicating the 403rd Wing's consolidated aircraft maintenance facility in his honor.

The new \$22.6 million structure is used to perform maintenance on equipment for aircraft of the 53rd Weather Reconnaissance Squadron "Hurricane Hunters" and 815th Airlift Squadron "Flying Jennies." The Hurricane Hunters fly the WC-130J model aircraft and the Flying Jennies fly the C-130J-30 stretch model cargo planes.

Colonel Roberts began and ended his military career at Keesler — as an Army Air Corps pre-aviation cadet private at Keesler Field in 1943 and as commander of Keesler's maintenance and supply group when he retired from the Air Force 32 years later.

In 1944, he was assigned to the Tuskegee Airmen pilot training program and flew Piper Cubs, Boeing B-25 Bombers, C-54 transports and F-86 fighter jets.

After retirement, Colonel Roberts adopted the Mississippi Gulf Coast as his permanent home, and until his death in 2004, he continued his deep

General Flowers bids farewell to 2nd Air Force — see Page 4.



Please see **Roberts**, Page 9

## 'Fit for life' longtime reward for self, family

By Chief Master Sgt. Rob Tappana

Air Education and Training Command command chief

RANDOLPH Air Force Base, Texas — As we prepare for the revised Air Force fitness testing program, I've spent the last couple of months educating myself on diet and fitness — subjects I thought I knew plenty about. But I was mistaken.

Throughout my career, I've prepared for and passed each physical training test. Although I have never scored high, I felt good because I always passed, and I told myself I'd done my best. I was wrong. I'd actually done just enough to get by and made excuses for not doing better. Here are some of the lies I discovered that may sound familiar to you.

**The weight standard/waist measurement just isn't fair to tall/big guys like me — we're "big-boned."**

I've heard people say this many times and spoke those words myself. I finally had to admit they are not true. I am not "big-boned;" I am "big-spooned." I like to eat more than I like to exercise and I can eat faster than I can run. One day I realized I was 29 pounds heavier than when I enlisted. I didn't have 29 more pounds of bone, just 29 more pounds of lurch hanging from the bones I already had.

It is a simple math problem — 3,500 calories is roughly equal to one pound. If you take in 3,500 extra, you gain a pound; work off 3,500 and you lose a pound. My weight and waist went up as my intake went up and exercise went down. There's no waist

measurement in the new fitness program — it's an abdominal circumference. The measurement is taken above the top of the hip bones. The only bone structure there is the spinal column. I don't have a 38-inch spine.

The good news is my weight and waist (and abdominal circumference) are coming down as my consumption drops and my exercise goes up. Yours will too.

**I can run for a long time, but I can't run fast.**

I've always enjoyed jogging, but never worked on speed. I like long, slow runs. When preparing for my test, I usually added an extra mile or two. Sadly, it is impossible to get faster by running slowly, even if you run slowly for a long time. My local health and wellness center helped out with a running clinic. They provided helpful information on selecting proper shoes as well as adding interval training and other speed work to my routine, and my times are steadily getting better.

**I've never been a "strength guy" and with my "bad back," getting max points on the pushup portion of the test is simply out of reach.**

While it's true I've never been particularly strong, it turns out this isn't genetic. I found pushups, crunches and other forms of strength training to be boring, so I seldom did any. When I did try, I soon felt pain in my back and stopped. What I've learned is that my back is actually doing quite well. I lacked good core conditioning. After reading an article on how to use core conditioning and strength training to ensure good support to

the spine, I decided to give it an honest try. I was very happy to find both my crunches and pushups improved considerably. Best of all, when I have to stop, it's usually not from pain, but from muscle fatigue. I'm not where I want to be yet, but the goal is in sight. If you're having problems in this area, see the HAWC or the fitness center staff to help you get started.

**It's very important to get ready for my PT test.**

This is perhaps the biggest lie of all. It isn't important to get ready for a PT test — it's important to get fit, period. I don't want to be "fit to test" or even to just be "fit to fight." I need to be "fit for life." I want a long, healthy life unmarred by preventable weight-related medical problems like diabetes, high cholesterol and high blood pressure. I don't want to keep growing larger, especially since that impacts my ability to keep growing older. I love my wife and daughters and I adore my grandkids. I'm determined to spend as much time with them as I can.

For me, this is a journey. I'm determined to spend the next six to eight months investing in better health to achieve my highest PT score yet, and to be at or below the weight I was when I enlisted. What's more, I want to develop sustainable lifetime fitness habits.

If you feel the same way, stop by the HAWC and sign up for a class or two. Learn how to take better care of yourself. Give yourself and your family the gift of good health. Let the Air Force fitness program motivate you to take better care of yourself.

## Grandfather's drinking produces tragic legacy

By Rodney Wright

338th Training Squadron

As Labor Day approaches and the emphasis for this time of year is being placed on the perils of driving under the influence, it drives me to reflect on my family heritage. When I was a child, I remember my parents talking about going and bailing my grandfather out of jail. When I asked about it, they told me to go and play like most parents tell their children to do when discussing adult situations. I forgot about it.

Years later, my wife, my mother and I were looking at pictures of the past and reflecting of times gone by. I came across an old newspaper article about my grandfather being charged with manslaughter, a charge caused by driving while intoxicated. My mom told me that my grandfather killed a man while driving while drunk.

Early that tragic morning at the intersection of two farm roads, my grandfather was coming home from a night of drinking. I don't know if he was taking the back road because it was the shortest way home or he thought it would be the safest because he was drunk.

Another man was on his way home from work in a Ford Pinto. For those who don't know about the Pinto, this car had a major flaw. If the car was rear-ended, the gas tank of the car could rupture, spraying

its contents into the cab of the vehicle and igniting a fire. The gentleman was stopped at the intersection when my grandfather rear-ended him. The Pinto's gas tank ruptured. The man was trapped in the flaming car and yelling for help. Since it was early morning and a back road, the only people on the road were the man in the Pinto and my grandfather, who was so drunk he couldn't get out of his truck to help. The only thing he could do was sit there and watch the man burn to death as he screamed for help.

My grandfather was born in the 1920s — the drinking age went off how old you looked instead of an actual age. I'm sure he started drinking in the 1930s and continued until that early morning in the early 1970s.

My grandfather drove drunk for 40 years. For 40 years he drove without incident, but the law of averages caught up with him.

My grandmother told me he was convicted of manslaughter and given probation — this was back in the '70s when DWI laws were almost nonexistent. She said until the day he died, my grandfather would relive that accident in nightmares that were so intense she would have to hold his legs down because they would spasm.

My grandfather deprived a wife of a husband and two small children of a father. When my grandfather

killed this man, his children were about my age — what do I do or say if I ever meet those children? Do I say I'm sorry my family caused you so much grief? Do I ask for forgiveness?

My grandfather caused grief and financial hardship among our family members and put a black mark on the family name. I had been taught — and have taught my children — that our last name is not just a bunch of letters; it identifies our family, who we are and what we stand for. Sometimes all a person has is his family name, and you don't do anything to disgrace it.

I've learned the grief of first responders at an accident scene. I'm a volunteer firefighter and work for a local ambulance service. I've been first on scene dealing with accidents and have been in the ambulance that conducted pre-hospital care on the victims created by drunks who decided to get behind the wheel.

If you drink and think about getting behind the wheel, don't just think about the financial loss — think about the legacy you might leave your children, the grief you may create for all the families that will have to live with the results of your action for the rest of their lives.

Is it really worth it seeing if you're going to be the exception?



## DRAGON ON THE STREET

By Kemberly Groue

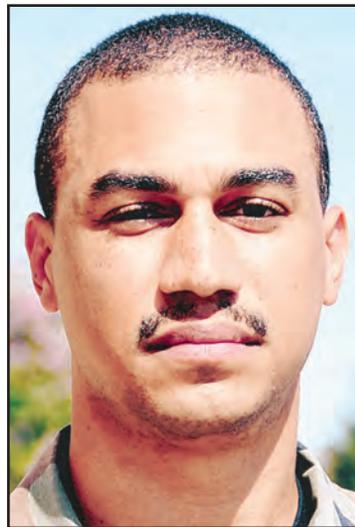
Keesler News photojournalist

What is  
your  
personal  
motto?



I'm here to support our maintenance members so they can get those birds off of the ground.

**Master Sgt. Kathy Wheelock, 403rd Maintenance Operations Flight**



Earn your paycheck. Do what you are supposed to do.

**Staff Sgt. Aaron Keith, 81st Logistics Readiness Squadron**



Never settle for second best. Always require perfection.

**Stanley Morgan, program management office contractor**

## KEESLER NEWS

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The Keesler News is published by Gulf Publishing Co., a private firm in no way connected with the Air Force, under an exclusive written contract with the 81st TRW as an authorized publication for U.S. military service members. Contents aren't necessarily the official views of, or endorsed by, the U.S. government, Department of Defense or Air Force. Advertising doesn't constitute endorsement by the U.S. government, DOD, Air Force or Gulf Publishing of products or services advertised. Everything advertised shall be available without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor.

**Keesler on the Web**  
<http://www.keesler.af.mil>

# The Airman's Creed

*I am an American Airman.*

*I am a Warrior:*

*I have answered my nation's call.*

*I am an American Airman.*

*My mission is to fly, fight and win.*

*I am faithful to a proud heritage,*

*A tradition of honor,*

*And a legacy of valor.*

*I am an American Airman,*

*guardian of freedom and justice,*

*My nation's sword and shield,*

*Its sentry and avenger.*

*I defend my country with my life.*

*I am an American Airman:*

*Wingman, leader, warrior.*

*I will never leave an Airman behind,*

*I will never falter*

*and I will not fail.*

## 2nd Air Force leader to manage Air Force budget

By Susan Griggs

Keesler News editor

Maj. Gen. Alfred Flowers, who relinquishes command of 2nd Air Force Wednesday, feels comfortable and well-prepared to assume his new duties as the Air Force's budget director at the Pentagon.

"I started off as a finance officer and retrained as a budget officer," General Flowers said in an Aug. 27 interview. "After 20 years of core budget training and several years at the Pentagon, I'll be back to my core (Air Force Specialty Code) as Deputy Assistant Secretary for Budget, Office of the Assistant Secretary of the Air Force for Financial Management and Comptroller."

### Making financial management history

General Flowers is the first financial management general to serve as a numbered Air Force commander.

"When I was promoted to major general in 2007, I suspected the opportunity would come for me to serve as the Air Force budget director," he said.

"As fate would have it, and grace and mercy and a lot of people taking care of me, I'm as prepared as I can be for my new responsibilities," he remarked, noting that his tenure as Air Education and Training Command's comptroller also gave him valuable experience to bring to his new position. "Opportunities and various assignments have given me a good perspective for the next position."

General Flowers explained that there are only four general officers in the financial management career field, and when one moves into a new position, one or more of the others move also.

"The general I'm replacing has been selected for promotion to lieutenant general and is going to be the J-8F — the director of force structure and resources for the joint staff," the general said. "He'll be doing the same kind of job that I did for U.S. Special Operations Command."

### No impossible challenges

General Flowers noted that his new job would be challenging, but "none of the challenges are insurmountable. The priorities of the Air Force have been laid out in the president's budget, and it's our job to support it and work Air Force resourcing issues.

"There's nothing better than command," 2nd Air Force's outgoing leader conceded, "but if I have to do something other than command, to be the director of the Air Force budget is a great opportunity. Being responsible for a \$115 billion budget isn't something you get to do every day."

The general says his experiences in the training arena, both at 2nd Air Force and as commander of the Air Force Officer Accession and Training Schools at Maxwell Air Force Base, Ala., have



Photo by Adam Bond

**General Flowers is headed to the Pentagon to serve as Deputy Assistant Secretary for Budget, Office of the Assistant Secretary of the Air Force for Financial Management and Comptroller.**

given him valuable insights that will serve him well in his new position.

With the command of 2nd Air Force, he became responsible for basic military training and technical training, giving him a deeper understanding of the kind of recruits coming into the Air Force.

"We oversee 2,500 courses and 193 pipelines to do the Air Force's and nation's business," he said of his command, which includes training wings at Keesler; Sheppard, Lackland and Goodfellow AFBs, Texas; a training group at Vandenberg AFB, Calif.; and a network of 92 field training units around the world.

### Living 2nd Air Force's core mission

General Flowers attended five schools under the 2nd Air Force umbrella.

"I attended basic military training and basic officer training at Lackland, so I have lived our core mission from an Airman and officer's perspective, not just from being taught it or hearing about it," he emphasized.

General Flowers is especially proud of several areas of accomplishment during his tenure at 2nd

### Change of command

Maj. Gen. Alfred Flowers relinquishes command of 2nd Air Force to Maj. Gen. Mary Kay Hertog, 9 a.m. Wednesday on the parade field behind the Levitow Training Support Facility.

Air Force — lowering the BMT attrition rate, improving the manning for the military training instructor career field, meeting increased technical training demands and continuing to improve joint expeditionary training efforts.

The BMT attrition rate has been reduced from 10 percent two years ago to 6 percent now.

"We've made a lot of headway and improvements in MTI manning," General Flowers stated. "In February, our MTI manning was at 62 percent, but in October, we'll be at 86 percent."

### Meeting training demands

On the technical training front, the 2nd Air Force leader is pleased with how his training team has met significant challenges.

"We're bringing more than 4,000 new people into the Air Force during FY09, with another 5,200 in FY10 and about 5,000 more in FY11," General Flowers remarked. "We'll be bringing the Air Force inventory from about 311,000 to about 332,000 over a four- or five-year period, and every one of those folks will come through 2nd Air Force.

"None of this was programmed to occur when it did, so we had to figure out how to absorb this additional training and do it according to a timeline dictated by the requirements of the Air Force," he continued. "There was some increase in instructors, but not nearly the number that was needed at that time. We made a lot of adjustments with this increased workload. Our training team stepped up and did a phenomenal job, and I'm very proud of them."

### Joint expeditionary training

General Flowers has supported the joint expeditionary training programs that 2nd Air Force manages which were initiated by his predecessor, Lt. Gen. Michael Gould.

"Three years ago, about 60 percent of the Airmen deployed to Iraq and Afghanistan were getting less than 30 days notice," General Flowers said. "Today, it's rare for 30 to 40 people, much less 60 percent, to get less than 30 days notice.

"We're responsible for scheduling and equipping our Airmen who deploy," he continued. "All

# Flowers,

from Page 4

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the training is done for us, except a little that we do at Lackland, at four Army posts with an average daily student load of 700 to 800 Airmen in training. A week from now, five Army posts will have about 1,000 Airmen in training.”

General Flowers commented, “What our Airmen are learning is what they need to survive and to do their jobs in combat – combat skills training, police skills training teams, teaching officer training so the Iraqis and Afghans can implement their own Officer Training Schools and other skills that will enable these nations to become more independent in their military training.”

The general and his wife, Ida, a native Mississippian, have enjoyed their time at Keesler.

“Living here has been a great experience,” he observed. “What Keesler and the Mississippi Gulf Coast have to offer is unique. The hospitality shown by this community has been wonderful.”

General Flowers knows his successor, Maj. Gen. Mary Kay Hertog, and says she’s no stranger to 2nd Air Force.

“She’s been a group and wing commander at Lackland, and she understands this business very well,” he remarked. “Second Air Force won’t miss a beat under her command.”

General Flowers’ parting message to Keesler and 2nd Air Force is simple and to the point.

“There’s nothing better than command, but if I have to do something other than command, to be the director of the Air Force budget is a great opportunity. Being responsible for a \$115 billion budget isn’t something you get to do every day.”

— General Flowers

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“You’re only as good as the folks around you — great organizations focus on the small things and hire great help,” he said. “How we think drives how we act. If we think we’re good, we’ll act like we’re good. If we don’t, we won’t. Think that you’re good, act like you’re good, and the results will be reflected in performance and mission accomplishment.”



**U.S. AIR FORCE**  
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Airman Meier

## Technical students earn perfect scores

Airmen 1st Class Kurt Meier and Heather Dragon achieved perfect scores in their technical training. Airman Meier, from Huntsville, Ala., completed the electronic principles course in the 332nd Training Squadron. He continues his training at Sheppard Air Force Base, Texas, in the communication/navigation/mission systems apprentice school. Airman Dragon, from West Hampton, Mass., graduated from the personnel apprentice course in the 335th TRS. She's assigned to Barnes Air National Guard Base, Westfield, Mass.



Airman Dragon

Base shuttle schedules can be found  
on Keesler's public Web site.

Log on to

<http://www.keesler.af.mil/library/factsheets/factsheet.asp?id=15371>

# TRAINING, EDUCATION NOTES

## Parking lot closed

The parking lot on the southeast side of the Mathies NCO Academy is closed until noon Sept. 9 for drill practice and evaluations.

In case of inclement weather, the hours may change or the lot will be open.

For more information, call Master Sgt. Greg Jackson, 377-2740.

## Air Force Academy jobs

Sept. 30 is the deadline to apply for officer instructor positions at the Air Force Academy and limited positions at the U.S. Military Academy and the U.S. Naval Academy.

Information about the three-year controlled tour is available at [http://ask.afpc.randolph.af.mil/main\\_content.asp?prods1=1&prods2=14&prods3=190&prods4=821&p\\_faqid=6051](http://ask.afpc.randolph.af.mil/main_content.asp?prods1=1&prods2=14&prods3=190&prods4=821&p_faqid=6051)

For more information, call DSN 664-4048 or e-mail [afpc.dpasf@randolph.af.mil](mailto:afpc.dpasf@randolph.af.mil).

## Drill downs, parades

The 81st Training Group conducts drill downs and parades on the parade field behind the Levitow Training Support Facility.

**Drill down** — 8 a.m. Oct. 2.

**Parade** — 6 p.m. Sept. 17.

For drill down information, call Staff Sgt. Julie Hammond, 377-2103. For parade information, call Staff Sgt. Gregory Washington, 377-2789.

## House party

A UBU house party for nonprior service students is 8 p.m. Sept. 18 at the Legends Cafe in Vandenberg Community Center.

Students make pick up a free UBU card at the event, or show their current card and become eligible for prizes and giveaways.

The party is sponsored by the Army and Air Force Exchange Service and Keesler Federal Credit Union.

## Chomp!

Carothers Construction contractors began to demolish Keesler Medical Center's main D wing structure Aug. 25. The demolition, scheduled to be completed by Oct. 17, is being done to make way for the new \$68 million inpatient tower. Construction on the new tower is scheduled to start in late October, with completion planned for October 2011. As contractors demolish the structures, they continue to separate recyclable material from the debris.

Photo by Steve Pivnick



## Water sampling public notice (required by the Mississippi Department of Health)

Aug. 4, Keesler received a notice of violation from the Mississippi Department of Health for failure to comply with the Safe Drinking Water Act.

"We are required to monitor your drinking water for specific contaminants on a monthly basis," said Maj. David Hunt, bioenvironmental engineering flight commander for the 81st Aerospace Medicine Squadron. "Results of regular monitoring are an indicator of whether or not our drinking water meets health standards.

"July 15, a routine bacteriological sample tested positive for total coliforms," he explained. "The law requires that valid resamples be collected for each positive routine sample. We did not collect the required number of resamples within the 24 hour regulatory timeline. We did collect samples July 29 and the results showed no coliform growth and no threat to the water

system safety or public health.

"There is nothing you need to do at this time," Major Hunt stated. "Even though this was not an emergency, as our customers, you have a right to know what happened.

"Our water system operators monitor the drinking water system on a daily basis for contamination indicators," he continued. "All indicators have been and continue to be within normal operating limits and the water system is free from contaminants. We have modified our processes to improve communications and timeliness of sampling events. If you know of others that may not have received this information already, please share this information with them. You can do this by posting this notice in a public place or distributing copies by hand or mail."

For more information, call bioenvironmental engineering, 376-0590.

## IN THE NEWS

### New leader for Dark Knights

Lt. Col. Daniel Gottrich takes command of the 338th Training Squadron from Lt. Col. John Thomas, 10 a.m. today at Welch Auditorium.

Colonel Gottrich comes to Keesler from the Pentagon, where he's served as chief of the international plans and programs branch of the foreign liaison division in the office of the assistant vice chief of staff.

Col. Thomas, who's commanded the Dark Knights for the past year, becomes the public affairs director for Global Strike Command.

### Tuskegee Airman laid to rest today

Robert Decatur, a Tuskegee Airman who became a judge and civil-rights lawyer, will be buried at 11 a.m. today at Biloxi National Cemetery with full military honors.

Mr. Decatur, who died Aug. 19 at the age of 88, was the first black pre-flight cadet to be sent to Keesler for basic training in 1943.

His life and military accomplishments were the basis for Laurence Fishburne's character in the film "Tuskegee Airmen." In 2007, he was among the surviving airmen who received the Congressional Gold Medal.

He served as a probate judge in Cleveland for 25 years and taught at six different law schools.

### Meadows Gate work

Meadows Gate traffic is reduced to one inbound and one outbound lane for about one more week for completion of denial barrier work.

The gate is closed on down Fridays and weekends.

Closed lanes change as work progresses, so be aware of signs, signals and flagmen directing traffic. Motorists are advised to use other gates during this period.

### Chiropractic clinic closed

Keesler Medical Center's chiropractic clinic in Arnold Annex reopens at 7 a.m. Sept. 14.

### Work continues in Bay Ridge area

Work continues on street tie-ins and utility connections near the entrance of Bay Ridge housing area and Bay Breeze Golf Course.

Traffic on Ploesti Drive near Vandenberg and Patton is being rerouted into the turn lane, which is expected to cause congestion when motorists turn left from the northern stretch of Ploesti into the Bay Breeze parking lot.

### Off-limits establishments

Off-limits establishments for military members are the Blue Note Lounge, Boulevard Nightclub and Henry Beck Park (except during daylight hours or official events) in Biloxi; Bunksmall Apartments and H&H Hideaway in Pascagoula and Toni's Lounge in Moss Point.

### Early deadline for Keesler News

The deadline for the Sept. 10 issue of the Keesler News is noon today, four days earlier than usual, because of the Labor Day federal holiday Monday.



Photos by Kemberly Groue

A mural representing Colonel Roberts' military career was created by Keesler artist Suzy Templin.

## Roberts,

from Page 1

involvement with Keesler and the surrounding community.

Following the National Anthem performed by the Keesler Ensemble, Brig. Gen. Ian Dickinson, 81st Training Wing commander, spoke about

Colonel Roberts' influence on the lives he had touched.

Brig. Gen. James Muscattell Jr., 403rd Wing commander, reminded the audience of Colonel Roberts' leadership as a group commander at Keesler.

Three of the colonel's four children — Sally-Ann Roberts Nabonne, Dorothy Roberts McEwen and Lawrence Rob-

erts II — spoke at the ceremony. His fourth child, ABC's Good Morning America anchor Robin Roberts, was unable to attend.

"It's truly hard to find the words to express how inspiring and moving this day has been," the colonel's son said. "The facility is wonderful and it's just a proud moment for our family. Everything is just a true testament to my father's spirit."

"Today is awesome!" said Mrs. Nabonne. She recalled when her family arrived at Keesler on the eve of Hurricane Camille in 1969.

She said her father would have responded to the dedication festivities by asking, "What's all this fuss about?"

"My father would have said the true heroes are all those military members currently serving their country and everybody else in attendance today," she continued. "My father loved three things — his country, his family and his almighty God. And through the Air Force he was able to serve all three passionately."

Lucimarian Roberts, the colonel's widow, wasn't able



From left, family friends Vickie Trochesset, Ellie Vasilopoulous and Cynthia Mason admire a display of Colonel Roberts' medals.

to attend the dedication. Mrs. McEwen read a letter her mother wrote marked by gratitude for the honor bestowed on her husband.

In closing, Maj. Gen. Alfred Flowers, 2nd Air Force commander, spoke of the path Colonel Roberts blazed as a Tuskegee Airman. He reminded the audience to follow that path of excellence, success and greatness.

Determined to have Mrs. Roberts share in the event, General Flowers and General Dickinson made it possible for her to see the dedication ceremony and take a virtual tour of the facility through the Defense Department's Defense Connect Online service.

To view a video of the ceremony and more photos, log on to <http://www.keesler.af.mil>.



From left, Lawrence Roberts II, Sally-Ann Roberts Nabonne and Dorothy Roberts McEwen spoke at the ceremony honoring their late father.

# PERSONNEL NOTES

## Speaker briefs military spouses

Sept. 11, a guest speaker from Military One Source gives presentations on education information, career programs, and portable careers for military spouses.

Sessions are 9-10:30 a.m. and 2:30-4 p.m. in the Sablich Center auditorium on the second floor.

Briefings are for all spouses, regardless of branch of service, active duty, guard or reserve.

Topics include choosing a career counselor/coach, returning to school as a military spouse, financial aid, finding a job after a military move, different types of flexible work options, legitimate home business opportunities and more.

Seating is limited. For reservations, call 376-8728.

## ID cards for children's travel

If you are making a permanent change of station move on an accompanied overseas location, your dependents 10 years of age and older must have a valid identification card.

Dependent won't be allowed to travel on Air Mobility Command flights without one even with a valid passport and on your PCS orders.

For more information, call 376-8739.

## Base-of-preference updates

Members may now update base of preference online through the virtual MPF.

For more information, call 376-8739.

## Military customer guide

The 81st Force Support Squadron military personnel section has developed a customer handbook to assist members in obtaining the appropriate assistance concerning personnel programs.

The handbook includes contact information, program descriptions with points of contact and helpful Web sites with Air Force Personnel Center links, step-by-step guides and Personnel Service Delivery Memorandums.

The link is \\keefs10302\81MSS\_Common\MPS\_Customer\_Handbook.docx

For more information, call Master Sgt. Kreig Cressione, 376-8648.

## 2009 selection boards

**Through Friday** — command screening.

**Sept. 14** — colonel medical service corps, medical corps and dental corps; lieutenant colonel and major MC/DC.

**Sept. 21-25** — special selection boards.

**Oct. 13-26** — chief master sergeant evaluation.

**Nov. 2** — colonel and lieutenant colonel judge advocate and chaplain; major LAF, judge advocate and chaplain.

**Dec. 1** — colonel LAF/ BSC/NC, lieutenant colonel and major BSC/NC.

## Customer service hours

Customer service is open 8 a.m. to 3 p.m. on "down Fridays."

To be issued an identification card, two forms of legal identification are necessary. Dependents are required to be accompanied by their sponsor unless they have power of attorney or a Defense Department Form 1172.

For more information, call Tech. Sgt. Carlton Vinson, 376-8339.

# Business board recommends personnel system changes

By Jim Garamone and Gerry Gilmore

American Forces Press Service

WASHINGTON — Senior defense leaders will use a recently issued report on the National Security Personnel System when they decide what to do with the civilian personnel system this fall.

In its final report, a Defense Business Board task group recommended a "reconstruction" of the National Security Personnel System.

Former Deputy Defense Secretary Rudy DeLeon chaired the group. Defense Department officials will use the board's recommendations as they ponder the system's future.

"We'll take the findings of the business board under advisement and study and work toward a decision on NSPS in the fall," Pentagon spokesman Bryan Whitman said.

"The leadership of the Department of Defense is committed to fair, transparent processes and personnel systems," said Brad Bunn, DOD's program executive officer for NSPS.

Internal surveys indicated that some employees were unhappy with NSPS, specifically with regard to performance evaluations. Other issues cited in the report include pay pools and their lack of transparency, as well as questions about the current pay band structure.

"This process of reviewing NSPS has gone a long way to helping inform leadership what those issues are," Mr. Bunn said.

The system, in place since 2003, must be rebuilt, the report says.

"A 'fix' could not address the depth of the systemic problems discovered," according to the report. "The task group does not recommend an abolishment of the NSPS because the performance management system that has been created is achieving alignment of employee goals with organizational goals."

Any reconstruction needs to include input from the work force in making the needed changes, the report says.

The task group called on the department to re-establish a "commitment to partnership and collaborating with employees through their unions." It also called on the department to invest in its civilian career work force.

The task group recommended that the Defense Department halt any more transitions from legacy personnel systems to NSPS.

Specifically, Defense Department officials must address pay pools and their lack of transparency. They also must examine pay bands, especially Pay Band 2, which has a large portion of the defense work force. The group said that pay band lacks "clear linkage to career progression."

NSPS is eroding trust between supervisors and employees, the report says. The task group calls on the department to create a "collaborative process for (Defense Department) managers and employees currently in the General Schedule system to design and implement a performance management system that ties individual employee performance goals to organizational goals." Part of this is to explore the replacement of the current General Schedule classification system.

NSPS has helped to tie employee performance goals to organizational goals, Mr. Bunn pointed out.

NSPS's pay-for-performance system replaced 50-year-old civil service rules that rewarded employees for length of service rather than performance.

The more than 200,000 defense civilians who have been transferred into NSPS since the system began three years ago, Mr. Bunn said, will be performance rated this fall under current NSPS policies and procedures.

The Defense Business Board's report on NSPS is available for public view on the Internet, Mr. Bunn said.



# Health officials convey H1N1 flu precautions

Keesler News staff

Officials from the Mississippi Departments of Health and Education jointly released a letter Aug. 27 to parents of children attending state public schools about H1N1 symptoms and ways to prevent exposure.

“While this is an unusual time of year for the flu to be circulating throughout Mississippi, the new flu virus causes an illness similar to what we see every year in the winter and early spring months; its severity and duration of illness are just like seasonal flu,” the letter stated.

Novel H1N1 flu, commonly referred to as swine flu, is an illness that usually includes fever with cough, sore throat, headache and /or muscle aches, and possibly nausea, diarrhea or vomiting. Most healthy children and adults completely recover in a few days, but people with certain health issues should be on the lookout for further difficulties.

Pregnant women, children younger than 5 and anyone with chronic heart or lung problems, diabetes or neurological problems are at risk for complications such as pneumonia and hospitalization.

Just like flu is spread during the winter flu season, the Novel H1N1 flu is spread through small droplets exiting from the nose and mouth of an ill person. These droplets can also spread the virus onto surfaces, where the virus can survive for a few hours.

The Centers for Disease Control and Prevention isn't recommending school closures now. Each school is taking actions to help prevent the spread of this flu by emphasizing a focus on hygiene, training,

sanitizing maintenance and isolation of ill students.

Families are advised to take these precautions:

**Children** should be taught to cover their nose and mouth with a tissue when coughing or sneezing (or a shirt sleeve or elbow if no tissue is available) and to throw the tissue in the trash after use. Then wash hands or use an alcohol-based hand sanitizer.

**Children** who become ill while at school will be put in a separate area until parents pick them up.

**If someone** in your household is ill with the flu, keep them away from other family members, especially those who are under 5, those who are pregnant and those with chronic health problems.

**Routinely clean** areas the ill person touches.

**Stay home** when sick. Children with possible flu symptoms should stay home for at least 24 hours after they no longer have a fever or signs of a fever (without the use of fever-lowering medicines).

**If your child** needs medical care, call the physician's office first or tell the emergency department personnel when you enter, so they can separate your child from other patients.

**Parents** will be notified when a vaccine against novel H1N1 flu is available. Children should be vaccinated against regular seasonal flu as well.

For more information, call the Mississippi Department of Health hotline, 1-877-222-9358, or log on to <http://www.HealthyMS.com>.

## 'Red flags' for H1N1 flu

### 81st Medical Group

Maj. (Dr.) Jessica Cowden, chief of pediatric infectious diseases for 81st Medical Operations Squadron, said parents should watch children for emergency warning signs that need urgent medical attention for possible H1N1 flu.

They include rapid or difficult breathing, bluish or gray skin color, not drinking enough fluids, severe or persistent vomiting, not waking up or not interacting. Other “red flags” are a child so irritable that he doesn't want to be held and flu-like symptoms that improve, but then return with a fever and worse cough.

For adults, warning signs are difficulty breathing or shortness of breath, pain or pressure in the chest or abdomen, sudden dizziness, confusion, severe or persistent vomiting and flu-like symptoms that improve, but then return with a fever and worse cough.

# DRAGON OF THE WEEK



Photo by Kemberly Groue

**Name** — Airman Ryan Kamplain

**Unit** — 81st Logistics Readiness Squadron

**Position** — vehicle operator/dispatcher

**Time in Air Force** — one year

**Time at Keesler** — eight months

**Noteworthy** — drove Sean Peneguy for “Pilot of the Day” sponsored by Make-A-Wish Foundation; designed and constructed vehicle operations memorial; volunteered to transport senior noncommissioned officers to funeral of Army Staff Sgt. Johnny Polk

**Hometown** — Steger, Ill.

**Why did you join the Air Force?** travel

**What are your short- and long-term goals?** short-term, preparing for my upcoming deployment; long-term, pursuing my education and receiving my Community College of the Air Force degree

**What’s your favorite quote?** “Always keep an open mind and a compassionate heart.” — Phil Jackson

**What are your hobbies?** baseball, golf, fishing and being outdoors

## DIAMOND NOTES

All Airman must

"know and understand the Wingman concept:

Airmen take care of other fellow Airmen ...

in all situations, both on- and off-duty,"

in accordance with

Air Force Instruction 36-2618 paragraph 3.1.6

Master Sgt. Thomas O’Connell

81st Diagnostics and Therapeutics first sergeant



## MEMORABLE MOMENTS



**Sept. 8, 1941**

The 310th Technical School Squadron

became the first squadron

to move into the base’s new student dormitories.

Before that, the only available housing consisted of

650 tents pitched in what is now marina park.



Photo by Kemberly Groue

**Mrs. Janosik offers financial counseling to Airman Basic Nick Spencer, a 338th Training Squadron student. Counseling is available to help Airmen get a better picture of their financial situations and goals.**

Center has 'no-harm, no-foul' policy

## Financial counseling can aid Airmen in monetary crunch

**By Senior Airman Kimberly Moore Limrick**  
Keesler Public Affairs

Many people face financial difficulties, and Airmen are no exception. Luckily, the airman and family readiness center on the first floor of Sablich Center is available to provide counseling.

The airman and family readiness center provides many means of assistance in planning a budget, paying off debts and setting financial goals.

"There are many occasions when I believe Airmen should come in," said Rose Janosik, the center's community readiness technician. "One (such) occasion is before the purchase of a big ticket item such as a vehicle. We can sit down and figure out what they can or cannot afford.

"Another good time to come in is before a marriage and preferably with their significant other," she continued. "This way they can both see the reality of their financial lives together.

"Finally, Airmen should come by prior to obtaining a divorce to get a picture of how their lives will look without someone else's income (available) and handling a number of bills on their own," she recommended.

Lana Smith, the center's community readiness consultant, said, "We have a computer program that will allow you to input your bills and show you your surplus or deficit. This way Airmen can better set goals."

The center has a "no-harm, no-foul policy," Ms. Smith said, which means that if an Airmen visits the center on his or her own, the chain of command won't find out about the visit.

"We can help you prevent financial difficulties before they become problems," she said "We encourage Airmen to come in regularly to utilize this program and tweak their budgets."

In cases of emergency, such as a death in the family, other programs are available such as the Air Force Aid Society and Falcon Loan, Ms. Smith explained.

"These loans are often interest free or may even be a grant, depending on the circumstances," she pointed out.

"We don't work magic," Ms. Janosik said. "All we provide are the facts and as many positive recommendations as possible. We do care very much about our clients."

To schedule an appointment, call the airman and family readiness center, 376-8500.

# Child care director, Hispanic leader retires

By Susan Griggs

Keesler News editor

After 38 years of service to the Air Force community, Maria Ochoa retired as director of the child development center July 31.

Ms Ochoa managed a large child development program that serves more than 300 children in full-day, part-day, and hourly care programs. She supervised 87 employees and ensured their continued training and professional development.

Ms Ochoa supported program certification through Air Force, Department of Defense and the National Association for the Education of Young Children.

She was also responsible for facility maintenance, budgets, customer service and equal employment opportunity compliance.

Ms. Ochoa began her service as a parent volunteer when her own children attended Air Force Child Development Programs. Since 1979, she progressed from temporary child caregiver to preschool teacher, from child development center director of a part-day program to director of a large full day program.

She also served as family child care coordinator and helped lead Keesler's child development programs to "best in the Air Force" recognition for 2000-01.

She taught at the Keesler Kindergarten in the 1970s and 80s prior to public school kindergarten in Mississippi.

She was part of the planning process for the \$2 million project to replace the old CDC facility on the east side of the base and relocate it with the CDC on the west side of the base in the 1990s. She



Ms. Ochoa

also helped plan the \$1.3 million construction of the new wing at the CDC that opened after Hurricane Katrina.

After Katrina, Ms. Ochoa managed to get the CDC operational within two weeks after the storm after losing more

than a quarter of her staff to evacuation/relocation and obtain funding to purchase new furnishings and equipment for the new wing and ensure it was open and operational as soon as possible.

As a collateral duty, Ms. Ochoa also served as Hispanic employment program manager, organizing educational, cultural and employment emphasis programs.

She also served as the 81st Training Wing project officer for the Hispanic Heritage Committee.

In 2001, she was honored as Air Force Hispanic Employment Manager of the Year.

Ms. Ochoa was selected as one of the Top Women on the Mississippi Gulf Coast by the Gulf Coast National Women's History Coalition, was Boss of the Year during the Federal Women's Observance, was

supervisor of the quarter and supervisor of the year for the 81st Services Division and was nominated for the Good Housekeeping Woman of the Year.

She's been married to Air Force retiree Bob Ochoa for 50 years. She's the mother of three and grandmother of eight children and has already planned visits with them during her retirement.

More news,  
videos,  
information  
and photos  
on the Web at  
[http://www.  
keesler.af.mil](http://www.keesler.af.mil)

# Air Force emphasizes commitment to families

By Master Sgt. Stan Parker

## Air Force Public Affairs

ATLANTA — The secretary of the Air Force emphasized the Air Force's firm commitment to its families during a recent speech at the 2009 Air Force Sergeant's Association Professional Airmen's Conference.

Secretary Michael Donley and Air Force Chief of Staff Gen. Norton Schwartz designated July 2009 to July 2010 as

"Year of the Air Force Family."

In a July 17 memorandum, the leaders explained that the Air Force family is dynamic and diverse, made up of active duty; Reserve and Guard component members; officer and enlisted; civilians; spouses and children; and extends to parents, friends and community partners who support Airmen.

"Significant emphasis will be placed on the four impor-

tant areas of concern for Air Force families: affordable and available family housing, safe schools that challenge and prepare children for the future, accessible and quality medical care for Air Force families, and quality child care," Secretary Donley told the 1,200 personnel in attendance.

For single Airmen, who make up 40 percent of the force, Secretary Donley pledged the Air Force would

"concentrate on their unique requirements for dormitories and (morale, welfare and recreation) services that offer fulfilling off-duty activities."

In April 2009, Air Force senior leaders and family support professionals attended the "Caring for People Forum," which helped develop direction for the "Year of the Air Force Family."

The group assessed current programs, identified Air Force

family needs and improvement recommendations.

The secretary explained that senior leaders quickly sought to enhance the lives of Airmen and their families with actions such as offering affordable family housing through privatization, strengthening educational initiatives for children by funding school liaisons, and continuing to improve care for wounded warriors.

## Good morning to civic leaders

From left, Brig. Gen. Ian Dickinson, 81st Training Wing commander, visits with Linda Watts, Mark Loughman and Joe Bosco of Mississippi Power Company and Giff Ormes, Biloxi Chamber of Commerce president-elect at the chamber's Morning Call hosted by Keesler Aug 26 at the Dragon's Lair. Keesler hosts the monthly meeting of civic leaders once a year. General Dickinson gave the chamber members a Keesler overview.

Photo by Kemberly Groue





Photos by Kemberly Groue

Staff Sgt. Jose Orama walks Gino through the stairs obstacle at the military working dog facility. The stairs are used not only to give the dogs exercise, but to help them gain confidence with heights without a handler next to them.

## Keesler's four-legged protectors

By Senior Airman Eric Summers

### Keesler Public Affairs

Keesler is protected by not just the Airmen on the base, but also a four-legged troop.

The military working dogs and their handlers help keep Keesler safe serving dual purposes of detection and patrol work.

“Detection is used with explosives or narcotics,” said Staff Sergeant Chad Pedersen, non-commissioned officer in charge of the military working dog section. “Patrol work for the dogs includes handler protection, capturing and apprehension, and deterrence from crime.”

“Walking and patrolling with the dogs serves deterrence to crime by showing their presence around the base,” said the sergeant. “We have demos for the First-Term Airmen Center, Child Pride Day, Operation Hero and schools off-base.”

The canine’s mission to protect, defend and deter is the same when deployed. Currently two dogs and handlers are deployed with Army units.

Military working dogs for all the services are trained at Lackland Air Force Base, Texas.

“We further the training here with no difficulty because the canines are already trained,” said Sergeant Pedersen. “They train everyday they work. They do obstacle courses, scout training such as hide and seek, attack work and detection work.”

Each dog works with only one handler. This person trains with the canine and even deploys with them. To the handler the canine is like another service member.

“I have been a dog handler since March 2003,” said the sergeant. “It’s a great job —



Sergeant Pedersen trains Gino to attack a suspect that’s trying to run from the handler.

we always have a faithful companion, even when we deploy.”

German shepherd, Dutch Shepherd and Belgian malinois are the three breeds trained to be working dogs. Each dog has a brand number tattooed behind its ear, similar to a Social Security number, that’s used to keep track of the dog and any information that deals with the canine.

“Each canine, like humans, is different,” said the sergeant. “It depends on the dog. Some canines are more tolerant than others when it comes to letting people pet them. Some are more aggressive than others.”

# 'Flying Jennies' saddle up for major deployment



Photo by Tech. Sgt. Michael Duhe

**Flying Jennies family members bid farewell to their loved ones who left Keesler Aug. 25 for their deployment to Southwest Asia. Other reservists from the 85th AS leave this month.**

**By Tech. Sgt. Michael Duhe**

## **403rd Wing Public Affairs**

Reservists from the 815th Airlift Squadron "Flying Jennies" will play a big role in supporting Central Command's airlift requirements during a deployment set to begin early September.

An advance deployment team departed Keesler Aug. 25 to lay the groundwork and arrange a "hand off" with the Reserve unit now deployed at the location, according to Lt. Col. Walt Ord, 815th AS chief of tactics. Next to arrive will be the aviation package (815th ASaircraft, aircrews and some maintainers). Following that will be the members who are rotating in to replace Airmen now deployed.

"We'll cover the entire spectrum of airlift operations for the C-130 — anything from the basic air land on a 12,000-foot strip down to short-field landings into a 3,000-foot strip," Colonel Ord said. "This will include airdrop and aeromedical missions. Those are the bulk of what we'll be doing."

The deployment will include a wide variety of Airmen from the 403rd Wing — pilots, loadmasters, flight management personnel, administration specialists, computer specialists, as well as intelligence and life support personnel. A full maintenance package from the 403rd Maintenance Group will deploy to provide their critical work during the deployment.

Members of the Flying Jennies have been preparing for the 120-plus day deployment during the past few months. During

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Please see **Flying Jennies**, Page 19

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## Flying Jennies,

from Page 18

July's unit training assembly, for example, 815th AS loadmasters took part in training involving the container delivery system, making it easier to airdrop cargo more accurately.

"It was a good opportunity to rig the aircraft for different configurations that we don't get to see much here in the local training environment," said Staff Sgt. Garrett Hamilton, one of the 815th AS loadmasters who participated in the CDS training. "It was also a good refresher on different emergency procedures. We were able to share different techniques that we have all acquired from our different backgrounds."

"We've had some specific spin-up training, but the bulk of the crewmembers maintain a mission-ready status 365 days a year," Colonel Ord said. "The spin-up training involved specific items. The goal is to deploy from here with our full package, within a minimum amount of days."

The Flying Jennies are accomplishing other pre-deployment tasks, including physical exams, immunizations and local training requirements.

"The last few UTAs have been really busy for us, and we've received a lot of support from various wing agencies," said Lt. Col. Don Buckley, 815th AS director of operations. "We'll also be very busy the week prior to deploying."

With "crunch time" here, some of the other preparation work includes specific mission planning for air routes to the deployment location, diplomatic clearances being worked through Air Mobility Command and coordinating with the 403rd Maintenance Group on aircraft requirements, according to Colonel Buckley.

"It's a big ballet, all going on at the same time, with a lot of the big agencies working together to get it done," said Colonel Buckley.

Last year, the Flying Jennies volunteered for a 60-day deployment, departing in April. However, the upcoming deployment is much larger in scale, Colonel Buckley said.

"This one is different because it's a partial mobilization — it's by the order of the president of the United States," he pointed out.

The Flying Jennies are ready to take on the task, Colonel Ord said.

"The 815th is a very professional organization. These guys are the best at what they do, and they will be an asset to the CENTCOM commander," he stated.



Photo by Staff Sgt. Tanya King

Part of last month's deployment training for the Flying Jennies included using a new cargo delivery system that enables them to drop cargo pallets more accurately.

# General's book proposals focus on preparation

Keesler News staff

Air Force Chief of Staff Gen. Norton Schwartz recommends that Airmen continually ready themselves for the day when their training is put to the ultimate test in combat.

A key element of that preparation is a reading program that expands the mind and informs thought, the general said.

"If we learn the lessons of the past, both successes and failures, we decrease the risk of repeating mistakes," General Schwartz says. "The three books I have selected from the 2009 reading list are meant to teach us some of those lessons."

His first suggestion is proposed for the historical view of navigating change and the pitfalls of ignoring innovation.

"Open up 'Fast Tanks and Heavy Bombers: Innovation in the U.S. Army, 1917-1945,' by David Johnson to find a story not one of inevitable historical forces but of human decisions," the general says. "Johnson argues that the Army's reliance on lightly armored fast tanks and the Air Corps' belief in the invincibility of the bomber left both forces ill prepared and vulnerable in the early days of World War II."

Next is "Afghanistan: A Short History of its People and Politics" by Sir Martin Ewans, which "examines the historical evolution of Afghanistan and is an intriguing read for all, especially for anyone deploying to the region."

Finally, General Schwartz recommends David Galula's "Counterinsurgency Warfare: Theory and Practice." Inspired by his experiences as a French military officer and attaché, the author realized the "need for a compass" in the suppression of insurgency. Written in 1964, this new printing is the first translated into English, and is foundational to the U.S. Counter-insurgency Field Manual used by forces today.

"While the book is only 100 pages, when you are done reading, you should understand why winning small wars is important to broader strategic objectives," General Schwartz says.

Tops in Blue plans free Biloxi performance,  
7 p.m. Oct. 25, Mississippi Coast Coliseum



## SEPT. 11 EVENTS

Dragon Run  
7 a.m.  
on the flightline

Retreat Ceremony  
4:30 p.m.  
at flag pole  
in front of  
81st Training Wing  
headquarters

## Part-day preschool

Registrations are being accepted at the child development center for the part-day enrichment program for ages 3-5.

The program is available to children of active duty military, active-duty reservists, Defense Department civilians and contractors.

Sessions are 8-11 a.m. or 12:30-3:30 p.m. Mondays through Thursdays. Fees are based on total household income.

Parents whose children are already enrolled in full-day care don't need to enroll those children in this program.

For more information, call 377-2211.

## Rides to youth center

The youth center offers free rides from Michel Middle School and Biloxi Jr. High School for children in grades 6-8 eligible to participate in the center's open recreation program, 3-7 p.m. every day after school.

Pre-registration and parental permission are required.

For more information, call 377-4116.

## Masquerade fundraiser

"Moonlight Masquerade," a fundraising gala to benefit the Gulf Coast Women's Center for Nonviolence, is 6-9 p.m. Sept. 17 at the IP Casino Resort in Biloxi.

For more information about the event or to purchase tickets, call 436-3809 or visit the center's Web site, <http://www.gwcwcfn.org>.

## Heart Walk fundraising

Fundraising for the annual American Heart Association's Heart Walk continues until Oct. 2 for online donations and Sept. 30 for cash/check donations.

For more information, call Master Sgt. Patrick Key, 377-0583.

## Coastal cleanup signup

Keesler is responsible for Hiller Park during this year's Mississippi Coastal Cleanup, 8-11 a.m. Oct. 17.

Registration deadline is Oct. 13, and the backup date is Oct. 24.

Keesler members who want to participate register online at <http://www.mscoastalcleanup.org>. Military members, family members, civilian employees and contractors may participate. Children under 18 must bring the permission/registration slip and turn it in to the zone captain at the site.

For more information, call Staff Sgt Lynn Rinker, 376-3333, or e-mail [rink101@yahoo.com](mailto:rink101@yahoo.com).

## Breast cancer walk

The fourth annual 5-kilometer Making Strides Against Breast Cancer event is 8 a.m. Oct. 24 at the Biloxi Town Green.

Squadron leaders and walkers are being recruited.

To sign up to walk or to make a donation, log on to <http://makingstrides.acsevents.org/> or call

Tech. Sgt. Asha Gray, 377-715, or e-mail [asha.gray@us.af.mil](mailto:asha.gray@us.af.mil).

## Supply issues

For supply issues or concerns, contact the CSC supply customer service element, Room 126, Taylor Logistics Center, Building 4002; call Michael Cashion, 377-5206, or e-mail [michael.cashion.ctr@keesler.af.mil](mailto:michael.cashion.ctr@keesler.af.mil).

## Play group

A play group for ages 5 and younger meets 9:30-11 a.m. Tuesdays at the youth center.

For more information, call Andi Hunter, 313-9822.

## Thrift shop hours

The Keesler Thrift Shop is open 9 a.m. to 2 p.m. Mon-days and Wednesdays.

Donations are accepted during regular hours. Consignments are accepted 9 a.m. to 1 p.m. Mondays.

For more information, call 377-3217.

## Travel medicine clinic

People planning international travel should visit the travel medicine clinic at least one month before departure.

The clinic is in the allergy clinic in the medical center's basement near the emergency department entrance.

For more information, call 376-3550.

## Immunization clinic

Immunization clinic hours:

**Immunizations** — 7 a.m. to 4:15 p.m. Monday-Thursday; 7 a.m. to 4 p.m. Friday; closed 11:30 a.m. to 1 p.m. compressed work schedule Fridays.

**Allergy shots** — 1-4 p.m. Monday; 7:30-10:30 a.m. and 1-4 p.m. Tuesday and Thursday.

The clinic is closed noon to 5 p.m. on the second Thursday of each month for training.

For more information, call 376-3553.

## Wheelchair taxi

The 81st Logistic Readiness Squadron vehicle operations now has a wheelchair-accessible minivan available for taxi service.

For more information, call 377-2430.

## Root canal treatment

The Keesler Dental Clinic is seeking patients that require root canal treatment.

All authorized beneficiaries including military retirees and dependents of active duty and retired are eligible for care.

Patients accepted for treatment are treated by either the endodontic specialty program residents or the residents in the general dentistry program.

Referral from a dentist for root canal treatment is required.

For more information, call the endodontics department, 376-5227.

## Housing maintenance

Phone numbers for family housing maintenance service are 377-5561, 5562 and 5563.

Got a news tip?

Call 377-4130, 9966, 3837 or 8734.

# SPORTS AND RECREATION



Robert Carter, left, 81st Force Support Squadron, tries to stop Dereck Lewis as Carter's teammate, Gerald Cross, tries to grab Lewis' flag during a NFC game Aug. 27. Lewis is a member of the combined 334th Training Squadron/85th Engineering Installation Squadron team that won the game, 18-13.

## Cops look like team to beat as intramural football kicks off

By Senior Airman David Salanitri

### Keesler Public Affairs

The intramural flag football regular season kicked off Aug 24 with 16 teams divided between two conferences.

As of Aug. 27, the 81st Security Forces Squadron, winners of the preseason tournament, shared the lead in the National Football Conference at 2-0 with the combined 334th Training Squadron/85th Engineering Squadron team.

In a rematch of the final game of the preseason tournament, the cops beat the Keesler Marine Corps Detachment, 28-21.

Taking charge in the American Football Conference with 2-0 records are the 81st Medical Support Squadron and the 81st Logistics Readiness Squadron. The 81st MDSS presents a formidable challenge, outscoring its last two opponents by a combined 53 points.

Two major changes league changes take effect this week. All games will be played on the Triangle Fields instead of the multipurpose field by the gas station until further notice.

In a scoring change, extra points made from the 10-yard line, instead of the 5-yard line, will count as two points.

For scores, standings and schedules, see Scores and More, page 24. For more information on intramural flag football, call 377-2444.



Photos by Kemberly Groue  
From left, Toby Jacobs and Kraig Reed, 334th TRS/85th EIS, rush in as Ryan Rice leaps for a pass made by 81st FSS quarterback Brandon Maxwell.

# SCORES AND MORE

## Basketball

**Varsity men's and women's teams** — tryouts to be announced. Teams play in Southeastern Military Athletic Conference. Season starts in November. Coaches needed. For more information, call 377-2444 or 3056.

## Bowling

**Making strides against breast cancer tournament** — event has been rescheduled to noon Sept. 19 for five-member teams. \$15 per person covers shoe rental and three games. Trophies for highest-scoring male and female bowlers. To register, contact squadron representative or call Asha Gray, 377-7153, [asha.gray@us.af.mil](mailto:asha.gray@us.af.mil).

**Fall leagues** — registrations being accepted now for the Saturday morning youth league, Monday night league, Tuesday night (hospital and VA), Wednesday and Friday mixed leagues, Thursday intramurals and senior league. Sign up at the counter or call 377-2817.

**Bowling fund raisers** — for more information, call 377-2817.

**Youth bowling** — for any child old enough to throw the bowling ball down the alley. League meets 9:30 a.m. Saturdays; instruction available. For more information, call 377-2817.

**Glow bowling** — 11 a.m. to 1 p.m. Tuesdays, \$1 per game and \$1 for shoes; 9 p.m. Fridays, 7 p.m. Saturdays, \$5.50 adults, \$3.50 ages 17 and younger, including shoes.

**Lunch and bowl special** — 11 a.m. to 1 p.m. Mondays-Fridays. Bowl for \$1 a game plus \$1 for shoes.

**Team building special** — 1-3 p.m. Mondays-Wednesdays, 1-5 p.m. Thursdays and Fridays. Bring your employees bowling for \$1 a game plus shoe rental. For reservations, call 377-2817.

**Club member special** — show current club card Thursdays and bowl for \$1.50 per game; free shoe rental.

**Birthday party package** — 1:30-3 p.m. or 3:30-5 p.m. Saturdays. Basic party with bowling and food \$8.95 per child. Mid party, including table supply and T-shirt, \$11.95 per child. Premium party with games and a pin, \$15.95 per child. Reservations required.

## Fitness centers

**Rambler 120 team challenge** — Oct. 17, Randolph Air Force Base, Texas. Biking, running and rafting. Team entry due Sept. 25. For more information, visit <http://www.keeslerservices.us>.

**Free fitness classes** — boot camp, self-defense, cycling, yoga, step aerobics, Tae Kwon-do, core fitness, kick boxing and pilates at Dragon Fitness Center. For more information, call 377-2907.

**Are you running  
in the  
Air Force  
Marathon?  
E-mail  
[kn@keesler.af.mil](mailto:kn@keesler.af.mil)  
or call 377-4130.**

**Free fitness testing, exercise prescription and personal training** — at Blake, Dragon and Triangle Fitness Centers. Call for appointment.

**Free blood pressure machines** — available for use at all fitness centers.

**Boxing room** — Triangle Fitness Center. Six heavy bags, three speed bags and one double-end bag. Boxing gloves available.

**Fit to fight incentive program** — Dragon slayers, dragon readers, dragon gliders and dragon riders available at no cost at Blake, Dragon and Triangle fitness centers. Awards presented. For more information, contact the fitness center of your choice.

**Parent/child fitness room** — at Dragon Fitness Center. Workout equipment; play area for ages 6 months to 7 years.

**Massage appointments** — at Triangle Fitness Center, call 348-6698.

**No smoking** — on Crotwell Track across from Blake Fitness Center.

**Triangle Fitness Center** — open 10 a.m. to 9 p.m. Mondays-working Fridays 10 a.m. to 6 p.m. compressed work schedule Fridays and weekends; closed holidays. For more information, call 377-3056.

**Blake Fitness Center** — open 4:30 a.m. to 10:30 p.m. Mondays-working Fridays; 6 a.m. to 7 p.m. compressed work schedule Fridays; 8 a.m. to 7 p.m. weekends and holidays.

**Dragon Fitness Center** — 6 a.m. to 8 p.m. Mondays-working Fridays. Parent-child fitness room has workout equipment and play area for ages 6 months to 7 years.

## Flag football

**Editor's note:** Games held at the Triangle Field until further notice. For more information, call 377-2444.

## National Conference (as of Friday)

Team	Won	Lost
81st SFS	2	0
85th EIS/334th TRS	2	0
MARDET	1	1
81st CS	1	1
81st MDG	0	1
81st FSS	0	1
336th TRS	0	1
338th TRS-A	0	1

**Aug. 25** — 81st SFS 26, 336th TRS 13; MARDET 15, 81st MDG 14; 85th EIS/334th TRS 25, 81st CS 12.

**Aug. 27** — 85th EIS/334th TRS 18, 81st FSS 13; 81st CS over 338th TRS-A by forfeit; 81st SFS 28, MARDET 21.

**Today** — 6 p.m., MARDET vs. 81st SFS; 7 p.m., 81st SFS over 85th EIS/334th TRS; 8 p.m., 81st MDG vs. 338th TRS-A.

**Tuesday** — 6 p.m., 336th TRS vs. 81st MDG; 7 p.m., 85th EIS/334th TRS vs. 338th TRS-A; 8 p.m., MARDET vs. 81st CS.

## American Conference (as of Friday)

Team	Won	Lost
81st MDSS	2	0
81st LRS	2	0
338th TRS-B	1	0
332nd TRS	1	1
81st MDTs	0	1
81st DS	0	1
335th TRS	0	1
81st MDOS	0	2

**Aug. 24** — 81st LRS 20, 81st MDTs 19; 81st MDSS 37, 81st MDOS 7; 338th TRS-B 14, 332nd TRS 7.

**Aug. 26** — 81st LRS 12, 335th TRS 6; 81st MDSS 30, 81st DS 7; 332nd TRS 13, 81st MDOS 6 (overtime).

**Monday** — no games.

**Wednesday** — 6 p.m., 81st LRS vs. 81st MDOS; 7 p.m., 338th TRS-B vs. 81st MDTs; 8 p.m., 335th TRS vs. 332nd TRS.

## Golf

**9-hole Dragon fun golf** — Shotgun start 4:30 p.m. Thursdays. \$20 per person includes greens fee, cart, food, beverages and prizes. Four-person team, two-person blind draw. Sign up as twosome or single. Format decided by draw each week; limited to first 36 golfers.

**Twilight special** — 3 p.m. Mondays-Thursdays. Pay one price and golf until closing; E1-E4 \$12, E5-O3 \$20, O4-up \$22, guests \$22.

**Nonprior service student special** — show phase card or UBU card. Greens fee and cart, \$15 for 18 holes, \$10 for nine holes; add \$5 for rental clubs.

**Free golf lessons for nonprior service students** 4-5:30 p.m. Tuesdays; first come, first served. Maximum 10 per session; bring clubs.

**Golf lessons** — \$25 for 30 minutes. For appointment, call 424-0479.

## Mini-triathlon

The health and wellness center sponsors a free mini-triathlon, 8 a.m. Sept. 18, Triangle Pool. Participants ages 18 or older swim 200 yards, bike eight miles and run two miles. Individual categories separated by gender and age: 18-29, 30-39, 40-49 and 50+; separate categories for

Clydesdale (men more than 220 pounds) and Athena (women more than 160 pounds). Relay teams of three participants; one must be female. Trophies awarded for overall male and female and top three in each category.

No registration the day of the event. Preregister by noon Sept. 15 at the HAWC or the Blake Fitness Center. Sign in is 6:30-7:45 a.m. day of event. T-shirts and refreshments provided to all participants.

For more information, call 376-3170 or e-mail Jeff Green, [jefery.green.1@us.af.mil](mailto:jefery.green.1@us.af.mil).

## Outdoor recreation

**Air Force Blue Streak bicycle streak program** — knowledgeable volunteer needed to assist in planning, organization and implementation of noncompetitive bicycle rides for all ages and abilities. For more information, call Dave Bowers by e-mail or call 377-0002.

**Water skiing** — on front beach or Biloxi Back Bay. \$50 per hour for up to six skiers, including boat, driver and skis. Minimum two-hour rental. To schedule, call 377-3160.

**Pools** — The Triangle pool will be closed Monday and Tuesday for the holiday, but the main base pool will be open from noon to 5:30 p.m.

The main base pool is open noon to 5:30 p.m. Saturdays and Sundays. The Triangle Pool is open Mondays, Tuesdays, Thursdays and Fridays, 11 a.m. to 1 p.m. for lap swimming and 4-7 p.m. for recreational swimming, and noon to 7 p.m. Saturdays and Sundays. Both pools close for the season Sept. 30. For more information, call the main base pool, 377-3948, or Triangle Pool, 377-3568.

**Camping packages** — available, including sleeping bags, lanterns, camp stoves and tents.

**Canoes, kayaks** — for rent.

**Cruisin' Keesler** — 9 a.m.-4 p.m. Sept. 26 in the marina park. Cars, trucks, bikes, street rods, vendors and oldies music. Registration fee is \$20. Judging at noon; award ceremony at 3 p.m. Free food and T-shirts to the show participants.

**Trip to Horn Island aboard the Keesler Dolphin** — 8 a.m. to 5 p.m. Saturdays following nonworking Fridays, weather permitting. \$30 including barbecue grill, charcoal and ice. Bring food, drinks, sunscreen and fishing equipment. Minimum 15 passengers. Group rates available. For more information, call 377-3160.

**Rental campers** — \$50 day. Two available; one sleeps six, one sleeps eight. For more information and towing requirements, call 377-3160.

**Back Bay fishing trip** — \$20 per person. State fishing license required; minimum four, maximum six people. For date and time, call 377-3160.

**One-day fishing trips** — to Horn,

Ship or Cat Islands; pick the date. Charter trip in Delacroix and Reggio, La. with professional fishing guide. For more information, call 377-3160.

**Delacroix, La. fishing site** — Outdoor fishing/hunting camp in Delacroix, La. Rent a self-contained camper that sleeps four for \$50/night, \$125/weekend (Fri noon-Mon noon) or \$300/week (7 days noon to noon). Bring food, beverages, cooking utensils, and sleeping bag or bedding. A Louisiana license is needed for fishing. For more information, call 377-3160.

**Pontoon boat training** — to rent a pontoon you must take a test and be certified. For more information, call 377-3160.

**Nonprior service student special** — 35000 Trek seven-speed bikes, \$5 day on nonworking Friday, Saturday and Sunday, or Saturday/Sunday.

**Wet slip fees** — monthly, boats more than 32 feet, \$3.75 per foot; less than 32 feet, \$2.50 per foot. Overnight, \$5 per boat.

**Deep sea fishing trips** — Fridays and Sundays on the Keesler Dolphin II. \$75 per person includes everything you need to fish. Payment due upon reservation. Minimum 10, maximum 22 people. For reservation, call 377-3160.

**Deep sea fishing private charter** — rent Dolphin II, \$750 for first 10 people, \$50 each additional person. No license needed. \$100 deposit.

**17-foot Back Bay cruiser for rent** — Mississippi boater registration card required. For prices, call 377-3160.

**Marina park pavilions** — to reserve, call 377-3160.

**Rent a bicycle** — 3500 Trek, seven speed, \$3 a day, \$15 weekly, \$35 monthly.

**RV, boat and trailer storage** — \$20 per month.

**Resale area** — snacks, beverages, fishing and rental equipment, hunting and fishing licenses.



## HONORS

### Student honor roll

#### 332nd Training Squadron

**Electronic principles** — Airmen Basic Ross Arney, Christopher Atanasoff, Steven Baker, Michael Battista, Victor Blazevec, Christopher Bommarito, Gabriel Brooks, Steven Brooks, Travis Burke, John Butterfield, Richard Cascio, Casey Cason, Paul Clark, Stephen Clayton, Norman Contois, Nicholas Cooley, Nicholas Countess, Sebastian Davis, David Deni, Garrett Dixon, Ralph Dodd, Aaron Embree, Preston Evans, Benjamin Freck, Jeff Fulford, Kevon Gaines, Matthew Garcia, Timothy Garren, Evan Gillespie, Michael Gillooly, Jarvis Griffin, James Hadaway, Bradley Hays, Hunter Her, Cory Hilker, Christopher Holloman, Jacob Hopfauf, Justin Jacobs, Aaron John, Justin Johnson, Nicholas Kamansky, Andrew Kelm, Andrew Kerber, Matthew Laclair, Phillip Long, David MacWilliams, Michael McClelland, Michael McMullen, Than Nguyen, Daniel Noble, Thomas OBrien, Nicholas Otos, Joshua Ouderkirck, Marc Pacheco, Jose Pena, Michael Petrisko, David Richter, Christopher Rivera, Gabriel Rucci, Thomas Ruf, Jacob Rusk, Whitney Sayer, Tyler Schutt, Michael Shaw, Steven Slatton, Andrew Smith, Winfield Smith, Andrei Sokalau, Kevin Stuart, Marc Taylor, Warren Tennyson, James Thiebault, Andrew Tosch, Spencer Twenge, Nathalie Uri, Mikael Vega, Curtis Wall, Nicholas Watkins, Martin Wermann, Carey Wiemers, Matthew Wilcox and Anthony Woodward; Airmen Simon Alejandro, Robert Blackledge, Cable Bushu, Casey Cason, Josef Comerford, Martin Cox, Ryan Even, Justin Gautreau, Joseph Goodman, Robert Jenkins, Christopher Johnson, Cody Kirkpatrick, Nathan Koch, Elisha Logan, Thomas Mould, Daniel Pfanstiel, Sean Pickering, Luis Rodriguez, Francis Royal, Ryan Shaifer, Ian Smith, Kirk Stoughton, Kevin Thompson, Garon VanEs, John White and Steven Wilcox; Airmen 1st Class Riley Aadland, Gregory Anderson, Joseph Aronson, Zachary Babcock, Paul Balough, James Barrett, Latrico Blanding, Chad Butler, Alexander Carlson, Austin Carracino, Ismael Chaviro, Joseph Christel, Robert Cisneros, Troy Conkle, Cameron Darow, Randall Davis, Aaron Delino, Joshua Diaz, Gregory Egger, Kevin Ellis, James Ferguson, Kevin Fiala, Ahmed Gaid, Frank Gauss, Christopher Hall, Matthew Hall, Sean Hazelip, Chase Helderman, Jonathon Hood, Narvaez Hoogluiter, Dan Howell, John Irons, Janelle Johnson, Matthew Johnson, Mark Keagy, Nathan Kerkvliet, Nicholas Kisielewski, Adam Kroll, Luis Lopez, Ricky Lords, Robert Mangrum, Kevin Mayer, Keith McCormick, Jeffrey Meier, Kurt Meier, John Monteith, Michael Murray, Tieman Nolan, Aaron Nuesca, Timothy Nunes, David Parker, Jacob Peterson, Kahlia Rainer, Jason Rice, Edwin Rodriguez Troshe, Travis Salter, Morgan Simpson, Jacob Stringfellow, Scott Sutherland, William Tebbutt, Andrew Thatcher, Luke Turner, Jonique Walker, Mark Whaite, Christopher Whitehead, Keith Williams and Nathan Zundel; Senior Airmen Carlos Claudio, Peter Cooper, William Hatfield, Richard Pantoja, Timothy Shannon and Dmitry Tsvetkov; Staff Sgts. Edwin Hunter, Christopher Johnson, Kevin Klenz, Joshua Kruenegel, David Parkinson, Christopher Pena, Julie Reinhardt and Gary Williams; Tech. Sgts. Tareq Abdulla, John Adams and Antonio Ortiz Rodriguez; 1st Lt. Abdullah AlsaQabi.

**Metrology basic course** — Airmen Nicholas Cotter, Christopher Guhl, Steven Janca and Tanya Shaw; Airmen 1st Class Mathew McCain and Matthew Varney; Staff Sgts. Timothy Shockley and Michael Taylor.

#### 334th TRS

**Command post apprentice course** — Airmen Basic Devon Bordeaux, Brittney Gilliam and Kaitlyn Hilton; Airmen 1st Class Jessica Hunt and Joshua Moore; Senior Airman Marcella Mansour; Staff Sgts. Paul Bennear, Steven Cooley, Jodi Gerth and Alan Nigg; Tech. Sgts. Aisha Abdul-Rahim, Justin Davis, Aaron Myers and Wayne Pennington.

#### 335th TRS

**Comptroller training flight** — Airmen Basic Justin Althoff, Mitchell Campbell, Jasmine Dessaure, Matthew Flores, Derrisha Hill, Andrew Kelly, KC Michael Ratekin, Christopher Scardasis; Airmen Stephen Klimczak, Robert Medlin, Peter Norlund and Judy Villarcayabyab; Airmen 1st Class Savannah Clevinger, Kendra Cobbins, Cristian Cseh, Shanna Curtis, Marvel Granville, Jeffrey Gilmour, Jenna Heinen, Krystle Jackson, Alton Kelly, Garrett Lethco, Brendan McIntyre, Anthony Nelson, Jennifer Poore,

Deaven Randolph, Marquis Smith, and Logan Wilbur; Staff Sgts. Mary Ballesteros, Vidal Dumas, Alyshia Leisure, Mary Linder, Jason Luckenbach, Jennifer Lundberg, Ricardo Manginigarcia, Ebony McInnis, Tamika Spigner, Jerome White and Sarah Yeagley; Tech. Sgt. Amy Baker; Master Sgt. Jeffery Harwood; Senior Master Sgt. Brian Henderson; Capt. Sotirios Daniil.

**Weather training flight** — Navy Airman Recruit Leon Riley; Airmen Basic Tony Aguilera, Jessie Collins, Megan Herbst, Michael Massie, Charlie Marino-Franco, Tanner O'Meara, Zabrina Patterson, Cory Sandoval, Thomas Schuler, Yza-Julia Tria and Ryan Whitson; Marine Pvt. David Neher; Airmen Amy Kraxberger, Robert Haines and Jason Thomas; Navy Airmen Apprentice Andrews Bishop, Zachariah Carrothers and Chase Jones; Navy Airmen Michael Cummo, Shannon Foster, Sara Moon and Mark Short; Airmen 1st Class David Cobert, Adam Dahlke, Benjamin Herbert, Sarah Leslie, Robert Mynhier and Jay Williams; Marine Corporal Jeremy Harvey; Senior Airman Angel Avila; YN2 John Beard; Staff Sgt. Thomas Boa, Mark Bruggeman, Steve Holloway, Brian Milch, Karolien Thorton and Melvin Watson; Master Sgts. Dick Limbaugh and Yahya Maashi (Saudi AF).

#### 336th TRS

**Communications-computer flight** — Airmen Basic Joe Harr, Corey Imel, Ian Johnson, Johnathon Largent, Nicholas Jones, Chet Long, Steven Maine, Malcolm Price, Adam Sommerhauser, Douglas Traumer and Logan Trecartin; Airmen Jeremy Conrad, Daniel Evans and Zachary Kerns; Airmen 1st Class Anthony Browne, Patrick Broydrick, Brandon Chapman, John Cloutier, Ryan Dodge, Anthony Gerspacher, Langston Graham, Antonio Hanson, James Hartman, Sophia Joanis, Adam Letang, Shaun Lewis, Andrew Nelson, Jeffery Poore, Eric Rivas, Dustin Rowland, Benjamin Sanchez, Bryan Sledge, Charles Smith, Markus Stricklen, Jered Vest, David Wiant and Irvin Williams; Senior Airmen Heath Dean and Jonthan Johnson; Staff Sgts. Lydia Depano, Jason Garnto and Kenneth Wermann; Tech. Sgt. Mohammed Sabahi; Master Sgts. James McKinney and Timothy Moore; Mr. Jason Houy.

#### 338th TRS

**Ground radar** — Airmen Christopher Farrell and Benjamin Nason; Airmen 1st Class Joseph Alexander, Andrew Dahn, Joseph Fletcher, Christopher Halubka, Samuel Laird and Ryan Waterfield; Staff Sgts. Louise Martinez and Michael Reece; Senior Master Sgt. Byong Park.

## CHAPEL SERVICES

**Editor's note: For more information, call 377-2520.**

### Protestant

#### Sunday worship

Larcher Chapel traditional with children's ministry.....8:30 a.m.  
Triangle Chapel contemporary service.....10:30 a.m.  
Triangle Chapel gospel service.....Noon

### Roman Catholic

#### Sunday Mass

Triangle Chapel.....9 a.m.

#### Weekday Mass

Triangle Chapel.....11:15 a.m.

### Jewish

For worship opportunities, call Master Sgt. Michael Raff, 377-5235 or 207-2196.

### Islamic

**Building 2003** — prayer five times daily; Salaat ul-Jummah congregational prayer, noon Friday.

For more information, call 377-2520 or 0327.

### Latter-Day Saints

**The Church of Jesus Christ of Latter-Day Saints** — student group service, 2 p.m. Sundays, Triangle Chapel. For more information, call 396-5274 or 801-787-1990.

**Ground radio** — Airmen Basic Abraham Chadsey, Nicholas Dragoon, Trevor Edmundson, Joshua Knight, Hayley Lambert, TJ Pollack, Ronald Press, Wesley Snider and Tyler Wehrung; Airman Jason Cordero; Senior Airman Jade Patterson; Staff Sgts. Joseph Cutchner, Justin Oaks and Jeremy Walker.

**Network infrastructure systems** — Airmen Basic Joe Kenerly, Timothy McLeod, James Milam, Bradley Prouty and Katrina Rondeau; Airman Justin Everitt; Airmen 1st Class Kyle Andersen, Julian Bristol, Cameron Johnson, Robert Livings and David Young; Senior Airman Gerrit Van Vranken; Senior Master Sgt. Charles Sweetin.

## HOLIDAY HOURS

**Editor's note: Hours reflect changes in observance of the Labor Day federal holiday, Monday.**

### Open

**Inns of Keesler** — open 24 hours

**Fam camp** — open 24 hours

**Mini Mart** — open 24 hours

**Magnolia Dining Facility** — 7:30-9 a.m., 11:30 a.m. to 1:30 p.m., 4:30-6:30 p.m.

**Live Oak Dining Facility** — 7:30-9 a.m., 11 a.m.-1 p.m., 4:30-6:30 p.m.

**Blake Fitness Center** — 8 a.m. to 7 p.m.

**Outdoor Recreation** — 7 a.m. to 6 p.m.

**Vandenberg Community Center** — noon to 7 p.m.

**Golf course, driving range and pro shop** — 7 a.m. to dusk

**Main base pool** — Monday, Tuesday and Wednesday, open noon to 5:30 p.m.

### Closed

**Arts and craft center** — closed Monday and Tuesday

**Auto hobby shop** — closed Monday and Tuesday

**Azalea Dining Facility**

**Katrina Kantina**

**McBride Library**

**Dragon Fitness Center**

**Triangle Fitness Center**

**Information, ticket and tours office**

**Legends Café**

**Youth center**

**Child development center**

**Family child care**

**Gaude Lanes**

**11th Frame Café**

**Triangle Pool**

**Veterinary services**

## CLASSES

### Airman Leadership School

**Class 09-6** — graduation Sept. 16.

### Mathies NCO Academy

**Class 09-6** — graduation Sept. 10.

### Arts and crafts center

**Advanced intarsia woodworking** — 10 a.m. to noon Sept. 12 or 26. \$20 including materials and tool use.

**Beginning intarsia woodworking** — 10 a.m. to noon, Saturday or Sept. 19. \$15 including materials. Intarsia is the art of piecing wood together in a decorative pattern.

**Beginning framing** — 12:30-4 p.m. Friday or Sept. 18. \$30 including materials. Bring photo or artwork no larger than 11x14 inches.

**Beginning pottery** — 10:30 a.m.-noon Sept 19. \$40 including supplies.

**Beginning woodworking** — 5-7 p.m. Wednesday. \$25 includes shop use and materials. Class certifies you to use the equipment in the future.

**Card making** — 5-7 p.m. Sept. 17. \$7 including materials.

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**Engraving shop** — squadron, office and individual orders.  
**Jewelry making** — 5-7 p.m. today or 10:30 a.m.-noon Sept. 26. \$30 including materials. Learn wire wrapping and tooling.  
**Mosaics** — One class, two session: 5-7 p.m. Sept. 10 and 24. \$15 including materials.  
**Multi-crafts center** — potter's wheels, ceramic molds, air brushing and tools are available for use in the shop. Craft classes for beginners, intermediate and advance levels. Craft supplies for sale.

**Scrapbooking** — 10:30 a.m.-noon Sept. 12. \$20 including materials.

**Tailgate flea markets** — Saturdays. Set up at 8 a.m., sales are 9 a.m. to 1 p.m. Tables \$15 on day of sale. Register by 4 p.m. Fridays and pay \$10 and get a parking space.

**Wood shop** — stocked retail lumber and a large assembly area adjacent to the machine room are available. Call for information on beginner and advanced woodworking classes.

## Chapel

All classes are held at the Triangle Chapel Annex. For more information, call 377-2520.

**Protestant Women of the Chapel Bible study series** — "It's Tough Being A Woman," 10-week study on Esther. Begins Wednesday and continues weekly through Nov. 12, 9-11 a.m., Triangle Annex, upstairs. For more information, call Mary Just, 806-4562, or maryejust@yahoo.com for more in.

**Catholic religious education** — after 9 a.m. Sunday Mass.  
**Protestant Sunday School** — 10:30-11:30 a.m. for pre-school, elementary, teens and adults.

**Men's prayer breakfast** — 9 a.m. to noon second Saturday of the month.

**Women's prayer breakfast** — 10 a.m. to noon first Saturday of the month.

**Dinner and the Bible** — 6-7:30 p.m. Wednesdays, Triangle Chapel Annex.

## Keesler Medical Center

### Pediatric subspecialty clinic

**Baby Boot Camp** — 11 a.m.-1 p.m. second Thursday of the month in conference room BF 400, located off the outpatient clinic entrance. Classes cover infants from birth to 6 months of age. Classes address common concerns of new parents such as booking appointments, colic, immunizations, safety, feeding issues, developmental milestones, dental care and infant cardiopulmonary resuscitation. Gifts, prizes and refreshments are included. Classes open to members of all branches of the military and their dependents. To sign up, call Capt. Romeatrus Moss, 376-5375. For more information, call Capt. Moss, Maj. Muriel Gatlin, 376-5387, or Staff Sgt. Jihan Brown, 376-5579.

### Mental health clinic

**Post-traumatic stress disorder** — 1:30 p.m. Mondays.  
**Healthy thinking** — 2 p.m. Tuesdays.  
**Stress management techniques** — 10 a.m. Wednesdays.  
**Relaxation techniques** — 9 a.m. Mondays.  
To register, call 376-0385.

## McBride Library

**Student research help** — 6:30 p.m. Wednesdays. Basic information on Ebsco and Gale Group.

**Research databases** — comprehensive research capabilities. Many specialty areas. Orientations 6:30 p.m. Tuesdays. To sign up, call 377-2181.

**Playaway** — first self-playing digital audio books now available. Audio content preloaded; select from large assortment of titles. Pop in a battery, plug in almost any type of headset and enjoy.

**Overdrive audio online book program** — individual or family accounts allow download/playing of full length audio books on a personal computer. Check with library staff for details.

**Rosetta Stone online language learning center** — 30 foreign languages including Spanish. For more information, check with the library staff.

**Chief of Staff professional military reading list** — titles available for checkout from the special book collection.

**Online catalog** — to search the inventory of books, DVDs, CDs, videotapes, magazines, periodicals and more, log on to <http://www.keeslerservices.us>, click on the link for McBride Library, then the link for the online catalog.

**Available** — two large meeting rooms, audio room, typing room and children's library.

**Free wireless Internet** — check at circulation desk.

**Tours/orientations** — call 377-2604.

**Paperback book swap** — swap one for one. Must be in good condition and of same genre.

**Volunteers needed** — to shelve books, assist with children's story time and create displays. For more information, call 377-2181.

## CLUBS AND CENTERS

### Vandenberg Community Center

**Editor's note: All events, except dances, are open to all Keesler personnel.**

**Legends Café** — Buffet specials 11 a.m.-1 p.m.; Poppy seed chicken Wednesday, barbecue ribs Sept. 16, cajun creole chicken Sept. 23; beef brisket Sept. 30: \$6.95 each; Castfish buffet Sept. 11 and 25, \$8.95.

**Pool tournaments** — 6 p.m. Mondays and Tuesdays.

**Dances** — 6 p.m. to midnight Thursdays before compressed work schedule Fridays, and Fridays and Saturdays. \$3.

**Movie nights** — 7 p.m. Wednesday; free popcorn.

### Katrina Kantina

**All ranks invited** — open 3:30 p.m. Tuesdays-Fridays. Snacks, beverages and music; \$5.25, chips and salsa, DJ Wayne and his karaoke machine.

**Tuesday special** — 5-7 p.m., tacos two for \$1 for members, \$1.50 each for nonmembers.

**Luncheon specials** — 11 a.m. to 1 p.m. Mondays; \$6 members, \$8 nonmembers. For more information, call 377-2219.

**Catering** — experts can assist with planning weddings, holidays, birthdays, official functions and other special occasions.

**Wings and things** — 5-7 p.m. Sept. 30. Free for club members; \$3 for nonmembers. Complementary hors d'oeuvres and \$1 domestic draft beer.

### Youth center

**Editor's note: All children registered in a youth center program receive free membership.**

**Dance classes** — Tap, ballet and aerobic classes available. Mondays 5:30-6:30 p.m. ages 6-8, 6:30-7:30 p.m. ages 9 and older; Tuesdays 5:30-6:30 p.m. for ages 3-5. \$50 per month.

**Free basketball clinic** — 9 a.m.-1 p.m. Sept. 26. Ages 5-14. Call or stop by the youth center to register.

**Free cheerleading clinic** — 1-3 p.m. Sept. 26. Ages 6-9, 3-5 p.m. Register at the youth center or call 377-4116.

**TRAIL** — 6-8 p.m. Mondays

**Friday night fun** — 6:30-9:30 p.m., ages 6-12. Skating, music, games and more.

**Classes** — Guitar, piano and gymnastic classes available. To register, call 377-4116.

**Open recreation** — 3-5:45 p.m. Mondays-Thursdays, 3-6 p.m. Fridays and 9 a.m. to noon Saturdays, ages 9 and older. Boys and Girls Club programs including computer media center, homework assistance "Power Hour" program, and triple-play sports and recreation activities. Students sign themselves in at the front desk.

**Youth employment service** — earn money for college tuition; call for more information.

**Congressional Award program** — ages 14-21; self-directed merit program promoting personal development, physical fitness and community involvement.

**Volunteers needed** — for sports, open recreation, crafts, cooking, computers, arts, reading, sewing and general cleaning and decorations. Must be 18 or older. For more information, call 377-4116.

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## DINING HALL MENUS

### Today

**Lunch** — baked chicken, pepper steak, pasta primavera, mashed potatoes, rice, gravy, mixed vegetables, fried okra, green beans, potato salad, fruit salad, cream of broccoli soup, potato soup, bean and ham soup, and buffalo wings.

**Dinner** — pork chops with mushroom gravy, braised liver with onions, fried fish, hush puppies, rissole potatoes, rice, gravy, broccoli, peas and carrots, wax beans, fruit salad, potato salad, classic chili, cream of broccoli soup, bean and ham soup, buffalo wings and roast beef subs.

### Friday

**Lunch** — chili macaroni, barbecue chicken, fried catfish, simmered potatoes, gravy, fried cabbage, carrots, black-eyed peas, three-bean salad, chile con queso, Tuscan vegetables, chicken noodle soup, barbecue pork sandwich and burritos.

**Dinner** — shrimp scampi, beef stew, roast turkey, franconia potatoes, pea and pepper rice, gravy, corn on the cob, stewed tomatoes, collard greens, three-bean salad, chile con queso, Tuscan vegetables, chicken noodle, barbecue pork sandwich and burritos.

### Saturday

**Lunch** — baked fish, knockwurst, Chinese five-spice chicken, potatoes, rice, onion gravy, stir-fry vegetables, baked beans, creamed corn, fruit salad, kidney bean salad, white bean salad, minestrone soup, baja chicken enchilada and chicken nuggets.

**Dinner** — baked chicken, Swedish meatballs, creole shrimp, mashed potatoes, rice, gravy, creamed corn, asparagus, steamed squash, fruit salad, kidney bean salad, white bean salad, minestrone soup, baja chicken enchilada and chicken nuggets.

### Sunday

**Lunch** — stir-fry beef with broccoli, turkey nuggets, turkey nuggets, orange honey glazed pork, sauteed mushrooms and onions, baked potatoes, rice pilaf, gravy, corn on the cob, green beans, German coleslaw, tomato salad, chili with beans, broccoli soup, chicken with rice and cheese pizza.

**Dinner** — oven fried fish, spareribs, chicken breast parmesan, macaroni and cheese, O'Brien potatoes, gravy, peas, sweet potatoes, broccoli combo, German coleslaw, tomato salad, chili with beans, broccoli soup, chicken with rice and cheese pizza.

### Monday

**Lunch** — barbecue spare ribs, grilled strip loin steak, barbecue chicken, grilled hamburgers, grilled cheeseburgers, macaroni and cheese, baked beans, corn on the cob, cole slaw, assorted pastry and fruit, and cold drinks.

**Dinner** — beef pot roast, baked stuffed fish, roast pork loin, potatoes, rice, gravy, cauliflower combo, succotash, green beans, macaroni salad, chile con queso, Tuscan vegetables, chicken noodle soup, grilled sausage and steak and cheese subs.

### Tuesday

**Lunch** — country captain chicken, meatloaf, turkey a la king, rice, mashed potatoes, gravy, tempura vegetables, mustard greens, okra tomato gumbo, macaroni salad, cottage cheese salad, chili, minestrone soup, baja chicken enchilada, sloppy joes and roast beef subs.

**Dinner** — teriyaki chicken, veal parmesan, baked fish, rice, parsley buttered potatoes, gravy, fried cabbage, succotash, steamed carrots, macaroni salad, chili, minestrone soup, baja chicken enchilada, sloppy joes and roast beef subs.

### Wednesday

**Lunch:** — lasagna, spaghetti with meat sauce, chicken cacciatore, buttered noodles, baked potatoes, Italian-style baked beans, green beans with mushrooms, marinara sauce, simmered squash, Mexican cole slaw, frijole salad, white bean chicken chili, clam chowder, chicken gumbo, cheese sandwich and pizza.

**Dinner** — lemon-herb chicken, sweet and sour pork, jambalaya, scalloped potatoes, rice, gravy, cauliflower combo, Mexican corn, simmered broccoli, Mexican coleslaw, frijole salad, white bean chicken chili, clam chowder, chicken gumbo, cheese fish-wich and pizza.

## TICKETS AND TRIPS

**Discounted tickets** — for information, log on to <http://www.keeslerservices.us> and click on the ITT link.

**Information on area and out-of-state attractions** — free brochures for Louisiana, Mississippi, Alabama, Florida and Georgia.

**Disney special continues** — Salute to Military program continues. Order tickets now. For more information, call 377-3818.

**Tour bus** — available for group rental, seats 23.

**Tours to New Orleans Saints home football games** — \$60 per person including admission and transportation. Tickets are limited to two per family as there are only 20 seats for each game. Customers can purchase up to two tickets to any five games. Call 377-3818 for more information. View the Saints 2009 schedule at <http://www.neworleanssaints.com/Game%20Day/Seasons/2009%20Schedule.aspx>.

## TRANSITIONS

### Workshops, briefings

**Congressionally-mandated pre-separation briefings** — counseling by airman and family readiness center for active-duty military members of any branch of service who'll receive honorable discharges and no extra transition benefits. Briefings are Tuesdays in Room 111, Sablich Center, 1 p.m. for those who are separating and 2:30 p.m. for those who are retiring. If separating/retiring under special circumstances, call 376-8728 for appointment.

**Transition assistance program** — briefings are 8 a.m. to 4:30 p.m. Sept. 14-17, Oct. 19-22, Nov. 16-19 and Dec. 14-17, Room 108A, Sablich Center. For military personnel who are 12 months or less from separation or 24 months or less from retirement, and

Department of Defense civilians; spouses welcome. Military members should complete congressionally-mandated pre-separation counseling in advance. Attire is business casual — no uniforms, jeans, shorts or T-shirts. To sign up, call 376-8728.

**Air Force Reserve opportunities** — for members separating within 180 days, call Master Sgt. Charlene Morse, 377-7116; e-mail [charlene.morse@keesler.af.mil](mailto:charlene.morse@keesler.af.mil) or visit Room 125-F, Sablich Center.

**Palace Chase** — for information about how to apply for a program to attend college full time and work part time, visit Room 125-F, Sablich Center. For more information, call Master Sgt. Charlene Morse, 377-7116; e-mail [charlene.morse@keesler.af.mil](mailto:charlene.morse@keesler.af.mil) or visit Room 130, Sablich Center.

## MEETINGS

**African-American Heritage Committee** — 3:30 p.m. second Tuesday of the month, Room 109, Taylor Logistics Building. For more information, call Tech. Sgt. Yolanda Jerry, 377-2157, or Kurt Higgins, 377-5250.

**Air Force Sergeants Association Chapter 652** — 4 p.m. third Tuesday of the month, Katrina Kantina. For more information, call Staff Sgt. Rich Striggow, 377-4800, or visit the group's Web site, <http://www.afsa652.org>.

**Air Force Sergeants Association Auxiliary** — 6 p.m. third Tuesday of the month. For more information, call Michelle Foster, 273-4591, or e-mail [auxiliary.president@afsa652.org](mailto:auxiliary.president@afsa652.org).

**Airmen Against Drunk Driving** — For more information, call Staff Sgt. Aaron Eden, 377-1907; Staff Sgt. Brad Mills, 377-1714, or 377-SAVE.

**Asian Pacific-American Heritage Committee** — 11:30 a.m. first Wednesday of month, Room 111, Sablich Center. For more information, call Lucy Belles, 376-8500, or Master Sgt. Ernesto Alvendia, 376-8501.

**At Eze Toastmasters Club** — 11 a.m. Tuesdays, Building 1101 conference room. For more information, call Dewi Clark, 377-2714, or e-mail [dewi.clark2@keesler.af.mil](mailto:dewi.clark2@keesler.af.mil); Arleen Stewart, 377-2440, or visit <http://www.toastmasters.org>.

**Blacks in Government** — 5:15 p.m. second Thursday of the month, Taylor Logistics Building conference room. For more infor-

mation call Florence Clay, 377-8681, or Paulette Powell, 377-2270.

**Civil Air Patrol Col. Berta A. Edge Composite Squadron** — 7 p.m. Tuesdays upstairs in Hangar 3 for youth and adults. For more information, call (601) 528-4337, e-mail [Camo-princess92@gmail.com](mailto:Camo-princess92@gmail.com) or visit <http://www.keeslercap.org>.

**Company grade officers council** — meets first Wednesday of the month. For time and location, call 1st Lt. Stephanie Lutz, 377-8638.

**Keesler 5.6** — 3:15 p.m. third Wednesday of the month; location varies. For more information, call Tech. Sgt. Kimberly Sturdivant, 377-1813.

**Keesler Amateur Radio Club** — Net with news-line and echo-link is held Wednesdays on 146.79, minus offset, no PL tone. Monthly meeting is 7 p.m. second Monday of the month at Locker House facility. Enter courtyard on left side of building as you face the front of it. Enter the door marked "T flight" and proceed straight ahead until you see a sign saying "K5TYP."

**Keesler Spouses Club** — second Tuesday of the month. E-mail Devalynn Solomon, [deesolomon@cablone.net](mailto:deesolomon@cablone.net), or visit <http://www.KeeslerSpousesClub.com>.

**Retired Enlisted Association Magnolia Chapter 81** — 5:30 p.m. second Thursday of the month, Sablich Center, Room 108-B. For more information, call Charles Partin, 313-3267.

**Top III** — 3:30 p.m. third Thursday of the month; location varies. For more information, call Master Sgt. Tammy McElroy, 376-3164.

**Tuskegee Airmen Inc., Col. Lawrence E. Roberts Chapter** — 5 p.m. first Thursday of the month, McBride Library. For more information, call Glenda Mosby, 243-1992, [gmosby1@bellsouth.net](mailto:gmosby1@bellsouth.net), or Charles Bowers, 860-3665.

## MISCELLANEOUS

### Movies

**Editor's note: Movies are shown at Welch Auditorium. Tickets are \$3 adults and \$1.50 children for regular features, and \$2.50 adults and \$1 children for matinees. For recording about current features, call 377-6627.**



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