



KEESLER NEWS

Keesler Air Force Base
Biloxi, Mississippi

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Train to Fight — Train to Win

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Dragons deployed — 234

President accepts Nobel Prize

By Donna Miles

American Forces Press Service

WASHINGTON — President Barack Obama said Friday he'll accept the Nobel Peace Prize as a "call to action" for the international community to work together to confront common challenges, while also recognizing his responsibility for U.S. security.

"Even as we strive to seek a world in which conflicts are resolved peacefully and prosperity is widely shared, we have to confront the world as we know it today," the president said.

"I am the commander in chief of a country that's responsible for ending a war and working in another theater to confront a ruthless adversary that directly threatens the American people and our allies," he said.

Obama said he was humbled and surprised to learn that he had been named to receive the Nobel Peace Prize and believes the honor must be shared by all courageous people around the world who strive for justice and dignity.

He cited examples, including, "the soldier who sacrificed through tour after tour of duty on behalf of someone half a world away," and "all those men and women across the world who sacrifice their safety and their freedom, sometimes their lives, for the cause of freedom."



Smile for Sparky

Two-year-olds Keira Brindle, left, and Julian Ozaeta meet Sparky the Fire Dog during a visit to the child development center Oct. 6 for Fire Prevention Week. Keira is the daughter of Staff Sgt. Damon and Cynthia Brindle, 335th Training Squadron. Julian's parents are Capts. Jennifer Reodica and Lee Ozaeta, 81st Surgical Operations Squadron. The fire department conducted a fire drill and gave out fire hats and coloring books. More photos, Page 17.

Photo by Kemberly Groue

New deployment deferment policy strives for consistency, fairness

By April Rowden

Air Force Personnel Center Public Affairs

RANDOLPH Air Force Base, Texas — The recent deployment deferment policy change institutionalizes an equitable deferment period of six months for Airmen completing 365-day indeterminate temporary duty assignments or an unaccompanied, short tour permanent change of station.

Prior to the release of the new Air Force Instruction 36-2110, Assignments, which formalized the policy, an individual serving a 365-day deployment was deferred from any deployment for 12 months. The AFI eliminates the disparity between the short tour PCS and a 365-day deployment.

"We are constantly reviewing officer and enlisted assignment policies to ensure that the Air Force fosters an environment of consistency and fairness across the active-duty force," said Senior Master Sgt. Dennis Carlson, superintendent of assignment policy and procedures at the Air Force Personnel Center. "By making this adjustment to our governing AFIs, our Airmen are guaranteed unbiased and impartial consideration for the next round of deployments."

The new policy complies with guidance by the secretary of defense to provide Airmen with a 1-1 dwell ratio in the U.S. Central Command

Please see **Deployment**, Page 9

Striving for energy security

By Michael Donley

Secretary of the Air Force

and Gen. Norton Schwartz

Chief of Staff

President Obama has called on Americans to lower our reliance on fossil fuels and change the way we produce energy. As always, the Air Force will answer the president's call to action and do our part to increase our nation's energy independence. We are and will continue to be a leader in improving our nation's energy security.

October is Energy Awareness Month throughout the federal government and we are using it to kick off energy awareness campaigns across the Air Force. Our theme this year is "Energy Solutions ... Fueling the Mission." This theme highlights the importance of energy to our overall mission to Fly,

Fight and Win, and supports the Air Force energy strategy to reduce demand, increase supply and change our culture.

Over the past year, your hard work has resulted in solid progress towards our strategic energy goals. Overall, energy consumption continues to decrease and we have improved our energy security by making our bases more efficient, while identifying alternative fuel sources for our aircraft. To assist in our future endeavors, we recently established the Energy Program Management Office to serve as the coordinating body for all cross-cutting Air Force energy issues.

Your daily commitment to enhancing our nation's energy security complements our core values and supports the Air Force mission. Through teamwork and discipline, we can execute our strategy and make lasting energy improvements for our Air Force and the nation.

Celebrate even the smallest of life's accomplishments

By Master Sgt. Joseph Wheeler

81st Aerospace Medicine Squadron first sergeant

The typical military life is filled with short suspenses, crisis management, personnel issues and operational commitments. If you add family, finances and our mental and physical well-being to the pot, you wind up with a recipe for a high-stress and anxiety-filled existence. I ask you, "Is existing all you want to do?"

On those days when you have to ask yourself, "How long will I have to deal with this?," conduct a personal inventory and think of where you came from and what it took to get there. Reflecting will put your life in perspective and will lessen the chance of you belittling your own accomplishments.

Recently I was speaking with a recently-promoted staff sergeant. Instead of being excited about being a new noncommissioned officer, she told me she was embarrassed because it happened so late in her career. We need to refocus that mind set. She should be proud of her accomplishment and looking forward to being a supervisor and progressing in her career!

I just finished participating in the Air Force Marathon. After four months of training, my finish time was an hour and 20 minutes slower than I expected. On Mile 17, my heel and Achilles were so tight I was afraid the tendon would snap, so I hobbled for the last nine miles. Due to unforeseen circumstances, I had

to reevaluate my goal and focus on finishing.

When I crossed the finish line, I was in no mood to celebrate because I was disgusted with myself. About 45 minutes after my finish, a colonel crossed the finish line to thunderous applause. The master of ceremonies rattled off 12 names of fallen service members he had commanded in the area of responsibility. To humble me further, I realized he was an amputee.

It was at that point I realized finishing was an accomplishment. It was my accomplishment and no one could ever take that away from me. Any day we are able to get out of bed and attack our obstacles is a blessing that we sometimes take for granted. The last thing we need to do is crucify ourselves for not hitting our mark.

The pursuit of excellence isn't a clear or straight path. It is a path with potholes and unexpected turns that you must negotiate carefully. Realize that you will fall and sometimes you'll make a wrong turn. After you dust yourself off and get reoriented, realize that a new day comes with challenges that create opportunities for excellence.

As leaders at all levels, our peers and Airmen are depending on us to have a positive attitude when the odds are stacked against us. Continue to set professional and personal goals for yourselves. Be prepared for letdowns and shortfalls, but never give up.

ACTION LINE — 377-4357

By Brig. Gen. Ian Dickinson

81st Training Wing commander

You're encouraged to work concerns through your chain of command or contact an appropriate helping agent. For unresolved issues, call the commander's action line for assistance.

Suggestions to help make this a more valuable and useful tool are welcome. Call the commander's action line, 377-4357; write to Commander's Action Line, 81st TRW/PA, Keesler AFB, MS 39534-2603; e-mail 81st TRW Commander's Action Line (on-base) or commanders.line@keesler.af.mil (off-base).

ISSUE — First and foremost, I want to say how pleased I am with the quality health care provided to my wife Sept. 16 at Keesler Medical Center's same-day surgery clinic. The level of service and care we received is far beyond that of most civilian hospitals. The staff was top of the line, and we both thank them for the caring they gave us.

However, I did have one very negative image of the hospital — the extreme lack of parking. It's appalling that a patient has to park near the Sablich Center in order to get to the hospital. Everyone we ask about potential plans to construct a multi-level parking garage for the hospital give the same answer — I wish they would.

I'd like to see an article in the Keesler News so everyone is aware of what plans are in place to solve this very negative aspect and image of Keesler that patients from across the Gulf Coast see before even walking into the hospital. Is this the image Keesler wants to send?

RESPONSE — Thank you for your praise of our Dragon Medics and the high quality of care we provide -- we strive every day to improve the delivery of health care. A major part of the constant drive for improvement is the new building construction you've seen in and around the medical center. Unfortunately, the current construction projects don't include a parking garage. That's not to say one may be planned in the future, but it would have to compete with all other proposed military construction projects for funding.

In the meantime, we've taken several steps to ease the parking situation for our patients. All hospital staff members have been instructed to park in the areas closest to Blake Fitness Center and Sablich Center, leaving the parking area directly in front of the hospital for patients. We also have extensive handicapped parking at the entrances to the facility to assist our patients that have specific mobility handicaps.

A benefit of one of the already completed demolition/construction projects is the creation of a 100-space parking lot in the area where the old heating plant was located behind Tyer House. It should be open very soon. Another initiative by our hospital volunteers is an electric cart shuttle service that takes patients back and forth from the parking areas to the hospital entrance. We've also allowed liberal use of patient drop-off areas at the front entrances to the hospital. With no unplanned delays, the medical center construction projects should be completed by Fall 2011. When completed, our hospital will indeed be world-class, but we request everyone's patience as we work our way towards that goal.



DRAGON ON THE STREET

By **Kemberly Groue**

Keesler News photojournalist

What is your favorite thing about fall?



The cooler weather and the fall colors.

Tech. Sgt. Dakita Bailey,
81st Medical Support Squadron



The temperature.

Senior Airman Jennifer Parker, 403rd Wing



Football!

Dick Brock, legal office

More news, videos, information, and photos on the Web
at <http://www.keesler.af.mil>

KEESLER NEWS

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TRAINING AND EDUCATION

Keesler's Navy unit recognized for community service programs

By Petty Officer 1st Class Matthew Burpee

Center for Naval Aviation Technical Training Unit

The Center for Naval Aviation Technical Training Unit at Keesler was recently recognized for outstanding community service by Rear Adm. T.G. Alexander, commander of Navy Region Southeast.

CNATTU earned the region's first place award with its Campaign Drug Free flagship. "Flagship" refers to a program in which Sailors are leading the way.

Gulf Coast partners included Biloxi Alternative High School, East Hancock Elementary School, Oak Park Elementary School in Ocean Springs, the Boy Scouts of America and the Sea Cadets of Gulfport. CNATTU assisted 1,521 youths ages 5-18 with 590 total volunteer hours in the past calendar year in this program alone.

CNATTU also won two regional second

place honors with its personal excellence partnership flagship and health, safety and fitness flagship. The programs partner CNATTU with Nichols Elementary School and the annual Mississippi Special Olympics Summer Games held at Keesler. These two categories served 812 youths ages 5-18 with a total of 821 volunteer hours.

"All of our volunteers have amazing motivation to assist the local community," stated Petty Officer 1st Class Clarence Hartenstine, CNATTU community service coordinator. "This awards recognize all they do."

CNATTU was commended for having active and thriving volunteer community service programs in several flagships. Packages have been forwarded for Navy-wide competition for the USS Bainbridge Award for overall excellence in community service.

Combat control instructor headed to Officer Training School

Master Sgt. John Wylie, a combat control instructor in the 334th Training Squadron, has been selected for Officer Training School. Sergeant Wylie has been in the Air Force 12 years, the last four at Keesler. In 2007, he earned a bachelor's degree in professional aeronautics from Embry-Riddle Aeronautical University. Tentatively scheduled to start OTS next month, Sergeant Wylie becomes a special tactics officer after graduation.



Base shuttle schedules are found at <http://www.keesler.af.mil/library/factsheets/factsheet.asp?id=15371>

To report sexual assaults at Keesler, call 377-7278.



Don't drink
and drive.
Call
377-SAVE
for a
safe ride
home.

The Airman's Creed



*I am an American Airman.
I am a Warrior:
I have answered my nation's call.*

*I am an American Airman.
My mission is to fly, fight and win.
I am faithful to a proud heritage,
A tradition of honor,
And a legacy of valor.*

*I am an American Airman,
guardian of freedom and justice,
My nation's sword and shield,
Its sentry and avenger.
I defend my country with my life.*

*I am an American Airman:
Wingman, leader, warrior.
I will never leave an Airman behind,
I will never falter
and I will not fail.*



Drill downs, parades

Drill downs — 8 a.m. Feb. 19, April 16 and Oct. 15; 7 a.m. June 11 and Aug. 20.

Parades — 6 p.m. March 18, July 22 and Sept. 16.

For more information on drill downs, call Staff Sgt. Julie Hammond, 377-2737. For more information on parades, call Staff Sgt. Gregory Washington, 377-9527.

Satellite capability

The education services satellite downlink which has been out of commission since Hurricane Katrina has been restored and is ready to serve the base community on any receivable training via satellite.

For more information, call 376-8708 or 8710.

Post-9/11 GI Bill

Post-9/11 GI Bill briefings are 11:30 a.m. Oct. 22, Nov. 10 and 23, and Dec. 17 in the Sablich Center Auditorium.

For more information, call 376-8708 or 8710.

CCAF graduation

Community College of the Air Force fall graduation is 3 p.m. Oct 27 in Welch Auditorium.

The speaker is Lt. Col. Timothy Albrecht, CCAF commandant and vice commander of the Thomas N. Barnes Center for Enlisted Education at Maxwell-Gunter Air Force Base, Ala.

The Keesler Chiefs Group, Air Force Association and Embry-Riddle Aeronautical University award scholarships.

A reception follows in Vandenberg Community Center.

For more information, call the education office, 376-8708 or 8710.

Parking lot closed

The parking lot on the southeast side of the NCO Academy Building is closed until 2 p.m. Oct. 28 for drill practice and evaluations.

In case of inclement weather, hours may change or the lot will be open.

For more information, call Master Sgt. Greg Jackson, 377-3944.



Air Force Clubs give scholarship

Rachel Pace, daughter of David and Valerie Pace, is one of 25 recipients of \$1,000 Air Force Clubs scholarships. She's a freshman forensic biology major at the University of Southern Mississippi. Her father works in the 81st Medical Support Squadron.

House party

A UBU house party for nonprior service students is 8 p.m. Oct. 29 at the Legends Cafe in Vandenberg Community Center.

Students may pick up a free UBU card at the event, or show their current card and become eligible for prizes and giveaways.

The party is sponsored by the Army and Air Force Exchange Service and Keesler Federal Credit Union.

MGCCC registration

Registration for Mississippi Gulf Coast Community College's Keesler Center begins Nov. 2 for winter session classes, Nov. 16-Feb. 19.

For more information, visit the MGCCC office in Sablich Center, call 432-7198 or e-mail alrie.poillion@mgccc.edu.

Commissioning

Commissioning briefings are 10-10:30 a.m. in Room 224, Sablich Center:

Officer Training School — second and fourth Wednesdays of the month.

ROTC — first and third Tuesdays of the month.

CCAF online

Visit the Air Force Virtual Education Center, <https://www.my.af.mil/afvecprod>, to create MyAFVEC accounts to access online customer service tools.

People can request and track Community College of

the Air Force transcripts, view degree progress reports and see if a course counts toward a CCAF degree.

ACSC options

Air Command and Staff College can be completed by correspondence or seminar.

Majors or major-selects of all services and civilians General Schedule-11 and above are eligible.

For more information, call 376-8472.

CCAF program

The Community College of the Air Force's General Education Mobile is a partnership between CCAF and civilian academic institutions that offers clustered online general education courses to meet CCAF degree requirements.

For more information, call the education center, 376-8708 or 8710.

GI Bill benefits

Montgomery GI Bill benefits may be used in conjunction with tuition assistance.

For more information, call 376-8708.

Graduate degree

University of Southern Mississippi Gulf Coast now offers the adult education master's program at Keesler.

Four core courses are taught on base. The degree can be finished with online electives.

For more information, call 214-3444.

Hispanic engineering program recognizes Castillo with award

By Angela Cutrer

Keesler News staff

Each year, the Air Force selects four individuals to honor during the annual Hispanic Engineering National Achievement Awards Corporation and Science, Technology, Engineering and Mathematics Awards Program.

This year, a Keesler newcomer takes one of the top honors.

Lt. Col. Karen Castillo arrived at Keesler this summer to become the 81st Training Wing's inspector general.

She earned her Luminary Award during her tenure as deputy director of contracting, human resources and corporate development at the Office of Scientific Research in Arlington, Va. She attended the award ceremony Friday in Long Beach, Calif., to receive her award during the group's annual conference.

"The caliber of HENAAC



Colonel Castillo

nominees continues to reflect the highest levels of excellence as more Hispanic professionals advance to the forefront of their organizations," the group's Web site notes. "Initiated in 2004 to bring additional role models to our nation, Luminary honorees

are leading, collaborating and initiating key programs and research within their respective organizations."

Each honoree shares three common factors: Each is highly respected by peers and management, each is a valuable authority in his or her field and each is blazing the trail for future generations of engineers and scientist, the Web site said.

Colonel Castillo was commissioned in 1984 from the U.S. Air Force Academy. She has held a variety of positions at base, center, major command, Air Staff, Joint Staff and Office of the Secretary of Defense levels in acquisition and mission support.

She's held assignments at the Pentagon; Dover AFB, Del.; Osan Air Base, Korea; Gunter AFB, Ala.; Wright-Patterson AFB, Ohio; Los Angeles AFB, Calif.; Ramstein AB, Germany and Manas AB, Kyrgyzstan.

Airmen entertainers perform Oct. 25 in Biloxi

By Tech. Sgt. Chuck Marsh

Keesler Public Affairs

The Air Force's premier entertainment troupe, Tops in Blue, presents a free concert open to the public, 7 p.m. Oct. 25 at the Mississippi Coast Coliseum in Biloxi.

The team continues its 56-year tradition as a family show with something for everyone to enjoy, performing the musical show "To Dream." The show includes music from almost every genre and decade, reminding the audience of the music each era of Airmen have lived their dreams to and the songs of dreams today.

The team consists of more than 30 members from bases all over the world and the show takes two months to reach performance standards. But they continue to improve and grow during the year-long tour.

The team will make more than 120 stops on its world-wide tour that began in March and ends in March 2010.



Here's your chance to 'go for the Blue'

Active-duty Airmen can be a part of Tops in Blue by applying online at www.topsinblue.com.

The Tops in Blue team offers members a chance to tape an audition from 2-4 p.m. Oct. 25 before the performance at the Mississippi Coast Coliseum.

A talent consultant will be on hand to speak with interested applicants and assist with their taping. An application is still required and must be submitted to Air Force Entertainment.

For more information, call 377-3308 or visit www.keeslerservices.us.

IN THE NEWS

Retired chief of staff admonished

Air Force News Service

WASHINGTON — Secretary of the Air Force Michael Donley took administrative action with a letter of admonishment against retired Gen. T. Michael Moseley, former Air Force chief of staff, for his role in the Thunderbird Airshow Production Services contract.

"General Moseley's years of dedicated service temper but do not excuse his failure in this case to live up to the well-established standards of conduct expected of all Airmen," Secretary Donley said. "Everyone is accountable for his or her actions. This is especially so for our senior leaders who must also create an environment where subordinates respect established standards and are willing to engage when things are not right."

For the complete story, log on to <http://www.af.mil/news/story.asp?id=123171885>

Combined Federal Campaign

As of Oct. 8, Keesler's Combined Federal Campaign has raised \$27,504.20 toward the goal of \$134,000.

The drive continues through Oct. 31.

For more information, contact your unit representative or Capt. Kelly Levens, 377-7209.

Partial gate closure begins

The outbound lanes on the north side of the Pass Road Gate are closed for about six more weeks for construction of denial barriers.

The closure includes Ploesti Drive from Pass Road north to the walk-through gate near Jeff Davis Elementary School. Traffic exiting Bay Ridge housing via Curtis Drive, other than cars dropping children off for school, should turn left (north) at Ploesti to access the base.

Inbound and outbound travel is maintained at the Pass Road Gate by dividing the two inbound lanes. Outbound traffic is routed to the inbound lane closest to the gate house, and inbound traffic uses the right turn lane at the gate.

Once the lanes on the north side are completed, they'll be reopened for inbound and outbound traffic and the lanes on the south side will be closed, including Ploesti south from Pass Road to Hercules Street, for about 10 weeks.

The Rodenberg Gate is open daily, 6 a.m. to 10 p.m.

Phones, seatbelt, car seat rules

Cell phones — It's a primary offense to drive on base while using a cell phone without a hands-free device.

For military members, offenses are subject to citation for points, and for civilian employees, dependents, retirees and contractors, citations carry a fine.

For all offenders, driving privileges can be suspended for seven days for the first offense, 30 days for a second offense and one year for a third offense.

Seatbelts must be used by driver and passengers. Children at least 4-7 years old or less than 65 pounds or under 4 feet 9 inches tall must be in a booster/child seat of vehicles in operation on the installation. For violations, driving privileges can be suspended seven days for the first offense, 30 days for the second offense, 90 days for the third offense and one year for the fourth and subsequent offenses.

For more information, call the 81st Security Forces Squadron, 376-6600, or the wing safety office, 377-2007.

Ending violence is focus of workshop

By Susan Griggs

Keesler News editor

Keesler's sexual assault prevention and response program hosts a Commitment to End Violence seminar Oct. 27 in Keesler Medical Center's Don Wylie Auditorium.

Two sessions are planned, and participants may register for either or both:

8 a.m. to noon — Heather Wagner, special assistant attorney general and director of the domestic violence division for the office of the state attorney general, conducts domestic violence



and sexual assault training. Topics include victim dynamics, state and federal laws, effective investigation and prosecution techniques and special considerations for military personnel and dependents.

1-5 p.m. — Sharlotta Sharp from the Mississippi Coalition Against Sexual Assault, leads a workshop on emergency department care for victims of sexual assault. The presentation reviews the adult or adolescent sexual assault victim from a military perspective. Topics include victimology, offender typology, nursing assessment, documentation, evidence collection, medical management and military procedures. The class awards nursing and social work units.

For more information or to register, call the sexual assault prevention and response office, 377-8635.

Deployment,
from Page 1

area of responsibility. The deployment-to-dwell ratio ensures for every month an Airman spends in the CENTCOM AOR, that Airman has comparable time outside that AOR.

Airmen have a responsibility to ensure their status is reflected accurately in the AEF reporting tool and to identify corrections with their unit deployment manager.

"Although Airmen are eligible for other AEF deployments six months after returning from an indeterminate TDY, they still cannot be involuntarily deployed to the CENTCOM AOR for 365 days," said Lt. Col. Thomas Pauly from AFPC's air and space expeditionary force and personnel operations directorate.

This provides a level of deployment predictability for Airmen and promotes a growing equality in benefits for Airmen doing the same job.

An increase in manning demands worldwide also has helped drive this policy change. When the 12-month deferment policy was instituted, fewer than 200 Airmen were deployed for 365 days or more. Today, more than 1,600 Airmen are filling the 365-day requirement.

"By pulling those Airmen out of the deployment pool for 12 months, we felt we were bringing excessive hardship on our Airmen who were being deployed multiple times," said Sergeant Carlson. "In the Air Force, it's very important that we continually work to take care of our people and create a culture where Airmen receive the same treatment and same opportunities."

Facts on the new policy are available online at the AFPC Web site by selecting the link for "deployment deferment."

For more information on the 365-day deferment policy, individuals should contact their unit deployment manager or installation deployment officer, call the Total Force Service Center at 800-525-0102 or visit AFPC's secure ASK Web site.

LEGAL BRIEFS

Legal office

The "Cash for Clunkers" program for new cars may have ended, but the IRS wants to remind taxpayers that many people might overlook another special break available.

If you buy a new vehicle this year, there's a special federal tax deduction available that can help you save money, in some cases hundreds of dollars. This tax break allows people who buy a new vehicle in 2009 to deduct the sales and excise taxes they pay when they file their tax return next year. The tax deduction is available on the 2009 federal tax return even for those who claim the standard deduction.

The deduction is part of the American Recovery and Reinvestment Act of 2009 and applies to taxes paid on up to \$49,500 of the purchase price for qualified new cars, light trucks, motorcycles or motor homes. Generally, vehicles weighing 8,500 pounds or less qualify. This means that most new cars and many new trucks will qualify. New motor homes qualify regardless of weight.

Buyers are entitled to a partial deduction if they earn between \$125,000 and \$135,000 (\$250,000 and \$260,000 for joint filers).

To qualify the vehicle must be new and purchased in 2009 after Feb. 16 and no later than Dec. 31.

For more information, call Richard Brock, 376-8601.

Registration starts for AETC Symposium

By Airman 1st Class
Brian McGloin

AETC Public Affairs

RANDOLPH Air Force Base, Texas — Registration began last week for the 2010 Air Education and Training Command Symposium, Jan. 14-15 at the Henry B. Gonzalez Convention Center in San Antonio.

The symposium's theme is, "Developing America's Airmen Today... For Tomorrow."

The symposium features two keynote speaker luncheons and more than 70 seminar presentations.

In addition, the Air Force Association Exposition will feature military and civilian exhibits addressing current and future issues and capabilities in recruitment, training and education of Airmen, along with a host of leadership, operational and emerging issue topics, said James Sturch, AETC Symposium event director.

The symposium culminates in an AETC Ball hosted by retired Gen. Lloyd "Fig" Newton, former AETC commander.

General Norton Schwartz,



Air Force chief of staff, is scheduled to be the keynote speaker.

Mr. Sturch said officials expect about 3,200 to 3,400 attendees, mostly from AETC units, but also from other Air Force and military units, as well as industry, commercial, education and the private sectors.

Participants can decide which lectures and discussions they want to attend, tailoring their experience at the symposium to their own professional needs and interests.

To register, visit <http://www.aetcsymposium.com>.

PERSONNEL NOTES

Discrimination hotline

Air Force Personnel Center

The Air Force Discrimination Hotline, 1-888-231-4058, that serves all active-duty, Guard, Reserve and civilian Airmen.

The 24/7 hotline number ensures all unlawful discrimination and sexual harassment concerns are quickly identified and addressed. It streamlines the process by which individuals can speak with an equal opportunity professional at the Air Force Personnel Center to advise and assist with their concerns and issues. Callers can remain anonymous.

Personnel are highly encouraged to use their chain of command and/or local EO office as a first means to address concerns, but the 24/7 hotline is available to those who don't have immediate access to their local EO office.

Customer service hours

Customer service is open 8 a.m. to 3 p.m. on "down Fridays."

To be issued an identification card, two forms of legal identification are necessary. Dependents are required to be accompanied by their sponsor unless they have power of attorney or a Defense Department Form 1172.

For more information, call Tech. Sgt. Carlton Vinson, 376-8339.

Upcoming selection boards

Through Oct. 26 — chief master sergeant evaluation.

Nov. 2 — colonel and lieutenant colonel judge advocate and chaplain; major LAF, judge advocate and chaplain.

Dec. 1 — colonel LAF/ BSC/NC, lieutenant colonel and major BSC/NC.

2010

Jan. 11, June 7, Sept. 27 — special selection boards.

Feb. 1 — senior master sergeant evaluation.

March 8 — lieutenant colonel line of the Air Force and medical service corps; major MSC.

June 21 — senior NCO supplemental board.

July 12 — colonel LAF-J/chaplain/BSC; lieutenant colonel and major LAF-J/CHAP.

Aug. 16 — command screening board.

Sept. 13 — colonel MSC/medical corps/dental corps; lieutenant colonel and major MC/DC.

Oct. 18 — chief master sergeant evaluation.

Nov. 8 — colonel LAF; lieutenant colonel and major BSC.

Dec. 6 — colonel and lieutenant colonel nursing corps; major LAF/NC.

Military personnel contacts

Military personnel section phone numbers:

Customer support — 376-8738.

Career development — 376-8739.

Force management — 376-8740.

Student personnel center — 377-4111.

Testing — 376-4111.

Reenlistment bonus list

Air Force News Service

For a complete selective reenlistment bonus list, visit AFPC's "Ask" Web site and click on the "military" tab. Select "active duty enlisted," then "reenlistments" and click on "Selective Reenlistment Bonus."

For more information, call the re-enlistment office, 376-8378, 8385 or 8387.

Humana begins new program for beneficiaries with lung issues

LOUISVILLE, Ky. — Humana Military Healthcare Services has announced an additional benefit available for South Region Tricare beneficiaries.

The Chronic Obstructive Pulmonary Disease Management Program offers telephonic education and coaching by dedicated registered nurses. COPD is a lung disease that blocks airflow and causes breathing difficulties.

Humana Military began offering this program Oct. 1.

"This disease management program offers education and assistance to beneficiaries with COPD in an effort to relieve and manage symptoms of the disease," said Dave Baker, president and CEO of Humana Military.

Coaching sessions focus on:

Smoking cessation

Avoidance of second-hand smoke

Self management

Exercise

Oxygen use and safety

Medication adherence

Understanding the purpose of medications

Beneficiaries also receive information regarding signs and symptoms of infection, when to call their physician or seek emergency treatment, and resources to help manage stress or anxiety.

Humana Military also offers disease management services for heart failure, asthma, and diabetes. Participants in the program are encouraged to take a breathing test and have access to Web resources, as well as a toll free number, 1-800-881-9227, to call for assistance or for information about enrolling in the program.

Don't let the flu cause misery for you

By Maj. (Dr.) Jessica Cowden

81st Medical Operations Squadron

The Gulf Coast has had increased numbers of flu-related visits to health-care providers' offices and hospitals since mid-August.

The Mississippi Department of Health and the Centers for Disease Control and Prevention are not tracking every person who gets sick with a flu-like illness because there are too many and many people never get seen by a doctor and even fewer get tested. However, they are tracking how many people are hospitalized. They are also testing viruses (taken from hospitalized people and from people at surveillance sites) to see what types of influenza viruses are circulating.

So far, nearly all the influenza viruses being detected by the Mississippi Department of Health laboratory are the 2009 H1N1 strain. This may change as the flu season continues as seasonal flu strains may re-emerge.

For otherwise healthy people, the 2009 H1N1 flu is usually a relatively mild, but uncomfortable illness similar to seasonal flu. Symptoms include fever, chills, cough, sore throat,



Photo by Steve Pivnick

SStaff Sgt. Brian Greer, 81st Inpatient Operations Squadron, administers a flu shot to Adell Lancaster Oct. 9 in the Keesler Medical Center Immunization Clinic. She and her husband, retired Senior Master Sgt. Tom Lancaster, reside in Gulfport.

runny or stuffy nose, body aches, headache, fatigue, and sometimes diarrhea and vomiting. Pregnant women, people with chronic medical problems, and children under the age of 5 (especially those under 2) are at extra risk for complications. These individuals should be careful about taking action

quickly and should call their health-care provider for advice.

People with uncomplicated flu illness who aren't considered "high-risk," based on age or medical condition, don't need to be seen by a health-care provider and don't need to be tested for H1N1. People with influenza-like illness who aren't high risk should stay home until they have been without fever for at least 24 hours without the use of fever-reducing medication.

Sick children

Signs that a child may be sicker and should be seen by a health-care provider:

Difficult or fast breathing

Bluish or gray skin color

Fever lasting more than three days

Dehydration (no urination in 12 hours)

Severe or persistent vomiting

Not waking up or interacting

Very irritable and not wanting to be held

Flu-like symptoms improve but then return with fever and worse cough

Sick adults

Signs that an adult may be sicker and should be seen by a health-care provider include:

Difficulty breathing or shortness of breath

Chest pain or pressure

Confusion or increasing sluggishness

Severe or persistent vomiting

Persistent fever and cough

What about Tamiflu?

Antiviral medications such as Tamiflu are recommended for all people hospitalized with a flu-related illness and for individuals who fall into one of the high-risk categories. They've been shown to prevent flu complications and side effects.

Antiviral medications, like all medications, can be associated with adverse effects, including allergic reactions, gastrointestinal side effects (vomiting and diarrhea in 13 percent of people) and strange behavior. For antiviral medications to be most beneficial in treating flu illnesses, they should be started within 48 hours of illness onset.

Tamiflu treatment isn't recommended for individuals without chronic conditions or who aren't in a high-risk age group, and who are otherwise tolerating the flu without the listed warning signs.

Are you at risk?

Individuals at higher risk for complications for H1N1 and seasonal flu who may need to see a health care provider:

Infants and young children

Pregnant women

Age 65 and older

People of any age with lung disease (including asthma), heart disease, other chronic diseases or weakened immune systems from cancer, HIV or immunosuppressive medications

People with kidney disease, diabetes or neurological and neuromuscular diseases

People under age 19 with diseases requiring long-term aspirin therapy

People with the flu should keep away from others as much as possible, stay home for at least 24 hours after fever is gone (except to seek necessary medical care), get plenty of rest, drink clear fluids to keep from getting dehydrated, cover coughs and sneezes, wash hands often with soap and water or an alcohol-based hand rub and watch for listed emergency warning signs that might indicate the need to seek medical attention.

To avoid the flu

Avoid the flu by getting seasonal flu and H1N1 vaccinations when available and practice good hygiene by:

Frequently washing hands;

Coughing and sneezing into the crook of your arm, rather than uncovered or in your hand;

Avoiding people with respiratory illness;

Staying home from work or school when sick, returning only after fever has subsided for 24 hours without the use of a fever-reducing medication.

For more information, visit the CDC Web site, <http://www.cdc.gov/h1n1flu> or <http://www.flu.gov/>.



Photo by Steve Pivnick

DRAGON OF THE WEEK

Name — Senior Airman Christina Cromartie

Unit — 81st Inpatient Operations Squadron

Position — family birthing center medical technician

Time in Air Force — 3½ years

Time at Keesler — almost three years

Hometown — Clarksville, Tenn.

Why did you join the Air Force? to make my momma proud.

Noteworthy — sole source of validating

and creating more than 200 timecards for inpatient unit.

What are your goals? to continue pursuing my degree in nursing and get commissioned.

What's your favorite quote? “Never allow someone to be your priority while allowing yourself to be their option.” — Nina Potts-Jefferies

What are your hobbies? I like looking at art, and sometimes I draw and paint.

DIAMOND NOTES

Performance feedback is mandatory for all officers, second lieutenant through colonel, and all active-duty enlisted personnel.

The initial feedback session must be conducted within the first 60 days of supervision, and a midterm feedback is provided about 180 days after the initial session, according to Air Force Instruction 36-2406.

Master Sgt. Rogers Trahan,
81st Medical Support Squadron first sergeant



MEMORABLE MOMENTS



July-September 1951

Keesler's hospital became the first in the Air Force to establish an appointment system for its outpatient clinics.



Airmen Ramos, Born and Edgecomb; Sergeants Kehoe and Hobbs; and Airman Gunkel are the six volunteers from the Keesler Fire Department who recently returned from a tour in Iraq.

Photo by Kemberly Groue

Keesler firefighters return from service in Iraq

By Angela Cutrer

Keesler News staff

Six firefighters from the Keesler Fire Department just returned from Balad Air Base in Iraq, bringing back experience, practice and a sense of know-how from dealing with real-life warrior conditions.

The crew — all volunteers for the mission — worked numerous emergencies, fires and medical crises. They took with them top-of-the-line training; they returned with a newfound respect for their flight's mission.

Staff Sgt. Michael Kehoe, 30, Mandeville, La., is a crew chief.

"I make the calls on that truck, and it's my responsibility to take care of those who are on there as well as their gear," he said.

He thought the most essential thing he learned during the crew's stay came on Sept. 20, when a Black Hawk helicopter crashed. The UH-60 Black Hawk went down at Balad, about 50 miles north of Baghdad, on a night of a fierce sandstorm that included thunder, lightning and rain.

"The crash really opened up

my eyes to what we really do as firefighters," Sergeant Kehoe said. "I've always enjoyed helping people, but this (crash) ... we helped rescue 11 people. That's something."

"It was chaos at first trying to find the helicopter crash, but once it was found, everyone immediately went in to work mode and did what we were trained to do," said Senior Airman Mark Born, 21, Wall, Texas, who served as a driver during the crew's mission.

He said the group had a lot of other smaller emergencies, too.

"We had a higher operations tempo than I expected," he said of the crew's deployment.

"They did what they had to do when the time came," said Keesler Deputy Fire Chief Gary Pierson, a retired master sergeant with 24 years military service.

"We get them ready and send them out the door," Chief Pierson said, pointing out that his people are deployable within 24 hours. "They are top-notch — the cream of the crop — as are all the members of the Keesler Fire Department."

Originally a Saddam-era air-

field, Balad Air Base was confiscated by American forces in 2003. It has since grown to be one of the largest in Iraq and is home to more than 20,000 U.S. forces. The base provides air power, logistics and counterterrorism support, as well as training for Iraqi security. It is also a base for Army helicopters and unmanned reconnaissance drones as well as the Air Force's F-16 fighters.

Senior Airman Shawn Edgecomb, 23, Stockton, Calif., said that he was surprised at how fast time went while the crew was deployed.

"The time went quickly and we actually had a lot of calls coming in over there in the desert," he said. "And we got to put all of our training into effect in a deployed environment. We were so busy and we stayed busy. There was so much stuff we had to do."

The crew didn't work on disasters only, though. Take Staff Sgt. Commie Hobbs, 31, of Mobile, Ala. This fire inspector is used to examining fire aftermaths, conducting drills and handling other public education duties, so he jumped right in over in Iraq, volunteering with "Troy's

Place," a getaway for warriors.

As its Web site states, "Troy's Place serves as a morale-building site, where military members can find many comfort items such as movies, books, magazines, music, games, stationary for letters, snacks, coffee and drinks. There is no charge to them, but their experience is priceless." The place is named after Maj. Troy Gilbert, who died Nov. 27, 2006, during an aerial combat near Taji and was posthumously awarded the Distinguished Flying Cross with Valor for his mission to protect others by giving his own life.

"(Troy's Place) is where you can go to boost your morale," said Sergeant Hobbs. "You can watch movies, get on the Internet, relax."

But even though soldiers need a little down time, it didn't mean they forgot those who are the smallest in need. "We collected toys, clothing and school supplies for Iraqi children," said Sergeant Hobbs, who's been to Kuwait and Jordan on missions, but said this one surprised him because he got a lot of overseas hands-on experience that he couldn't get at Keesler.

Senior Airman Jeremiah Ramos, 21, San Benito, Texas, served as a driver-operator and calls his first deployment "a great experience because we had more fires and rescues and medical calls than we thought possible. We got to help people and do more."

One of his calls involved a nonresponsive infant.

"It feels good to serve your country and help others," Airman Ramos said. "Morale was great over there and we had a great chief. We had no issues — we were just doing our job and loving it."

Another driver, Senior Airman Brian Gunkel, 21, Yakima, Wash., said his first deployment showed him how "it's night and day between here and overseas. Life in general is different, and you start to communicate with the local nationals and you see the little things (you used to worry about) don't matter. The daily things you used to take for granted, you just can't anymore."

If asked, "I'd go back in a heartbeat," he said firmly. "It's a chance to do your job. It's the only place you can get your feet wet and get your boots to working."



That's a beauty!

Air Force retiree George Macon and Airman Basic Justin Baez, 334th Training Squadron, admire a 1964 Chevrolet Impala convertible Oct. 6 as Cruisin' the Coast made a stop at the Biloxi Veterans Affairs Medical Center. Chaplain (Capt.) Eric Whitmore and 48 students from the 334th and 338th TRS assisted VA residents in viewing the vintage automobiles during their annual week-long gathering on the Mississippi Gulf Coast.

Photo by Kemberly Groue

Little Dragons experience deployment

Senior Airman Caleb Foy, 81st Security Forces Squadron, leads his team in shouting out their call sign during Saturday's Operation Hero. The event, sponsored by the airman and family readiness center, gives children an introduction to what deployment is like for their military parents.

Photos by Kemberly Groue



Samaya Holcomb, 9, has her arm wrapped as Senior Airmen Sung Kwon and Kerry Tillman, 81st Medical Support Squadron, demonstrate self aid and buddy care in case of an injury. Samaya's parents are Staff Sgt. Claudia Holcomb, 81st Dental Squadron, and Tech. Sgt. Jeremy Holcomb, 85th Engineering Installation Squadron.



From left, Senior Airmen Ramon Nazario, 81st SFS; Steven Fuerrero, 81st Medical Operations Squadron; and Shawn Rykken, 338th Training Squadron, show Operation Hero participants how mission-oriented protective posture gear is worn and used.



Brandon Hollars, 3½, and his mom, Senior Airman Crystal Hollars watch the military working dog demonstration. Airman Hollars is assigned to the 81st Force Support Squadron.

For lost and found items,

call the

81st

Security Forces

Squadron

investigations office,

377-4500,

7 a.m. to 5 p.m.

weekdays.

Airman 1st Class Nick Fasola from the fire department gives a tour of a fire truck to 2-year-olds from the child development center Oct. 6. From left, the children are MacKenzie Townsend, daughter of Airman 1st Class Austin and Devann Townsend, 2nd Air Force; Sienna Escajeda, daughter of Senior Airman Rebecca and Alonzo Escajeda, 81st Dental Squadron; Chase Rash, son of Senior Master Sgts. Sherriann Baldwin-Rash, 81st Comptroller Squadron, and Christopher Rash, 81st Security Forces Squadron; Micah Palmer, son of Tech. Sgt. Marcus and Tondra Palmer, 338th Training Squadron; and Braeylanna Rawaekklang, daughter of Staff Sgt. Naronksuk and Louanna Rawaekklang, 81st Diagnostics and Therapeutics Squadron.

Photos by Kemberly Groue



Fire department spreads the word during Fire Prevention Week



Maj. Robert Paleo, 81st Training Wing, and Lt. Col. Randolph Toris, 81st Comptroller Squadron commander, members of the Mighty Dragons team, send the water flying during the bucket brigade during the fire muster Friday at marina park. The winning team from the 81st Training Group, Dragon Lynn's, was comprised of Col. Lynn Connett, commander; Lt. Col. Skip Adams, deputy commander; Chief Master Sgt. Billy Abbott, chief enlisted manager; Lt. Col. Janet Haug, 81st Training Support Squadron commander, and Lt. Col. William Hamant, 332nd TRS commander.



Staff Sgt. Stephen Crandall from the fire department demonstrates how to extinguish a grease fire to residents of Thrower Park Oct. 6.



Zachary Edwards, 4, browses through the giveaways at the fire department's open house Saturday. His parents are Master Sgt. Craig and Kristy Edwards, 81st TRSS.

Speakers in demand to tell Keesler's story

By YoLanda Wallace

Keesler Public Affairs

If you enjoy public speaking and are looking for an opportunity to tell the Air Force story, the Keesler Speakers Bureau is looking for you.

The Keesler Speakers Bureau is a community relations program in the 81st Training Wing's Public Affairs Office. This public service and information vehicle is comprised of military and civilian Air Force employees

who volunteer their time and expertise to speak to community groups.

Speakers come from a variety of experiences and backgrounds, which contribute to a variety of presentations. Topics include aircraft maintenance,

aviation, computer operations, communication skills, health, military life, military law, combat experience, financial management, child development, Air Force history and other subjects.

For more information, call 377-1179.

KEESLER NOTES

Finance closure

The 81st Comptroller Squadron offices in Sablich Center are being renovated through Monday.

Both customer service and financial management budget and accounting offices are inaccessible at regular offices and phone numbers. Customer service has a temporary office in Room 108B.

For emergencies, call 376-8245 or 8246, or 229-5348.

Grief Share group

The Grief Share support group kicks off monthly meetings, 6:30 p.m. Oct. 22 in the Triangle Chapel Annex.

One-on-one and group support is available for people experiencing difficult losses, relationships and situations.

For more information, call Chaplain (Capt.) Garrell Calton, 376-3095, or Grief Share leaders Glenda Woodard or Delphine McIntyre, 377-2523.

Legal office closed

The legal office is closed 2-4 p.m. Oct. 23 for an official function.

For emergencies, call 697-5621.

Heartlink

Heartlink, a free orientation and information program for both male and female spouses who are new to the Air Force, is 8 a.m. Oct 29 in Room 108B, Sablich Center.

The program, sponsored by the Air Force Aid Society, introduces spouses to policies, protocols and helping agencies. Breakfast, lunch and snacks are furnished.

To sign up, call 376-8728.

SPORTS AND RECREATION

Intramural flag football

League leaders prepare for postseason tourney

By Senior Airman David Salantri

Keesler Public Affairs

With weather playing a big part in this season of intramural flag football, three games were played this week in addition to one rainout game.

As of Friday, The 81st Medical Support Squadron is the only team in the league with an undefeated record. The 81st MDSS kept its 8-0 record intact in the American Football Conference after defeating the 81st Diagnostics and Therapeutics Squadron, 7-0.

AFC teams are making up all canceled games this week.

In the National Football Conference, the 81st Security Forces Squadron and the 85th Engineering Installation Squadron-334th Training Squadron tied for the lead in the league with 9-1 records. The 81st SFS beating the 81st Communication Squadron, 7-0, and the 85th EIS-334th TRS defeating Keesler's Marine Corps Detachment, 26-14.

A coaches meeting at 3:30 p.m. today at the Vandenberg Community Center discusses the format and other details for the postseason tournament scheduled to begin Monday.

For scores, schedules and standings, see Page 20. For postseason tournament schedule, call 377-2444.

Pedal power



Photo by Kemberly Groue

Outdoor recreation employees Duog Stiles and Krisha Cook take one of the new paddle boats out into Biloxi's Back Bay for a test trip. Two-person and four-person paddle boats can be rented for \$5 an hour for a minimum of two hours. The first hour is free through November. For more information, call 377-3160.

SCORES AND MORE

Basketball

Varsity men's and women's teams — tryouts to be announced. Teams play in Southeastern Military Athletic Conference. Season starts in November. Coaches needed. Call 377-2444 or 3056 for information.

Bowling

Fall leagues — registrations being accepted now for the Saturday morning youth league, Monday night league, Tuesday night (hospital and VA), Wednesday and Friday mixed leagues, Thursday intramurals and senior league. Sign up at the counter or call 377-2817.

Bowling fund raisers — for more information, call 377-2817.

Youth bowling — for any child old enough to throw the bowling ball down the alley. League meets 9:30 a.m. Saturdays; instruction available. For more information, call 377-2817.

Glow bowling — 9 p.m. Fridays and 7 p.m. Saturdays.

Lunch and bowl special — 11 a.m. to 1 p.m. Mondays-Fridays. Bowl for \$1 a game plus \$1 for shoes.

Team building special — 1-3 p.m. Mondays-Wednesdays, 1-5 p.m. Thursdays and Fridays. Bring your employees bowling for \$1 a game plus shoe rental. For reservations, call 377-2817.

Club member special — show current club card Thursdays and bowl for \$1.50 per game; free shoe rental.

Birthday party package — 1:30-3 p.m. or 3:30-5 p.m. Saturdays. Basic party with bowling and food \$8.95 per child. Mid party, including table supply and T-shirt, \$11.95 per child. Premium party with games and a pin, \$15.95 per child. Reservations required.

Fitness centers

Intramural basketball registration — Regular division and 30 & over division. Letters of intent due Nov. 5. Coaches meeting 3:30 p.m., Nov. 11, at Vandenberg Community Center. For more information, call 377-2444.

Free 5K costume fun run — noon Oct. 28 starting at the Crotwell Track. Register through Oct. 23 at any fitness center. Participants must wear costumes, and costumes must be in safe and tasteful.

Free fitness classes — boot camp, self-defense, cycling, yoga, step aerobics, Tae Kwon-do, core fitness, kick boxing and pilates at Dragon Fitness Center. Call 377-2907.

Free fitness testing, exercise

prescription and personal training — at Blake, Dragon and Triangle Fitness Centers. Call for appointment.

Free blood pressure machines — available for use at all fitness centers.

Boxing room — Triangle Fitness Center. Six heavy bags, three speed bags and one double-end bag. Boxing gloves available.

Fit to fight incentive program — Dragon slayers, dragon readers, dragon gliders and dragon riders available at no cost at Blake, Dragon and Triangle fitness centers. Awards presented. For more information, contact the fitness center of your choice.

Parent/child fitness room — at Dragon Fitness Center. Workout equipment; play area for ages 6 months to 7 years.

Massage appointments — at Triangle Fitness Center. Call 348-6698.

No smoking — on Crotwell Track across from Blake Fitness Center.

Triangle Fitness Center — open 10 a.m. to 9 p.m. Mondays-working Fridays 10 a.m. to 6 p.m. compressed work schedule Fridays and weekends; closed holidays. Call 377-3056.

Blake Fitness Center — open 4:30 a.m. to 10:30 p.m. Mondays-working Fridays; 6 a.m. to 7 p.m. compressed work schedule Fridays; 8 a.m. to 7 p.m. weekends and holidays.

Dragon Fitness Center — 6 a.m. to 8 p.m. Mondays-working Fridays. Parent-child fitness room has workout equipment and play area for ages 6 months to 7 years.

Flag football

Editor's note: Playoffs begin Monday. A postseason coaches' meeting at 3:30 p.m. today, Vandenberg Community Center, will be held to discuss playoff format, seeding, player eligibility and division tiebreakers. For more information, call 377-2444.

National Conference (as of Friday)

Team	Won	Lost
81st SFS	9	1
85th EIS/334th TRS	9	1
MARDET	8	1
81st CS	5	5
81st MDG	5	5
336th TRS	2	8
81st FSS	1	8
338th TRS-A	0	9

Oct. 6 — 81st MDG 7, 81st FSS 0; 85th EIS/334th TRS 26, MARDET 14; 81st SFS 7, 81st CS 0.

Oct. 8 — MARDET 7, 338th TRS-A 0.

American Conference (as of Friday)

Team	Won	Lost
81st MDSS	8	0
332nd TRS	7	2
81st LRS	6	3
338th TRS-B	5	1
335th TRS	3	4
81st DS	1	7
81st MDTs	1	7
81st MDOS	0	7

Oct. 7 — 332nd TRS 25, 81st DS 0; 335th TRS 7, 338th TRS-B 0; 81st MDSS 7, 81st MDTs 0.

Today — Makeup games, 6 p.m. 332nd TRS vs. 81st MDSS; 7 p.m., 81st MDOS vs. 335th TRS; 8 p.m., 338th TRS-B vs. 81st DS.

Golf

Bay Breeze Golf Course — Club championship Oct. 24-25. Individual stroke play and tee times by flight. \$55 for members, \$80 for nonmembers, \$40 for inclusive members. Participants must have a handicap. Cookout, refreshments and beverages each day. Sign up by Wednesday. To register and inquire about hole-in-one prizes, call 377-3832.

9-hole Dragon fun golf — Shotgun start 4:30 p.m. Thursdays. \$20 per person includes greens fee, cart, food, beverages and prizes. Four-person team, two-person blind draw. Sign up as twosome or single. Format decided by draw each week; limited to first 36 golfers.

Twilight special — 3 p.m. Mondays-Thursdays. Pay one price and golf until closing; E1-E4 \$12, E5-

O3 \$20, O4-up \$22, guests \$22.

Nonprior service student special — show phase card or UBU card. Greens fee and cart, \$15 for 18 holes, \$10 for nine holes; add \$5 for rental clubs.

Golf lessons — \$25 for 30 minutes. For appointment, call 424-0479.

Outdoor recreation

Air Force Blue Streak bicycle streak program — knowledgeable volunteer needed to assist in planning, organization and implementation of noncompetitive bicycle rides for all ages and abilities. Call Dave Bowers, 377-0002.

Paddle boats for rent — two-person and four-person paddle boats for \$5 per hour for a minimum of two hours; first hour free through November. For more information, call 377-3160.

Catamaran sailboat for rent — \$10 per hour, minimum 2 hours, or \$75 per day. Trailer and take-off site \$100 per day or \$175 for a weekend. Must be sailboat certified.

Water skiing — on front beach or Biloxi Back Bay. \$50 per hour; up to six skiers, including boat, driver, skis. Two-hour minimum. Call 377-3160.

Camping packages — available, including sleeping bags, lanterns, camp stoves and tents.

Canoes, kayaks — for rent.

Trip to Horn Island aboard the Keesler Dolphin — 8 a.m. to 5 p.m. Saturdays following nonworking Fridays, weather permitting. \$30 including barbecue grill, charcoal and ice. Bring food, drinks, sunscreen, fishing equipment; 15 passengers minimum. Group rates available. For more information, call 377-3160.

Rental campers — \$50 day. Two available; one sleeps six, one sleeps eight. For more information and towing requirements, call 377-3160.

Back Bay fishing trip — \$20 per person. State fishing license required; minimum four, maximum six people. For date and time, call 377-3160.

One-day fishing trips — to Horn, Ship or Cat Islands; pick the date. Charter trip in Delacroix and Reggio, La., with professional fishing guide.

For more information, call 377-3160.

Delacroix, La. fishing site — Outdoor fishing/hunting camp in Delacroix, La. Rent a self-contained camper, sleeps four, \$50/night, \$125/weekend (Friday noon to Monday noon) or \$300/week (seven days noon to noon). Bring food, beverages, cooking utensils, and sleeping bag or bedding. Louisiana license is needed for fishing. Call 377-3160.

Pontoon boat training — test to become certified to rent a pontoon. Call 377-3160.

Nonprior service student special — 35000 Trek seven-speed bikes, \$5 day on nonworking Friday, Saturday and Sunday, or Saturday/Sunday.

Wet slip fees — monthly, 32 feet plus, \$3.75 per foot; under 32 feet, \$2.50 per foot. Overnight, \$5 per boat.

Deep sea fishing trips — Nonworking Fridays and Sundays on the Keesler Dolphin II. \$75 per person includes everything you need to fish. Payment due upon reservation. Minimum 10, maximum 22 people. To reserve, call 377-3160.

Deep sea fishing private charter — rent Dolphin II, \$750 for first 10 people, \$50 each additional person. No license needed. \$100 deposit.

17-foot Back Bay cruiser for rent — Mississippi boater registration card required. For prices, call 377-3160.

Marina park pavilions — to reserve, call 377-3160.

Rent a bicycle — 3500 Trek, seven speed, \$3 day, \$15 week, \$35 month.

RV, boat and trailer storage — \$20 per month.

Resale area — snacks, beverages, fishing and rental equipment, hunting

Report sexual assaults to Keesler's sexual assault response coordinator hotline, 377-7278.

HONORS

Quarterly awards, July-September

81st Training Group

Airman — Senior Airman Cornelio Flores, 336th Training Squadron.

Noncommissioned officer — Tech. Sgt. Noah Vaughan, 335th TRS.

Senior NCO — Master Sgt. Brent Harrison, 338th TRS.

Company grade officer — 1st Lt. Sarah Reeves, 335th TRS.

Civilian category I — Florence Clay, 334th TRS.

Civilian category II — Robert Harrell, 332nd TRS.

Civilian supervisor II — Paul Deitke, 338th TRS.

Airman instructor — Senior Airman Mindy Fisher, 334th TRS.

NCO instructor — Tech. Sgt. Anthony Sprague, 336th TRS.

Senior NCO instructor — Master Sgt. Kevin Brandon, 338th TRS.

Officer instructor — Capt. Brian Miller, 335th TRS.

Civilian instructor — Derven Mignott, 338th TRS.

Military training leader — Tech. Sgt. Donald McNair, 334th TRS.

81st Training Wing staff agencies

Airman — Senior Airman Eric Summers, public affairs.

Noncommissioned officer — Staff Sgt. James Yerger, safety office.

Senior NCO — Master Sgt. James Messer, 81st Comptroller Squadron.

Company grade officer — 2nd Lt. Robert Carter, 81st CPTS.

Civilian category I — Christine McGill, sexual assault response and prevention office.

Civilian category II — Debbie Minor, 81st CPTS.

Student honor roll

332nd Training Squadron

Electronic principles — Airmen Basic Dillion Barnhart, Kenneth Bectell, Marcus Blount, Seth Brandon, Jamal Browne, Stephanie Carpenter, Alex Castro, Trey Christensen, Christopher Cortez, Joshua Domke, Zachary Dunphy, Steve Elmore, Michael Freese, Pablo Gutierrez, Derek Jensen, Nathan Jones, Tyler Jones, Tristan Keltner, Erika Kirby, Jeffrey Latham, Joel Lavelle, Peter LoydVuolo, Joshua Mahkoytz, Timothy Maier, Nicholas Marple, Matthew McGuire, Brock Mendez, Jacob Olson, Christopher Ortiz, Lee Owens, Mathew Patterson, Adam Povey, Nicholas Puckett, Thomas Ratchford, Alexander Rex, Brandon Roush, Matthew Schumacher, Jae Shin, Raymond Sickles, Andre Smith, Joshua Smith, Shawn Smith, Donte Terrelonge, Joseph VanDoren, Patrick Williams, Nicholas Wypasek and William Young; Airmen John Allen, Damon Bitter, William Bowles, Nathan Jones, Nicholas Lombardi, William Roe, David Shinn and Christopher Wright; Airmen 1st Class Adrian Acosta, Ryan Alexander, Daniel Atchley, Jesse Bowman, Ronron Catap, Sean Cooney, Geoffrey Dean, Gilbert DeLaTorre, Emilio Dominguez, Sean Filer, Randall Forsythe, Aaron Froehlich, Katherine Haigh, Justin Harwell, Michael Harwood, Nathan Hedstrom, Jordan Jackson, Fred Melendez, Michael Minitier, Crystal Mullen, Donovan Murphy, Daniel Polenik, Brian Porter, Jedjarvin Ragay, Gregory Rivas, Daniel Schott, Dustin Sickle, Demarrin Taylor, Matthew Vanarsdale, Jennafer Williams and Mitchell Wolfarth; Senior Airmen YahyaMohammed AlBakri, Tyrel Babb and Christopher Fuller; Staff Sgt. Michael Orso; Tech. Sgt. SaifSalim AlShibli; Master Sgt. Michael Shipman.

Metrology basic course — Airmen Basic Paul Chadwick, Nicholas Cooley and Gregory Koch; Airmen Amber Cotton and Russell Elliot; Airmen 1st Class Nicholas Cotter and Justin Dean.

334th TRS

Aerospace control and warning systems — Airman Basic Eric Wojcik; Airmen 1st Class Kellie Barnes, Anthony Felipe, Philip Landry, Christopher Miller, Luke Roy and Lindsey Wagner; Senior Airman Ariel Scott; Staff Sgts. Gerald Harrington and Evan Thorn; Tech. Sgts. Chad Bettis, Charleen Fischer, Daron Poage

and Travis Tapscott; Master Sgts. James Price and Bohdan Pywowarczuk.

Air traffic control operations training flight — Airmen Basic Justin Lewis, Nathaniel Parrow and Zane Womack; Airmen Kyle Karr and Tristan Ritter; Airmen 1st Class Karen O'Neal, David Turner and Charles Victorino; Senior Airman Bethany Lanier; Staff Sgts. Jeremy Box and Daniel Bulatao.

Aviation resource management — Aimen Basic Courtney Andrew, Patrick Baum, Ariel Flores, Claudia Fox, Shandrica Henderson, Vanity Hicks, Gabrielle Lindsay, Chloe Lynch, Kyle Saylor, Jacklynn Stanford, Skeye Sutton and Dominic Vander-horst; Airmen Michelle Bonham and Alisha Rutledge; Airmen 1st Class Erica Deramus and Lauren Hilton; Tech. Sgt. Angela Stohler.

Command post apprentice course — Airman Basic Aaron Archer; Airman 1st Class Janeka Perry; Senior Airman Brittainy Watts; Staff Sgts. Clinton Brown, James Degeus, Eric Martin, Magdalena Sousa and Justin Stuart; Tech. Sgts. Charles Anderson and Craig Harris; Master Sgt. Michael O'Donnell; Senior Master Sgt. Donna Hutto.

335th TRS

Comptroller training flight — Airmen Basic Michael Bae, Steven Clapper, Matthew Flores, Terrique Handy, Jose Luna and Amber Young; Airmen Raymond Barkley, Ryan Hendricks and Peter Norlund; Airmen 1st Class Agapito Barriga-Perales, Timothy Byrd, Savannah Clevinger, Cristian Cseh, David De Milt, Mikel Fair, Marvell Granville, Haley Hall, Matthew Holguin, Alexander Johnson, Torika Thompson, Steven Williams and Amy Wyatt; Senior Airmen Marquette Jones and Douglas Miner; Staff Sgts. Mary Ballesteros, Ana Bojorquez, William Gusoski, Alyshia Leisure, Ebony McInnis and Ryan Christmann; Tech. Sgts. Amy Baker, Catrina Odenweller-Haas and Katherine Jones.

Weather training flight — Airman Recruit Nicholas George; Airmen Basic Adrianna Cunningham, Sean Huseby, Michael Neahr and Tobi Wagner; Pfc. Nicole Reavis; Navy Airman Kyle Nobles; Airmen 1st Class Tristin Atwood, Amanda Roberts, Sarah Silva, Russell Shirley and Nicole Werner; Cpl. Justin Grantham; Staff Sgt. Justin Reidhead.

CHAPEL SERVICES

Editor's note: For more information, call 377-2520.

Protestant

Sunday worship

Larcher Chapel traditional with children's ministry.....8:30 a.m.

Triangle Chapel contemporary service.....10:30 a.m.

Triangle Chapel gospel service.....Noon

Roman Catholic

Sunday Mass, Triangle Chapel.....9 a.m.

Weekday Mass, Triangle Chapel.....11:15 a.m.

Jewish

Jewish services are held Fridays at 7:30 p.m. at the Congregation Beth Israel, 12277 Three Rivers Rd., Gulfport. Call Master Sgt. Michael Raff, 377-5235 or 207-2196.

Islamic

Prayer five times daily; Salaat ul-Jummah congregational prayer, noon Friday. Building 2003, across from the Magnolia dining facility. Call 377-2520 or 0327.

Latter-Day Saints

The Church of Jesus Christ of Latter-Day Saints' student group service, 2 p.m. Sundays, Triangle Chapel. Call 396-5274 or (801) 787-1990.

Orthodox

Divine Liturgy 10 a.m. Sunday at Holy Trinity Greek Orthodox Church, 255 Beauvoir Rd, Biloxi. Call 388-6138 or Father Stephen Clos, 377-4105.

336th TRS

Communications and information management flight — Airmen Basic Alexander Barr, Joseph Brock, Justin Cornell, Ryan Davies, Shannon Finley, Jeffrey Gannon, Michael Gray, Caleb Johnson, Samuel Johnson, Christopher Kuhn, Michael Lallerstedt, Trevor Port, Sean Queen, Trenton Richards, Joseph Ritter, Alexander Roberts, Damon Schmidt, Kyle Stone and Brian Warman; Airmen David Chilson, Riley Curtis, Satoia McClelland, Robert Peters and James Yost; Airmen 1st Class Bradley Anson, Matthew Devine, Robert Greynolds, Adam Hillyer, Lennard Huslik, Erin Kuykendall, Tran Le, Aaron Ray, Jacob Schettler, Mark Spadea, Aaron Stanley, Alex Szafranski, Andrew Valdez, Sean Walters, Seth Wells, Derrick White and Macon Wright; Senior Airmen Nathan Adkison, John Cessna, Jeremy Joe and Joseph Metelko; Staff Sgts. Michael Anderson, Jeremy Duncan, Eduardo Rivas, Alan Schultz, Nicholas Shatek, Jason Sizemore, Adam Sneed and Michael Zimmerman; Tech. Sgts. Tyler Harding and Junar Mabunay; Master Sgt. Dennis Reinhard.

Communications-computer systems flight — Airmen Basic Kevin Aquero, Rey Phillip Ballucanag, Lawrence Doresey, David Edwards, Joseph Harr, Juan Mora, Colin Murphy, Andrew Nelson, Parker Nicks, Evan Pickard, Jeffrey Poore, Kyle Spencer and Eric Stevens; Airmen Christopher Clark, Anthony Cruz, Curtis Housley, Scott Ranostay, Scott Schmidt and Richard Westbrook; Airmen 1st Class Keith Apperson, James Bradley, Patrick Broydrick, Brandon Chapman, Otis Dirickson, Jason Flowers, Shaun Lewis, Michael Lockette, Radames Lopez-Fernandez, Sophia Joanis, Adam Latang, Wesley Maher, Nicholas Reinhardt, Benjamin Sanchez, Bryan Sledge, Charles Smith, John Stanley, Lindsay Stephenson, Jered Vest, Justin Walls, Michael Wanek, David Wiant, Irvin Williams and Tanner Williams; Senior Airmen Heath Dean and Matthew Yore; Staff Sgts. Lydia Depano, Jerome Dunn, Steve Heidt, Tina Kalar, Ray Perkins, Ryan Rathbun and Christopher Ward; Tech. Sgt. Joseph Alonso; Master Sgt. Travis Snyder; Senior Master Sgt. Shawn Willard; Jason Houy.

338th TRS

Ground radar — Airmen Basic Justin Burnett and Matthew Tobey; Airmen Lorenzo Gaskins and Benjamin Nason; Airmen 1st Class Joseph Alexander, Trevor Bagley, Bryant Horton, Mark Lambert, Michael Taunton and Brady Techen; Senior Airman Brendan Trostle; Staff Sgts. Andrew Ksionsk, Eliud Martinez-Franco and Louis Martinez; Tech. Sgt. John Adams; Master Sgt. Sean Rice.

Ground radio — Airmen Basic Daniel Baker, Christopher Chappell, Marc Courchesne, Trevor Edmundson, Matthew Fitzsimmons, Jason Lawhorn, Eduardo Lopez, Thomas Patterson, Christopher Pitre, Daniel Reese and Erika Sadler; Airman Timothy Zajeski; Airmen 1st Class Mark Keagy, Robert Patterson, Blake Schneider and Michael Spitzer; Senior Airman Jade Patterson; Staff Sgts. Nicholas Bunting, Joseph Cutcher and Jeffrey Fredell.

Network infrastructure systems — Airmen Basic Larry Boyett and Richard Drude; Airmen 1st Class Kyle Andersen, Ryan Chapman, Joseph Christel, Robert Livings and Adam Kroll.

81st Training Support Squadron

Basic instructor course — Staff Sgt. Nicholas Volz (distinguished graduate), Staff Sgt. Daniel Mike (best presenter).

CLASSES

Airman Leadership School

Class 09-7 — graduation Nov. 3

Mathies NCO Academy

Class 09-7 — graduation Oct. 29

Arts and crafts center

Advanced intarsia woodworking — 10 a.m. Oct. 24. \$20 including materials and tool use.

Beginning intarsia woodworking — 10 a.m. Saturday. \$15 including materials. Intarsia is the art of piecing wood together in a decorative pattern.

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Beginning framing — 12:30-4 p.m. Friday or Oct. 30. \$30 including materials. Bring photo or artwork no larger than 11x14 inches.

Beginning woodworking — 5-7 p.m. Wednesdays. \$25 includes shop use and materials. For time, call 377-2821. Class certifies you to use the equipment in the future.

Card making — 5:30-7 p.m. today. \$7 including materials.

Engraving shop — squadron, office and individual orders.

Jewelry making — 10:30 a.m. to noon Oct. 24. \$30 including materials. Learn wire wrapping and tooling.

Multi-crafts center — potter's wheels, ceramic molds, air brushing and tools are available for use in the shop. Craft classes for beginners, intermediate and advance levels. Craft supplies for sale.

Pottery — Oct. 17. \$40 including supplies. Call for time.

Pumpkin decorating contest — 5:30-7 p.m. Oct. 29. Pick up pumpkins Oct. 23 or 24 and return by 5 p.m. Oct. 27 to be eligible for the contest. Winners announced at 6:30 p.m. Oct. 29.

Wood shop — stocked retail lumber and a large assembly area adjacent to the machine room are available. Call for information on beginner and advanced woodworking classes.

Chapel

All classes are held at the Triangle Chapel Annex. For more information, call 377-2520.

Protestant Women of the Chapel Bible study series — "It's Tough Being A Woman," 10-week study on Esther. Continues weekly through Nov. 12, 9-11 a.m., Triangle Annex, upstairs. For more information, call Mary Just, 806-4562, or send an e-mail to maryejust@yahoo.com.

Catholic religious education — after 9 a.m. Sunday Mass.

Protestant Sunday School — 10:30-11:30 a.m. for preschool, elementary, teens and adults.

Men's prayer breakfast — 9 a.m. to noon second Saturday of the month.

Women's prayer breakfast — 10 a.m. to noon first Saturday of the month.

Dinner and the Bible — 6-7:30 p.m. Wednesdays, Triangle Chapel Annex.

Grief Share support group — meets each month in the Triangle Chapel Annex. One-on-one and group support available for people experiencing difficult relationships, work difficulties, loss of a loved one, loss of a job, divorce, health-related issues or grief from other situations. For more information, call Chaplain (Capt.) Garrell Calton, 376-3095, or Grief Share leaders Glenda Woodard or Delphine McIntyre, 377-2523.

Keesler Medical Center

Mental health clinic

Post-traumatic stress disorder — 1:30 p.m. Mondays.

Healthy thinking — 2 p.m. Tuesdays.

Stress management techniques — 10 a.m. Wednesdays.

Relaxation techniques — 9 a.m. Mondays.

To register, call 376-0385.

McBride Library

Research databases — comprehensive research capabilities. Many specialty areas. Orientations 6:30 p.m. Tuesdays. To sign up, call 377-2181.

Playaway — first self-playing digital audio books now available. Audio content preloaded; select from large assortment of titles. Pop in a battery, plug in almost any type of headset and enjoy.

Overdrive audio online book program — individual or family accounts allow download/playing of full length audio books on a personal computer. Check with library staff for details.

Rosetta Stone online language learning center — 30 foreign languages including Spanish. For more information, check with the library staff.

Chief of Staff professional military reading list — titles available for checkout from the special book collection.

Online catalog — to search the inventory of books, DVDs, CDs, videotapes, magazines, periodicals and more, log on to <http://www.keeslerservices.us>, click on the link for McBride Library, then the link for the online catalog.

Available — two large meeting rooms, audio room, typing room and children's library.

Free wireless Internet — check at circulation desk.

Tours/orientations — call 377-2604.

Paperback book swap — swap one for one. Must be in good condition and of same genre.

Volunteers needed — to shelve books, assist with children's story time and create displays. Call 377-2181.

CLUBS AND CENTERS

Vandenberg Community Center

Editor's note: All events, except dances, are open to all Keesler personnel.

Dances — 6 p.m. to midnight Thursdays before compressed work schedule Fridays, and Fridays and Saturdays. \$3.

Halloween party — 6 p.m. to midnight Oct. 29. NPS students only. \$3 admission. Entertainment, food, live band, DJ, dancing, pumpkin carving and decorating, costume contests, prizes and giveaways.

Legends Café — Buffet specials 11 a.m.-1 p.m. Italian Wednesday, barbecue ribs Friday, cajun creole chicken Wednesday, beef brisket Oct. 28, \$6.95 each. Catfish buffet Friday and Oct. 23, \$8.95.

Pool tournaments — 7 p.m. Tuesdays and Wednesdays.

Vandy's twilight terrorfest Halloween party — 6 p.m. to midnight, Oct. 29. NPS students only. Live band, DJ, dancing, pumpkin carving and decorating, costume contests, games, entertainment, food and prizes. \$3 admission.

Katrina Kantina

All ranks invited — open 3:30 p.m. Tuesdays-Fridays. Snacks, beverages and music; \$5.25, chips and salsa, DJ Wayne and his karaoke machine.

Catering — experts can assist with planning weddings, holidays, birthdays, official functions and other special occasions.

Lunch — 11 a.m. to 1 p.m. Mondays. Pot roast Monday, lasagna Monday and meatloaf Oct. 26. \$6 for club members, \$8 for nonmembers.

Margarita night — 5 p.m. today. Margaritas, chips and salsa. Karaoke.

Pre-Halloween party — 5-7 p.m. Oct. 28. Wings and things, snacks and drink specials. Free for club members, \$3 for non members.

Tuesday special — 5-7 p.m., tacos two for \$1 for members, \$1.50 each for nonmembers.

Youth center

Editor's note: All children registered in a youth center program receive free membership.

Dance classes — Tap, ballet and aerobic classes available. Mondays 5:30-6:30 p.m. ages 6-8, 6:30-7:30 p.m. ages 9 and older; Tuesdays 5:30-6:30 p.m. for ages 3-5. \$50 per month.

TRAIL — 6-8 p.m. Mondays.

Friday night fun — 6:30-9:30 p.m., ages 6-12. Skating, music, games and more.

Classes — Guitar, piano and gymnastic classes available. To register, call 377-4116.

Lights on after school program — Oct. 22.

Make a difference day — Oct. 24.

Open recreation — 3-5:45 p.m. Mondays-Thursdays, 3-6 p.m. Fridays and 9 a.m. to noon Saturdays, ages 9 and older. Boys and Girls Club programs including computer media center, homework assistance "Power Hour" program and triple-play sports and recreation activities. Students sign themselves in at front desk.

Red ribbon week activities — Saturday-Oct. 25.

Youth basketball registration — begins today.

Youth employment service — earn money for college tuition; call for more information.

Congressional Award program — ages 14-21; self-directed merit program promoting personal development, physical fitness and community involvement.

Volunteers needed — for sports, open recreation, crafts, cooking, computers, arts, reading, sewing and general cleaning and decorations. Must be 18 or older. Call 377-4116.

TICKETS AND TRIPS

Discounted tickets — for information, log on to <http://www.keeslerservices.us> and click on the ITT link.

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DINING HALL MENUS

Today

Lunch — pork chops with mushroom gravy, braised liver with onions, fried fish, hushpuppies, rissole potatoes, rice, gravy, broccoli, peas and carrots, steamed corn, fruit salad, potato salad, classic chili, cream of broccoli soup, bean and ham soup, buffalo wings and roast beef sub

Dinner — baked chicken, pepper steak, pasta primavera, mashed potatoes, rice, gravy, mixed vegetables, fried okra, green beans, potato salad, fruit salad, classic chili, cream of broccoli soup, bean and ham soup, buffalo wings and roast beef subs.

Friday

Lunch — shrimp scampi, beef stew, turkey, egg noodles, rice, gravy, corn on the cob, cauliflower, collard greens, pasta salad, three-bean salad, chile con queso, Tuscan vegetables, chicken noodle soup, barbecue pork sandwich and burritos.

Dinner — chili macaroni, barbecue chicken, fried catfish, potato wedges, Spanish rice, gravy, fried cabbage, steamed carrots, simmered broccoli, pasta salad, three-bean salad, chile con queso, Tuscan vegetables, chicken noodle soup, barbecue pork sandwich and burritos.

Saturday

Lunch — baked chicken, Swedish meatballs, creole shrimp, mashed potatoes, rice, gravy, creamed corn, asparagus, squash, fruit salad, kidney bean salad, white bean chicken chili, minestrone soup, baja chicken enchilada and chicken nuggets.

Dinner — baked fish, knockwurst, Chinese five-spice chicken, potatoes, rice, onion gravy, stir-fry vegetables, baked beans, spinach, fruit salad, kidney bean salad, white bean chicken chili, minestrone soup, baja chicken enchilada and chicken nuggets.

Sunday

Lunch — oven fried fish, spareribs, chicken breast parmesan, baked macaroni and cheese, O'Brien potatoes, gravy, peas, sweet potatoes, broccoli combo, German coleslaw, tomato salad, classic chili, broccoli soup, chicken with rice and cheese pizza.

Dinner — stir fry beef with broccoli, turkey nuggets, orange/honey-glazed ham, sauteed mushrooms and onions, baked potatoes, rice pilaf, gravy, corn on the cob, green beans, tomato salad, German coleslaw, classic chili, broccoli soup, chicken with rice and cheese pizza.

Monday

Lunch — beef pot roast, baked stuffed fish, roast pork loin, potatoes, rice, gravy, cauliflower combo, succotash, green beans with mushrooms, cucumber/onion salad, macaroni salad, chili con queso, Tuscan vegetable, cheeseburger chowder, grilled sausage and steak and cheese subs.

Dinner — spaghetti with meat sauce, garlic toast, loin strip steak, turkey, baked potatoes, pea and pepper rice, gravy, summer squash, carrots, broccoli, sauteed mushrooms and onions, macaroni salad, cucumber/onion salad, chili con queso, Tuscan vegetable, cheeseburger chowder, grilled sausage and steak and cheese subs.

Tuesday

Lunch — teriyaki chicken, veal parmesan, baked fish, rice, parsley buttered potatoes, gravy, fried cabbage, succotash, steamed carrots, macaroni salad, cottage cheese salad, timberline chili, minestrone, baja chicken enchilada, barbecue beef, sloppy joes and roast beef subs.

Dinner — country captain chicken, meatloaf, turkey a la king, rice, mashed potatoes, gravy, tempura vegetables, mustard greens, okra tomato gumbo, macaroni salad, cottage cheese salad, timberline chili, minestrone soup, baja chicken enchilada, sloppy barbecue beef and roast beef subs.

Wednesday

Lunch — fried chicken, cajun baked fish, jalapeno cornbread, barbecue ribs, rice, mashed potatoes, gravy, corn on the cob, okra tomato gumbo, fried cabbage, Mexican coleslaw, frijole salad, white bean chicken chili, clam chowder, chicken gumbo, cheese fishwich and cheese pizza.

Dinner — lemon-herb chicken, pork chalupe, jambalaya, scalloped potatoes, rice, gravy, califlower combo, Mexican corn, simmered broccoli, Mexican coleslaw, frijole salad, white bean chicken chili, clam chowder, chicken gumbo, cheese fishwich and pizza.

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Information on area and out-of-state attractions — free brochures for Louisiana, Mississippi, Alabama, Florida and Georgia.

Disney special continues — Salute to Military program continues. For more information, call 377-3818.

Tour bus — available for group rental, seats 23.

Tours to New Orleans Saints home football games — Tours to New Orleans Saints home football games - \$60 per person including admission and transportation. Tickets limited to two per family, per game. For more information, call 377-3818 or view the 2009 schedule at <http://www.neworleanssaints.com/Game%20Day/Seasons/2009%20Schedule.aspx>.

TRANSITIONS

Workshops, briefings

Congressionally-mandated pre-separation briefings — counseling by airman and family readiness center for active-duty military members of any branch of service who'll receive honorable discharges and no extra transition benefits. Briefings are Tuesdays in Room 111, Sablich Center, 1 p.m. for those who are separating and 2:30 p.m. for those who are retiring. If separating/retiring under special circumstances, call 376-8728 for appointment.

Transition assistance program — briefings are 8 a.m. to 4:30 p.m. Monday-Oct. 22, Nov. 16-19 and Dec. 14-17, Room 108A, Sablich Center. For military personnel who are 12 months or less from separation or 24 months or less from retirement, and Department of Defense civilians; spouses welcome. Military members should complete congressionally-mandated pre-separa-

tion counseling in advance. Attire is business casual — no uniforms, jeans, shorts or T-shirts. To sign up, call 376-8728.

Air Force Reserve opportunities — for members separating within 180 days, call Master Sgt. Charlene Morse, 377-7116; e-mail charlene.morse@keesler.af.mil or visit Room 125-F, Sablich Center.

Palace Chase — for information about how to apply for a program to attend college full time and work part time, visit Room 125-F, Sablich Center. For more information, call Master Sgt. Charlene Morse, 377-7116; e-mail charlene.morse@keesler.af.mil or visit Room 130, Sablich Center.

MEETINGS

African-American Heritage Committee — 3:30 p.m. second Tuesday of the month, Room 109, Taylor Logistics Building. For more information, call Tech. Sgt. Yolanda Jerry, 377-2157, or Kurt Higgins, 377-5250.

Air Force Sergeants Association Chapter 652 — 7 a.m. third Tuesday of the month, Live Oak Dining Facility. For more information, call Tech. Sgt. Rich Striggow, 377-4800, or visit <http://chapter.afsa652.org/>.

Air Force Sergeants Association Auxiliary — 6 p.m. third Tuesday of the month. For more information, call Michelle Foster, 273-4591, or e-mail auxiliary.president@afsa652.org.

Airmen Against Drunk Driving — For more information, call Staff Sgt. Aaron Eden, 377-1907; Staff Sgt. Brad Mills, 377-1714, or 377-SAVE.

Asian Pacific-American Heritage Committee — 11:30 a.m. first Wednesday of month, Room 111, Sablich Center. For more information, call Lucy Belles, 376-8500, or Master Sgt. Ernesto Alvendia, 376-8501.

At Eze Toastmasters Club — 11 a.m. Tuesdays, Building 1101 conference room. For more information, call Dewi Clark, 377-2714, or e-mail dewi.clark2@keesler.af.mil; Arleen Stewart, 377-2440, or visit <http://www.toastmasters.org>.

Blacks in Government — 5:15 p.m. second Thursday of the

month, Taylor Logistics Building conference room. Call Florence Clay, 377-8681, or Paulette Powell, 377-2270.

Civil Air Patrol Col. Berta A. Edge Composite Squadron — 7 p.m. Tuesdays upstairs in Hangar 3 for youth and adults. For more information, call (601) 528-4337, e-mail Camo-princess92@gmail.com or visit <http://www.keeslercap.org>.

Company grade officers council — 4:30 p.m. every second Wednesday at the Keesler Marina inside of the Kantina. Call Capt. Naomi Henigin, 377-0779, for more information.

Keesler 5.6 — 3:15 p.m. third Wednesday of the month; location varies. For more information, call Tech. Sgt. Kimberly Sturdivant, 377-1813.

Keesler Amateur Radio Club — Net with news-line and echo-link is held Wednesdays on 146.79, minus offset, no PL tone. Monthly meeting is 7 p.m. second Monday of the month at Locker House facility. Enter courtyard on left side of building as you face the front of it. Enter the door marked "T flight" and proceed straight ahead until you see a sign saying "K5TYP."

Keesler Spouses Club — second Tuesday of the month. E-mail Devalynn Solomon, deesolomon@cableone.net, or visit <http://www.KeeslerSpousesClub.com>.

Retired Enlisted Association Magnolia Chapter 81 — 5:30 p.m. second Thursday of the month, Sablich Center, Room 108-B. For more information, call Charles Partin, 313-3267.

Top III — 3:30 p.m. third Thursday of the month; location varies. For more information, call Master Sgt. Tammy McElroy, 376-3164.

Tuskegee Airmen Inc., Col. Lawrence E. Roberts Chapter — 5 p.m. first Thursday of the month, McBride Library. For more information, call Glenda Mosby, 243-1992, gmosby1@bell-south.net, or Charles Bowers, 860-3665.

MISCELLANEOUS

Movies

Editor's note: Movies are shown at Welch Auditorium. Tickets are \$3 adults and \$1.50 children for regular features, and \$2.50 adults and \$1 children for matinees. For recording about current features, call 377-6627.

Friday — 6:30 p.m., "The Final Destination" (R)

Saturday — 2 p.m., "I Can Do it All By Myself" (PG-13); 6:30 p.m. "Inglorious Basterds" (R)

Sunday — 1 p.m., "Extract" (R)

To change information in the Digest,
call 377-3163 or 4130 or e-mail KN@keesler.af.mil

An American is sexually assaulted every 2 1/2 minutes.

One in five American women has been the victim of an attempted or completed rape. About 10 percent of sexual assault victims are men.

At least 2/3 of sexual assaults are committed by someone the victim knows.

44 percent of rape victims are under age 18, and 80 percent are under age 30.